

2011 PRC Community Health Needs Assessment

Douglas, Sarpy & Cass Counties, Nebraska
and Pottawattamie County, Iowa

EXECUTIVE SUMMARY

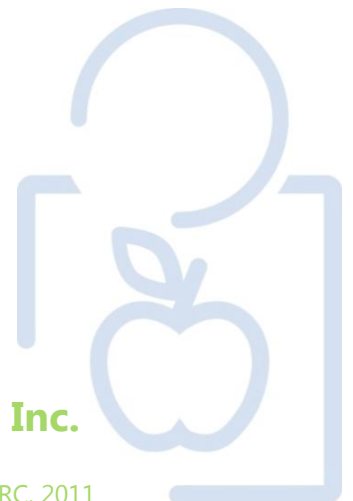
Sponsored by

- Alegent Health
- Douglas County Health Department
- Live Well Omaha
- Methodist Health System
- Pottawattamie County Public Health Department/VNA
- Sarpy/Cass County Health Department
- The Nebraska Medical Center



Professional Research Consultants, Inc.

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Project Overview

This Community Health Needs Assessment, a follow-up to and expansion of similar studies conducted in 2002 and 2008, is a systematic, data-driven approach to determining the health status, behaviors and needs of residents in the Omaha metropolitan area, including Douglas, Sarpy, Cass and Pottawattamie counties. Subsequently, this information may be used to inform decisions and guide efforts to improve community health and wellness.

This effort was sponsored by a coalition comprised of local health systems and local health departments. Sponsors include: Alegen Health; Douglas County Health Department; Live Well Omaha; Methodist Health System; Pottawattamie County Public Health Department/VNA; Sarpy/Cass County Health Department; and The Nebraska Medical Center. The assessment was conducted by Professional Research Consultants, Inc. (PRC). PRC is a nationally-recognized healthcare consulting firm with extensive experience conducting Community Health Needs Assessments such as this in hundreds of communities across the United States since 1994.

This report brings together a wide array of community health indicators in the Metro Area, gathered from both primary and secondary data sources, including:

- A telephone survey (both landline and cell phone interviews) among 2,200 residents throughout the Metro Area (Douglas, Sarpy and Cass counties in Nebraska, as well as Pottawattamie County in Iowa).
- County-level data from the *Behavioral Risk Factor Surveillance System*.
- Public health and vital statistics data related to births, deaths and notifiable disease conditions.
- Focus group discussions among 88 key informants in the region, including physicians, other health professionals, social service providers, business leaders and other community leaders.

Most indicators identified in this assessment allow for benchmarking, including trending, comparison to state and national data, and/or comparison against Healthy People 2020 objectives.

This Community Health Needs Assessment identifies opportunities and challenges for government agencies, community organizations, and healthcare providers to modify policy to improve the health and quality of life in the Metro Area. It is our hope that the report will be used to help guide the efforts of the many excellent and effective programs and services currently provided in our community, as well as inspire new programs that focus on the most critical health needs of our population.

Summary of Findings

Areas of Opportunity for Community Health Improvement

The following “health priorities” represent recommended areas of intervention, based on the information gathered through this Community Health Needs Assessment and the guidelines set forth in *Healthy People 2020*. From these data, opportunities for health improvement exist in the region with regard to the following health areas (see also the summary tables presented in the following section).

Prioritization

These areas of concern are subject to the discretion of area providers and other local organizations and community leaders as to actionability and priority.

Areas of Opportunity Identified Through This Assessment
• Access to Health Services
• Diabetes
• Heart Disease & Stroke
• Maternal, Infant & Child Health
• Mental Health & Mental Disorders
• Nutrition & Weight Status
• Oral Health
• Sexually Transmitted Diseases
• Substance Abuse

Top Community Health Concerns Among Community Key Informants

At the conclusion of each key informant focus group, participants were asked to write down what they individually perceive as the top five health priorities for the community, based on the group discussion as well as on their own experiences and perceptions. Their responses were collected, categorized and tallied to produce the top-ranked priorities as identified among key informants. These should be used to complement and corroborate findings that emerge from the quantitative dataset.

1. Access
2. Mental Health/Substance Abuse
3. Obesity/Nutrition
4. Education
5. Maternal & Child Health
6. Prevention
7. Geriatric Care

Summary Tables: Comparisons With Benchmark Data

TREND SUMMARY (Current vs. Baseline Data)

Survey Data Indicators: Trends for survey-derived indicators represent significant changes since 2008 (or 2002 for much of the Douglas County data). Trend data are not available for Pottawattamie County.

A few of the survey indicators are derived from county-level BRFSS findings; although included in the following summary tables, these are not identified as such. Please refer to the charts throughout this report to identify these BRFSS-derived data.

