2015 PRC Community Health Needs Assessment

Douglas, Sarpy & Cass Counties, Nebraska
Pottawattamie County, Iowa

Prepared for:
CHI Health
Douglas County Health Department
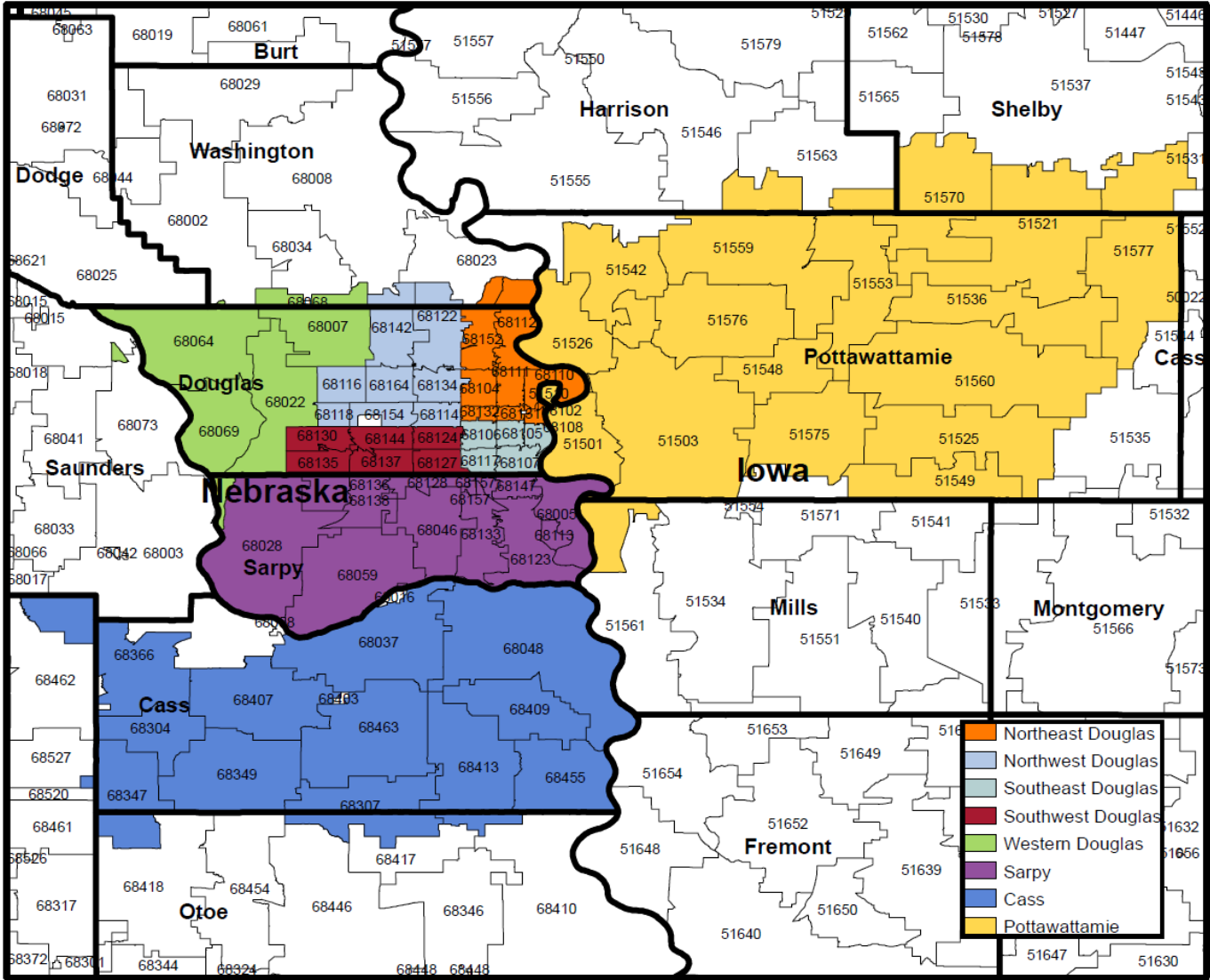Live Well Omaha
Methodist Health System
Nebraska Medicine
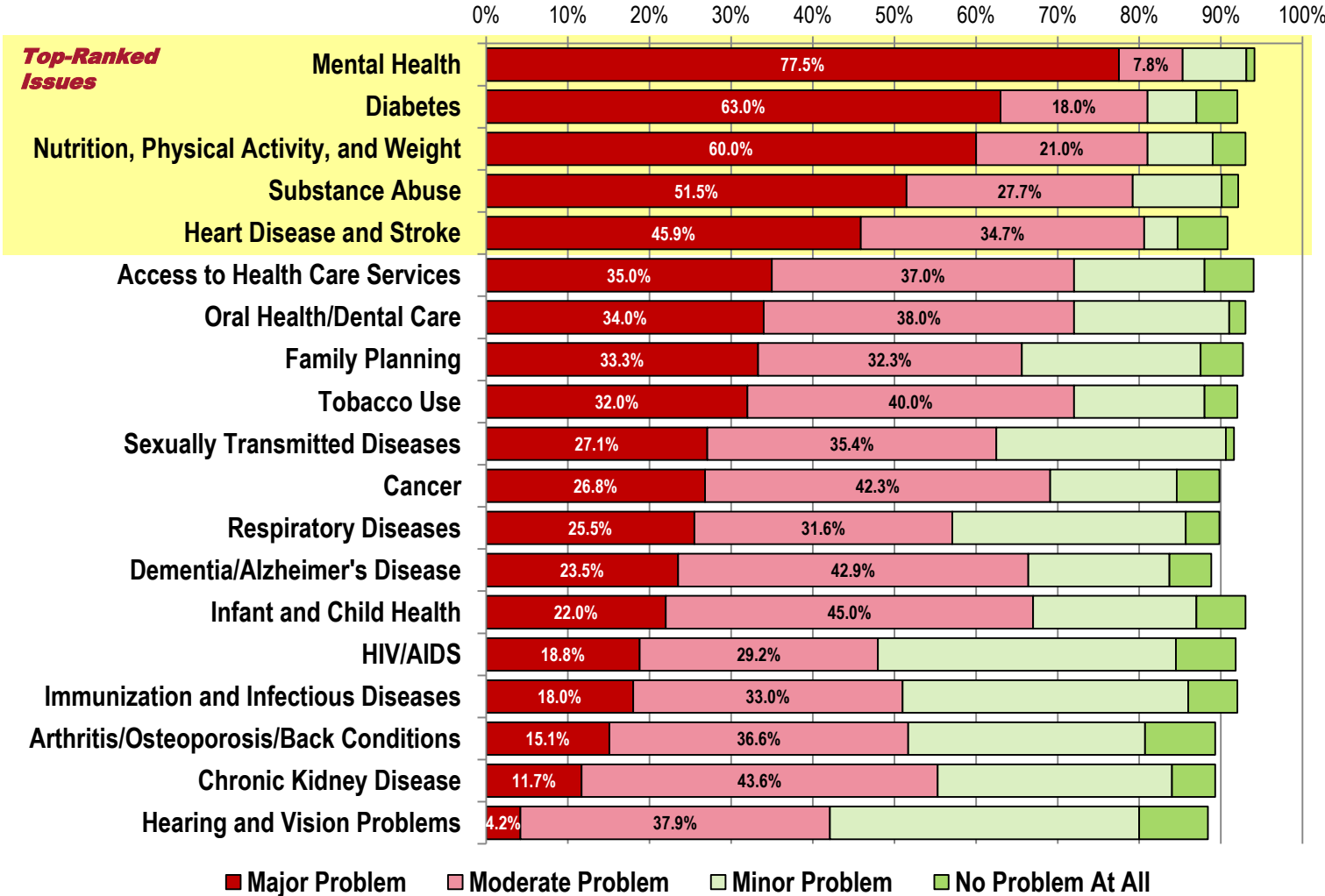Pottawattamie County Public Health Department/VNA
Sarpy/Cass County Department of Health and Wellness

By Professional Research Consultants, Inc.

Key Informants: Relative Position of Health Topics as Problems in the Community

Top-Ranked Issues

Health Topic	Major Problem	Moderate Problem
Mental Health	77.5%	7.8%
Diabetes	63.0%	18.0%
Nutrition, Physical Activity, and Weight	60.0%	21.0%
Substance Abuse	51.5%	27.7%
Heart Disease and Stroke	45.9%	34.7%
Access to Health Care Services	35.0%	37.0%
Oral Health/Dental Care	34.0%	38.0%
Family Planning	33.3%	32.3%
Tobacco Use	32.0%	40.0%
Sexually Transmitted Diseases	27.1%	35.4%
Cancer	26.8%	42.3%
Respiratory Diseases	25.5%	31.6%
Dementia/Alzheimer's Disease	23.5%	42.9%
Infant and Child Health	22.0%	45.0%
HIV/AIDS	18.8%	29.2%
Immunization and Infectious Diseases	18.0%	33.0%
Arthritis/Osteoporosis/Back Conditions	15.1%	36.6%
Chronic Kidney Disease	11.7%	43.6%
Hearing and Vision Problems	4.2%	37.9%

■ Major Problem   ■ Moderate Problem   □ Minor Problem   □ No Problem At All

Expected Error Ranges for a Sample of 2,619 Respondents at the 95 Percent Level of Confidence
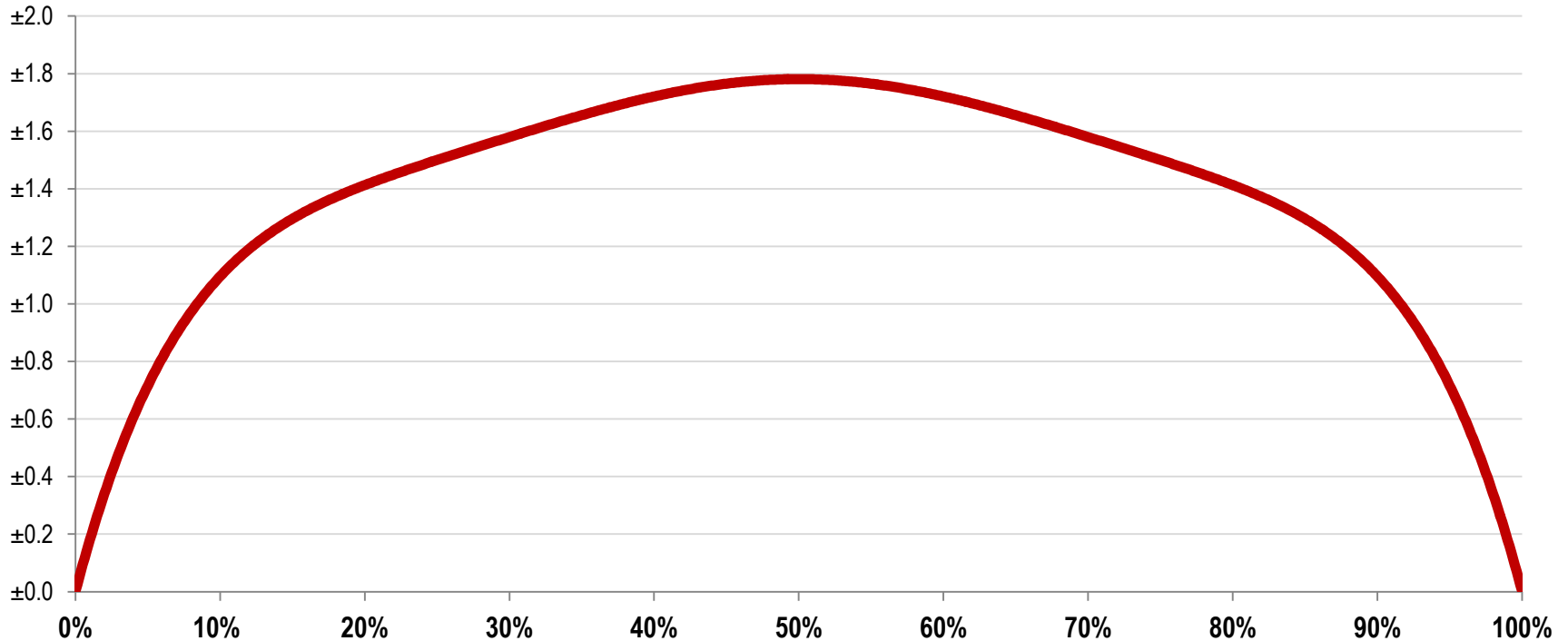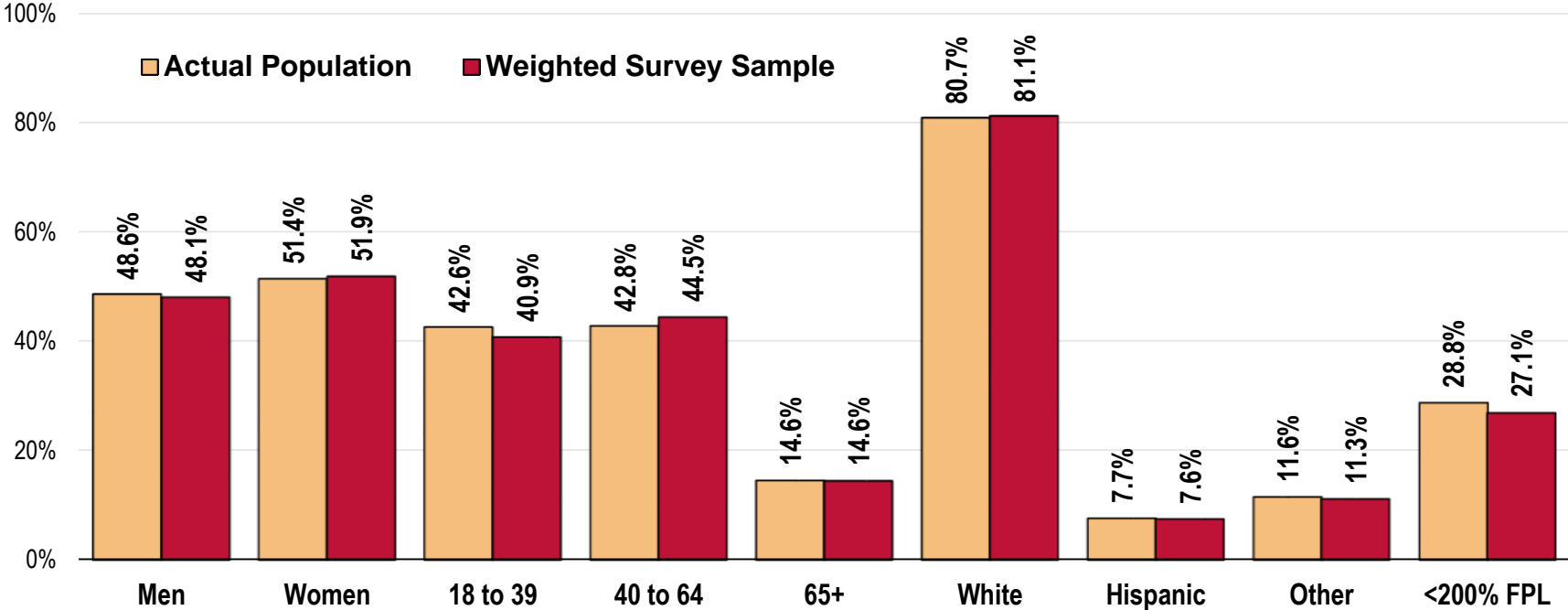

Note:
- The "response rate" (the percentage of a population giving a particular response) determines the error rate associated with that response. A "95 percent level of confidence" indicates that responses would fall within the expected error range on 95 out of 100 trials.

Examples:
- If 10% of the sample of 2,619 respondents answered a certain question with a "yes," it can be asserted that between 8.9% and 11.1% (10% ± 1.1%) of the total population would offer this response.
- If 50% of respondents said "yes," one could be certain with a 95 percent level of confidence that between 48.2% and 51.8% (50% ± 1.8%) of the total population would respond "yes" if asked this question.

Population & Survey Sample Characteristics
(Metro Area, 2015)

Legend: □ Actual Population ■ Weighted Survey Sample

Category	Actual Population	Weighted Survey Sample
Men	48.6%	48.1%
Women	51.4%	51.9%
18 to 39	42.6%	40.9%
40 to 64	42.8%	44.5%
65+	14.6%	14.6%
White	80.7%	81.1%
Hispanic	7.7%	7.6%
Other	11.6%	11.3%
<200% FPL	28.8%	27.1%

Sources:
- Census 2010, Summary File 3 (SF 3). US Census Bureau.
- 2015 PRC Community Health Survey, Professional Research Consultants, Inc.

COMMUNITY DESCRIPTION

Demographics

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Total Population
(Estimated Population, 2009-2013)

	Total Population	Total Land Area (Square Miles)	Population Density (Per Square Mile)
Douglas County	524,697	328.37	1,597.89
Sarpy County	162,728	238.93	681.08
Cass County	25,222	557.30	45.26
Pottawattamie County	92,962	950.03	97.85
Metro Area	**805,609**	**2,074.62**	**388.32**
Nebraska	**1,841,625**	**76,803.37**	**23.98**
Iowa	**3,062,553**	**55,842.35**	**54.84**
United States	**311,536,591**	**3,530,997.6**	**88.23**

Sources:
- US Census Bureau American Community Survey 5-year estimates (2009-2013).
- Retrieved August 2015 from Community Commons at http://www.chna.org.

Change in Total Population
(Percentage Change Between 2000 and 2010)

An increase of 96,131 persons

|							
Douglas County 11.6%	Sarpy County 29.6%	Cass County 3.7%	Pott. County 6.2%	Metro Area 13.8%	NE 6.7%	IA 4.1%	US 9.7%
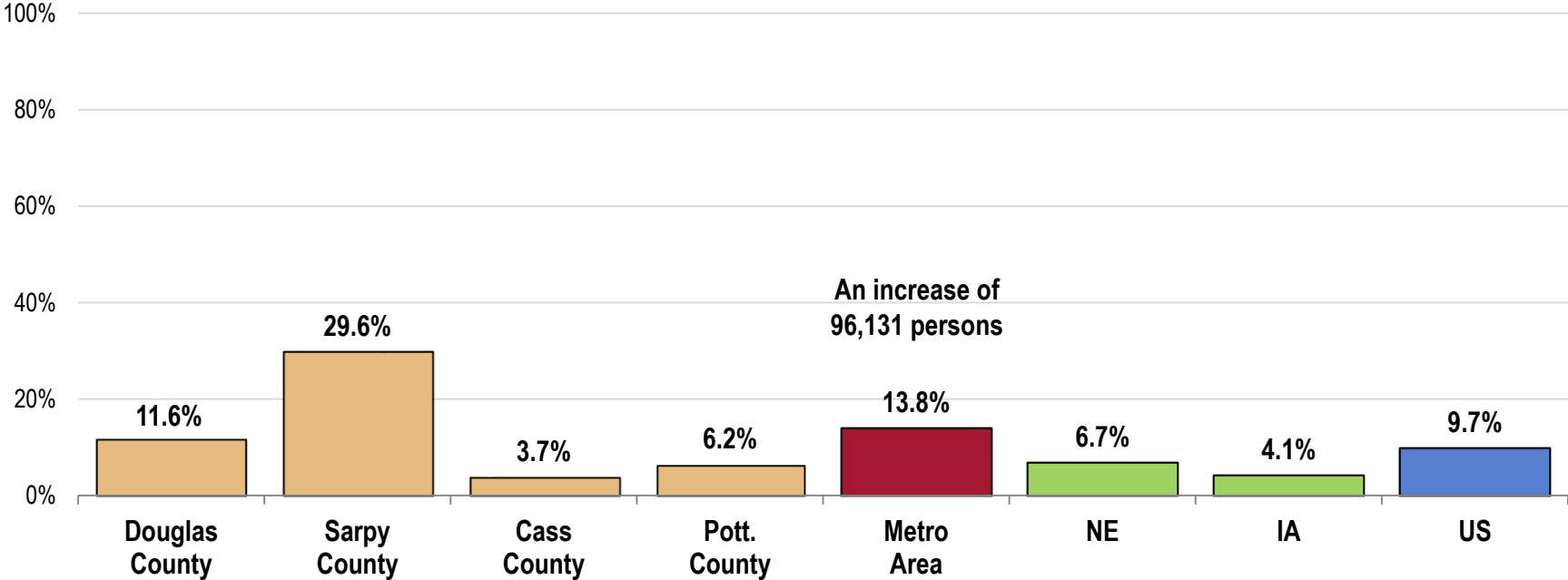
Sources:
- Retrieved August 2015 from Community Commons at http://www.chna.org.
- US Census Bureau Decennial Census (2000-2010).

Notes:
- A significant positive or negative shift in total population over time impacts healthcare providers and the utilization of community resources.

Population Change, Percent by Tract, US Census 2000-2010
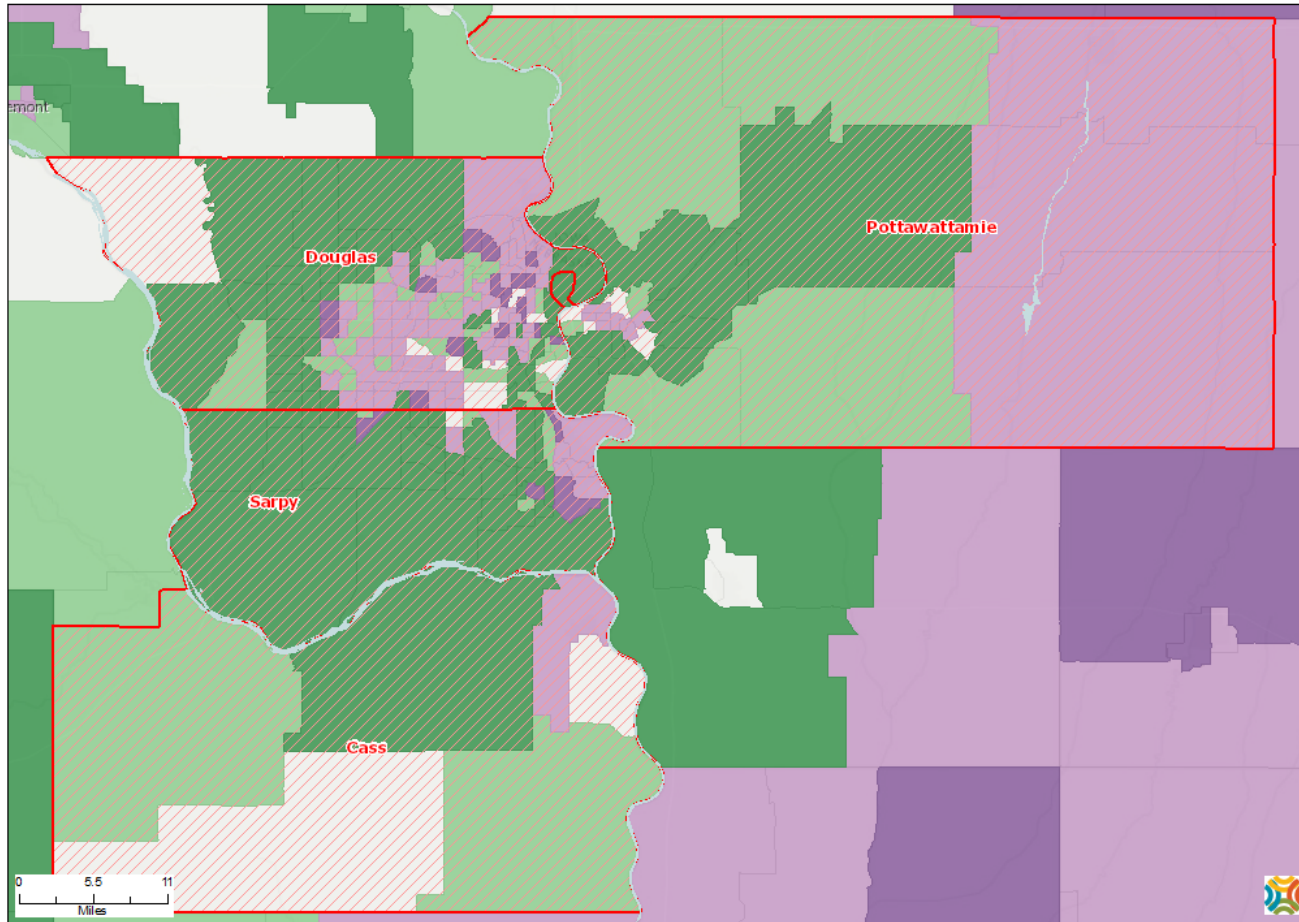
Map Legend

Population Change, Percent by Tract, US
Census 2000 - 2010

- Over 10.0% Increase (+)
- 1.0 - 10.0% Increase (+)
- Less Than 1.0% Change (+/-)
- 1.0 - 10.0% Decrease (-)
- Over 10.0% Decrease (-)
- No Population or No Data

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Urban and Rural Population
(2010)

☐ % Urban ☐ % Rural

	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	NE	IA	US
% Urban	97.8%	94.7%	27.0%	73.6%	92.1%	73.1%	64.0%	80.9%
% Rural	2.2%	5.3%	73.0%	26.4%	7.9%	26.9%	36.0%	19.1%
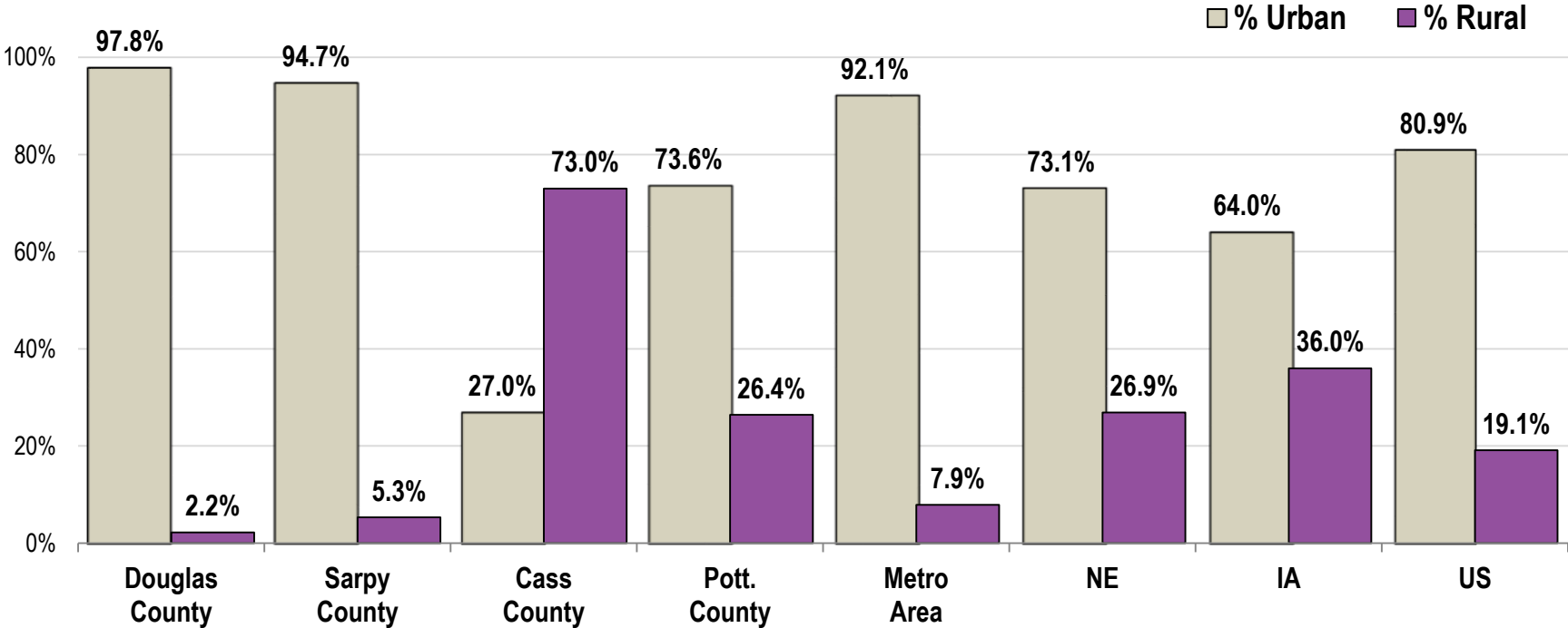
Sources:
● US Census Bureau Decennial Census (2010).
● Retrieved August 2015 from Community Commons at http://www.chna.org.

Notes:
● This indicator reports the percentage of population living in urban and rural areas. Urban areas are identified using population density, count, and size thresholds. Urban areas also include territory with a high degree of impervious surface (development). Rural areas are all areas that are not urban.
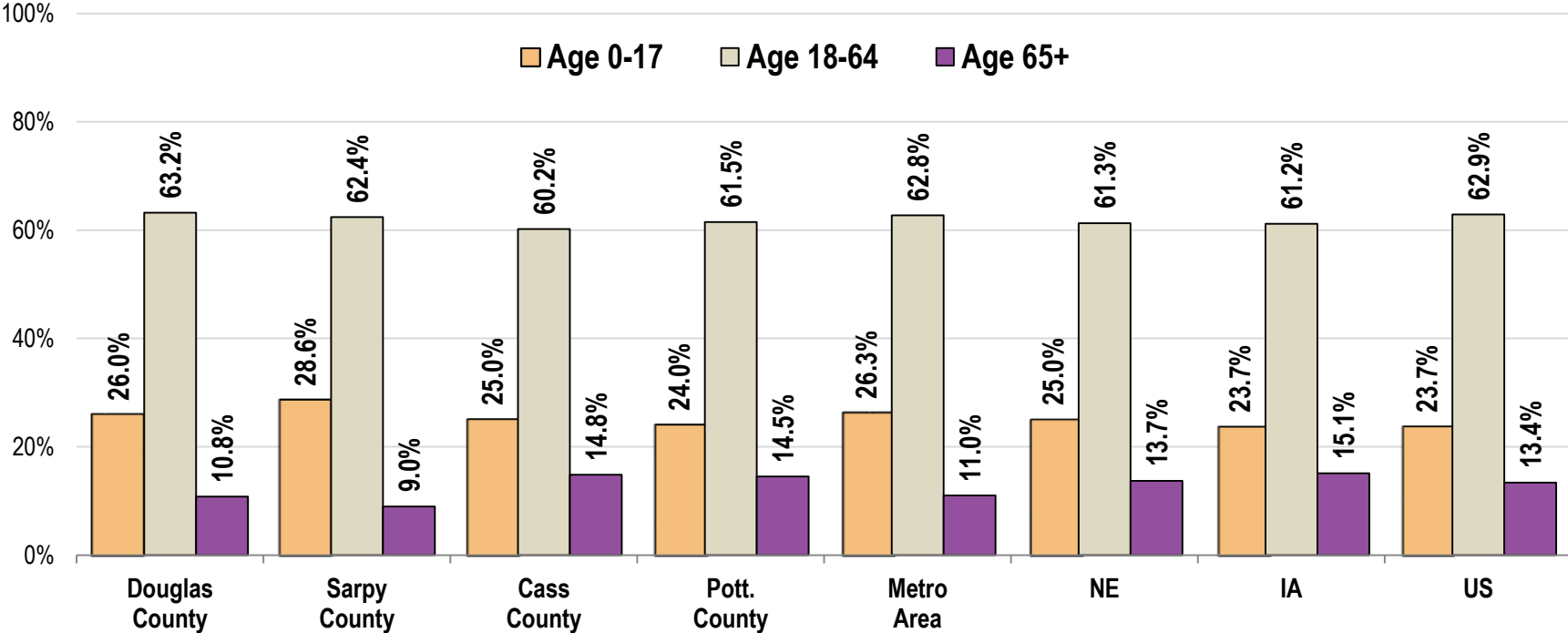
Urban Population, Percent by Tract, US Census 2010
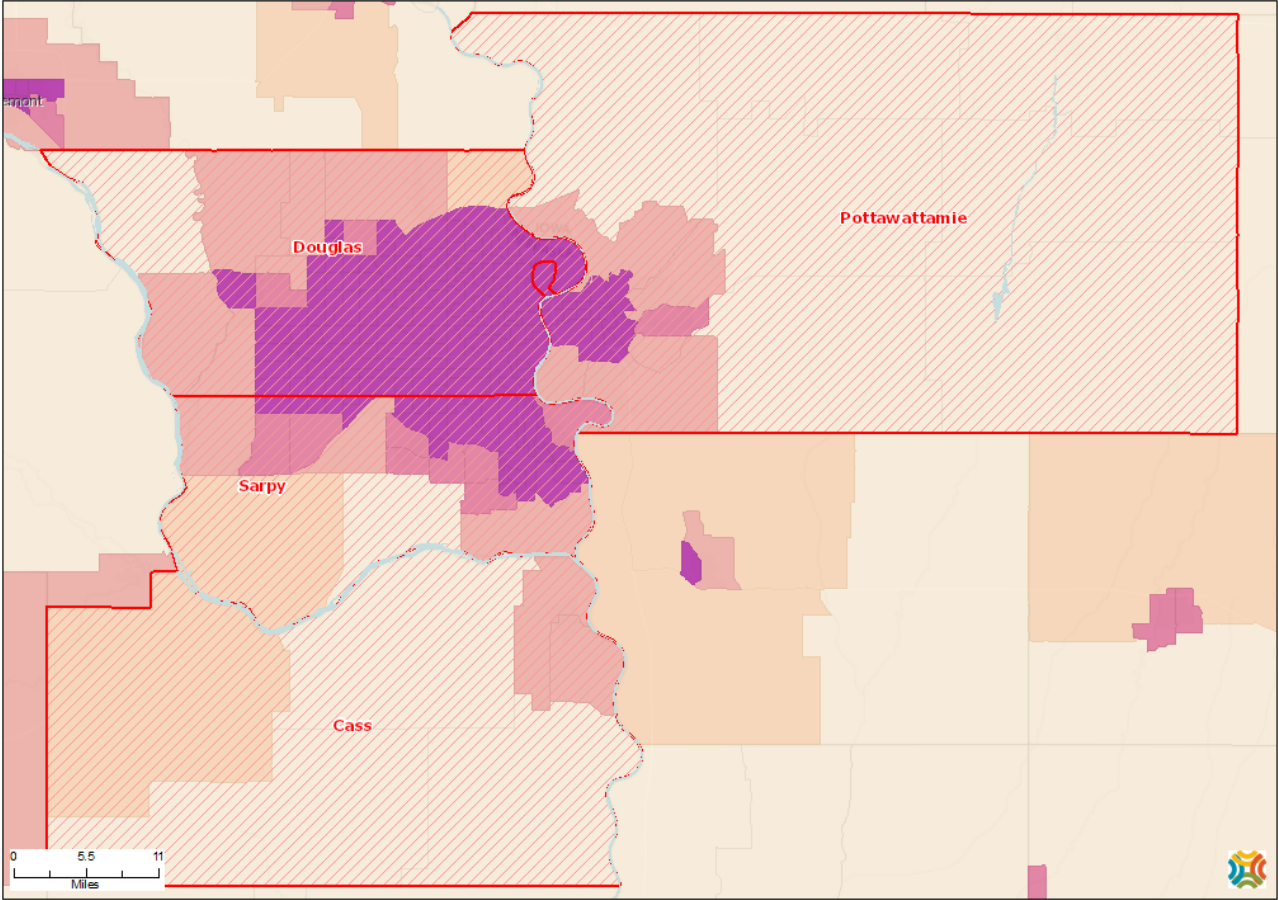
Map Legend

Urban Population, Percent by Tract, US
Census 2010

- ■ 100% Urban Population
- ■ 90.1 - 99.9%
- ■ 50.1 - 90.0%
- ■ Under 50.1%
- ■ No Urban Population
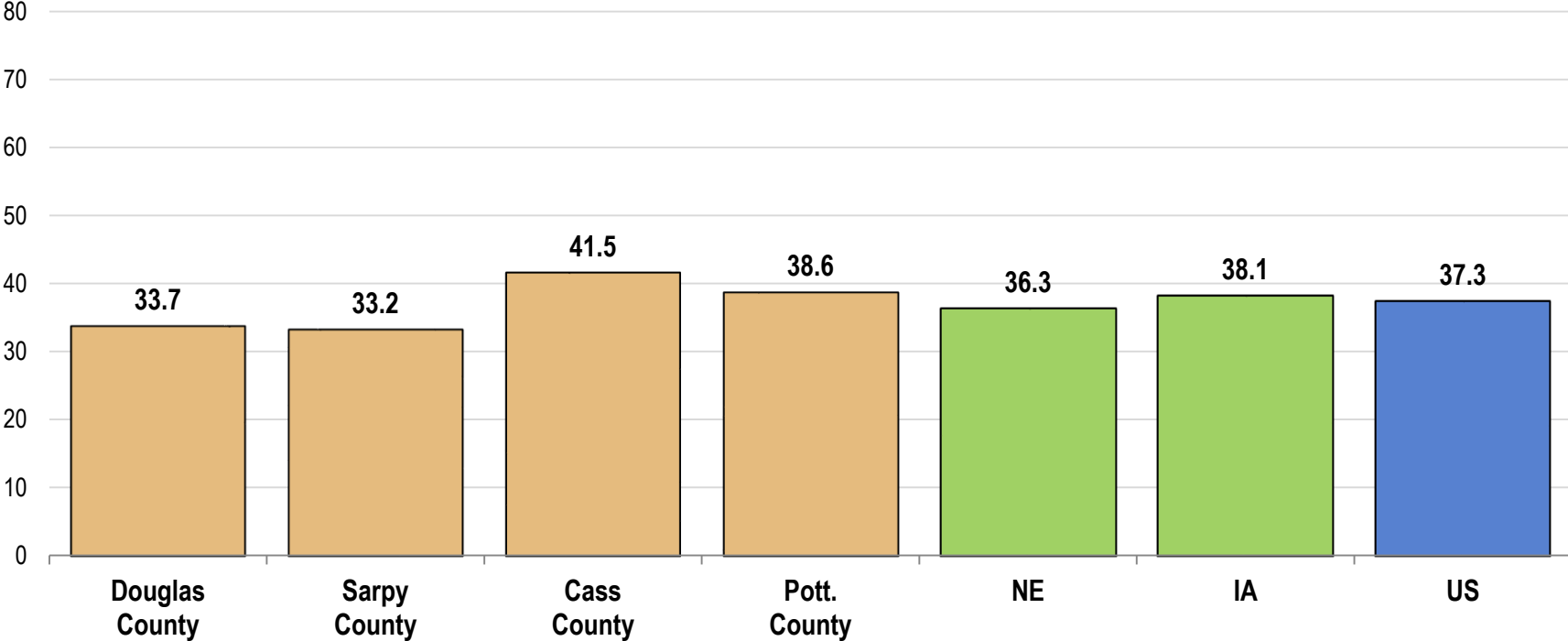- ■ No Data or Data Suppressed

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Total Population by Age Groups, Percent
(2009-2013)

Legend: ■ Age 0-17   □ Age 18-64   ■ Age 65+

	Age 0-17	Age 18-64	Age 65+
Douglas County	26.0%	63.2%	10.8%
Sarpy County	28.6%	62.4%	9.0%
Cass County	25.0%	60.2%	14.8%
Pott. County	24.0%	61.5%	14.5%
Metro Area	26.3%	62.8%	11.0%
NE	25.0%	61.3%	13.7%
IA	23.7%	61.2%	15.1%
US	23.7%	62.9%	13.4%

Sources:
- US Census Bureau American Community Survey 5-year estimates (2009-2013).
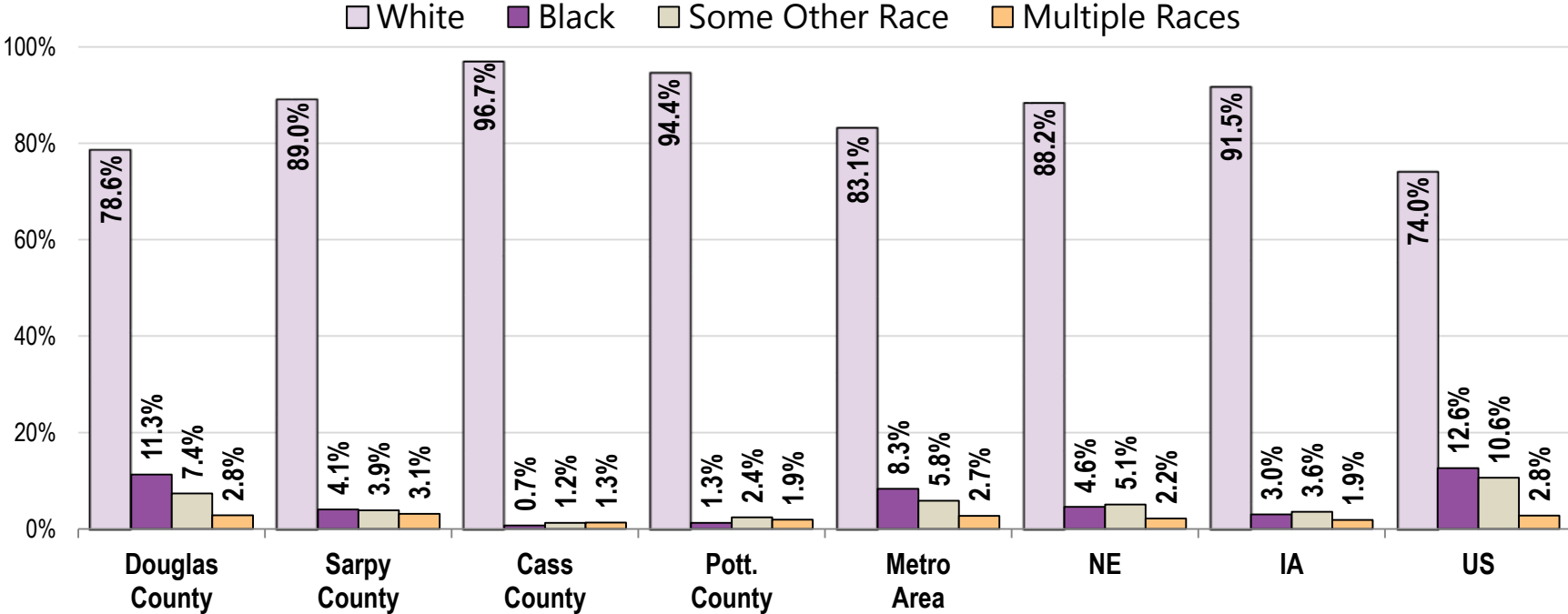- Retrieved August 2015 from Community Commons at http://www.chna.org.

Median Age
(2009-2013)

Bar chart showing Median Age by county and region:

| Region	Median Age
Douglas County	33.7
Sarpy County	33.2
Cass County	41.5
Pott. County	38.6
NE	36.3
IA	38.1
US	37.3

Sources:
- US Census Bureau American Community Survey 5-year estimates (2009-2013).
- Retrieved August 2015 from Community Commons at http://www.chna.org.

Median Age, by Tract, ACS 2009-2013
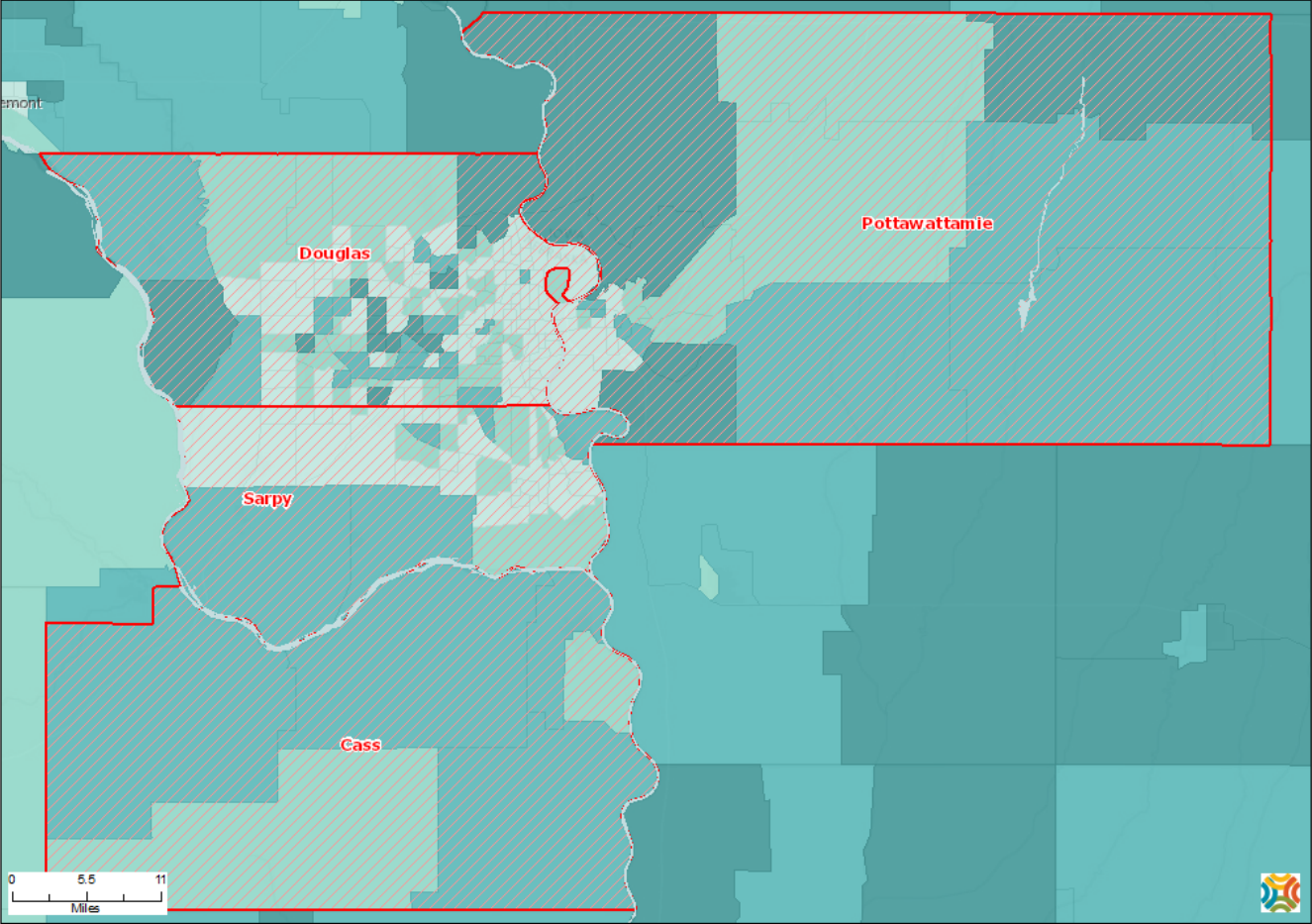
Map Legend

Median Age by Tract, ACS 2009-13
- ■ Over 45.0
- ■ 40.1 - 45.0
- ■ 35.1 - 40.0
- ■ Under 35.1
- ■ No Data or Data Suppressed

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Total Population by Race Alone, Percent
(2009-2013)

Legend: □ White ■ Black □ Some Other Race □ Multiple Races

	White	Black	Some Other Race	Multiple Races
Douglas County	78.6%	11.3%	7.4%	2.8%
Sarpy County	89.0%	4.1%	3.9%	3.1%
Cass County	96.7%	0.7%	1.2%	1.3%
Pott. County	94.4%	1.3%	2.4%	1.9%
Metro Area	83.1%	8.3%	5.8%	2.7%
NE	88.2%	4.6%	5.1%	2.2%
IA	91.5%	3.0%	3.6%	1.9%
US	74.0%	12.6%	10.6%	2.8%

Sources:
- US Census Bureau American Community Survey 5-year estimates (2009-2013).
- Retrieved August 2015 from Community Commons at http://www.chna.org.

Percent Population Hispanic or Latino
(2009-2013)
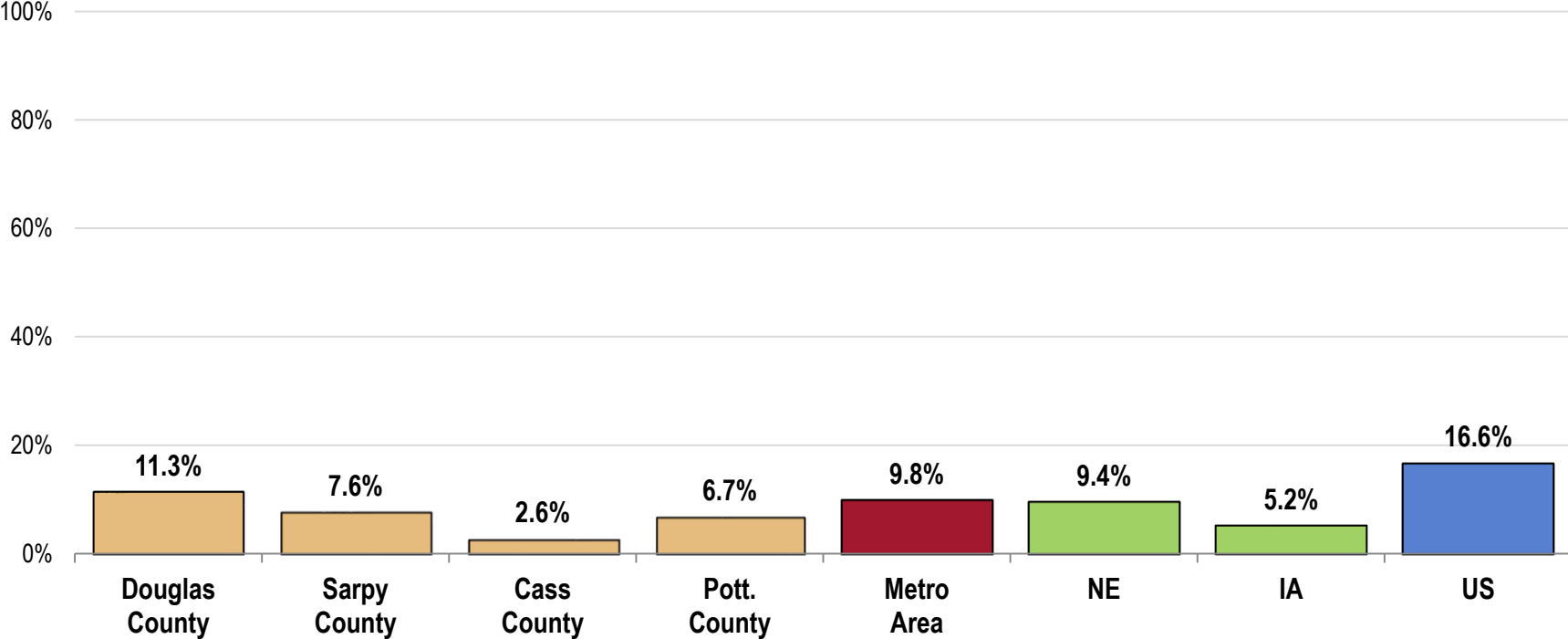
|	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	NE	IA	US
	11.3%	7.6%	2.6%	6.7%	9.8%	9.4%	5.2%	16.6%

Sources:
- US Census Bureau American Community Survey 5-year estimates (2009-2013).
- Retrieved August 2015 from Community Commons at http://www.chna.org.

Notes:
- Origin can be viewed as the heritage, nationality group, lineage, or country of birth of the person or the person's parents or ancestors before their arrival in the United States. People who identify their origin as Hispanic, Latino, or Spanish may be of any race.

Population Hispanic or Latino, Percent by Tract, ACS 2009-2013
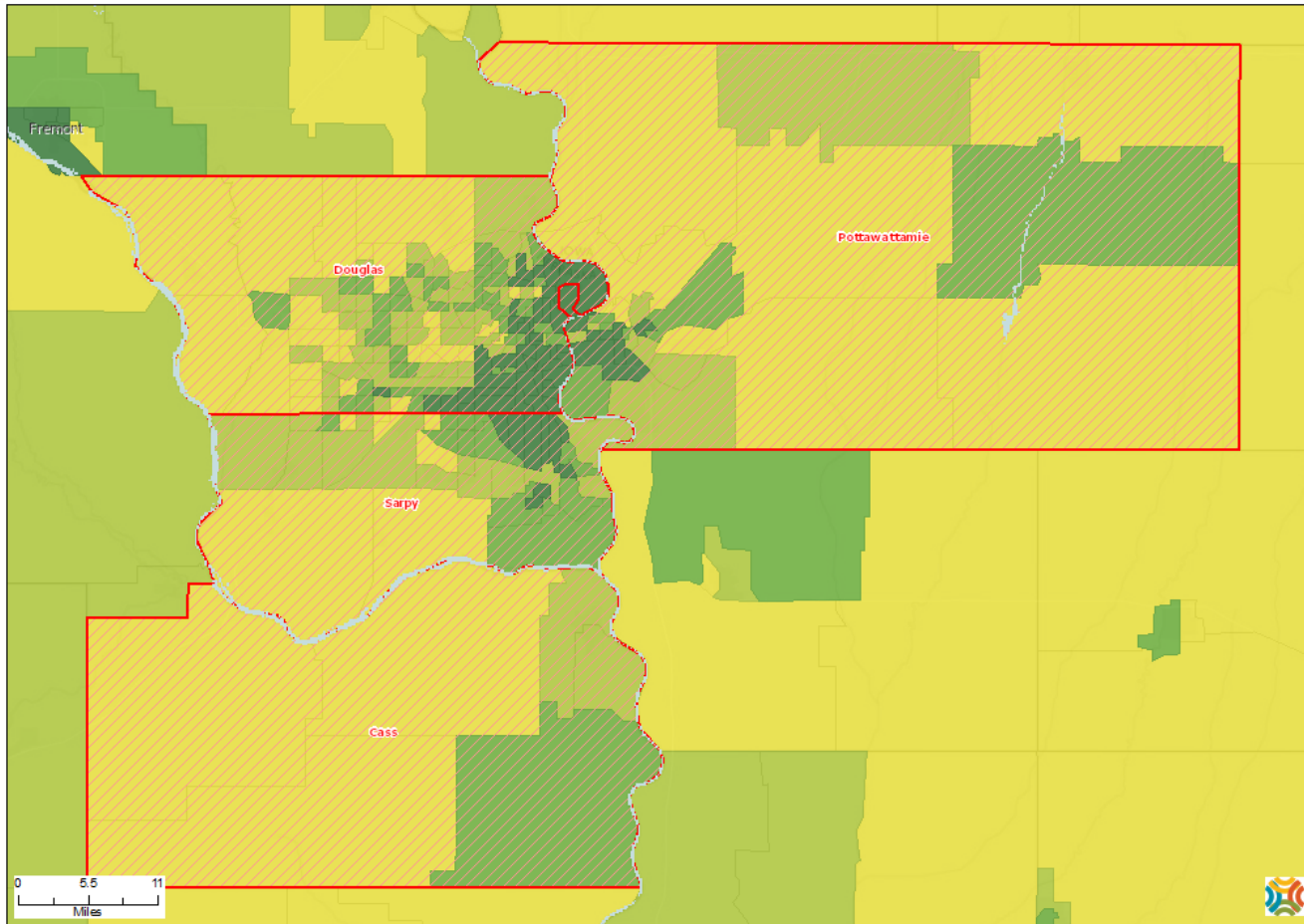
Map Legend

Population, Hispanic or Latino, Percent by Tract, ACS 2009-13

- Over 10.0%
- 5.1 - 10.0%
- 2.1 - 5.0%
- Under 2.1%
- No Hispanic Population Reported
- No Data or Data Suppressed

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Hispanic Population Change
(Percentage Change in Hispanic Population Between 2000 and 2010)

Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	NE	IA	US
86.9%	115.9%	71.3%	112.7%	92.6%	77.3%	83.8%	42.7%

Net increase of 36,599 Hispanic residents 2000-2010
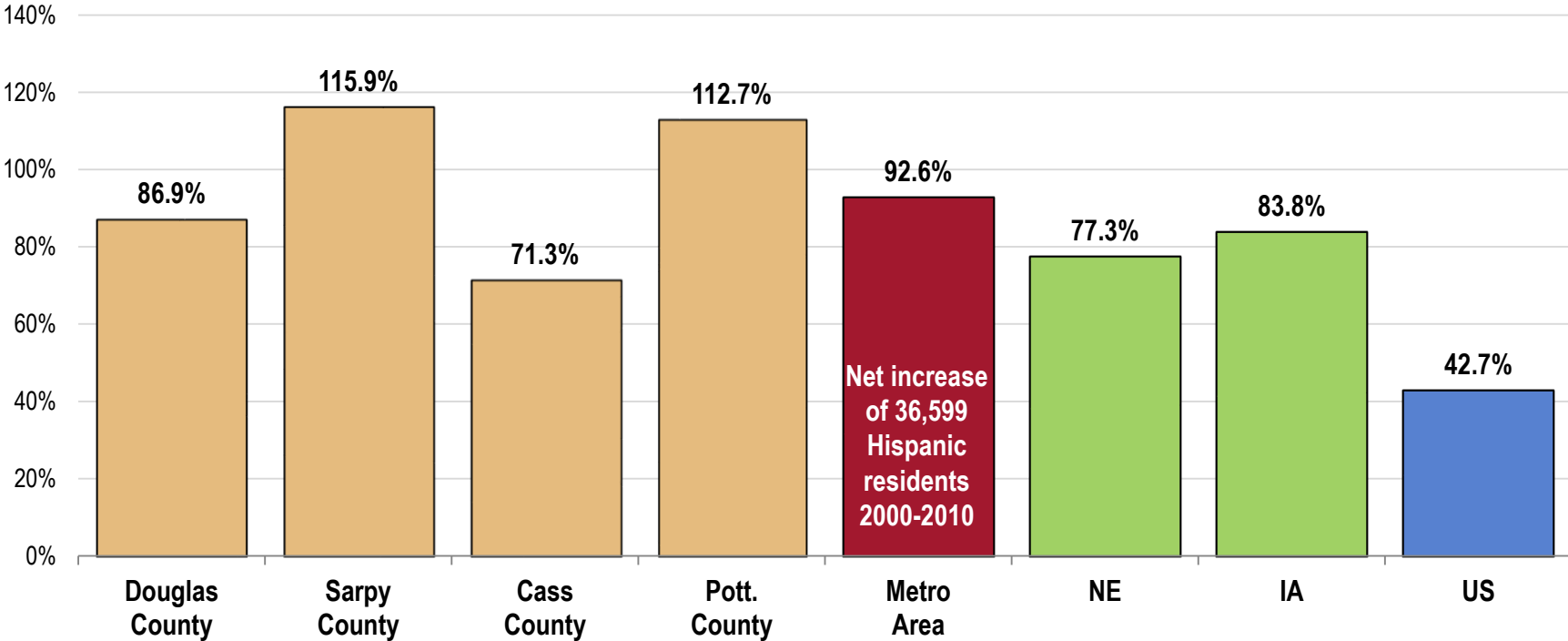
Sources:
- US Census Bureau Decennial Census (2000-2010).
- Retrieved August 2015 from Community Commons at http://www.chna.org.