Other (Secondary) Data Indicators: Trends for other indicators (e.g., public health data) represent point-to-point changes between the most current reporting period and the earliest presented in this report (typically representing the span of roughly a decade).

The following tables provide an overview of indicators in the Metro Area, including comparisons among the individual communities, as well as trend data. These data are grouped to correspond with the Focus Areas presented in Healthy People 2020.

Reading the Summary Tables

- In the following charts, Metro Area results are shown in the larger, blue column.
- The green columns [to the left of the Metro Area column] provide comparisons among the five sub-areas within Douglas County as well as among the four counties comprising the Metro Area, identifying differences for each as “better than” (☀️), “worse than” (☹️), or “similar to” (☁️) the combined opposing areas.
- The columns to the right of the Metro Area column provide trending, as well as comparisons between the Metro Area and any available state and national findings, and Healthy People 2020 targets. Again, symbols indicate whether the Metro Area compares favorably (☀️), unfavorably (☹️), or comparably (☁️) to these external data.

Note that blank table cells signify that data are not available or are not reliable for that area and/or for that indicator.

Access to Health Services

	Each Sub-County Area vs. Others					Each County vs. Others				Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County		vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
% [Age 18-64] Lack Health Insurance	18.9	21.7	7.8	12.2	6.7	14.5	5.7	10.0	10.2	12.1	16.5	12.6	14.9	0.0	9.5	4.4
% [Child 0-17] Lacks Healthcare Insurance Coverage	8.6	7.9	3.9	8.9	0.0	6.9	1.6	1.9	4.4	5.3					7.8	4.1
% [65+] With Medicare Supplement Insurance	58.9	75.4	85.9	93.9	76.3	78.7	80.8	74.5	72.7	77.9		75.5		81.5	76.7	
% [Insured] Insurance Covers Prescriptions	92.2	93.0	91.9	96.2	92.3	93.3	94.8	93.6	93.1	93.6		93.9		94.6	93.3	
% [Insured] Went Without Coverage in Past Year	10.4	10.8	2.5	3.0	5.4	6.2	4.0	2.4	5.4	5.5		4.8		6.7	4.1	
% Difficulty Accessing Healthcare in Past Year (Composite)	47.3	40.7	28.9	29.9	25.0	36.0	27.3	25.5	31.5	33.4		37.3		32.7	33.7	
% Inconvenient Hrs Prevented Dr Visit in Past Year	16.6	15.4	10.1	11.3	7.5	13.0	11.6	7.4	12.3	12.5		14.3		11.7	13.5	
% Cost Prevented Getting Prescription in Past Year	24.4	17.0	11.1	13.1	8.3	16.0	9.9	7.3	13.9	14.3		15.0		10.1	11.7	
% Cost Prevented Physician Visit in Past Year	22.7	20.5	10.9	9.7	11.0	15.5	12.5	10.5	13.8	14.5		14.0		7.6	9.7	
% Difficulty Getting Appointment in Past Year	14.5	10.4	10.5	10.2	6.9	11.3	7.2	9.1	12.4	10.5		16.5		13.1	11.4	
% Difficulty Finding Physician in Past Year	11.7	8.1	6.9	4.7	4.4	7.7	3.5	3.3	6.8	6.6		10.7		5.4	3.1	
% Transportation Hindered Dr Visit in Past Year	11.8	7.2	0.7	3.5	2.0	5.6	2.3	3.5	4.3	4.7		7.7		4.7	2.1	
% Skipped Prescription Doses to Save Costs	21.4	14.7	10.9	9.9	9.1	14.0	11.9	8.4	15.9	13.6		14.8		14.7	10.5	
% Difficulty Getting Child's Healthcare in Past Year	4.3	4.6	0.3	1.8	1.3	2.5	1.3	0.0	0.7	1.9		1.9		3.0	3.3	
% Cultural/Language Differences Prevented Medical Care/Past Yr	1.6	2.5	0.4	0.2	0.6	1.1	0.2	0.0	1.4	0.9				0.9	0.4	