Linguistically Isolated Population
(2009-2013)
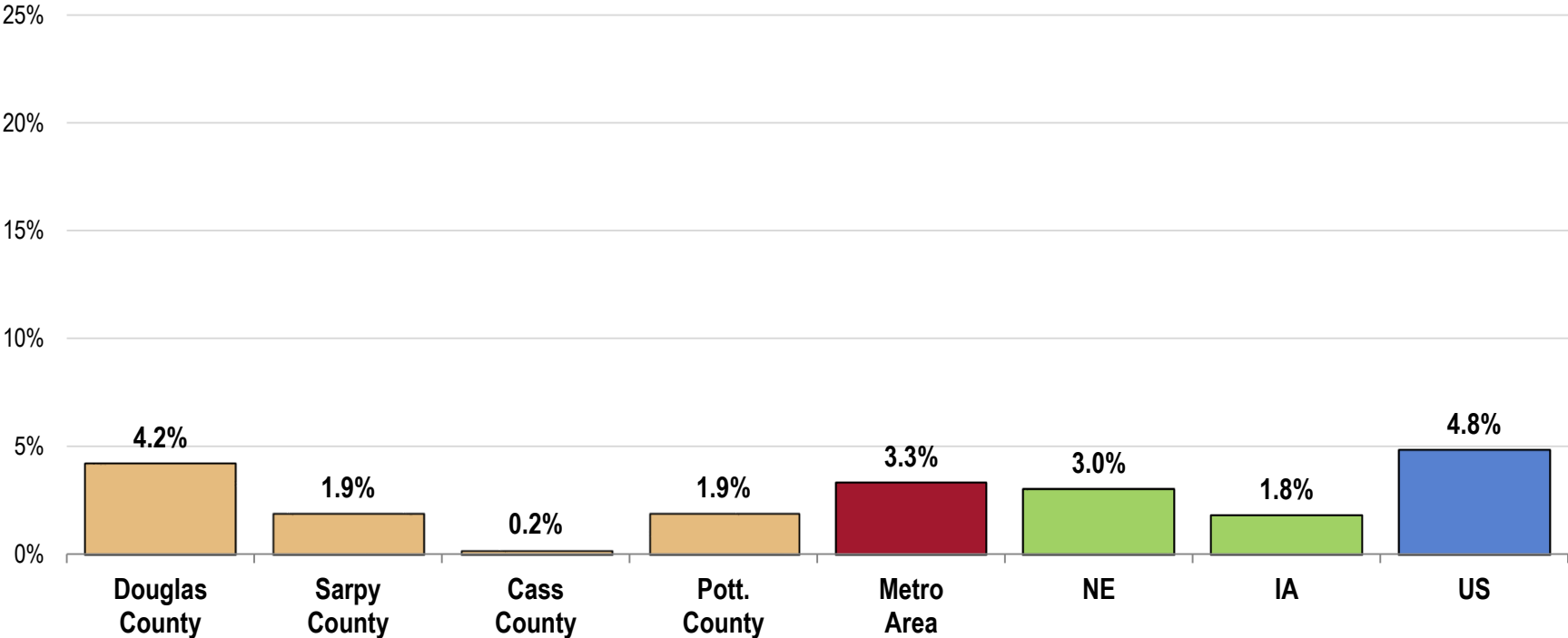
|							
Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	NE	IA	US
4.2%	1.9%	0.2%	1.9%	3.3%	3.0%	1.8%	4.8%

Sources:
- US Census Bureau American Community Survey 5-year estimates (2009-2013).
- Retrieved August 2015 from Community Commons at http://www.chna.org.

Notes:
- This indicator reports the percentage of the population aged 5 and older who live in a home in which no person 14 years old and over speaks only English, or in which no person 14 years old and over speak a non-English language and speak English "very well."

Population in Linguistically Isolated Households, Percent by Tract, ACS 2009-2013
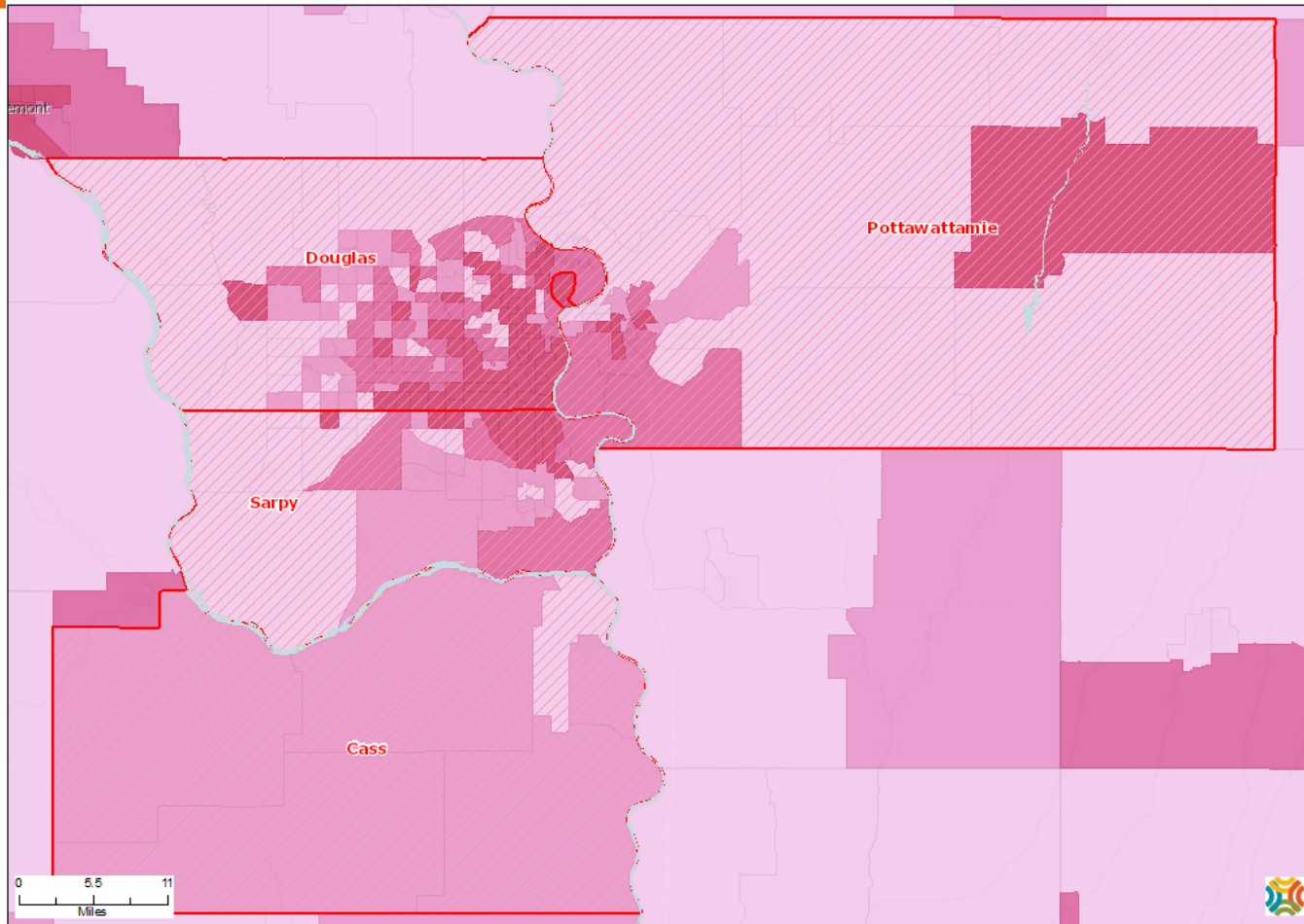
Map Legend

Population in Linguistically Isolated
Households, Percent by Tract, ACS 2009-13

- Over 3.0%
- 1.1 - 3.0%
- 0.1 - 1.1%
- No Population in Linguistically Isolated Households
- No Data or Data Suppressed

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Determinants of Health

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Population in Poverty
(Populations Living Below 100% and Below 200% of the Poverty Level; 2009-2013)
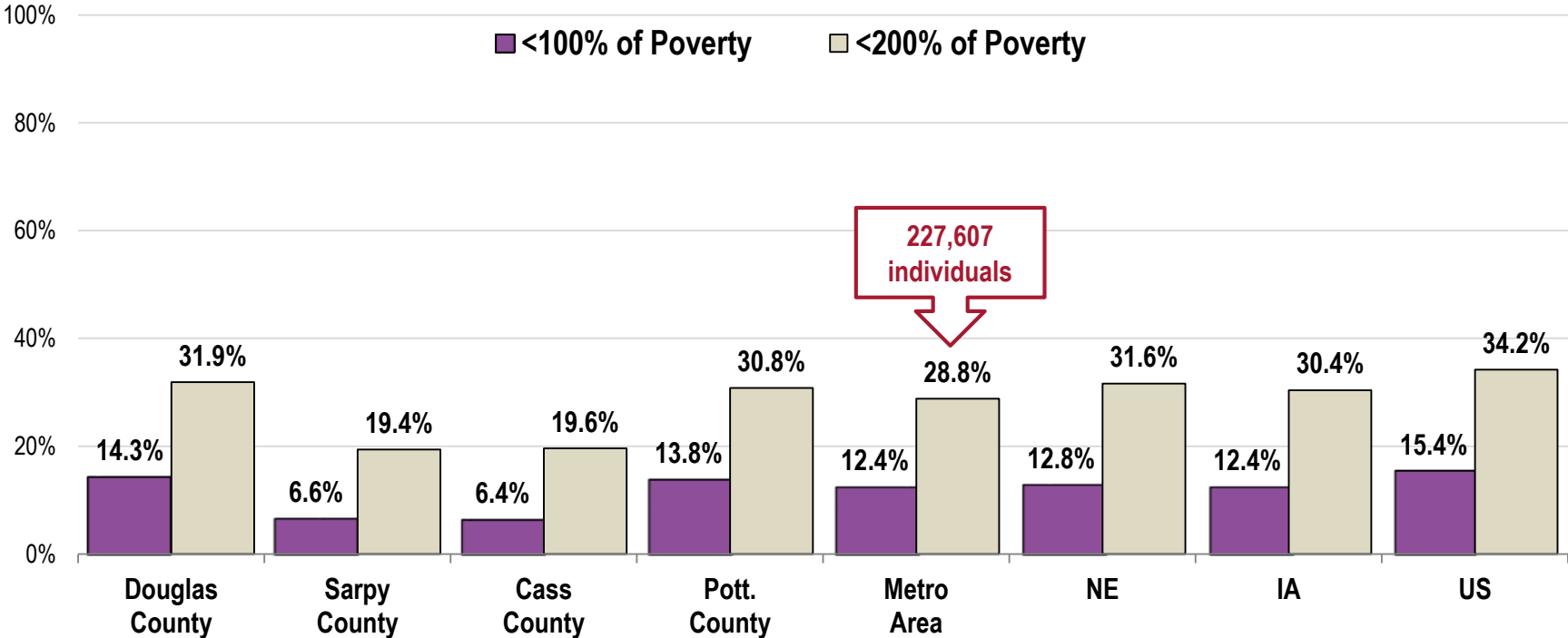
■ <100% of Poverty   □ <200% of Poverty

227,607 individuals

	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	NE	IA	US
<100% of Poverty	14.3%	6.6%	6.4%	13.8%	12.4%	12.8%	12.4%	15.4%
<200% of Poverty	31.9%	19.4%	19.6%	30.8%	28.8%	31.6%	30.4%	34.2%

Sources:
- US Census Bureau American Community Survey 5-year estimates (2009-2013).
- Retrieved August 2015 from Community Commons at http://www.chna.org.

Notes:
- Poverty is considered a key driver of health status. This indicator is relevant because poverty creates barriers to access including health services, healthy food, and other necessities that contribute to poor health status.

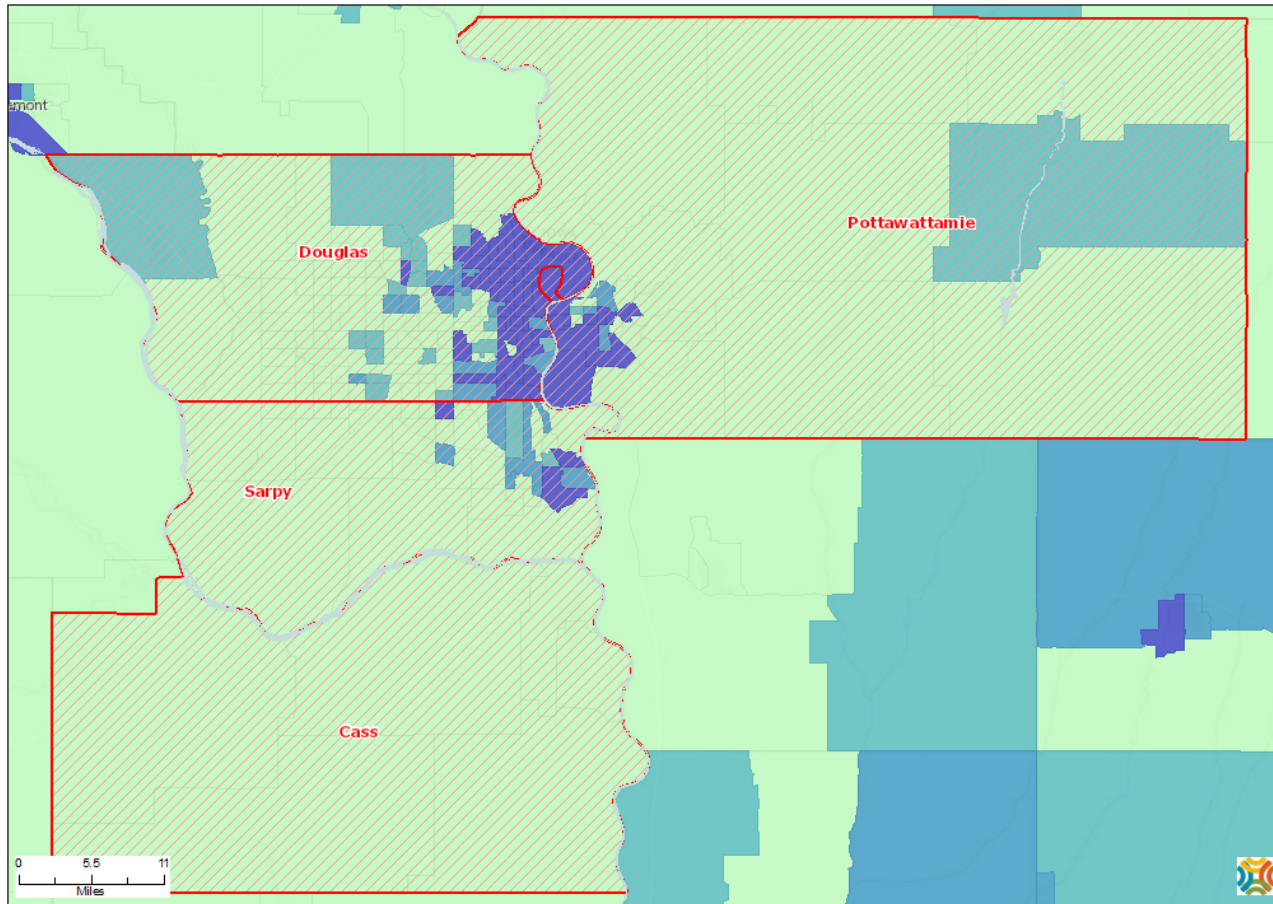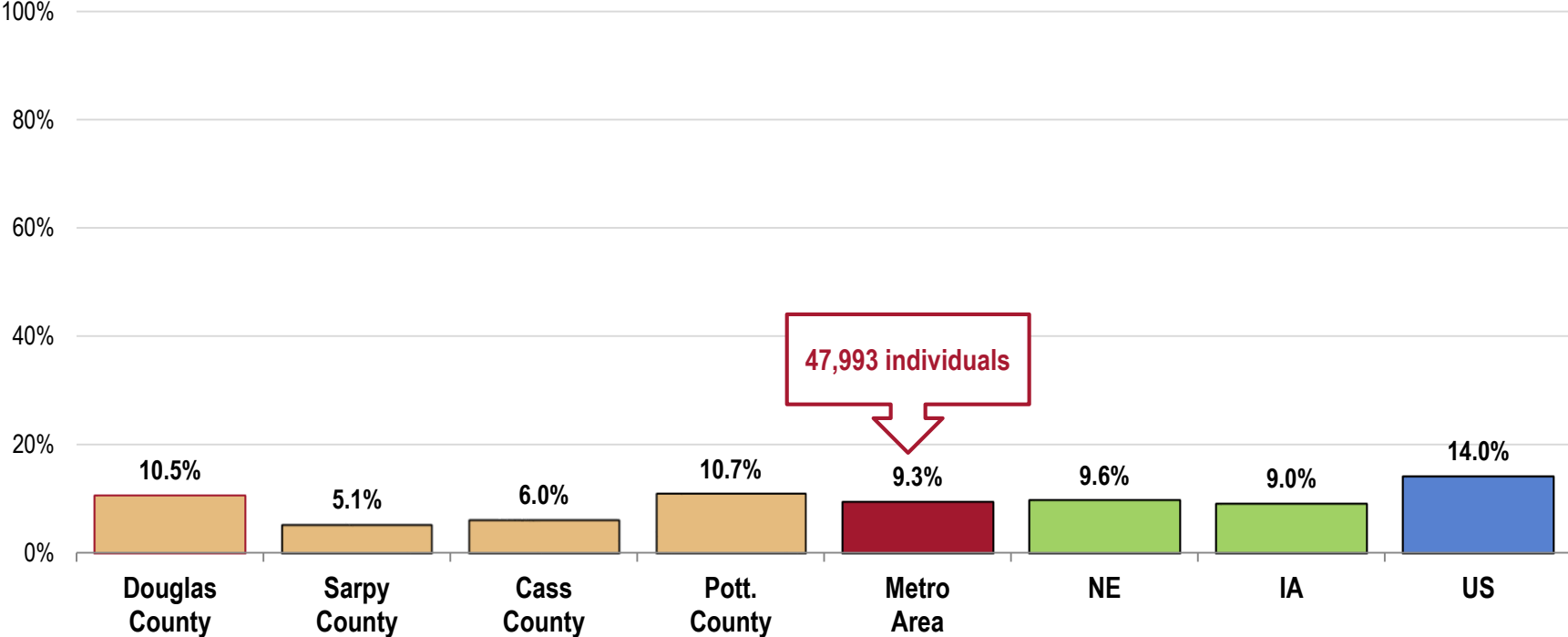Population Below the Poverty Level, Percent by Tract, ACS 2009-2013
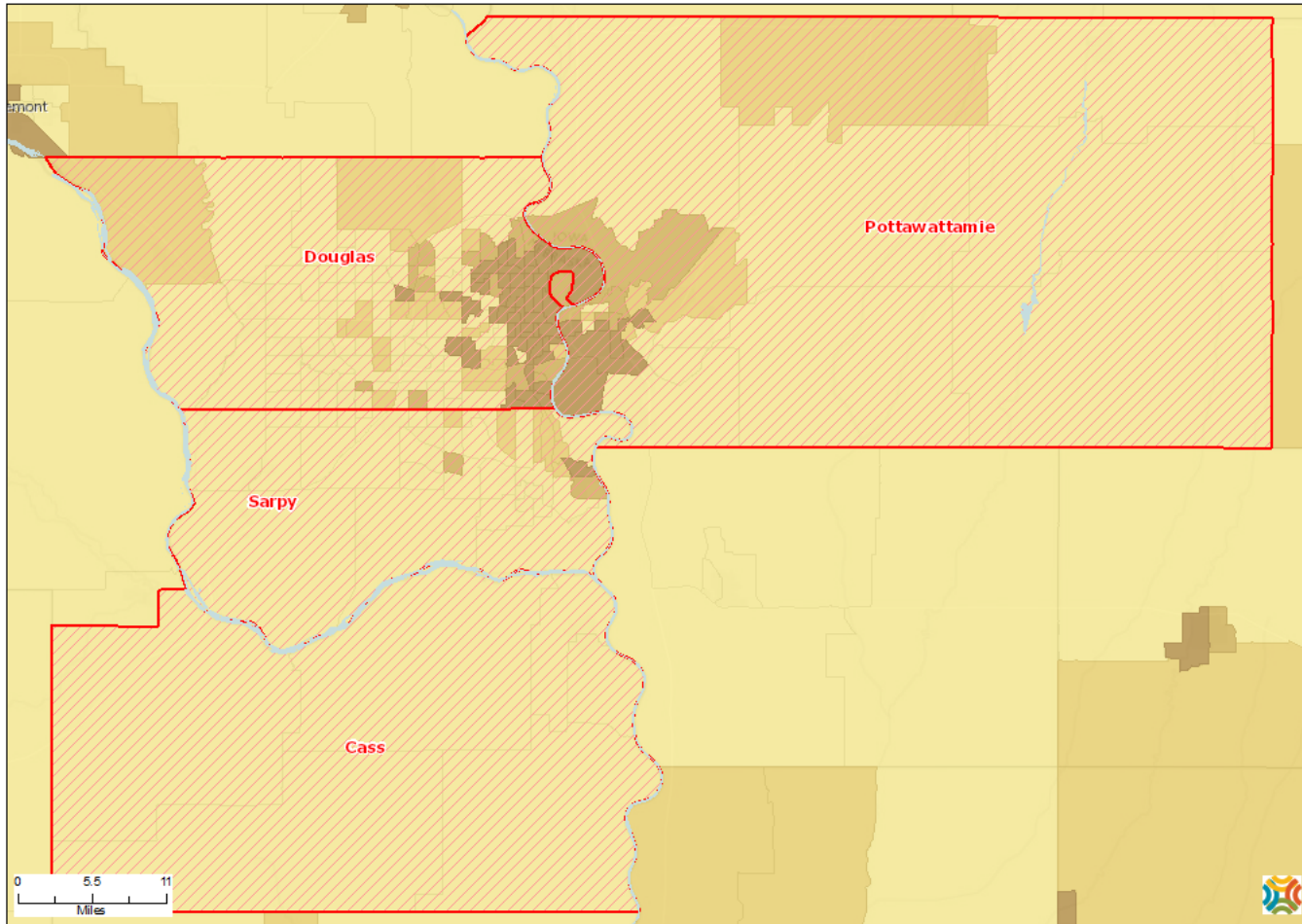
Map Legend

Population Below the Poverty Level, Percent
by Tract, ACS 2009-13

- � Over 20.0%
- ▨ 15.1 - 20.0%
- ▨ 10.1 - 15.0%
- ▨ Under 10.1%
- ▨ No Data or Data Suppressed