% [Age 18+] Have a Particular Place for Care	83.2	78.5	84.9	91.0	85.9	84.8	90.2	89.5	87.4
% Have Had Routine Checkup in Past Year	62.9	59.9	68.8	71.7	72.5	66.4	66.5	70.5	67.9
% Child Has Had Checkup in Past Year	89.0	78.4	88.7	90.5	88.5	87.3	86.2	95.6	91.0
% Two or More ER Visits in Past Year	6.5	3.5	3.9	4.3	4.3	4.7	4.8	6.7	5.8
% Traveled 30+ Minutes for Medical Care/Past Yr (Sarpy/Cass/Pott.)						13.2	48.2	21.5	
% "Frequently/Sometimes" Use Email/Text With Dr/Hospital	13.3	9.6	13.9	11.1	8.3	12.0	11.5	10.6	10.2
% Would Be "Very/Somewhat Likely" to Email or Text Dr/Hospital	56.1	52.8	61.5	63.1	60.7	58.7	63.5	56.3	55.6
% Have a Completed Advanced Directive/Living Will	19.9	20.0	34.9	31.2	40.3	27.4	35.5	33.6	27.3
% Rate Local Healthcare "Fair/Poor"	15.6	11.5	6.3	6.8	4.1	9.7	4.5	8.4	11.5

Note: In the green section, each county is compared against all other counties combined; each subarea of Douglas County is compared against the rest of Douglas County. Throughout these tables, a blank or empty cell indicates that data are not available for this indicator or that sample sizes are too small to provide meaningful results.

86.3	76.3	87.4	90.7
66.8	67.3	68.6	64.5
87.8	87.0	84.8	89.6
4.9	6.5	5.5	7.6
19.6		13.9	
11.6			
59.2			
29.2			
8.9	15.3	12.1	8.5

better
 similar
 worse

Arthritis, Osteoporosis & Chronic Back Conditions






























































































































	Each Sub-County Area vs. Others					Each County vs. Others			
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County
% [50+] Arthritis/Rheumatism	36.3	39.9	29.3	23.4	33.0	31.7	32.9	41.8	33.2
% [50+] Osteoporosis	2.9	8.1	9.0	12.1	11.0	8.2	14.1	9.1	10.6
% Sciatica/Chronic Back Pain	17.1	11.4	14.0	12.2	14.3	13.9	16.2	16.1	20.1
% Chronic Neck Pain	4.7	4.7	9.1	3.5	6.3	5.6	6.1	8.4	8.6

Note: In the green section, each county is compared against all other counties combined; each subarea of Douglas County is compared against the rest of Douglas County. Throughout these tables, a blank or empty cell indicates that data are not available for this indicator or that sample sizes are too small to provide meaningful results.

Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
32.5			35.4		35.6	30.1
9.6			11.4	5.3	11.1	9.2
15.1			21.5		15.8	18.4
6.2			8.3		6.8	5.6

better
 similar
 worse

Cancer

	Each Sub-County Area vs. Others					Each County vs. Others				Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County		vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
Cancer (Age-Adjusted Death Rate)						 178.9	 161.1	 186.5	 189.2	178.9	 167.7	 170.6	 173.6	 160.6	 196.7	
Lung Cancer (Age-Adjusted Death Rate)						 53.9			 69.9	53.9	 49.1	 49.2	 51.6	 45.5		
Prostate Cancer (Age-Adjusted Death Rate)						 20.2			 21.7	20.2	 24.7	 19.6	 23.9	 21.2		
Female Breast Cancer (Age-Adjusted Death Rate)						 24.0			 15.9	24.0	 21.6	 20.8	 23.5	 20.6		
Colorectal Cancer (Age-Adjusted Death Rate)						 12.6			 15.1	12.6	 18.5	 16.4	 14.5	 14.5		
% Skin Cancer	 3.1	 4.0	 7.2	 4.2	 7.0	 4.8	 6.0	 8.2	 5.9	5.3	 8.1			 3.0	 4.8	
% Cancer (Other Than Skin)	 4.7	 3.8	 4.6	 8.7	 4.9	 5.5	 6.0	 7.3	 6.9	5.8	 5.5			 4.0	 4.1	
% [Women 50-74] Mammogram in Past 2 Years	 77.2	 72.4	 89.6	 84.7	 82.8	 82.3	 82.0	 82.9	 82.3	82.3	 72.5	 77.3	 79.9	 81.1	 82.4	 72.3
% [Women 21-65] Pap Smear in Past 3 Years	 86.1	 80.8	 88.7	 88.7	 98.2	 86.9	 87.3	 83.3	 85.6	86.7	 80.2	 80.6	 84.7	 93.0	 91.2	 79.8
% [Age 50+] Sigmoid/Colonoscopy Ever	 75.3	 63.5	 75.0	 77.5	 76.0	 73.6	 77.4	 77.0	 71.8	74.2	 61.8	 64.2	 72.0	 64.7	 69.1	
% [Age 50+] Blood Stool Test in Past 2 Years	 24.7	 23.9	 30.2	 29.4	 30.0	 27.5	 33.2	 30.4	 34.1	29.5	 15.3	 17.4	 28.3	 30.0	 29.6	
% [Age 50-75] Colorectal Cancer Screening	 70.4	 64.0	 79.5	 81.2	 75.5	 74.8	 76.7	 78.4	 74.5	75.3	 70.5					

Note: The Metro Area values displayed for age-adjusted death rates are in actuality the corresponding Douglas County rates.