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Population Below 200% of Poverty, Percent by Tract, ACS 2009-2013
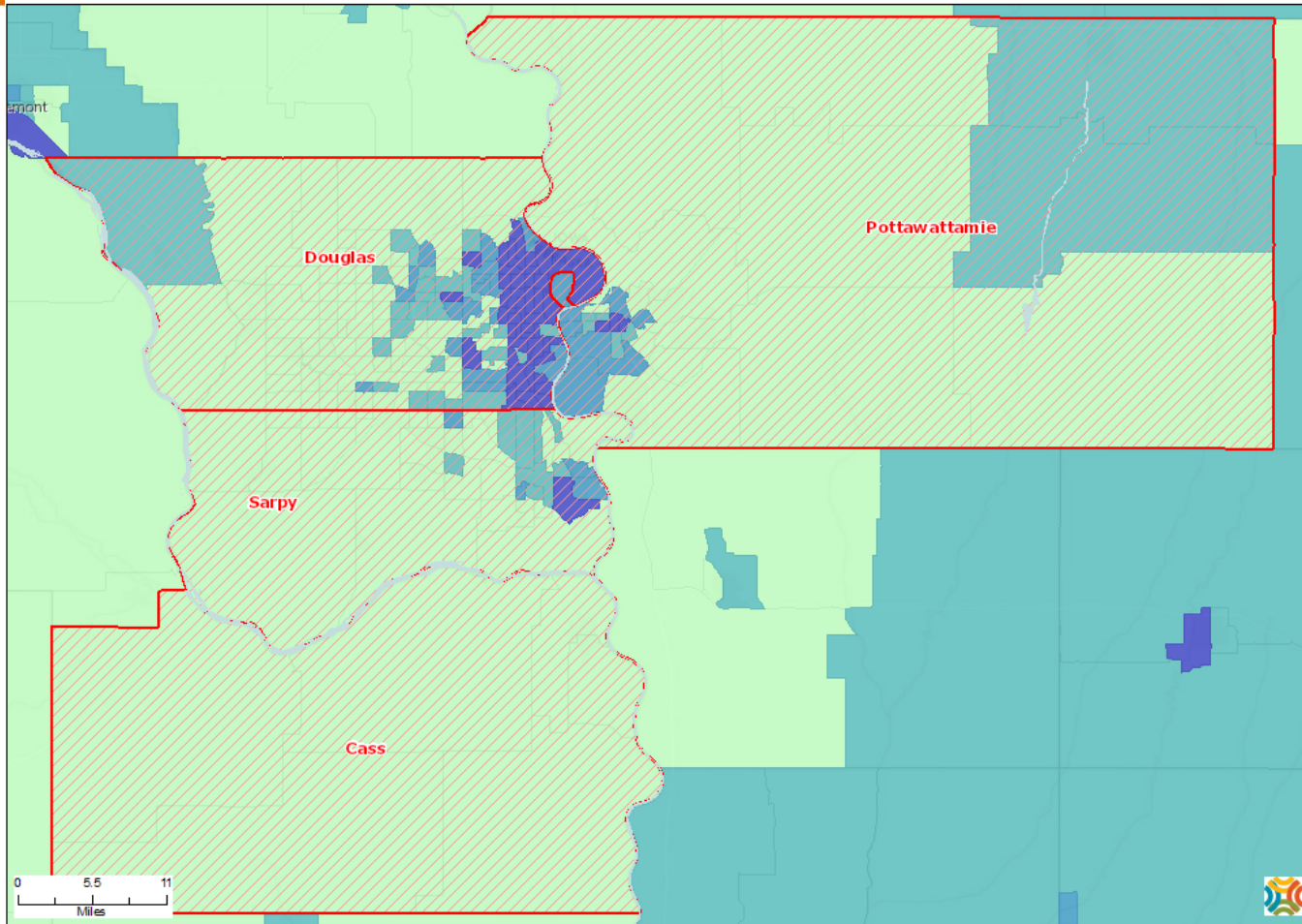
Map Legend

Population Below 200% Poverty Level,
Percent by Tract, ACS 2009-13

■ Over 50.0%
■ 38.1 - 50.0%
■ 26.1 - 38.0%
■ Under 26.1%
■ No Data or Data Suppressed

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Percent of Children in Low-Income Households
## (Children 0-17 Living Below 200% of the Poverty Level, 2009-2013)
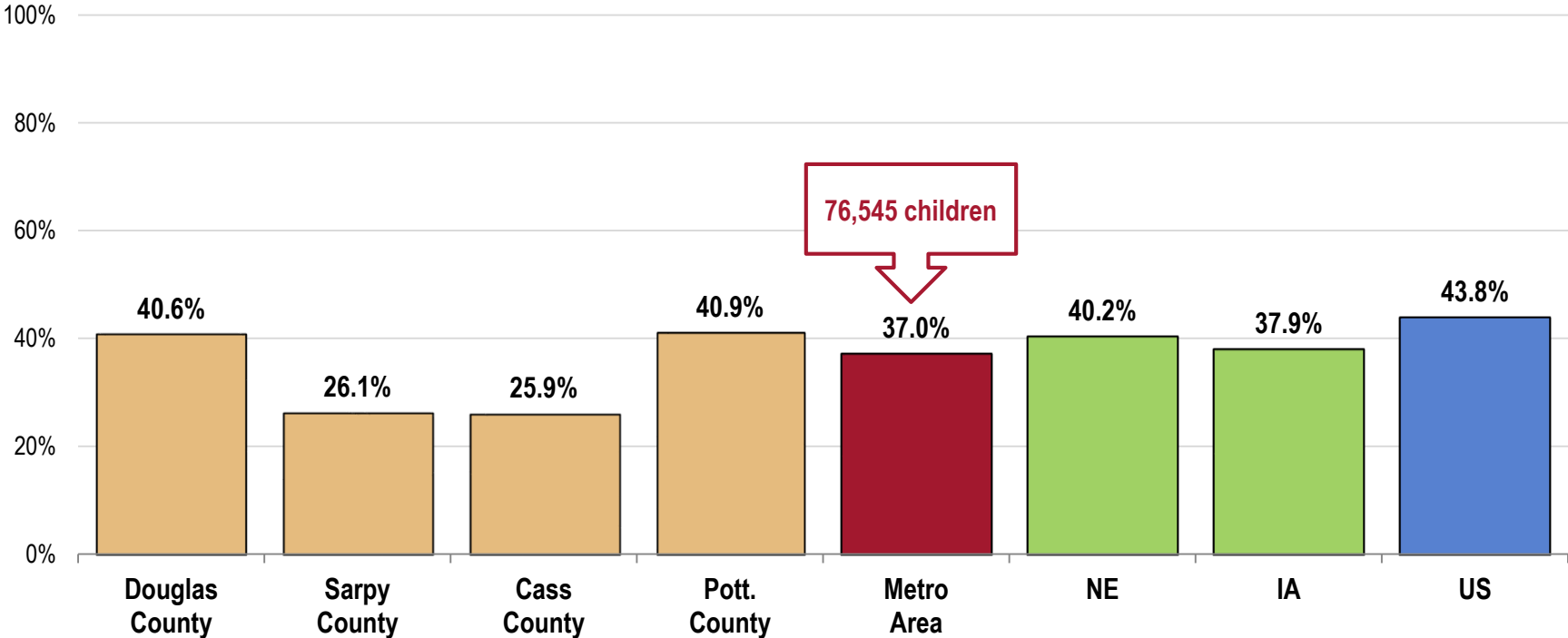
Sources: ● US Census Bureau American Community Survey 5-year estimates (2009-2013).
● Retrieved August 2015 from Community Commons at http://www.chna.org.
Notes: ● This indicator reports the percentage of children aged 0-17 living in households with income below 200% of the Federal Poverty Level (FPL). This indicator is relevant because poverty creates barriers to access including health services, healthy food, and other necessities that contribute to poor health status.

Children (0-17) Living Below 200% of Poverty, Percent by Tract, ACS 2009-2013

Map Legend

Population Below 200% Poverty Level,
Children (Age 0-17), Percent by Tract, ACS
2009-13

- ■ Over 56.0%
- ■ 47.1 - 56.0%
- ■ 38.1 - 47.0%
- ■ Under 38.1%
- □ No Population Age 0-17 Reported
- ■ No Data or Data Suppressed

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Population With No High School Diploma
(Population Age 25+ Without a High School Diploma or Equivalent, 2009-2013)

47,993 individuals

Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	NE	IA	US
10.5%	5.1%	6.0%	10.7%	9.3%	9.6%	9.0%	14.0%

Sources: ● US Census Bureau American Community Survey 5-year estimates (2009-2013).
          ● Retrieved August 2015 from Community Commons at http://www.chna.org.
Notes: ● This indicator is relevant because educational attainment is linked to positive health outcomes.

Population With No High School Diploma, Percent by Tract, ACS 2009-2013
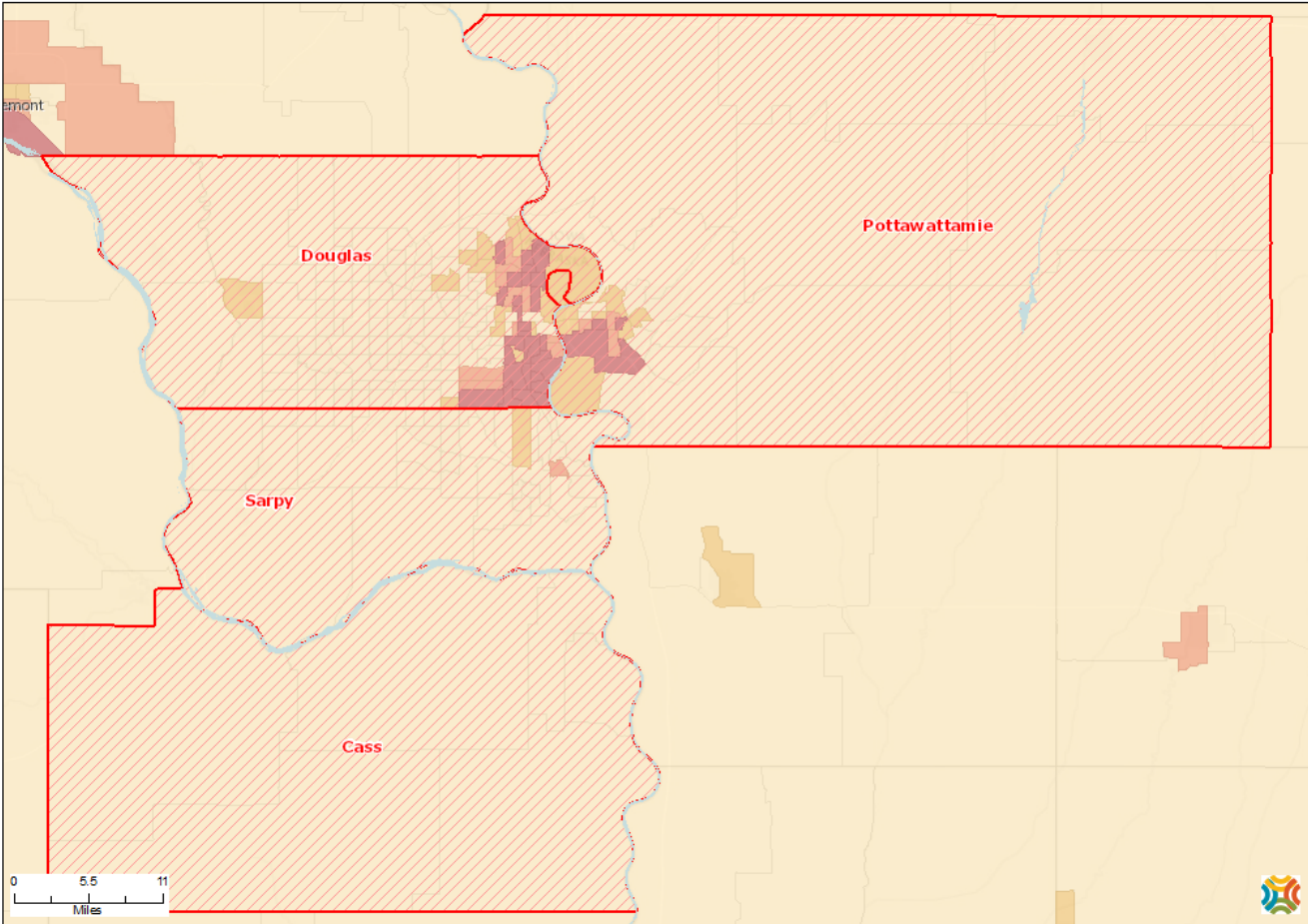
Map Legend

Population with No High School Diploma (Age 25+), Percent by Tract, ACS 2009-13

- Over 21.0%
- 16.1 - 21.0%
- 11.1 - 16.0%
- Under 11.1%
- No Data or Data Suppressed

Community Commons, 9/21/2015

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Unemployment Rate

(Percent of Non-Institutionalized Population Age 16+ Unemployed, Not Seasonally-Adjusted)
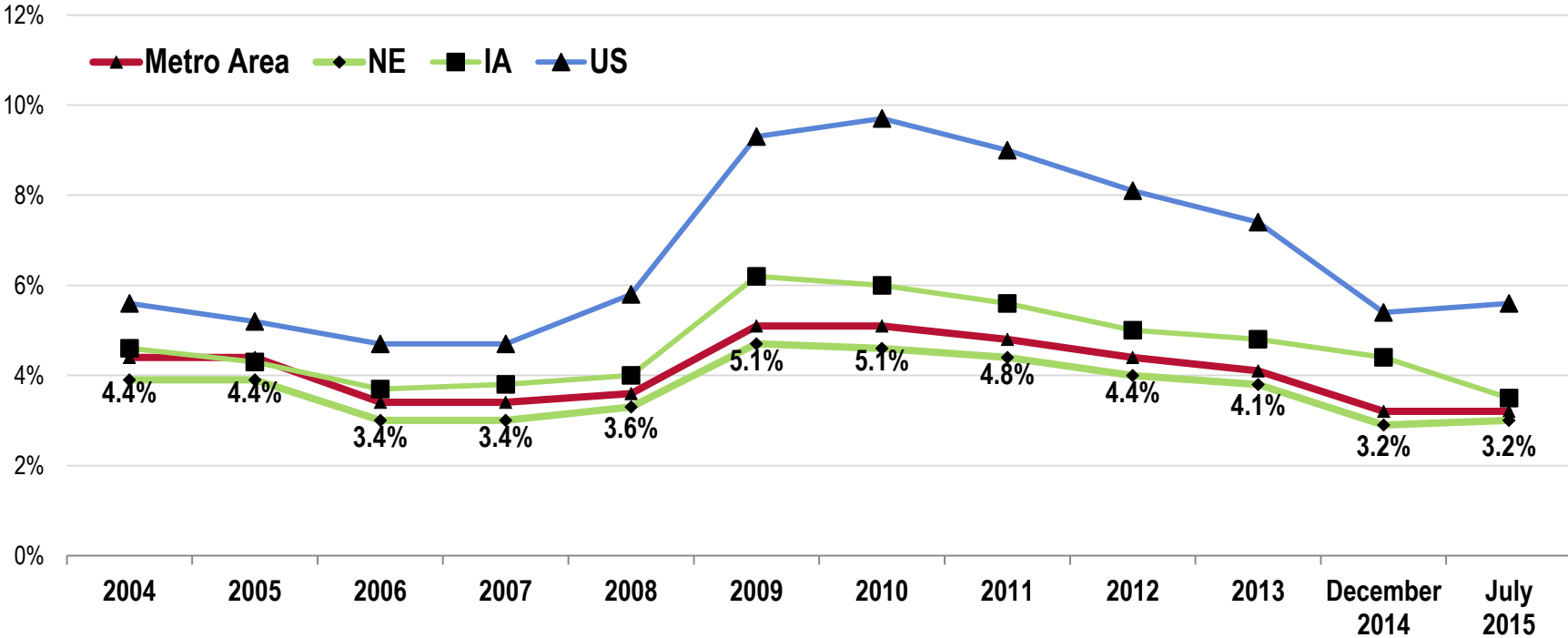
Sources:
- US Department of Labor, Bureau of Labor Statistics.
- Retrieved August 2015 from Community Commons at http://www.chna.org.

Notes:
- This indicator is relevant because unemployment creates financial instability and barriers to access including insurance coverage, health services, healthy food, and other necessities that contribute to poor health status.

GENERAL HEALTH STATUS

Professional Research Consultants, Inc.

Overall Health

Professional Research Consultants, Inc.

Self-Reported Health Status
(Metro Area, 2015)

Good 29.8%

Fair 8.4%

Poor 2.5%

Excellent 20.5%

Very Good 38.8%

Sources: • 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 5]
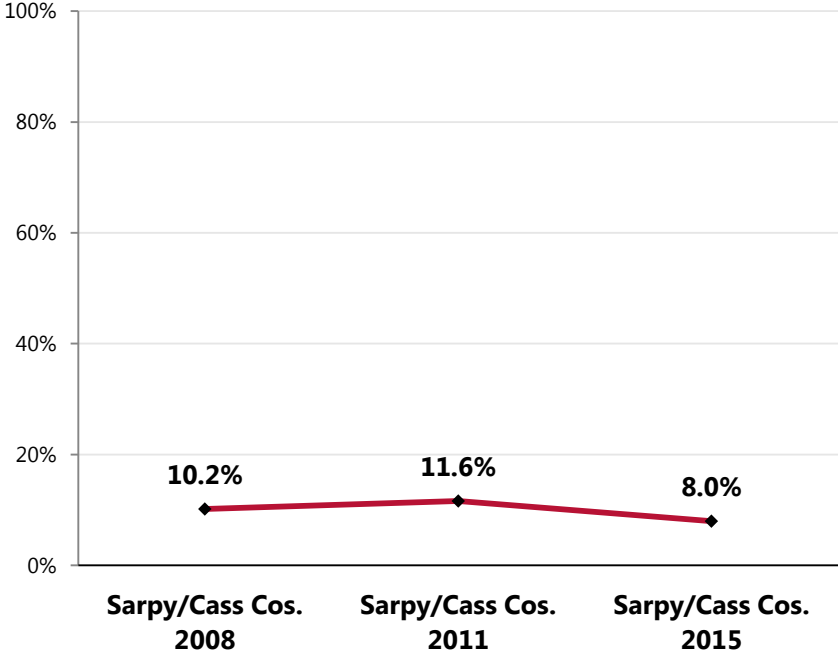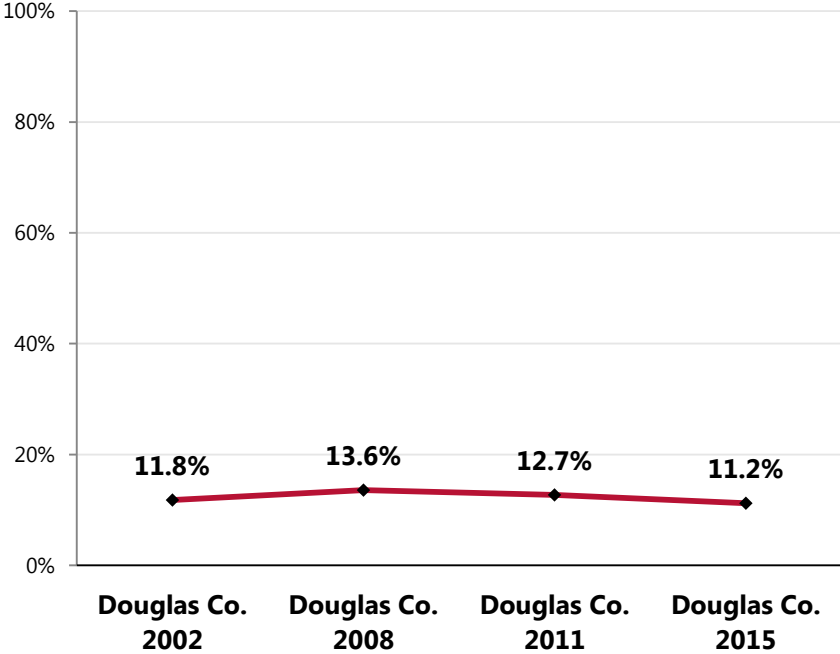Notes: • Asked of all respondents.

Experience "Fair" or "Poor" Overall Health

Metro Area

	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	NE	IA	US
%	15.6%	17.6%	7.1%	7.9%	7.0%	11.2%	6.7%	15.6%	14.8%	10.9%	13.9%	14.4%	15.3%

2011	2015
12.7%	10.9%
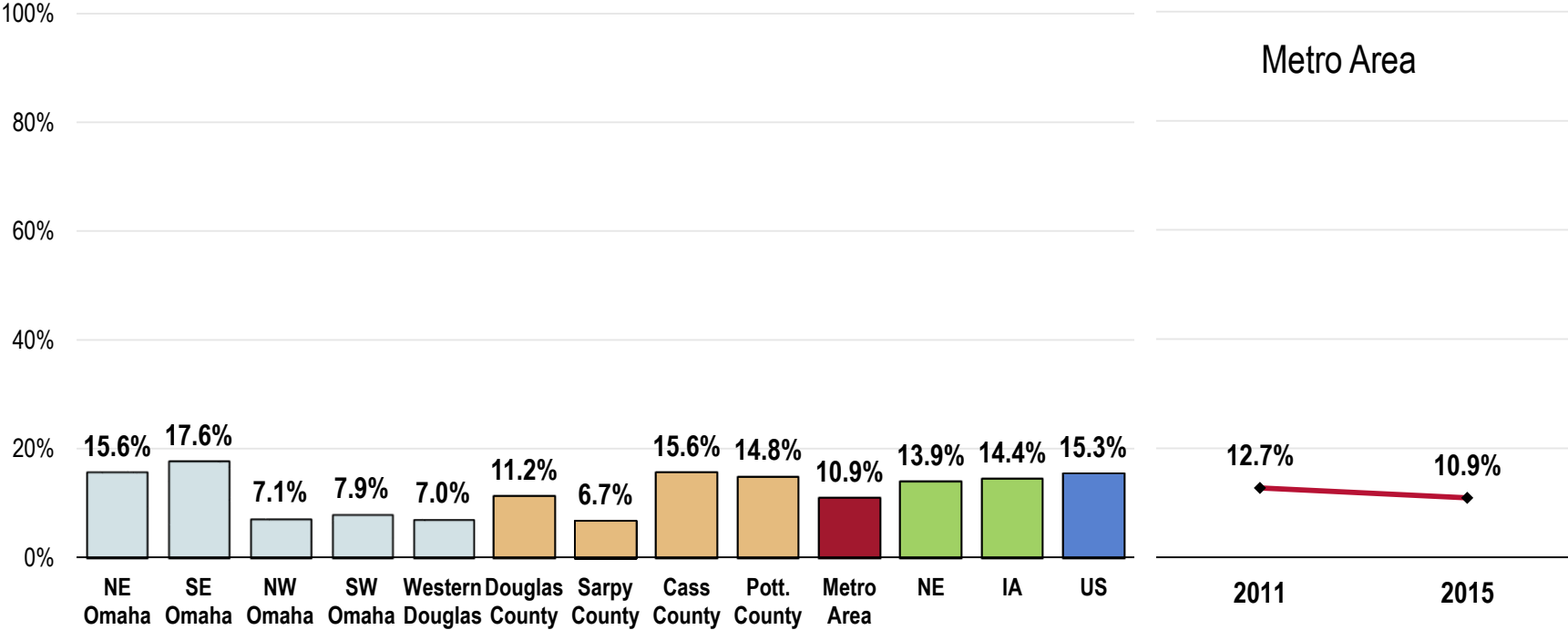
Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 5]
● Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Nebraska. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): 2013 Nebraska and Iowa data.
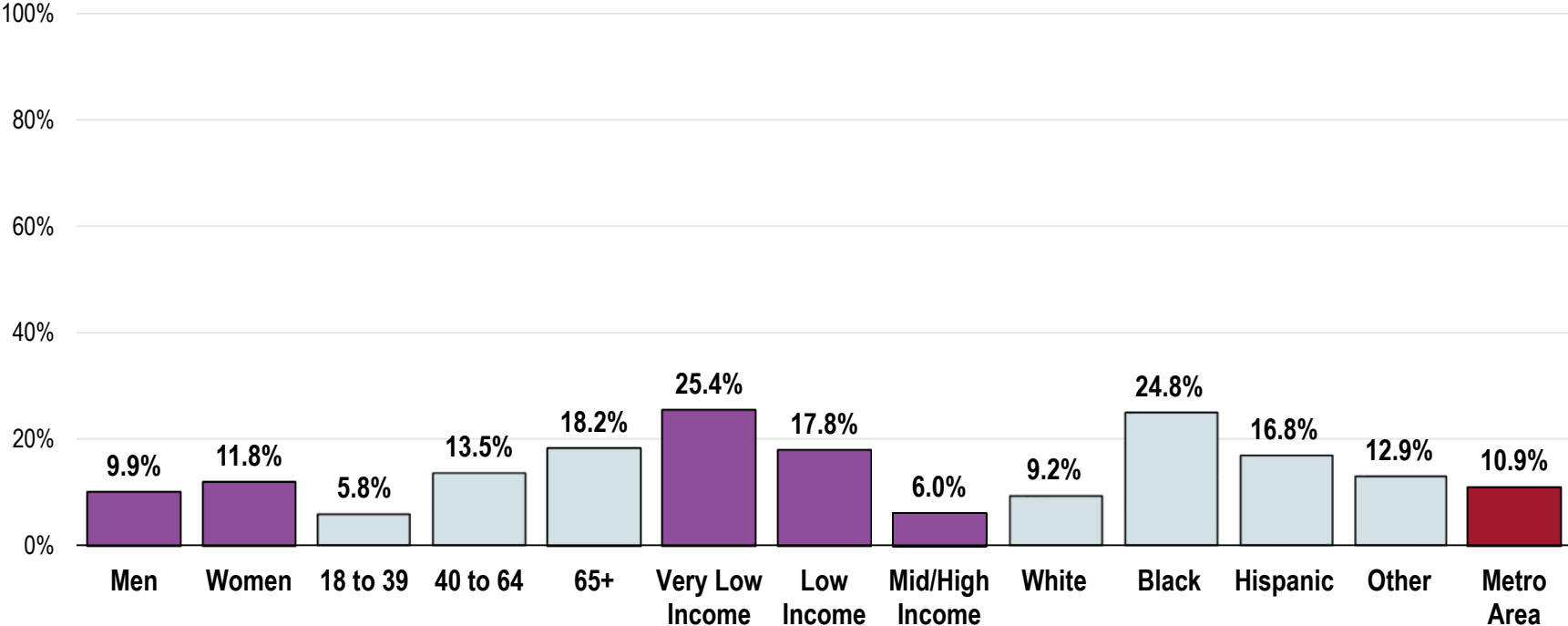● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
Notes: ● Asked of all respondents.
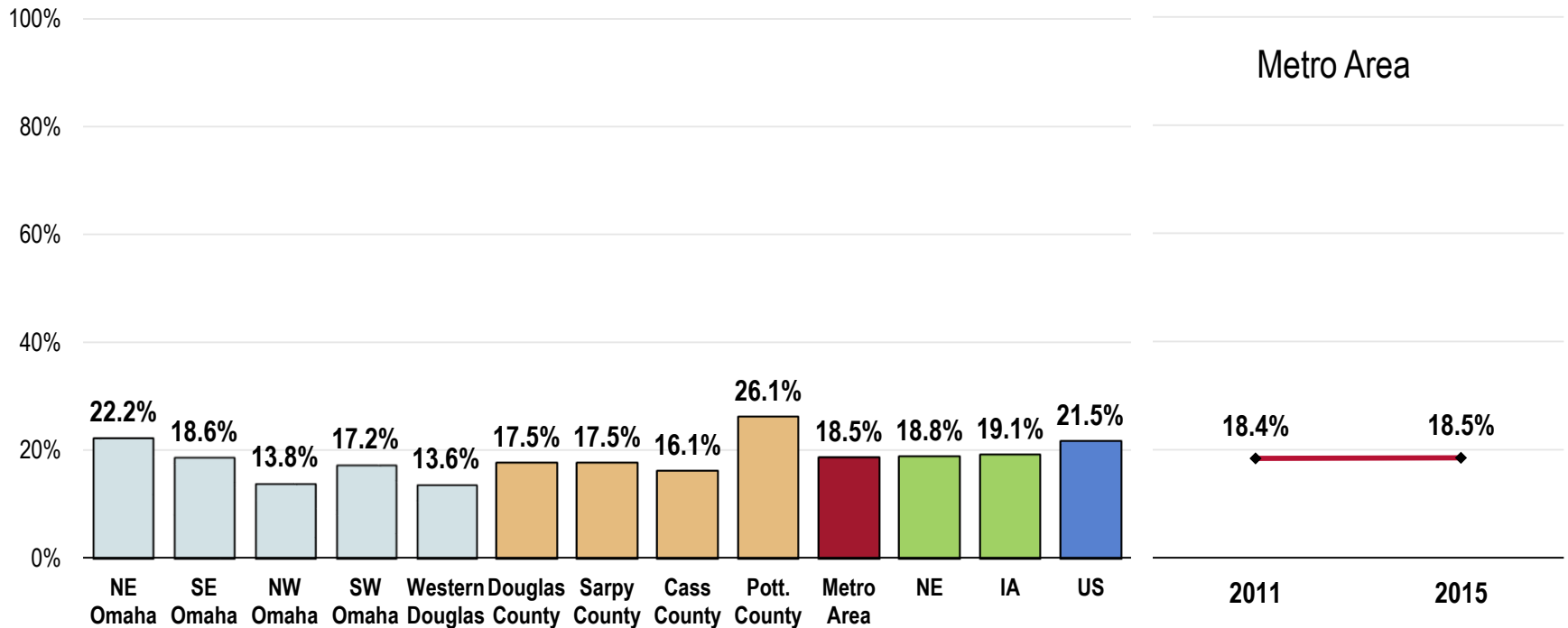
Experience "Fair" or "Poor" Overall Health

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 5]
Notes: ● Asked of all respondents.

Experience "Fair" or "Poor" Overall Health
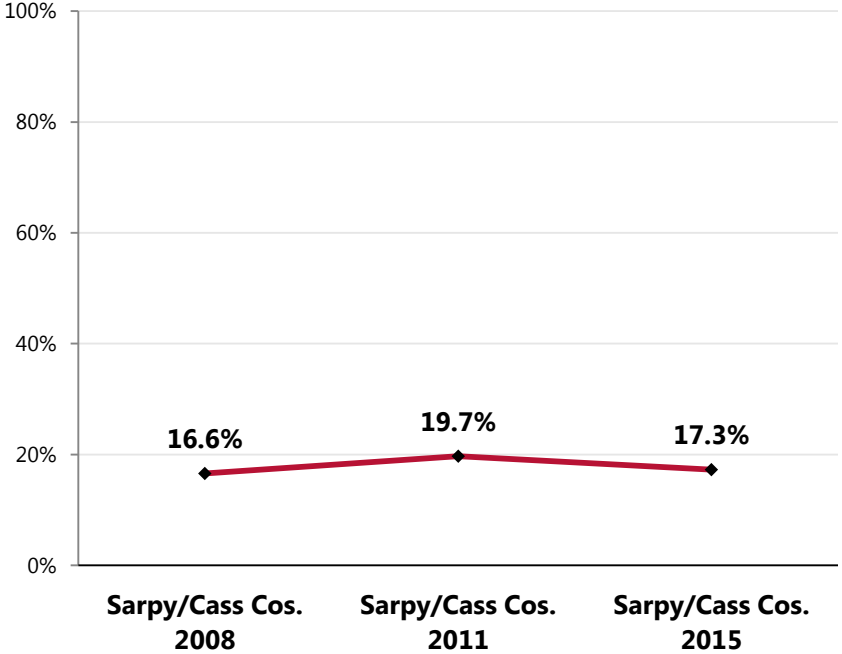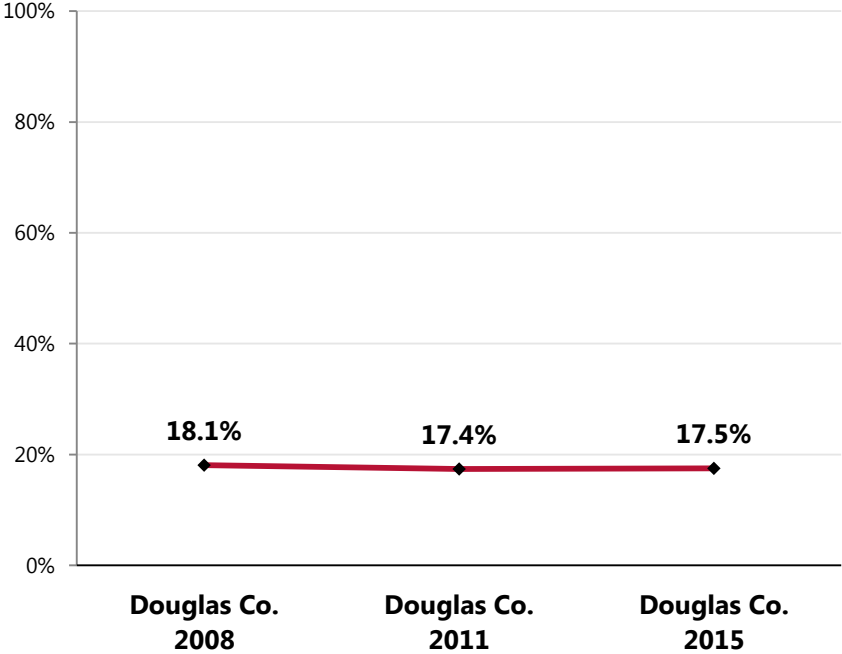## (Metro Area, 2015)

	Men	Women	18 to 39	40 to 64	65+	Very Low Income	Low Income	Mid/High Income	White	Black	Hispanic	Other	Metro Area
%	9.9%	11.8%	5.8%	13.5%	18.2%	25.4%	17.8%	6.0%	9.2%	24.8%	16.8%	12.9%	10.9%

Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 5]
Notes: ● Asked of all respondents.
● Hispanics can be of any race. Other race categories are non-Hispanic categorizations (e.g., "White" reflects non-Hispanic White respondents).
● Income categories reflect respondent's household income as a ratio to the federal poverty level (FPL) for their household size. "Very Low Income" includes households living with defined poverty status; "Low Income" includes households with incomes just above the FPL, earning up to twice the poverty threshold; "Mid/High Income" includes households with incomes at 200% or more of the federal poverty level.

Limited in Activities in Some Way
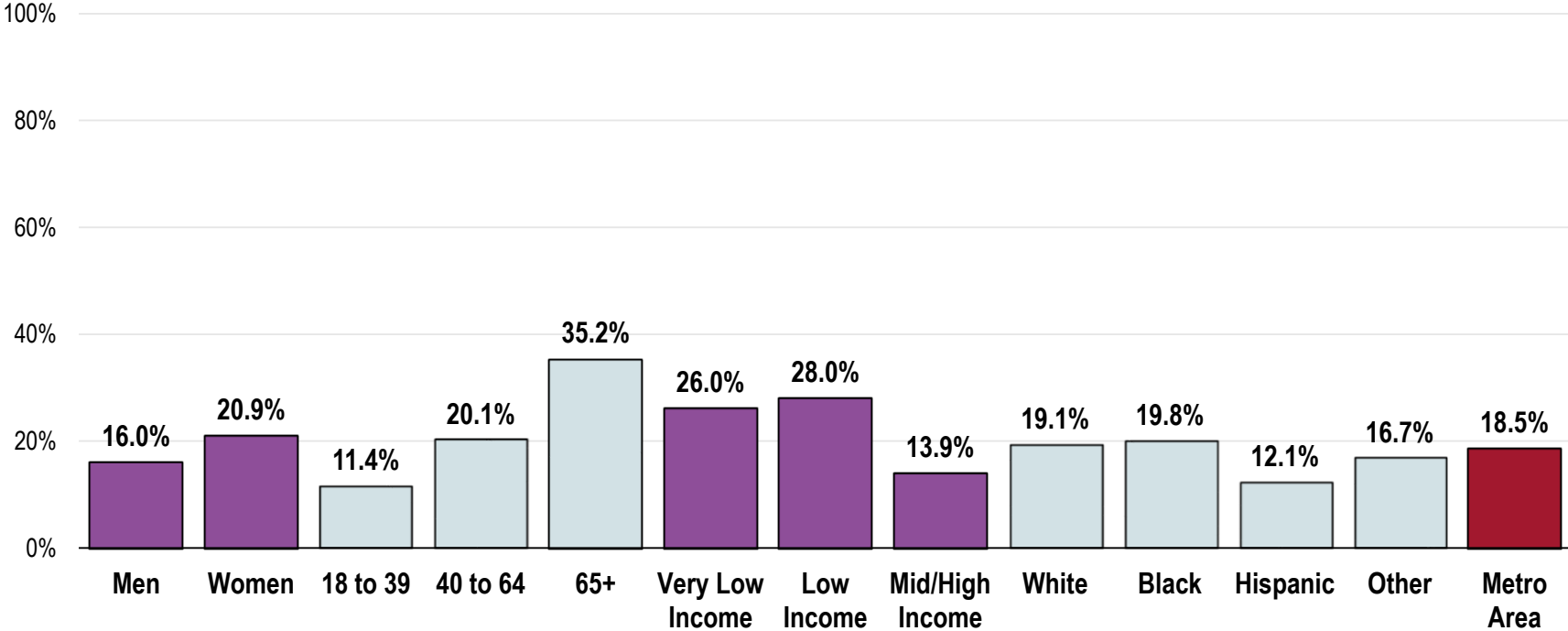# Due to a Physical, Mental or Emotional Problem

Metro Area

NE Omaha	22.2%
SE Omaha	18.6%
NW Omaha	13.8%
SW Omaha	17.2%
Western Douglas	13.6%
Douglas County	17.5%
Sarpy County	17.5%
Cass County	16.1%
Pott. County	26.1%
Metro Area	18.5%
NE	18.8%
IA	19.1%
US	21.5%

Metro Area:
- 2011: 18.4%
- 2015: 18.5%

Sources:
- PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 105]
- Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Nebraska. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): 2013 Nebraska and Iowa data.
- 2013 PRC National Health Survey, Professional Research Consultants, Inc.

Notes:
- Asked of all respondents.

Limited in Activities in Some Way
Due to a Physical, Mental or Emotional Problem

Douglas Co. 2008: 18.1%
Douglas Co. 2011: 17.4%
Douglas Co. 2015: 17.5%

Sarpy/Cass Cos. 2008: 16.6%
Sarpy/Cass Cos. 2011: 19.7%
Sarpy/Cass Cos. 2015: 17.3%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 105]
Notes: ● Asked of all respondents.

Limited in Activities in Some Way
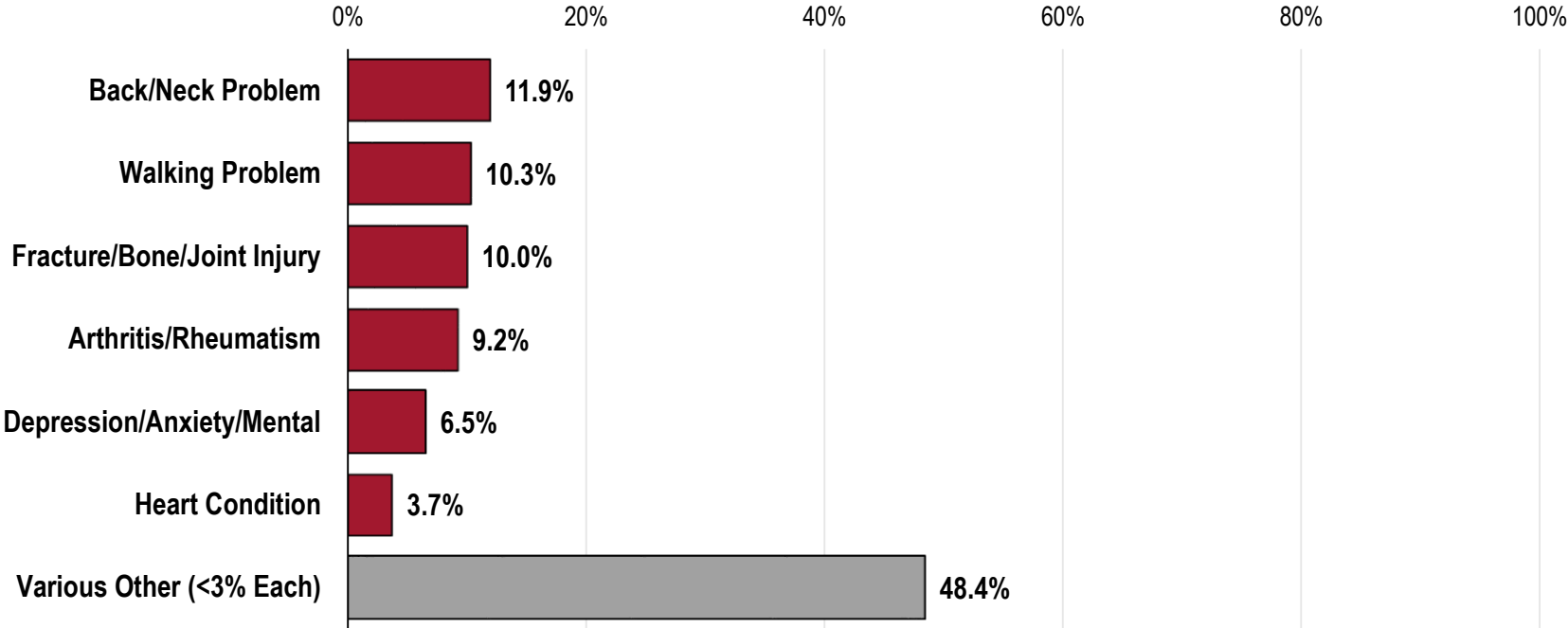# Due to a Physical, Mental or Emotional Problem
(Metro Area, 2015)

Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 105]
Notes: ● Asked of all respondents.
● Hispanics can be of any race. Other race categories are non-Hispanic categorizations (e.g., "White" reflects non-Hispanic White respondents).
● Income categories reflect respondent's household income as a ratio to the federal poverty level (FPL) for their household size. "Very Low Income" includes households living with defined poverty status; "Low Income" includes households with incomes just above the FPL, earning up to twice the poverty threshold; "Mid/High Income" includes households with incomes at 200% or more of the federal poverty level.

# Type of Problem That Limits Activities
(Among Those Reporting Activity Limitations; Metro Area, 2015)

Category	Percentage
Back/Neck Problem	11.9%
Walking Problem	10.3%
Fracture/Bone/Joint Injury	10.0%
Arthritis/Rheumatism	9.2%
Depression/Anxiety/Mental	6.5%
Heart Condition	3.7%
Various Other (<3% Each)	48.4%

Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 106]
Notes: ● Asked of those respondents reporting activity limitations.

Mental Health

Professional Research Consultants, Inc.

Self-Reported Mental Health Status
(Metro Area, 2015)
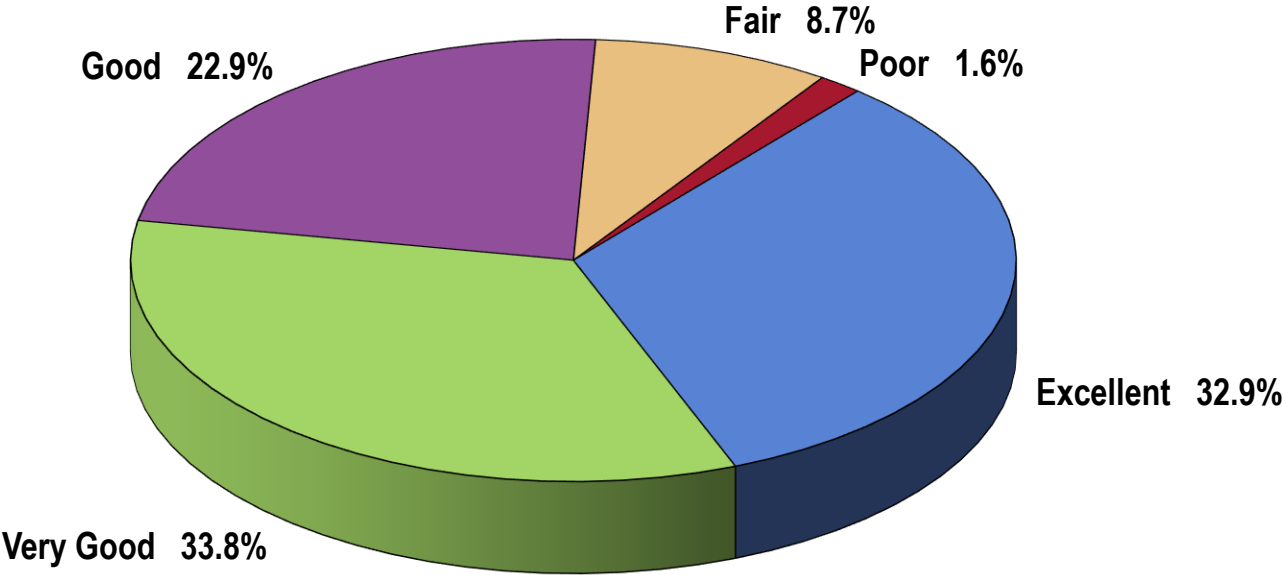
Fair 8.7%

Poor 1.6%

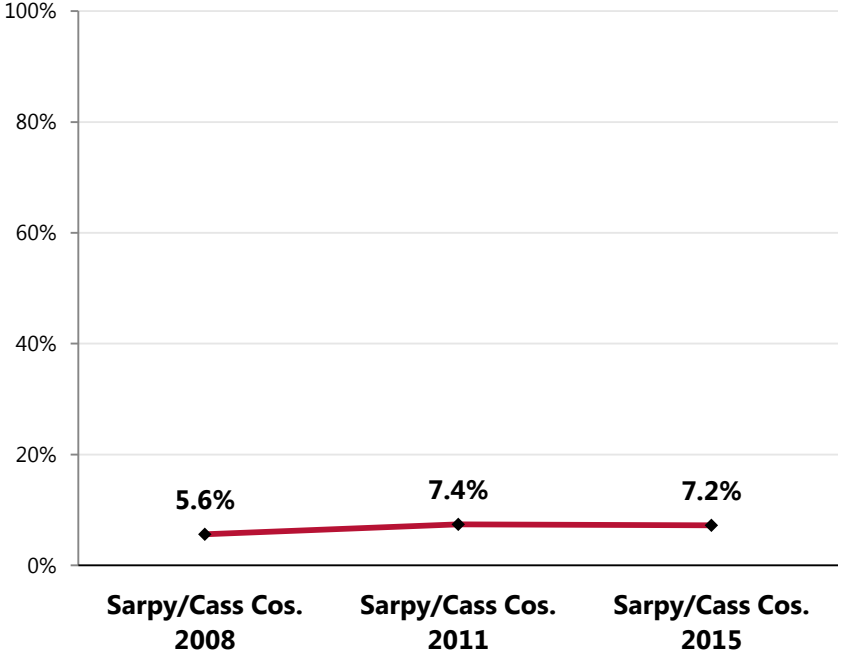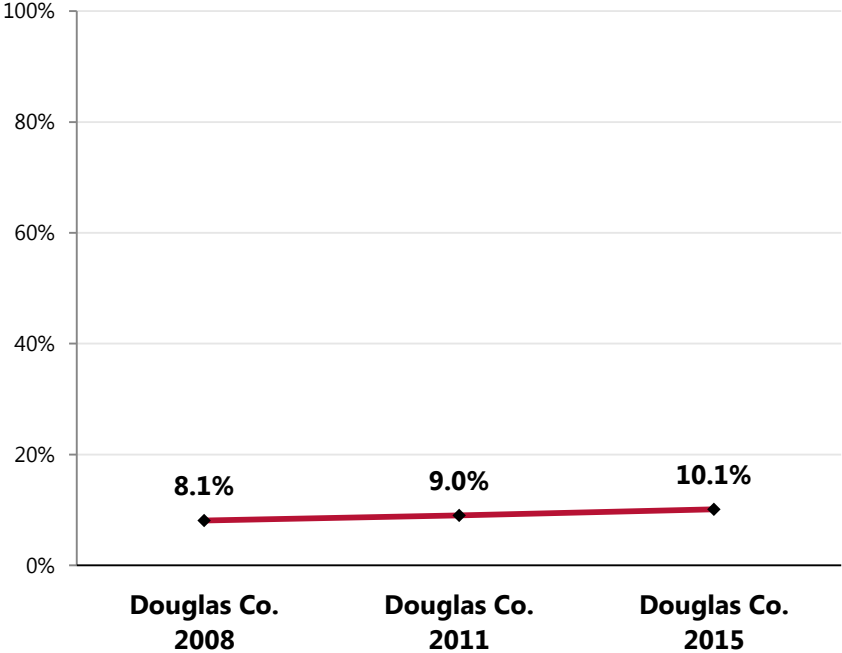Good 22.9%

Excellent 32.9%

Very Good 33.8%

Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc.   [Item 100]
Notes: ● Asked of all respondents.
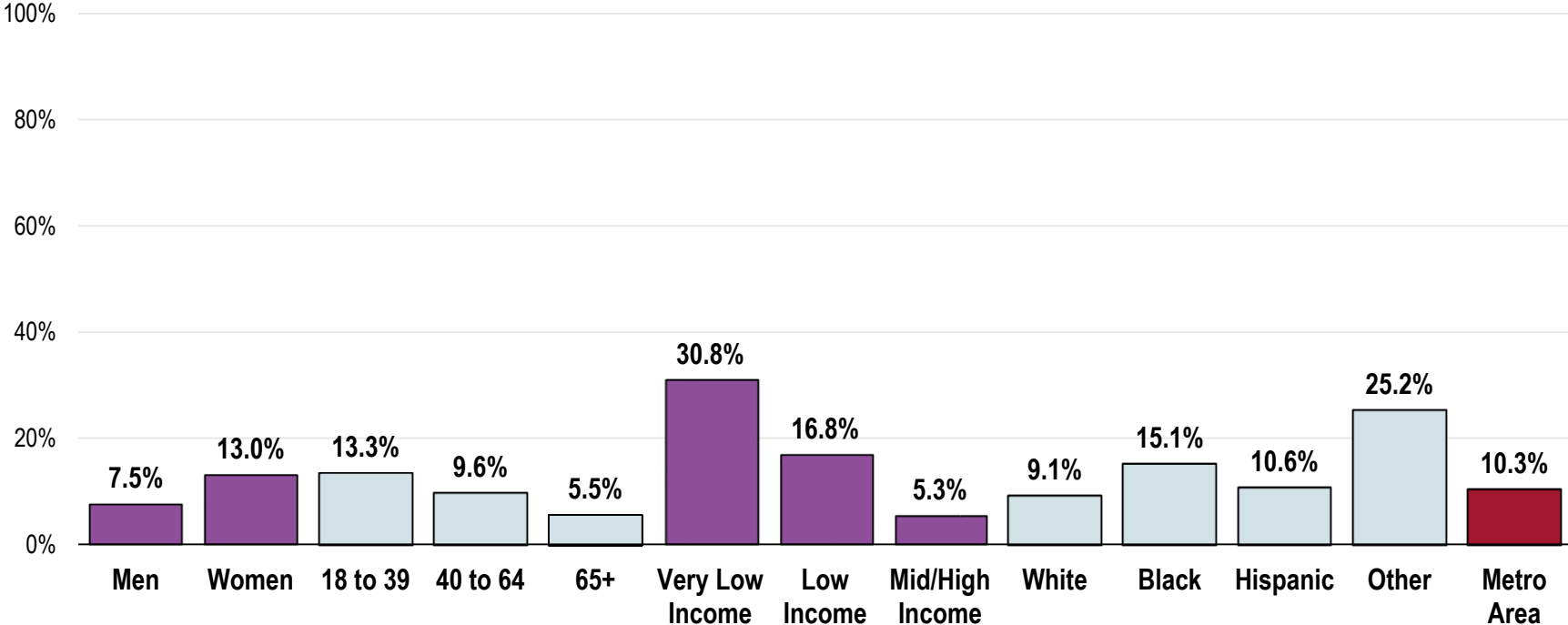
Experience "Fair" or "Poor" Mental Health

Metro Area

Category	Value
NE Omaha	12.7%
SE Omaha	12.8%
NW Omaha	9.7%
SW Omaha	8.3%
Western Douglas	2.6%
Douglas County	10.1%
Sarpy County	7.0%
Cass County	9.0%
Pott. County	17.1%
Metro Area	10.3%
US	11.9%

Year	Value
2011	9.0%
2015	10.3%
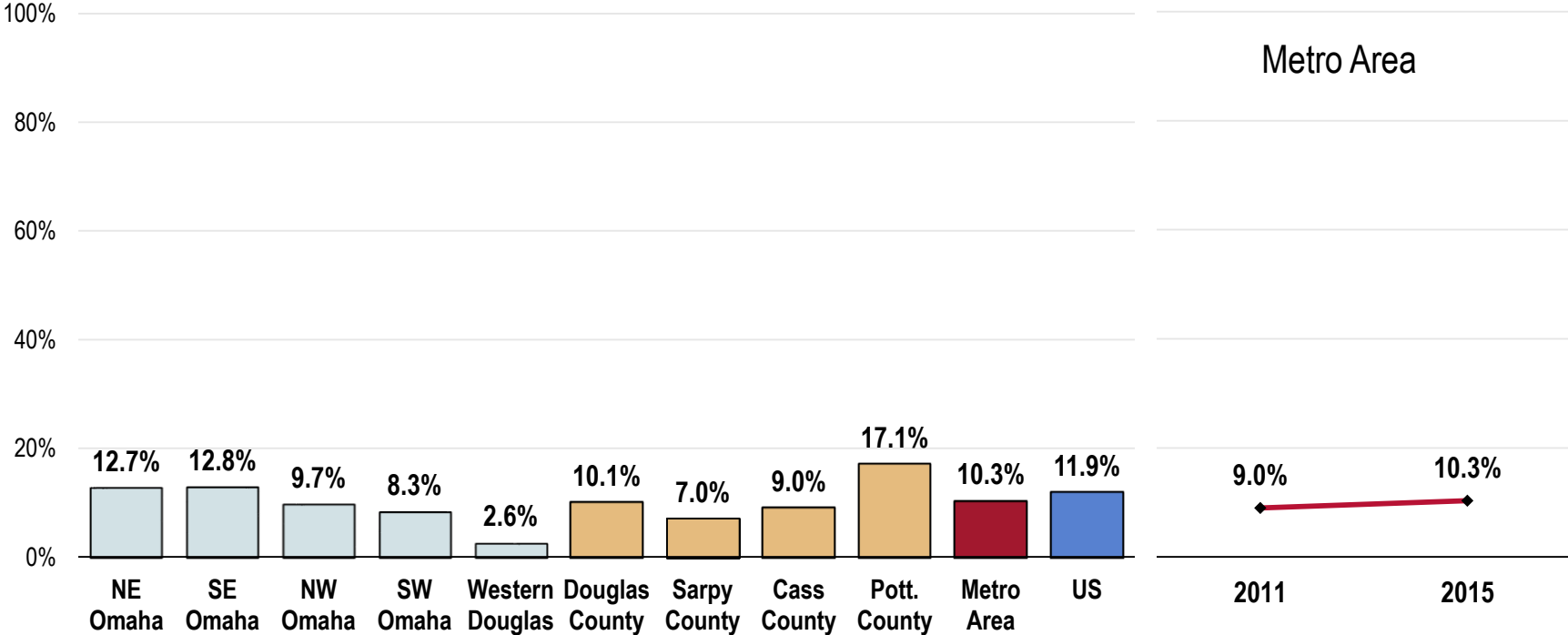
Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 100]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
Notes: ● Asked of all respondents.