Note: In the green section, each county is compared against all other counties combined; each subarea of Douglas County is compared against the rest of Douglas County. Throughout these tables, a blank or empty cell indicates that data are not available for this indicator or that sample sizes are too small to provide meaningful results.

 better  similar  worse

Diabetes

	Each Sub-County Area vs. Others					Each County vs. Others			
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County
Diabetes Mellitus (Age-Adjusted Death Rate)						21.3	15.7	19.3	27.7
% Diabetes/High Blood Sugar	13.4	14.7	8.1	8.5	7.5	10.8	9.1	8.4	12.2

Note: The Metro Area values displayed for age-adjusted death rates are in actuality the corresponding Douglas County rates.

Note: In the green section, each county is compared against all other counties combined; each subarea of Douglas County is compared against the rest of Douglas County. Throughout these tables, a blank or empty cell indicates that data are not available for this indicator or that sample sizes are too small to provide meaningful results.

Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
21.3	22.0	18.4	20.9	19.6	21.0	
10.6	7.7	7.5	10.1		7.2	9.7
	better	similar	worse			

Dementias, Including Alzheimer's Disease

	Each Sub-County Area vs. Others					Each County vs. Others			
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County
Alzheimer's Disease (Age-Adjusted Death Rate)						22.4	18.6	26.6	35.9

Note: The Metro Area values displayed for age-adjusted death rates are in actuality the corresponding Douglas County rates.

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Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
22.4	25.4	29.0	23.4		17.3	
	better	similar	worse			

Educational & Community-Based Programs

	Each Sub-County Area vs. Others					Each County vs. Others			
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County
% Attended Health Event in Past Year	25.3	19.1	20.9	27.2	24.4	23.4	27.6	18.7	21.2

Note: In the green section, each county is compared against all other counties combined; each subarea of Douglas County is compared against the rest of Douglas County. Throughout these tables, a blank or empty cell indicates that data are not available for this indicator or that sample sizes are too small to provide meaningful results.

Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
23.8			22.2		24.3	20.7
	better	similar	worse			

General Health Status

	Each Sub-County Area vs. Others					Each County vs. Others			
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County
% "Fair/Poor" Physical Health	18.4	14.0	8.1	11.5	8.8	12.7	12.1	9.3	14.9
% Activity Limitations	18.8	18.0	16.9	16.1	15.8	17.4	19.4	21.8	21.1

Note: In the green section, each county is compared against all other counties combined; each subarea of Douglas County is compared against the rest of Douglas County. Throughout these tables, a blank or empty cell indicates that data are not available for this indicator or that sample sizes are too small to provide meaningful results.

Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
12.7	12.0	11.5	16.8		11.8	10.2
18.4	18.9	17.6	17.0		18.1	16.6
	better	similar	worse			

Hearing & Other Sensory or Communication Disorders

	Each Sub-County Area vs. Others					Each County vs. Others			
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County
% Deafness/Trouble Hearing	6.3	11.5	8.8	8.0	8.4	8.5	11.3	12.3	14.1
<small>Note: In the green section, each county is compared against all other counties combined; each subarea of Douglas County is compared against the rest of Douglas County. Throughout these tables, a blank or empty cell indicates that data are not available for this indicator or that sample sizes are too small to provide meaningful results.</small>									

Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
9.8			9.6		6.4	9.0
	better		similar			

Heart Disease & Stroke

	Each Sub-County Area vs. Others					Each County vs. Others			
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County
Diseases of the Heart (Age-Adjusted Death Rate)						156.7	153.9	170.1	191.9
Stroke (Age-Adjusted Death Rate)						43.6	39.3	42.4	45.3
% Heart Disease (Heart Attack, Angina, Coronary Disease)	5.7	7.4	3.6	6.0	6.0	5.6	3.5	4.8	6.3
% Stroke	1.5	1.5	2.4	1.7	1.0	1.8	3.4	1.7	3.5
% Told Have High Blood Pressure (Ever)						27.7	21.0		
% [HBP] Taking Medicine for Hypertension						79.4			
% Cholesterol Checked in Past 5 Years						73.7	74.9		
% Told Have High Cholesterol (Among Those Screened)						39.3	33.6		
<small>Note: In the green section, each county is compared against all other counties combined; each subarea of Douglas County is compared against the rest of Douglas County. Throughout these tables, a blank or empty cell indicates that data are not available for this indicator or that sample sizes are too small to provide meaningful results.</small>									

Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
156.7	154.0	173.3	179.8	152.7	220.3	
43.6	40.3	40.2	38.9	33.8	57.8	
5.2			6.1		4.5	5.3
2.3	2.4	2.8	2.7		2.0	0.9
27.7	27.1	28.0	34.3	26.9	27.1	32.9
79.4	79.3		79.2			
73.7	73.9	75.5	77.0	82.1		
39.3	37.4	37.5	35.1	13.5	24.5	31.9
	better		similar		worse	

Note: The Metro Area values displayed for age-adjusted death rates are in actuality the corresponding Douglas County rates.

HIV

	Each Sub-County Area vs. Others					Each County vs. Others			
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County
% [Age 18-44] HIV Test in the Past Year	20.0		12.0			15.9	16.6		15.7
<small>Note: In the green section, each county is compared against all other counties combined; each subarea of Douglas County is compared against the rest of Douglas County. Throughout these tables, a blank or empty cell indicates that data are not available for this indicator or that sample sizes are too small to provide meaningful results.</small>									

Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
16.1			19.9	16.9	18.5	18.4
better similar worse						

Immunization & Infectious Diseases

	Each Sub-County Area vs. Others					Each County vs. Others			
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County
% [Age 65+] Flu Shot in Past Year						72.6	78.3		72.6
% [Age 65+] Pneumonia Vaccine Ever						75.8	69.7		75.8
% Ever Vaccinated for Hepatitis B	29.1	29.0	23.6	30.6	31.4	28.1	31.5	32.8	28.2
<small>Note: In the green section, each county is compared against all other counties combined; each subarea of Douglas County is compared against the rest of Douglas County. Throughout these tables, a blank or empty cell indicates that data are not available for this indicator or that sample sizes are too small to provide meaningful results.</small>									

Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
72.6	71.2	70.4	71.6	90.0	68.9	73.4
75.8	70.9	70.3	68.1	90.0	77.1	69.0
28.9			38.4			
better similar worse						

Injury & Violence Prevention

	Each Sub-County Area vs. Others					Each County vs. Others			
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County
Unintentional Injury (Age-Adjusted Death Rate)						32.4	24.7	47.3	38.0
% "Always" Wear Seat Belt						79.6			
% Child [Age 0-17] "Always" Uses Seat Belt/Car Seat	86.5		98.3			93.4	96.9		92.1
% Child [Age 5-16] "Always" Wears a Bike Helmet	33.9		50.9			43.8	52.7		27.5
% Firearm in Home	25.3	18.4	34.4	34.5	44.8	29.4	39.6	54.6	42.1
% [Homes With Children] Firearm in Home	22.1	10.0	37.2	32.8	50.4	27.6	41.0	43.7	38.0

Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
32.4	35.7	36.8	37.0	36.0	25.2	
79.6			85.3	92.4	72.5	
93.9			91.6		89.5	94.4
43.5			35.3		47.0	44.3
33.7			37.9		29.9	36.2
32.3			34.4		29.2	38.7

% [Homes With Firearms] Weapon(s) Unlocked & Loaded	14.6	7.1	6.9	8.8	12.5	9.5	8.3	16.2	14.4
% Victim of Violent Crime in Past 5 Years	8.4	3.2	0.9	0.8	0.4	3.2	0.4	1.8	2.0
% Perceive Neighborhood as "Slightly/Not At All Safe"	47.7	31.1	6.0	7.4	6.9	21.9	6.4	4.6	15.3
% Ever Threatened With Violence by Intimate Partner	16.8	12.9	4.0	10.7	9.8	10.9	11.4	12.3	11.3
% Victim of Domestic Violence (Ever)	14.8	13.1	6.4	12.3	10.2	11.5	13.0	12.1	13.2
% Intimate Partner Has Been Harassing/Controlling in Past 5 Yrs	11.2	6.8	2.9	5.9	6.0	6.7	4.9	4.1	7.8

Note: The Metro Area values displayed for age-adjusted death rates are in actuality the corresponding Douglas County rates.

Note: In the green section, each county is compared against all other counties combined; each subarea of Douglas County is compared against the rest of Douglas County. Throughout these tables, a blank or empty cell indicates that data are not available for this indicator or that sample sizes are too small to provide meaningful results.

10.4	16.9	10.3	5.8
2.5	1.6	5.2	0.6
17.4		23.6	5.1
11.1	11.7		
12.0	13.5		
6.4			

better similar worse

Maternal, Infant & Child Health

	Each Sub-County Area vs. Others					Each County vs. Others			
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County
% No Prenatal Care in First Trimester						25.9			
% of Low Birthweight Births						8.4	6.9	6.7	8.1
Infant Death Rate						5.7	4.4	5.2	5.4














































Note: The Metro Area values displayed for these indicators are in actuality the corresponding Douglas County rates.