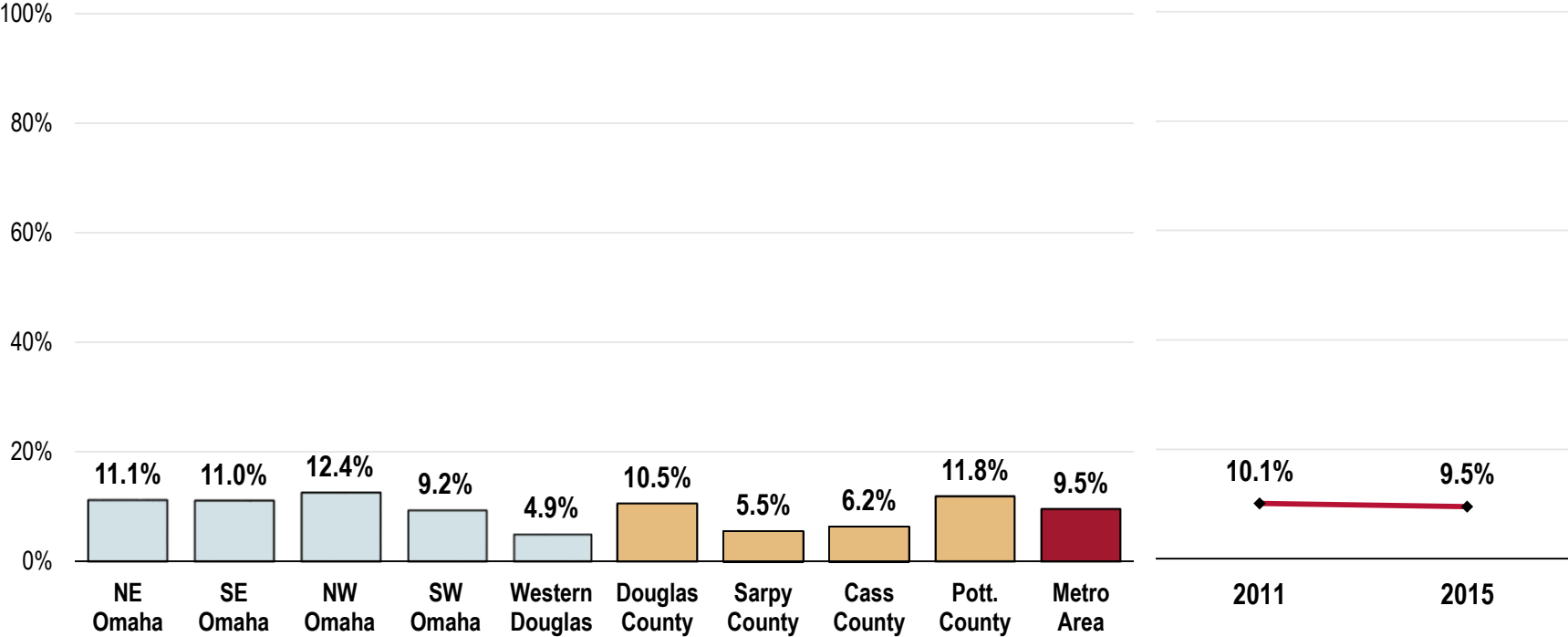# Experience "Fair" or "Poor" Mental Health

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 100]
Notes: ● Asked of all respondents.

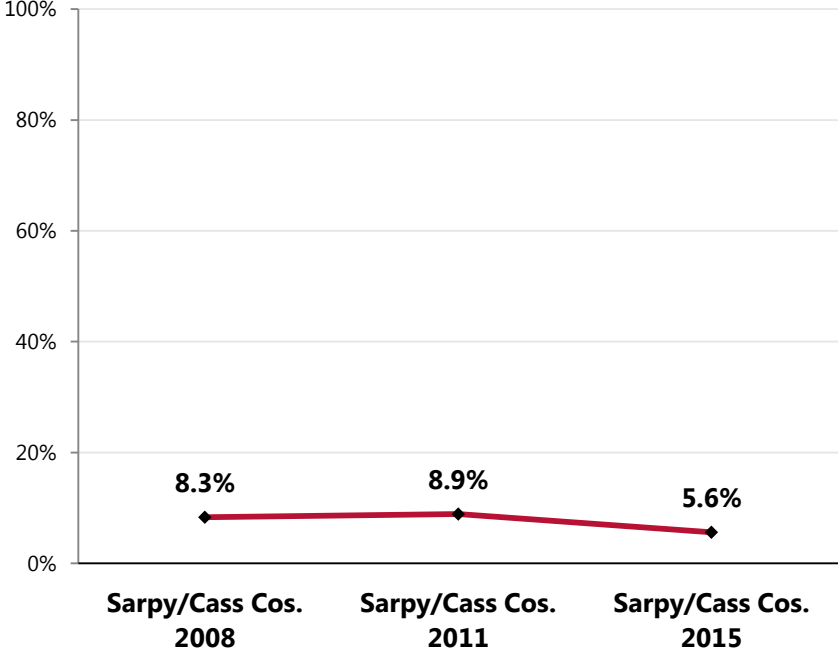# Experience "Fair" or "Poor" Mental Health
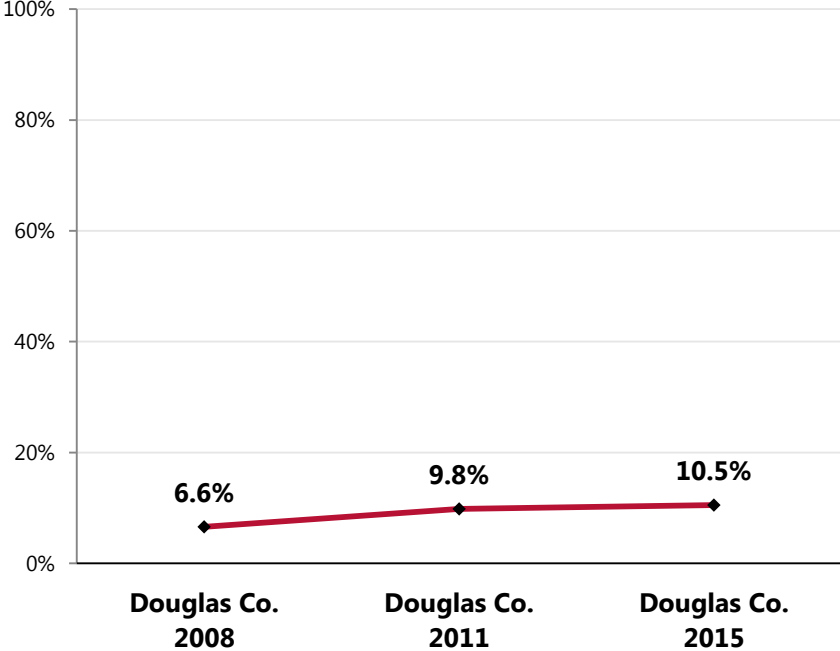## (Metro Area, 2015)

Men	Women	18 to 39	40 to 64	65+	Very Low Income	Low Income	Mid/High Income	White	Black	Hispanic	Other	Metro Area
7.5%	13.0%	13.3%	9.6%	5.5%	30.8%	16.8%	5.3%	9.1%	15.1%	10.6%	25.2%	10.3%

Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 100]
Notes: ● Asked of all respondents.
● Hispanics can be of any race. Other race categories are non-Hispanic categorizations (e.g., "White" reflects non-Hispanic White respondents).
● Income categories reflect respondent's household income as a ratio to the federal poverty level (FPL) for their household size. "Very Low Income" includes households living with defined poverty status; "Low Income" includes households with incomes just above the FPL, earning up to twice the poverty threshold; "Mid/High Income" includes households with incomes at 200% or more of the federal poverty level.
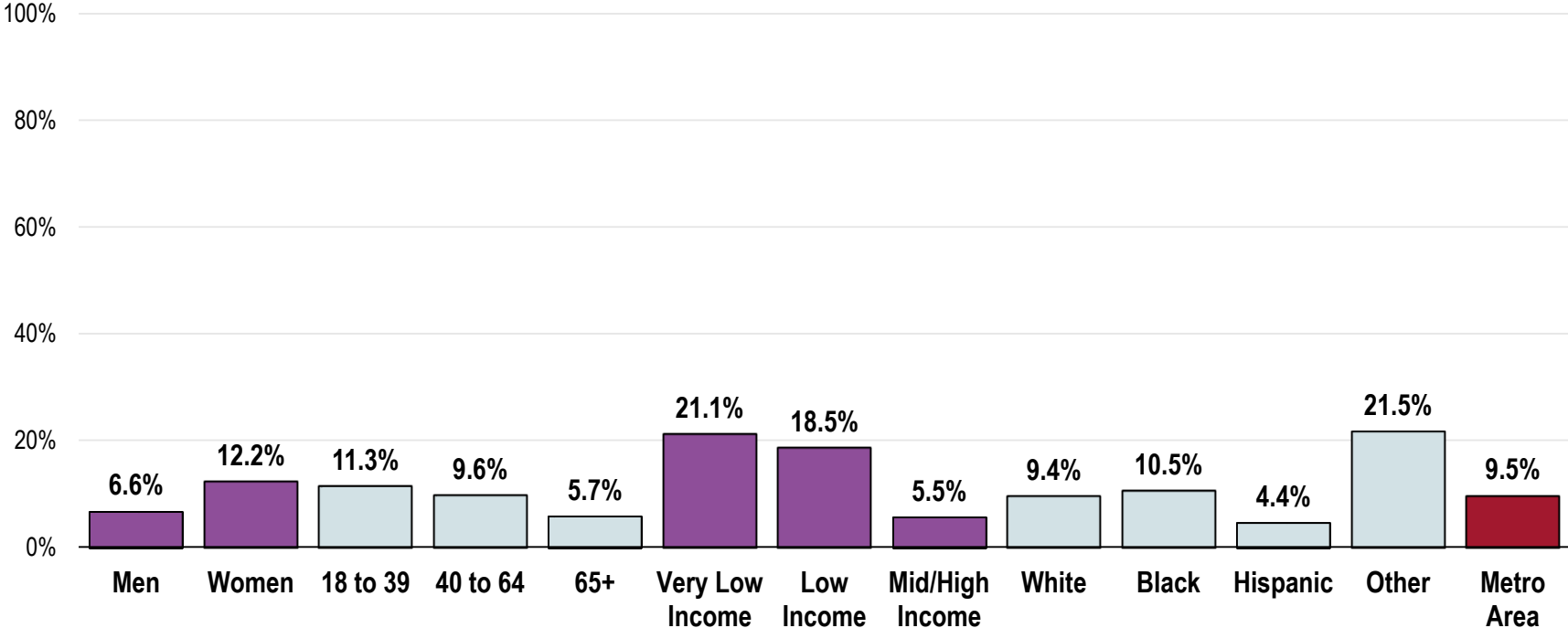
Have Been Diagnosed With Major Depression

	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area		2011	2015
	11.1%	11.0%	12.4%	9.2%	4.9%	10.5%	5.5%	6.2%	11.8%	9.5%		10.1%	9.5%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 308]
Notes: ● Asked of all respondents.
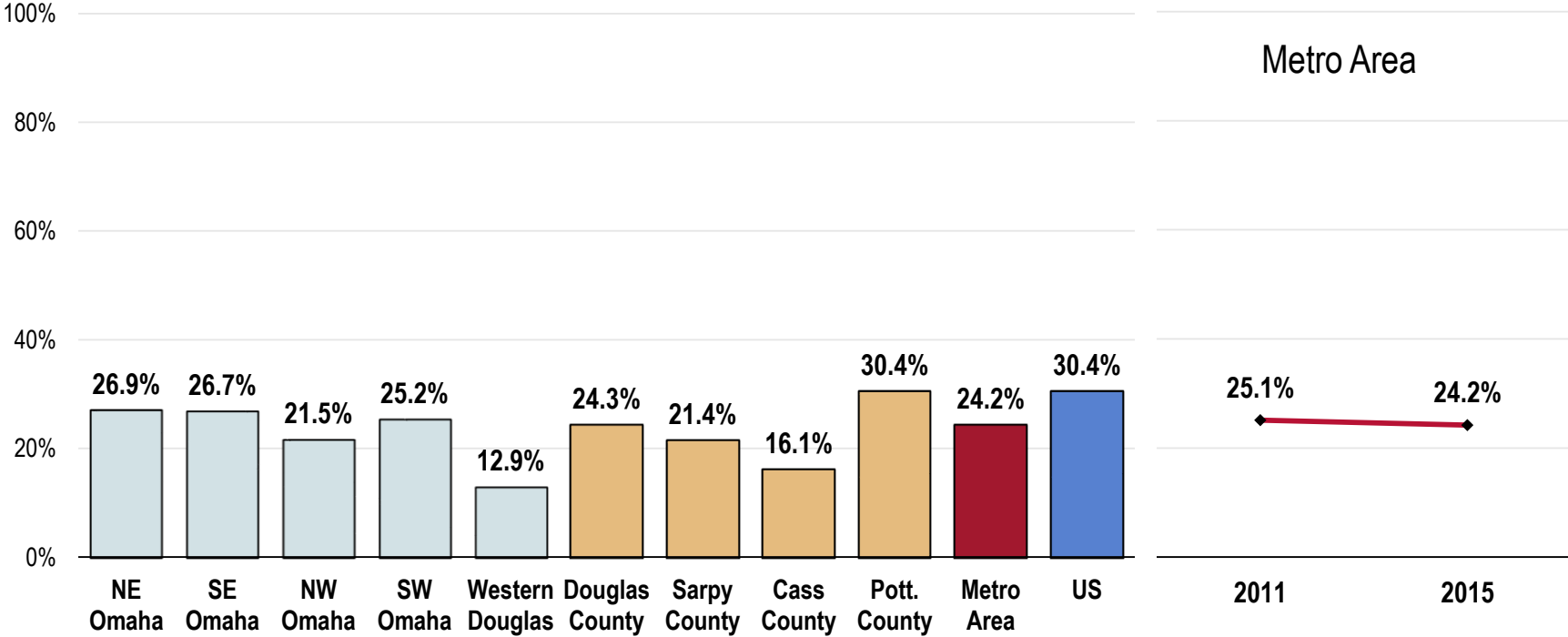
Have Been Diagnosed With Major Depression

Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 308]
Notes: ● Asked of all respondents.

Have Been Diagnosed With Major Depression
(Metro Area, 2015)

Men	Women	18 to 39	40 to 64	65+	Very Low Income	Low Income	Mid/High Income	White	Black	Hispanic	Other	Metro Area
6.6%	12.2%	11.3%	9.6%	5.7%	21.1%	18.5%	5.5%	9.4%	10.5%	4.4%	21.5%	9.5%

Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 308]
Notes: ● Asked of all respondents.
              ● Hispanics can be of any race. Other race categories are non-Hispanic categorizations (e.g., "White" reflects non-Hispanic White respondents).
              ● Income categories reflect respondent's household income as a ratio to the federal poverty level (FPL) for their household size. "Very Low Income" includes households living with defined poverty status; "Low Income" includes households with incomes just above the FPL, earning up to twice the poverty threshold; "Mid/High Income" includes households with incomes at 200% or more of the federal poverty level.
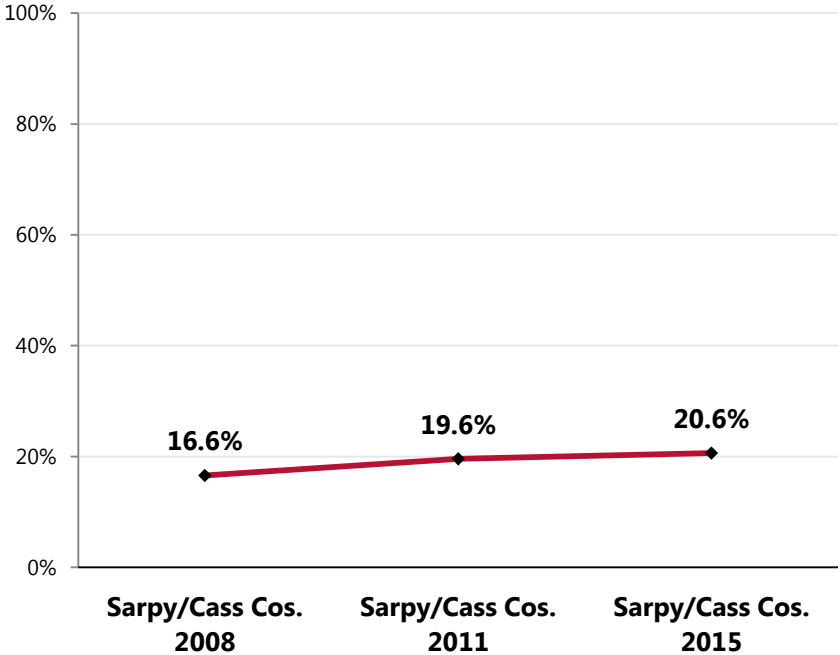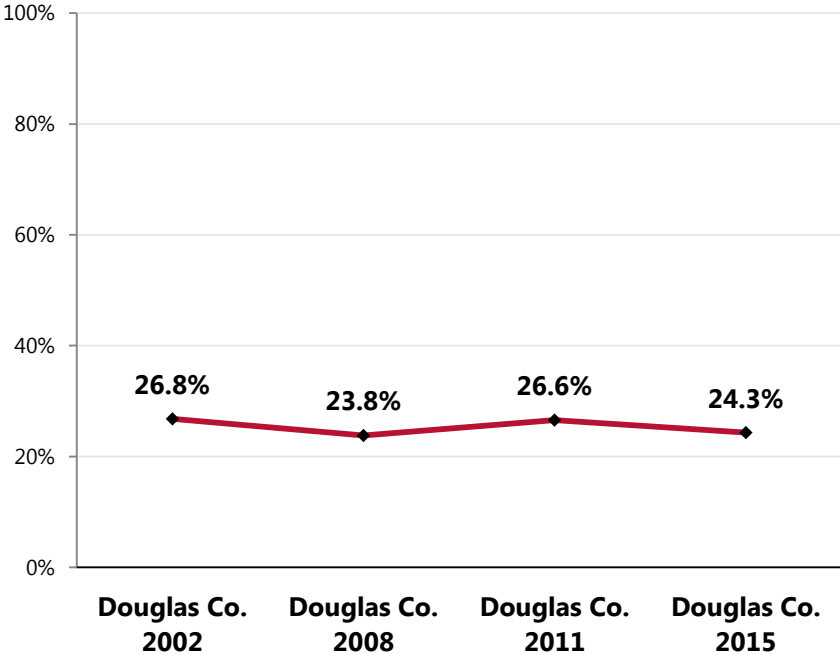
Have Experienced Symptoms of Chronic Depression

Metro Area

	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	US
	26.9%	26.7%	21.5%	25.2%	12.9%	24.3%	21.4%	16.1%	30.4%	24.2%	30.4%

2011: 25.1%   2015: 24.2%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 101]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
Notes: ● Asked of all respondents.
● Chronic depression includes periods of two or more years during which the respondent felt depressed or sad on most days, even if (s)he felt okay sometimes.

Have Experienced Symptoms of Chronic Depression

Douglas Co. 2002: 26.8%
Douglas Co. 2008: 23.8%
Douglas Co. 2011: 26.6%
Douglas Co. 2015: 24.3%

Sarpy/Cass Cos. 2008: 16.6%
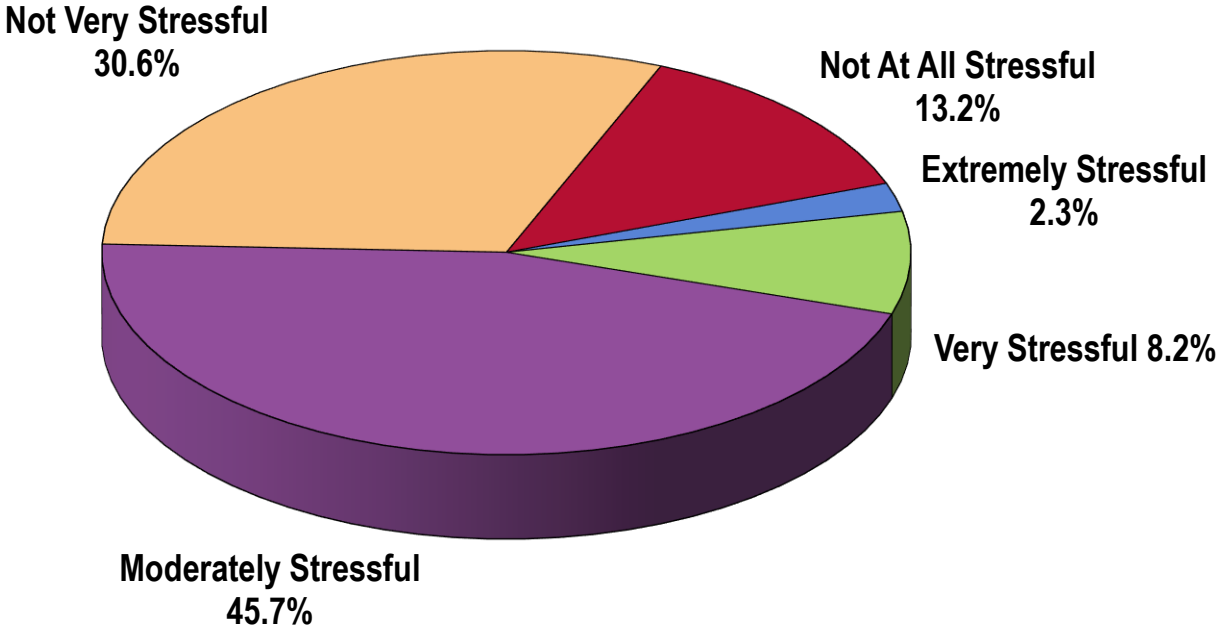Sarpy/Cass Cos. 2011: 19.6%
Sarpy/Cass Cos. 2015: 20.6%

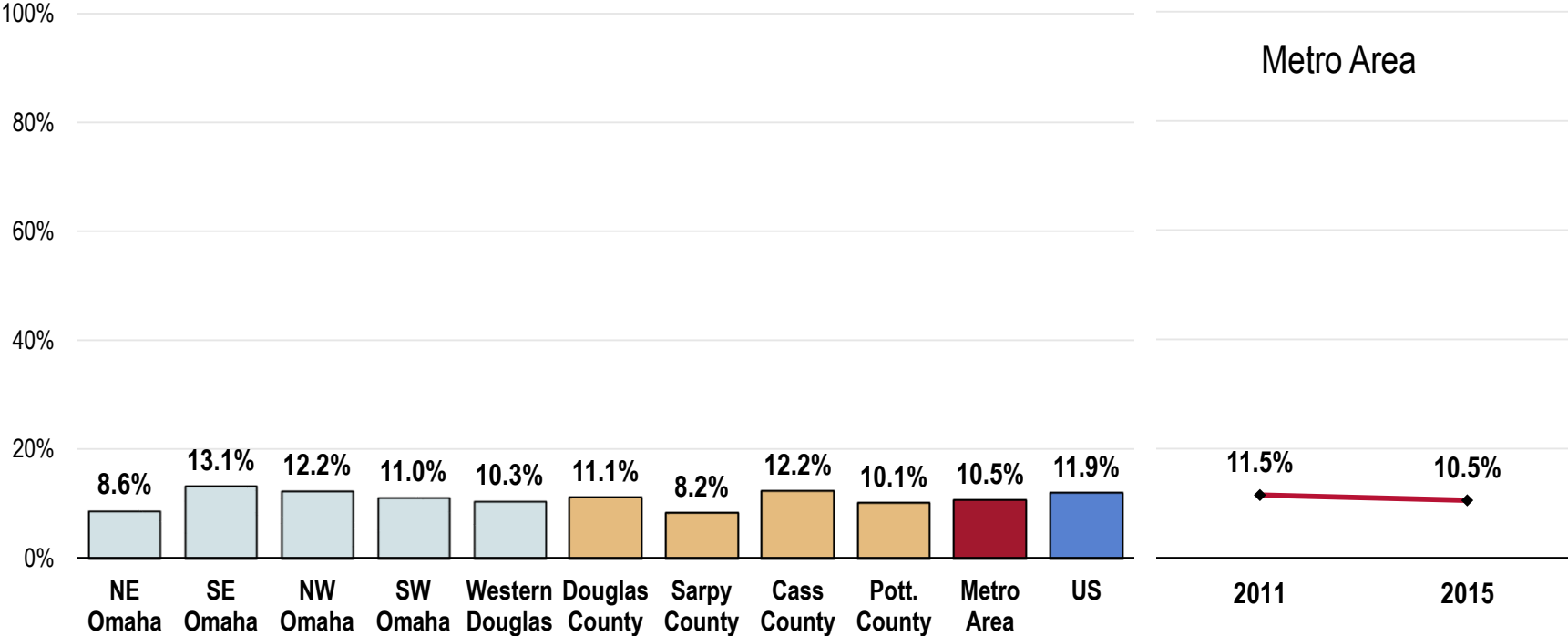Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 101]
Notes: ● Asked of all respondents.
● Chronic depression includes periods of two or more years during which the respondent felt depressed or sad on most days, even if (s)he felt okay sometimes.

Have Experienced Symptoms of Chronic Depression
(Metro Area, 2015)

Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 101]
Notes: ● Asked of all respondents.
● Chronic depression includes periods of two or more years during which the respondent felt depressed or sad on most days, even if (s)he felt okay sometimes.
● Hispanics can be of any race. Other race categories are non-Hispanic categorizations (e.g., "White" reflects non-Hispanic White respondents).
● Income categories reflect respondent's household income as a ratio to the federal poverty level (FPL) for their household size. "Very Low Income" includes households living with defined poverty status; "Low Income" includes households with incomes just above the FPL, earning up to twice the poverty threshold; "Mid/High Income" includes households with incomes at 200% or more of the federal poverty level.

Perceived Level of Stress On a Typical Day
(Metro Area, 2015)

Not Very Stressful
30.6%

Not At All Stressful
13.2%

Extremely Stressful
2.3%

Very Stressful 8.2%

Moderately Stressful
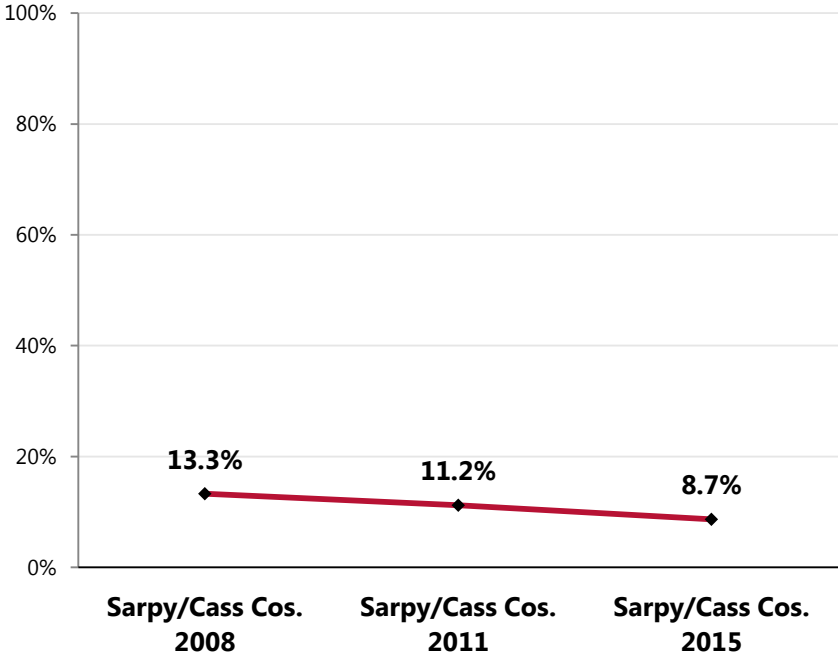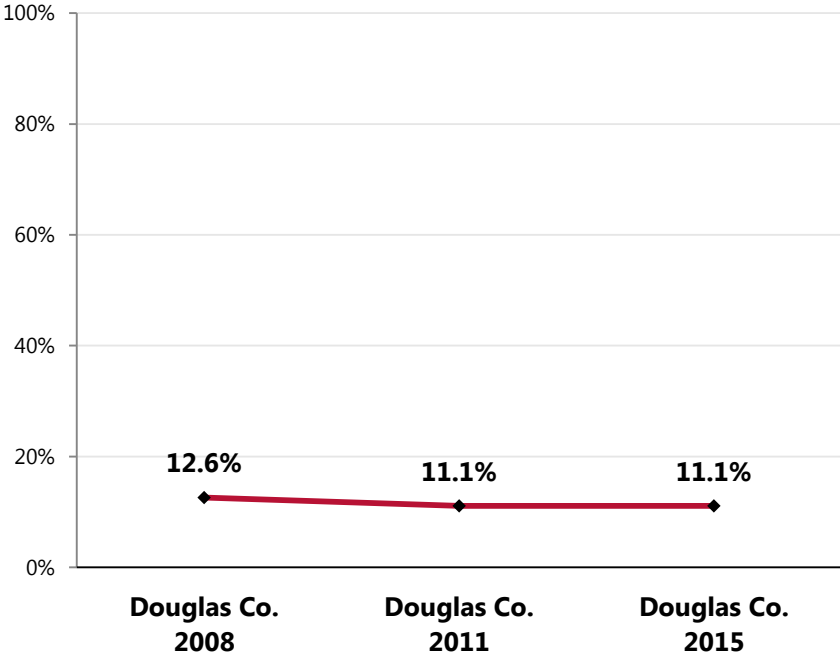**45.7%**

Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc.   [Item 102]
Notes: ● Asked of all respondents.