Note: In the green section, each county is compared against all other counties combined; each subarea of Douglas County is compared against the rest of Douglas County. Throughout these tables, a blank or empty cell indicates that data are not available for this indicator or that sample sizes are too small to provide meaningful results.















Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
25.9	28.0	13.6	16.3	22.1	19.1	
8.4	7.1	6.6	8.2	7.8	7.8	
5.7	5.4	4.5	6.4	6.0	8.6	




better similar worse

Mental Health & Mental Disorders
































































	Each Sub-County Area vs. Others					Each County vs. Others			
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County
% "Fair/Poor" Mental Health	 13.3	 11.8	 4.9	 6.8	 7.4	 9.0	 8.2	 3.3	 12.5
% Major Depression	 14.0	 8.0	 11.0	 6.5	 5.9	 9.8	 9.6	 5.0	 13.6
% Symptoms of Chronic Depression (2+ Years)	 33.7	 31.7	 22.4	 20.5	 21.2	 26.6	 19.8	 18.6	 27.4
% [Those With Major Depression] Seeking Help						 84.9	 100.0	 81.8	 91.7
% Typical Day Is "Extremely/Very" Stressful	 12.3	 12.0	 9.5	 11.1	 10.5	 11.1	 11.0	 12.1	 14.0
% Child [Age 5-17] Takes Prescription for ADD/ADHD	 3.9		 11.7			 8.2	 8.1		 9.2







Note: In the green section, each county is compared against all other counties combined; each subarea of Douglas County is compared against the rest of Douglas County. Throughout these tables, a blank or empty cell indicates that data are not available for this indicator or that sample sizes are too small to provide meaningful results.

Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
9.0			 11.7		 8.1	 5.6
10.1			 11.7		 6.6	 8.3
25.1			 26.5		 26.8	 16.6
88.7			 82.0	 75.1	 81.5	
11.5			 11.5		 12.6	 13.3
8.3			 6.5		 9.2	 4.7

 better
  similar
  worse

Nutrition & Weight Status

	Each Sub-County Area vs. Others					Each County vs. Others			
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County
% Eat 5+ Servings of Fruit or Vegetables per Day	 31.0	 30.6	 38.1	 41.1	 33.3	 35.3	 39.0	 42.4	 31.1
% [Child 5-17] 5+ Servings of Fruits/Vegetables Daily in the Past Week	 49.5	 42.0	 46.3	 37.7	 40.4	 43.2	 34.6	 53.7	 39.6
% Medical Advice on Nutrition in Past Year	 35.3	 37.4	 33.7	 41.5	 48.5	 37.4	 44.6	 36.5	 34.5
% "Very/Somewhat Difficult" to Buy Fresh Produce Affordably	 32.0	 32.5	 20.0	 17.0	 11.9	 24.4	 16.8	 21.8	 23.2
% Had 7+ Sugar-Sweetened Beverages in Past Week	 32.6	 32.8	 24.4	 28.0	 27.7	 29.1	 28.4	 22.6	 25.4
% Would Favor a Local Tax on Sweetened Beverages	 31.7	 31.1	 28.2	 33.9	 23.0	 30.8	 25.7	 25.0	 22.7
% Feel SNAP Benefits Should Not Be Used for Sweetened Beverages	 46.8	 61.5	 60.7	 74.8	 67.4	 61.0	 73.7	 69.7	 71.7

Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
35.8			 48.8		 26.1	 41.1
41.2						
38.4			 41.9		 35.2	 37.7
22.8						
28.3						
28.6						
65.0						

% "Often/Sometimes" Worry That Food Will Run Out	29.4	29.4	15.3	11.7	13.0	20.7	12.9	12.0	19.9
% Healthy Weight (BMI 18.5-24.9)	29.9	30.1	29.8	36.7	29.0	31.5	31.5	26.3	28.7
% Overweight	69.0	67.8	68.2	61.2	70.8	66.7	67.1	73.3	70.1
% Obese	33.5	30.3	30.5	22.6	30.0	29.3	31.5	26.3	34.6
% Medical Advice on Weight in Past Year	25.0	24.9	24.1	26.9	26.1	25.3	29.2	26.2	26.3
% [Overweights] Counselor About Weight in Past Year	32.9	34.5	29.9	33.5	31.2	32.5	37.9	29.4	31.3
% [Obese Adults] Counselor About Weight in Past Year	45.4	45.5	31.7	46.7	44.2	41.9	51.5	58.0	41.4
% Children [Age 5-17] Overweight	31.1		31.0			31.0	23.5		34.3
% Children [Age 5-17] Obese	19.7		11.4			14.8	8.7		15.4
Note: In the green section, each county is compared against all other counties combined; each subarea of Douglas County is compared against the rest of Douglas County. Throughout these tables, a blank or empty cell indicates that data are not available for this indicator or that sample sizes are too small to provide meaningful results.									