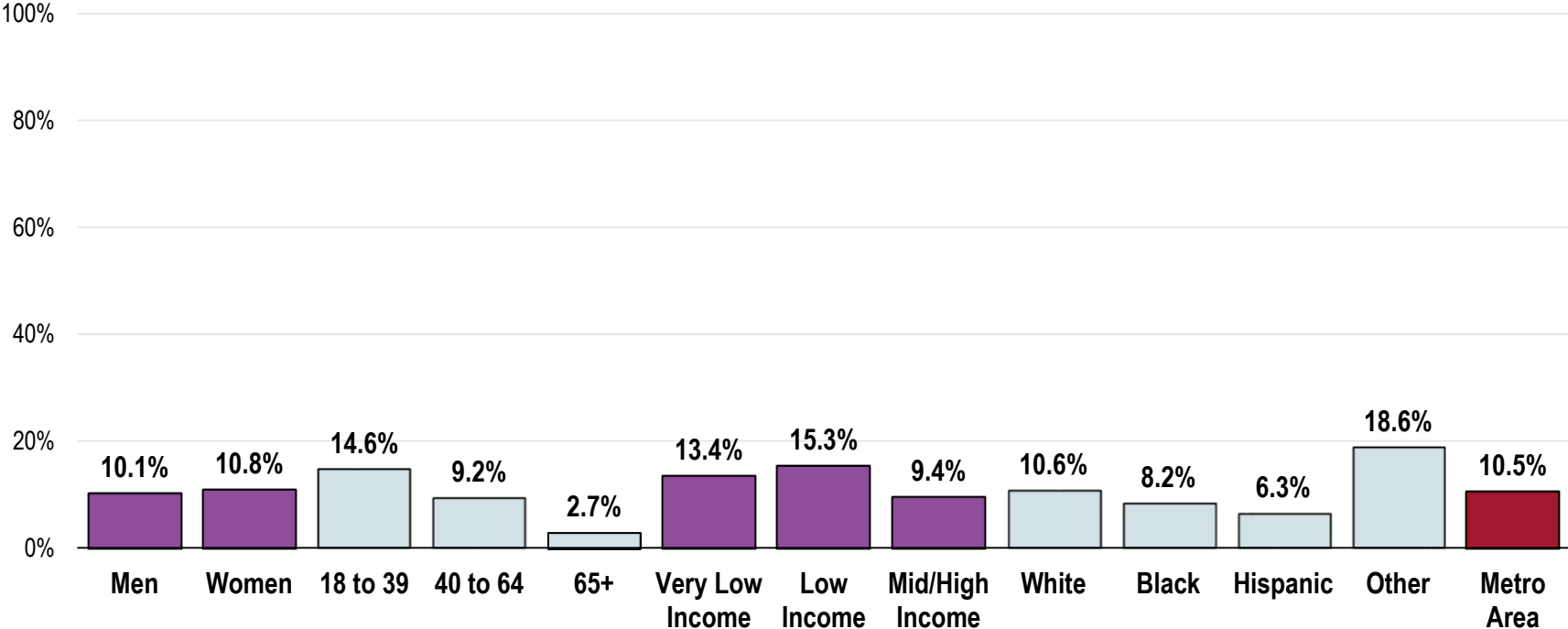# Perceive Most Days As "Extremely" or "Very" Stressful

Metro Area

Category	Value
NE Omaha	8.6%
SE Omaha	13.1%
NW Omaha	12.2%
SW Omaha	11.0%
Western Douglas	10.3%
Douglas County	11.1%
Sarpy County	8.2%
Cass County	12.2%
Pott. County	10.1%
Metro Area	10.5%
US	11.9%

Year	Value
2011	11.5%
2015	10.5%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 102]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
Notes: ● Asked of all respondents.

Perceive Most Days As "Extremely" or "Very" Stressful

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 102]
Notes: ● Asked of all respondents.

Perceive Most Days as "Extremely" or "Very" Stressful
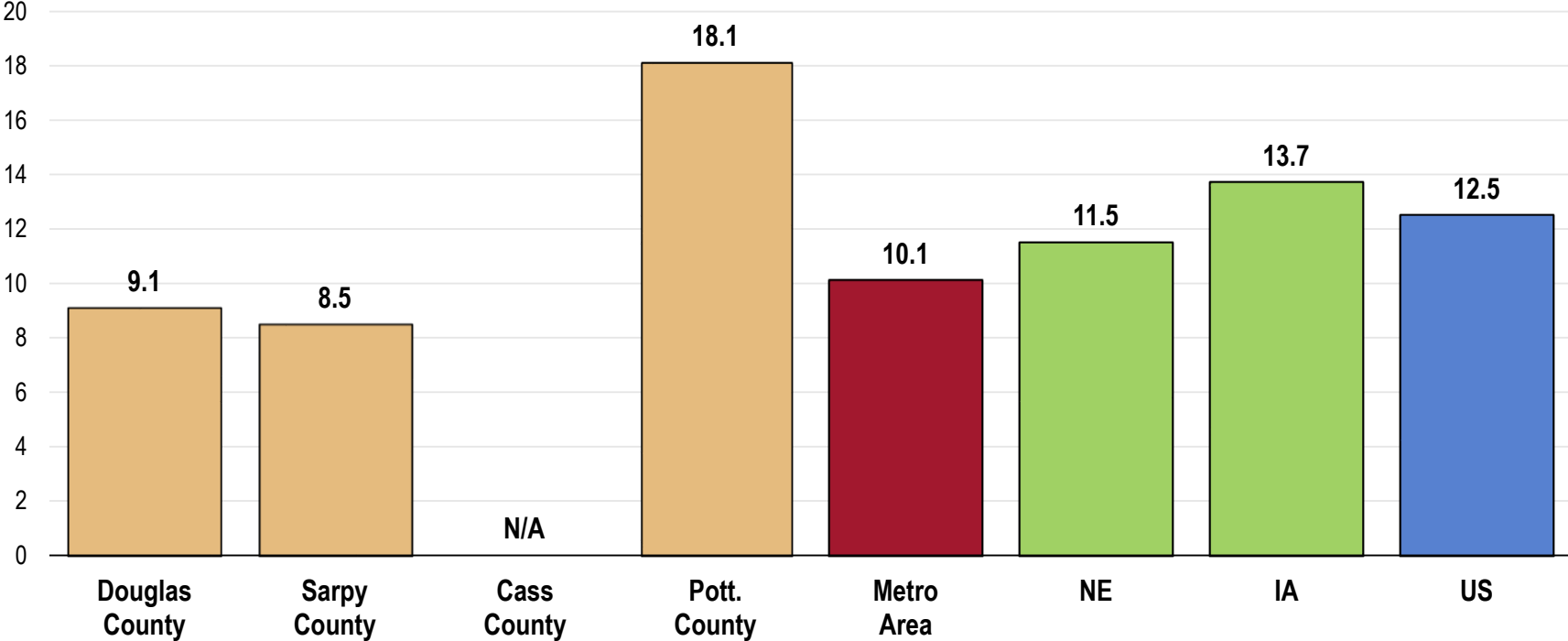## (Metro Area, 2015)

Men	Women	18 to 39	40 to 64	65+	Very Low Income	Low Income	Mid/High Income	White	Black	Hispanic	Other	Metro Area
10.1%	10.8%	14.6%	9.2%	2.7%	13.4%	15.3%	9.4%	10.6%	8.2%	6.3%	18.6%	10.5%

Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 102]
Notes: ● Asked of all respondents.
   ● Hispanics can be of any race. Other race categories are non-Hispanic categorizations (e.g., "White" reflects non-Hispanic White respondents).
   ● Income categories reflect respondent's household income as a ratio to the federal poverty level (FPL) for their household size. "Very Low Income" includes households living with defined poverty status; "Low Income" includes households with incomes just above the FPL, earning up to twice the poverty threshold; "Mid/High Income" includes households with incomes at 200% or more of the federal poverty level.

Suicide: Age-Adjusted Mortality
(2011-2013 Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 10.2 or Lower

Location	Rate
Douglas County	9.1
Sarpy County	8.5
Cass County	N/A
Pott. County	18.1
Metro Area	10.1
NE	11.5
IA	13.7
US	12.5

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective MHMD-1]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.

Suicide: Age-Adjusted Mortality Trends
## (Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 10.2 or Lower
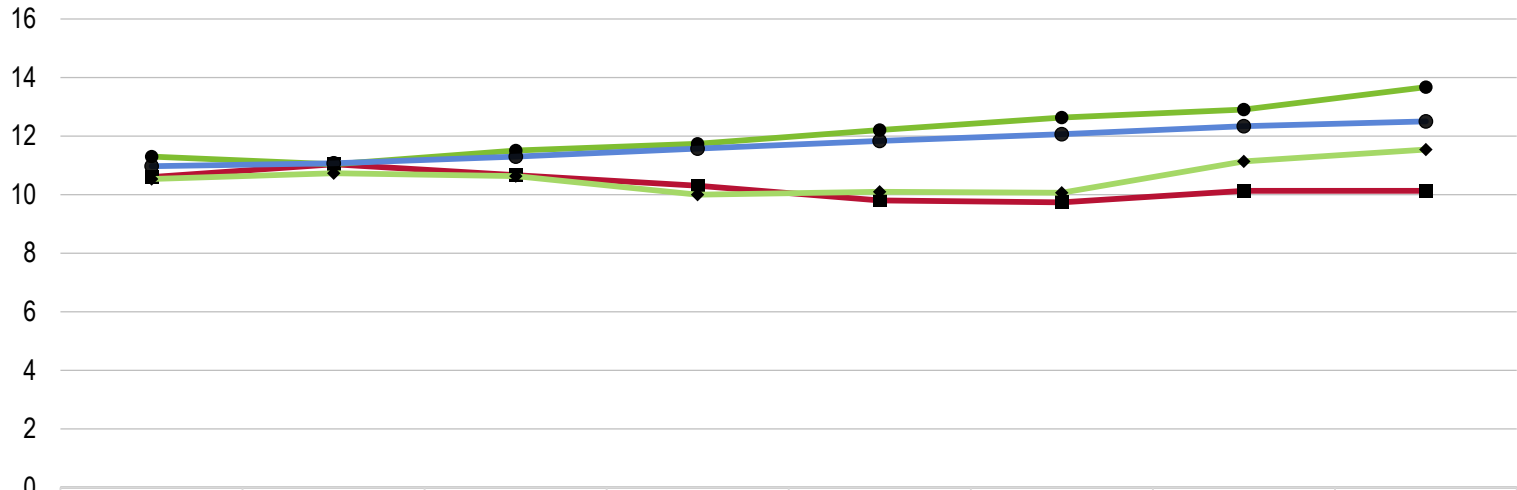
	2004-2006	2005-2007	2006-2008	2007-2009	2008-2010	2009-2011	2010-2012	2011-2013
Metro Area	10.6	11.0	10.7	10.3	9.8	9.7	10.1	10.1
Nebraska	10.5	10.7	10.6	10.0	10.1	10.1	11.1	11.5
Iowa	11.3	11.0	11.5	11.7	12.2	12.6	12.9	13.7
United States	11.0	11.1	11.3	11.6	11.8	12.1	12.3	12.5

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective MHMD-1]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
- Local, state and national data are simple three-year averages.

Adults With Major Depression Who Have Ever Sought Professional Help for a Mental or Emotional Problem
(Among Adults With Major Depression)

Douglas County: 89.9%
2008: 81.5%
2011: 84.9%

Metro Area: 89.9%

Metro Area
2011: 88.7%
2015: 89.9%
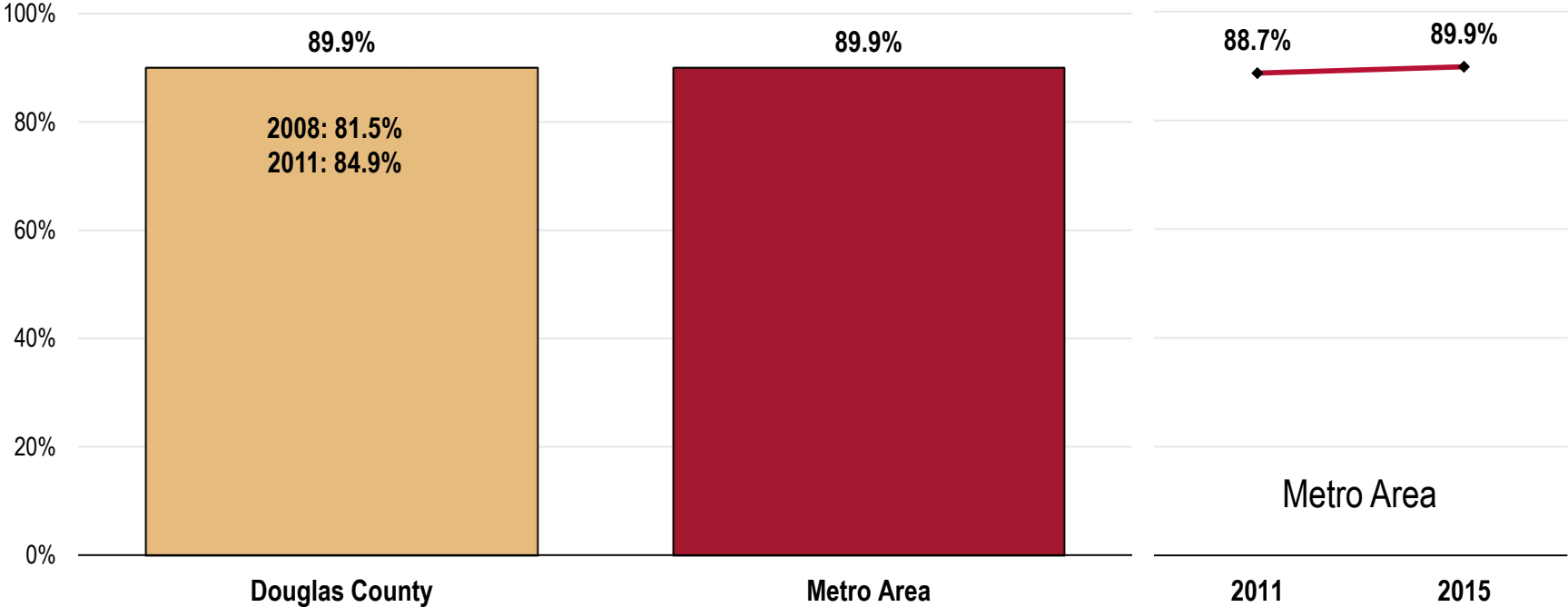
Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 123]
Notes: ● Reflects those respondents with major depression.

Perceptions of Mental Health
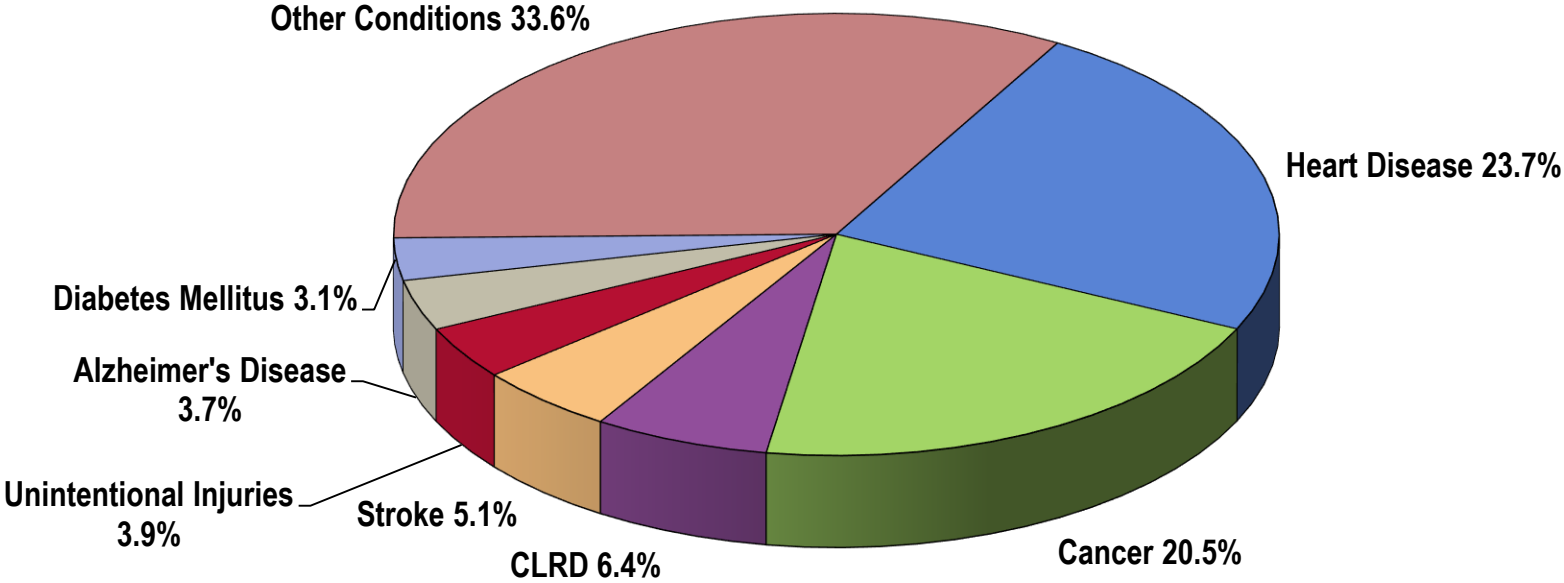# as a Problem in the Community
(Key Informants, 2015)

■ Major Problem   ■ Moderate Problem   ■ Minor Problem   ■ No Problem At All

| 77.5% | 7.8% | 7.8% | |
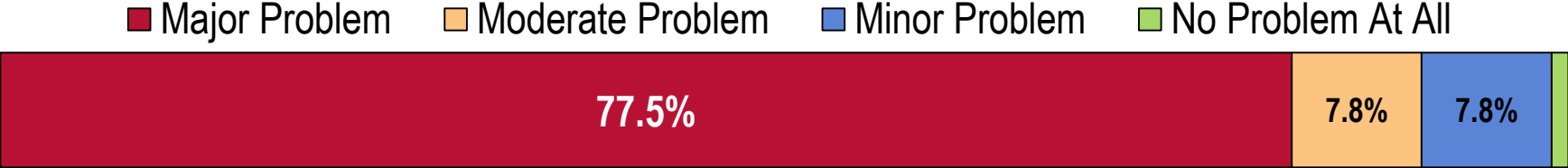
Sources: ● PRC Key Informant Focus Groups, August 2015.

DEATH, DISEASE & CHRONIC CONDITIONS

Leading Causes of Death

Professional Research Consultants, Inc.

Leading Causes of Death
(Metro Area, 2013)

Other Conditions 33.6%

Heart Disease 23.7%

Diabetes Mellitus 3.1%

Alzheimer's Disease 3.7%

Unintentional Injuries 3.9%

Stroke 5.1%

CLRD 6.4%

Cancer 20.5%
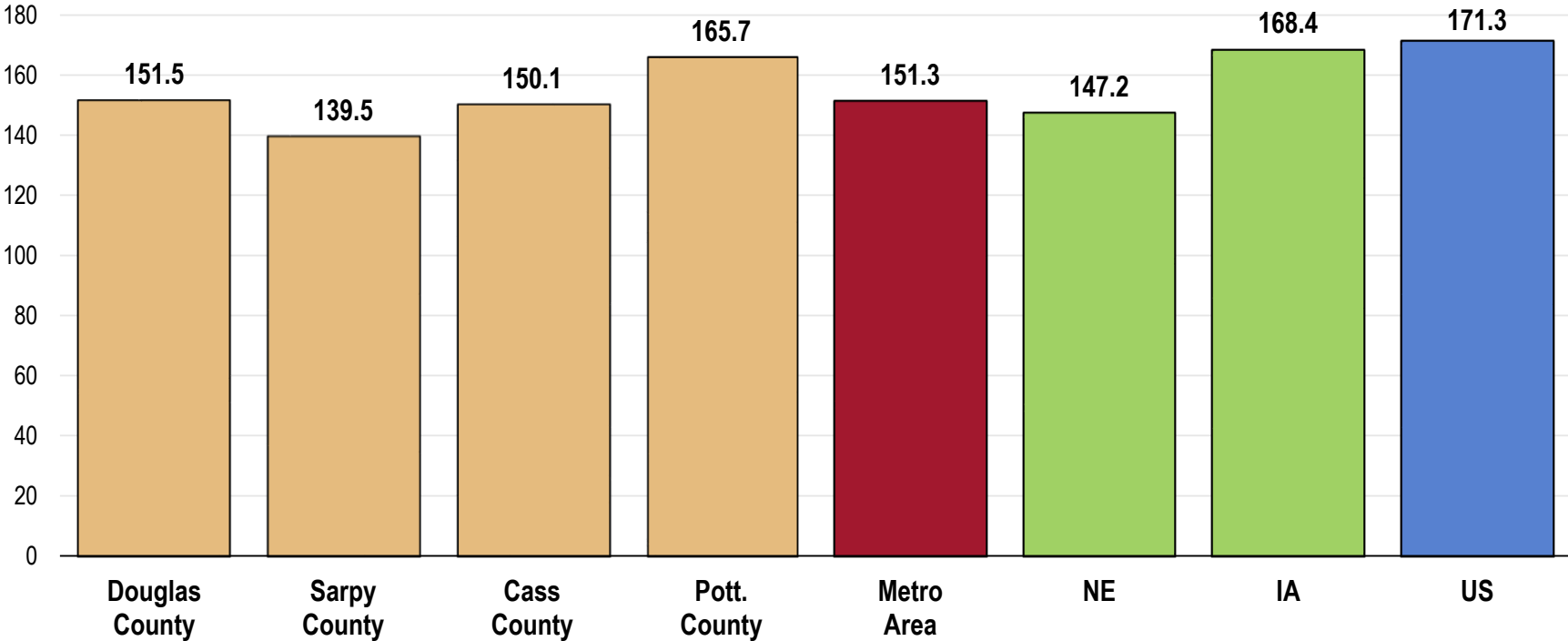
Sources: ● CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.

Notes: ● Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
● CLRD is chronic lower respiratory disease.

Age-Adjusted Death Rates for Selected Causes
(2011-2013 Deaths per 100,000 Population)

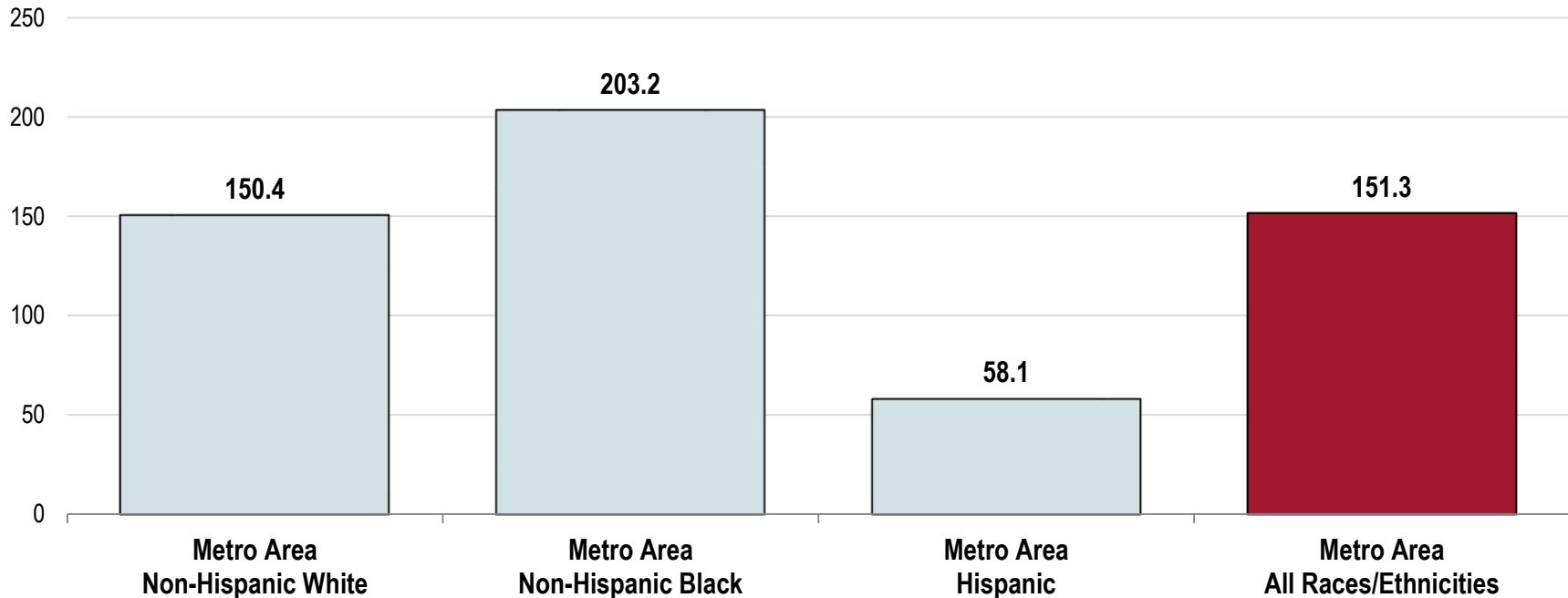|	Metro Area	Nebraska	Iowa	US	HP2020
Malignant Neoplasms (Cancers)	178.5	163.4	170.0	166.2	161.4
Diseases of the Heart	151.3	147.2	168.4	171.3	156.9*
Chronic Lower Respiratory Disease (CLRD)	50.4	49.0	47.4	42.0	n/a
Cerebrovascular Disease (Stroke)	38.2	36.0	34.3	37.0	34.8
Unintentional Injuries	32.5	36.1	39.8	39.2	36.4
Alzheimer's Disease	28.1	24.7	30.3	24.0	n/a
Diabetes Mellitus	22.7	21.4	18.8	21.3	20.5*
Pneumonia/Influenza	14.7	13.8	16.4	15.3	n/a
Kidney Diseases	11.6	9.8	8.2	13.2	n/a
Intentional Self-Harm (Suicide)	10.1	11.5	13.7	12.5	10.2
Firearm-Related	10.0	9.0	7.4	10.4	9.3
Drug-Induced	9.6	7.9	9.2	14.1	11.3
Cirrhosis/Liver Disease	8.7	7.9	7.8	9.9	8.2
Motor Vehicle Deaths	7.1	11.4	11.1	10.7	12.4
Homicide/Legal Intervention	6.2	3.8	2.0	5.3	5.5
HIV/AIDS	1.3	0.9	0.7	2.2	3.3

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov.

Note:
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population and coded using ICD-10 codes.
- *The Healthy People 2020 Heart Disease target is adjusted to account for all diseases of the heart; the Diabetes target is adjusted to reflect only diabetes mellitus-coded deaths.

Cardiovascular Disease

Professional Research Consultants, Inc.