18.8									
31.0			31.7	33.9					
67.5	64.9	66.2	66.9						
30.3	27.5	29.1	28.5	30.6					
26.2			25.7						
33.3			30.9						
44.3			47.4	31.8					
29.4			30.7						
13.2			18.9	14.6					

Oral Health	Each Sub-County Area vs. Others					Each County vs. Others			
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County
% [Age 18+] Dental Visit in Past Year	60.2	60.4	79.5	74.9	74.1	69.4	73.1	76.6	69.2
% Child [Age 2-17] Dental Visit in Past Year	93.1	83.4	79.7	86.4	84.7	85.5	89.4	90.1	83.3
% Have Dental Insurance	63.5	64.7	73.5	74.7	68.7	69.3	77.4	70.2	62.3
Note: In the green section, each county is compared against all other counties combined; each subarea of Douglas County is compared against the rest of Douglas County. Throughout these tables, a blank or empty cell indicates that data are not available for this indicator or that sample sizes are too small to provide meaningful results.									

Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
70.4	69.5	76.0	66.9	49.0	74.5	74.4
86.2			79.2	49.0	84.5	78.7
70.1			60.8		64.5	76.1

Physical Activity

	Each Sub-County Area vs. Others					Each County vs. Others				Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County		vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
% [Employed] Job Entails Mostly Sitting/Standing	63.8	59.4	68.3	73.5	61.5	66.7	70.0	55.6	53.0	65.4		63.2		62.8	70.9	
% No Leisure-Time Physical Activity	20.4	18.3	17.4	14.6	11.6	17.4	11.6	14.5	21.7	16.7	24.7	24.8	28.7	32.6	16.9	21.9
% Meeting Physical Activity Guidelines	48.1	49.8	52.8	55.1	63.3	52.0	51.9	62.2	52.7	52.4	51.1	49.7	42.7	43.6	48.3	
% Moderate Physical Activity	27.3	25.8	31.8	33.9	28.8	29.9	29.5	35.7	35.1	30.7		23.9		22.7	24.8	
% Vigorous Physical Activity	40.5	41.7	43.2	47.2	56.5	43.8	44.4	50.0	40.2	43.7	29.7	26.9	34.8	35.8	48.3	
% Medical Advice on Physical Activity in Past Year	43.2	37.7	41.7	47.3	51.0	43.1	46.5	46.5	36.8	43.1		47.8		37.5	43.7	
% Have Access to Indoor Exercise Equipment	62.6	61.6	81.1	78.0	78.8	71.6	87.2	80.4	71.8	75.0						
% Believe Schools Should Require PE for All Students	94.9	94.7	96.7	98.2	96.7	96.2	98.4	97.3	95.9	96.6				98.0	97.2	
% Use Local Parks/Recreation Centers At Least Weekly	41.9	39.9	43.3	43.4	37.0	42.0	43.0	32.1	30.5	40.5				40.0	45.2	
% Use Local Trails At Least Monthly in Good Weather	45.5	49.1	53.0	54.7	48.5	50.5	48.3	45.3	50.1	49.8				51.9	56.0	
% [Child 5-17] Daily Compliance w/All 5-4-3-2-1 Go! Guidelines	4.5	1.4	2.2	4.9	2.2	3.3	3.2	5.6	3.7	3.4						
% [Child 5-17] Walks/Bikes to School Most Days	3.3	12.9	13.1	16.4	8.3	11.7	9.5	3.8	5.7	10.2						

Note: In the green section, each county is compared against all other counties combined; each subarea of Douglas County is compared against the rest of Douglas County. Throughout these tables, a blank or empty cell indicates that data are not available for this indicator or that sample sizes are too small to provide meaningful results.

better similar worse

Respiratory Diseases

	Each Sub-County Area vs. Others					Each County vs. Others			
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County
Pneumonia (Age-Adjusted Death Rate)						12.5	17.8	23.7	15.7
% Chronic Lung Disease	8.5	6.1	5.0	7.0	4.9	6.6	8.6	6.0	10.1
% [Adult] Currently Has Asthma	9.4	10.8	7.3	9.1	4.9	8.9	8.6	5.3	8.1
% [Child 0-17] Currently Has Asthma	8.1	6.4	4.6	6.0	8.9	6.3	13.5	6.2	7.2

Note: The Metro Area values displayed for age-adjusted death rates are in actuality the corresponding Douglas County rates.

Note: In the green section, each county is compared against all other counties combined; each subarea of Douglas County is compared against the rest of Douglas County. Throughout these tables, a blank or empty cell indicates that data are not available for this indicator or that sample sizes are too small to provide meaningful results.

Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
12.5	11.2	14.9	15.3		20.7	
7.4			8.4		7.5	7.8
8.6	7.8	7.8	7.5		8.5	5.8
7.9			11.8		10.3	7.6

better
 similar
 worse

Sexually Transmitted Diseases

	Each Sub-County Area vs. Others					Each County vs. Others			
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County
Chlamydia Incidence per 100,000						545.1	235.0	137.0	235.0
% [18-64] 3+ Sexual Partners in Past Year	5.3	3.0	3.9	3.3	2.3	4.0	2.1	1.4	2.3
% [18-64] Using Condoms	26.3	28.4	19.0	15.2	13.2	21.5	15.1	16.7	16.0

Note: The Metro Area values displayed for disease incidence indicators are in actuality the corresponding Douglas County rates.

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Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
545.1	303.0	313.6	405.3		423.2	
3.3			3.0		3.1	1.5
19.5			19.2		20.9	13.3

better
 similar
 worse

Substance Abuse

	Each Sub-County Area vs. Others					Each County vs. Others			
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County
% Current Drinker (1+ Drink/Past Month)						60.4			
% Chronic Drinker (Average 2+ Drinks/Day)						5.2	5.1		
% Binge Drinker (Single Occasion - 5+ Drinks Men, 4+ Women)						16.8	20.5		
% Drinking & Driving in Past Month	5.4	4.2	6.2	11.1	4.3	6.7	4.0	2.3	5.1
% Driving Drunk or Riding with Drunk Driver	9.0	9.4	8.7	14.3	7.5	10.3	6.6	4.2	6.8
% Illicit Drug Use in Past Month	3.9	3.1	2.0	2.2	0.8	2.7	0.8	1.4	2.1
% Ever Sought Help for Alcohol or Drug Problem	5.2	5.0	3.0	5.1	3.9	4.5	2.4	5.0	2.5

Note: In the green section, each county is compared against all other counties combined; each subarea of Douglas County is compared against the rest of Douglas County. Throughout these tables, a blank or empty cell indicates that data are not available for this indicator or that sample sizes are too small to provide meaningful results.

Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
60.4	59.0		58.8		64.3	
5.2	5.5	5.2	5.6		3.5	3.6
16.8	19.4	16.9	16.7	24.3	17.0	18.5
5.8			3.5		4.6	3.9
8.9			5.5		7.9	7.3
2.2			1.7	7.1	1.6	0.7
3.9			3.9		3.2	2.0

better similar worse

Tobacco Use










	Each Sub-County Area vs. Others					Each County vs. Others			
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County
% Current Smoker						17.0	16.9		27.0
% Someone Smokes at Home	19.0	20.3	12.8	15.4	6.6	16.2	10.4	10.7	17.9
% [Household With Children] Someone Smokes in the Home	10.5	7.1	11.7	9.7	3.3	9.6	7.5	8.0	11.6
% [Smokers] Have Quit Smoking 1+ Days in Past Year						53.5			
% Use Smokeless Tobacco						3.0			





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Metro Area	Metro Area vs. Benchmarks				TREND (vs. Baseline)	
	vs. NE	vs. IA	vs. US	vs. HP2020	Douglas	Sarpy/Cass
17.0	17.2	16.2	16.6	12.0	20.9	16.2
15.1			13.6		21.4	12.1
9.3			12.1		20.6	7.9
53.5			56.2	80.0	40.9	36.2
3.0			2.8	0.3	1.7	

better similar worse

Vision

	Each Sub-County Area vs. Others					Each County vs. Others			
	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pottawattamie County
% Eye Exam in Past 2 Years	 48.2	 53.5	 56.8	 57.0	 50.6	 53.7	 60.5	 61.8	 57.8
<small>Note: In the green section, each county is compared against all other counties combined; each subarea of Douglas County is compared against the rest of Douglas County. Throughout these tables, a blank or empty cell indicates that data are not available for this indicator or that sample sizes are too small to provide meaningful results.</small>									

Metro Area	Metro Area vs. Benchmarks			
	vs. NE	vs. IA	vs. US	vs. HP2020
55.9			 57.5	
				
	better	similar	worse	

TREND (vs. Baseline)	
Douglas	Sarpy/Cass
 58.7	 59.3