Heart Disease: Age-Adjusted Mortality
(2011-2013 Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 156.9 or Lower (Adjusted)

Bar chart values:
- Douglas County: 151.5
- Sarpy County: 139.5
- Cass County: 150.1
- Pott. County: 165.7
- Metro Area: 151.3
- NE: 147.2
- IA: 168.4
- US: 171.3

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective HDS-2]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
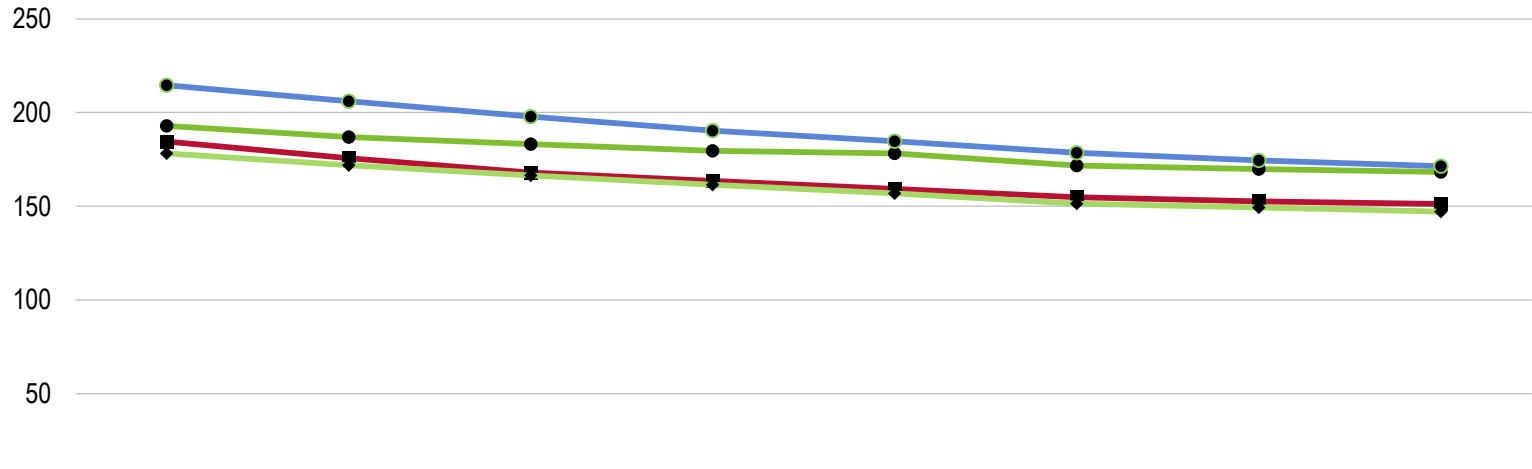- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
- The Healthy People 2020 Heart Disease target is adjusted to account for all diseases of the heart.

Heart Disease: Age-Adjusted Mortality by Race

(2011-2013 Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 156.9 or Lower (Adjusted)

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective HDS-2]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
- The Healthy People 2020 Heart Disease target is adjusted to account for all diseases of the heart.

Heart Disease: Age-Adjusted Mortality Trends
(Annual Average Deaths per 100,000 Population)
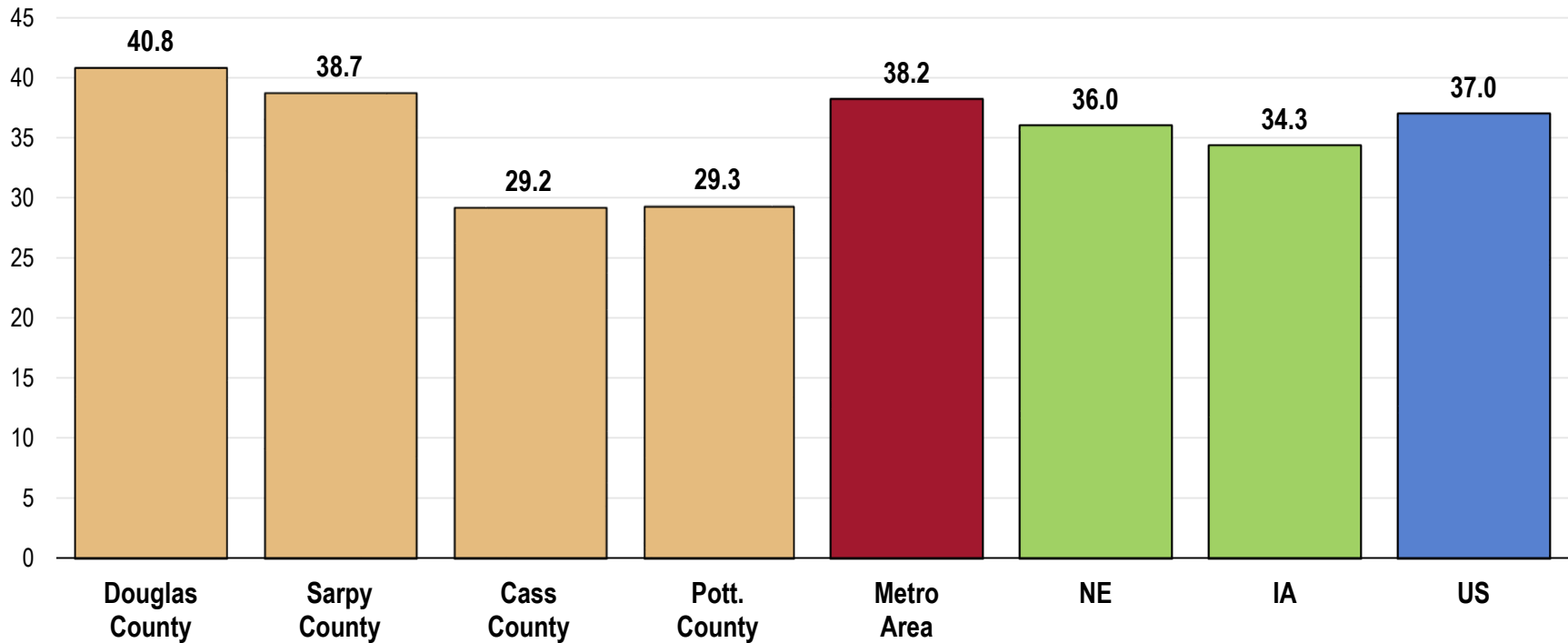### Healthy People 2020 Target = 156.9 or Lower (Adjusted)

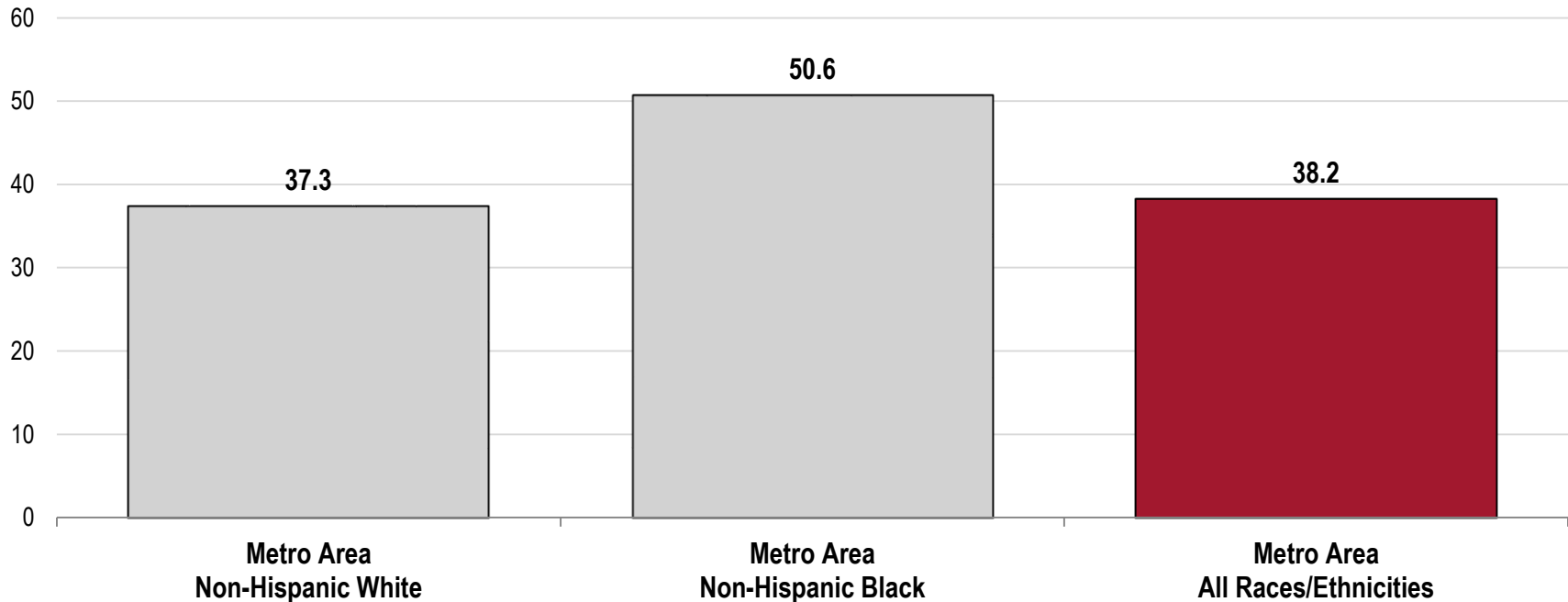|	2004-2006	2005-2007	2006-2008	2007-2009	2008-2010	2009-2011	2010-2012	2011-2013
Metro Area	184.5	175.7	168.0	163.6	159.3	154.8	152.6	151.3
Nebraska	178.2	171.8	166.4	161.5	156.9	151.4	149.3	147.2
Iowa	192.9	186.9	183.2	179.6	178.3	171.8	169.9	168.4
United States	214.6	206.1	197.9	190.3	184.7	178.5	174.4	171.3

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective HDS-2]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
- Local, state and national data are simple three-year averages.
- The Healthy People 2020 Heart Disease target is adjusted to account for all diseases of the heart.

Stroke: Age-Adjusted Mortality

(2011-2013 Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 34.8 or Lower

Bar chart values:
- Douglas County: 40.8
- Sarpy County: 38.7
- Cass County: 29.2
- Pott. County: 29.3
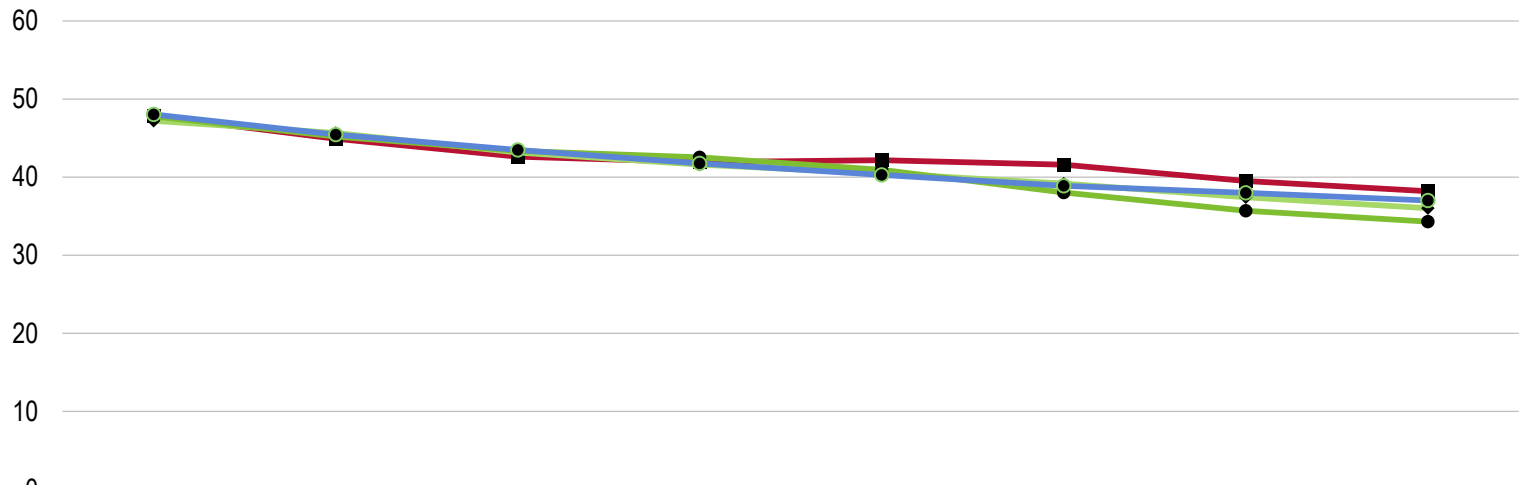- Metro Area: 38.2
- NE: 36.0
- IA: 34.3
- US: 37.0

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective HDS-3]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.

Stroke: Age-Adjusted Mortality by Race

(2011-2013 Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 34.8 or Lower

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective HDS-3]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.

Stroke: Age-Adjusted Mortality Trends
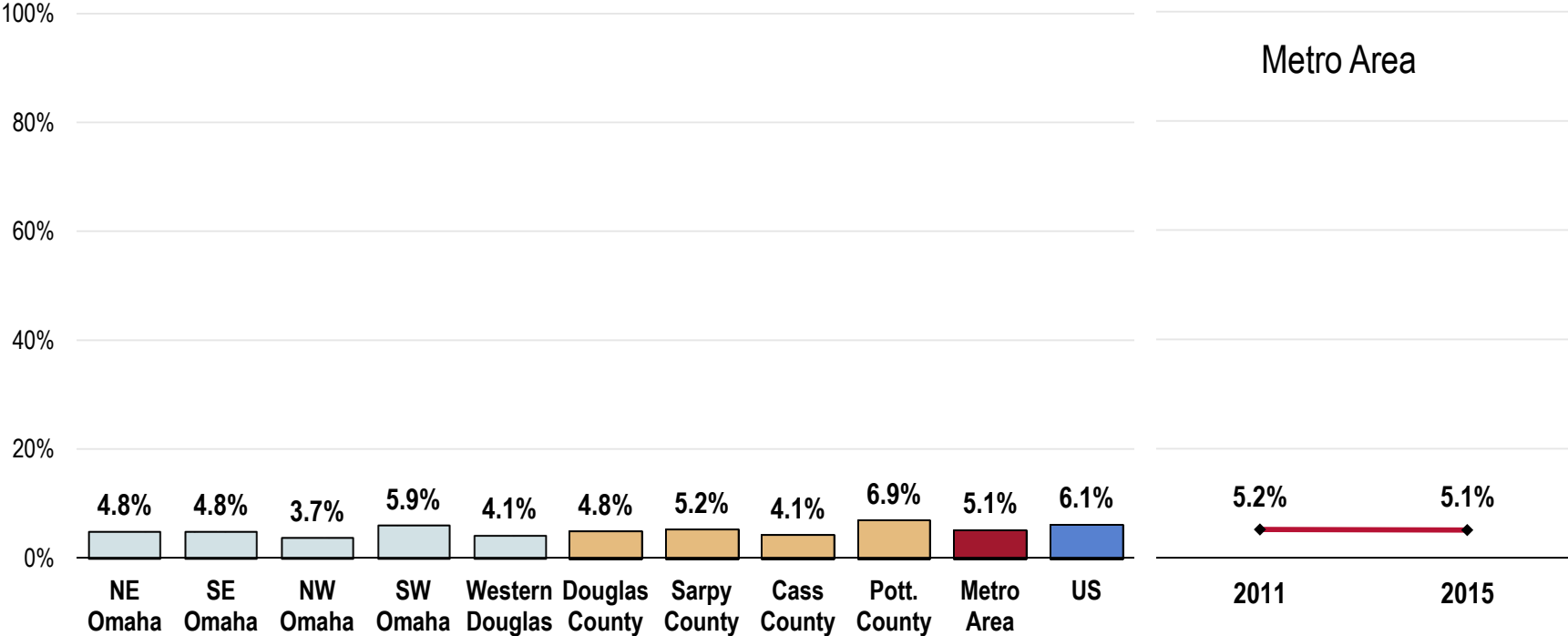## (Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 34.8 or Lower

	2004-2006	2005-2007	2006-2008	2007-2009	2008-2010	2009-2011	2010-2012	2011-2013
Metro Area	47.8	44.9	42.6	41.9	42.2	41.6	39.5	38.2
Nebraska	47.2	45.6	43.1	41.6	40.5	39.2	37.4	36.0
Iowa	47.8	45.2	43.3	42.5	40.9	38.0	35.7	34.3
United States	48.0	45.4	43.5	41.7	40.3	38.9	38.0	37.0

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective HDS-3]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
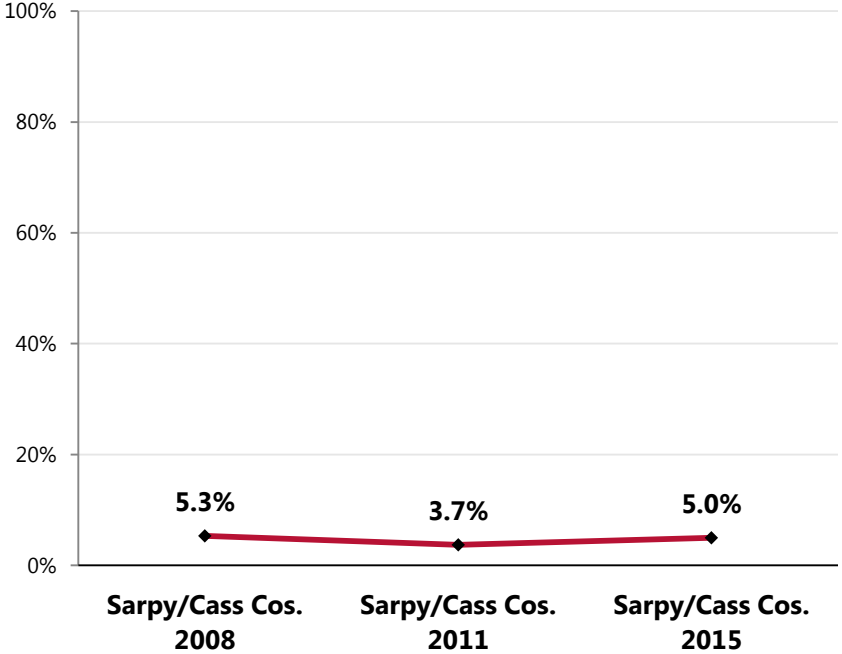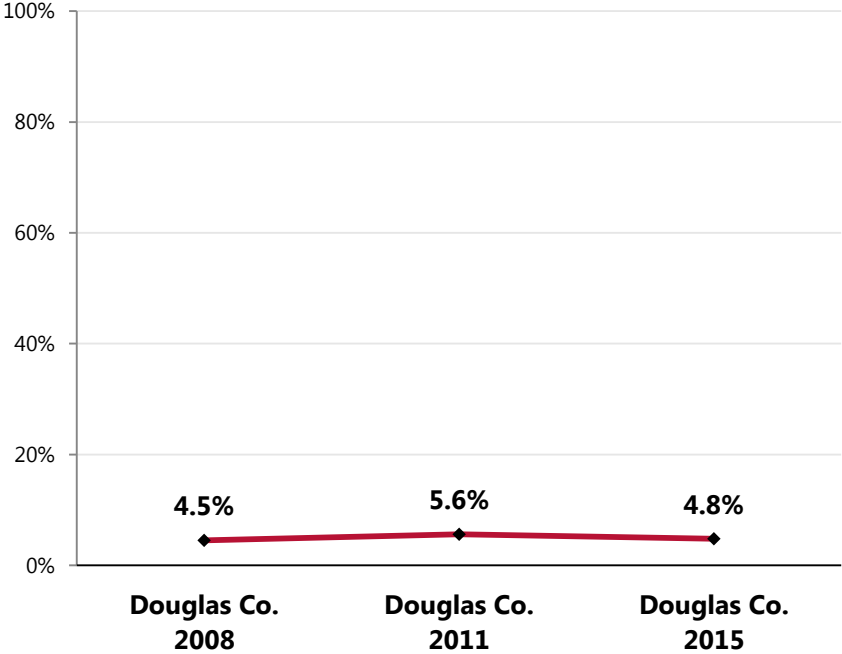- Local, state and national data are simple three-year averages.

Prevalence of Heart Disease

Chart: Prevalence of Heart Disease with y-axis from 0% to 100%.

Category	Value
NE Omaha	4.8%
SE Omaha	4.8%
NW Omaha	3.7%
SW Omaha	5.9%
Western Douglas	4.1%
Douglas County	4.8%
Sarpy County	5.2%
Cass County	4.1%
Pott. County	6.9%
Metro Area	5.1%
US	6.1%

Metro Area

2011	2015
5.2%	5.1%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 309]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
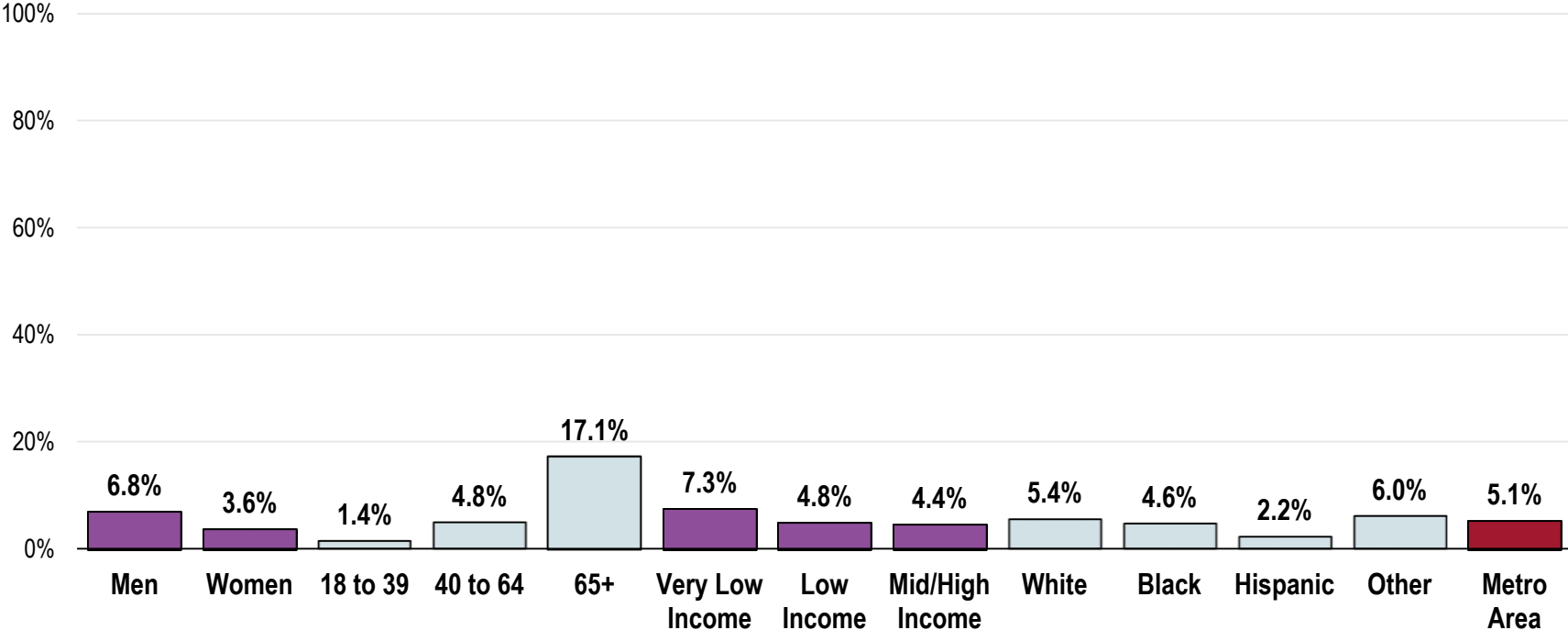
Notes: ● Asked of all respondents.
● Includes diagnoses of heart attack, angina or coronary heart disease.

Prevalence of Heart Disease

Douglas Co. 2008: 4.5%
Douglas Co. 2011: 5.6%
Douglas Co. 2015: 4.8%

Sarpy/Cass Cos. 2008: 5.3%
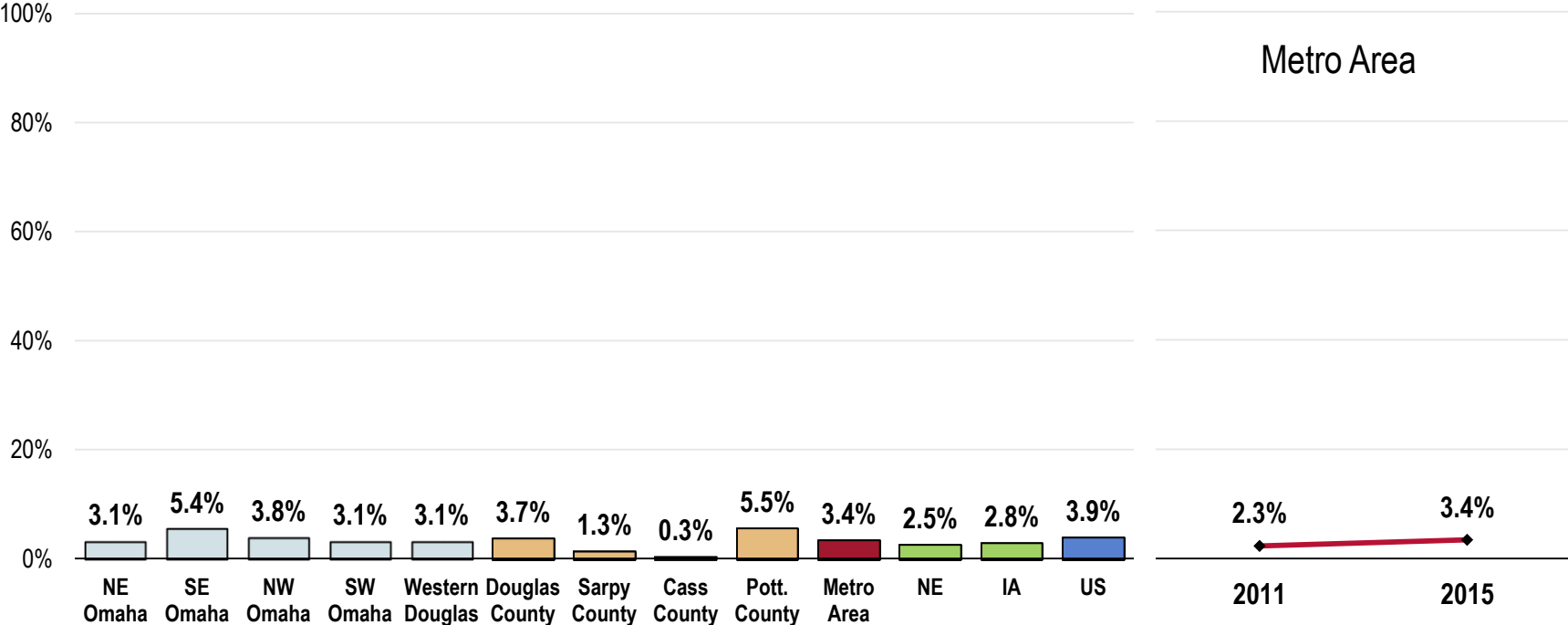**Sarpy/Cass Cos. 2011:** 3.7%
Sarpy/Cass Cos. 2015: 5.0%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 309]
Notes: ● Asked of all respondents.
● Includes diagnoses of heart attack, angina or coronary heart disease.

Prevalence of Heart Disease
(Metro Area, 2015)

Chart showing prevalence of heart disease:
- Men: 6.8%
- Women: 3.6%
- 18 to 39: 1.4%
- 40 to 64: 4.8%
- 65+: 17.1%
- Very Low Income: 7.3%
- Low Income: 4.8%
- Mid/High Income: 4.4%
- White: 5.4%
- Black: 4.6%
- Hispanic: 2.2%
- Other: 6.0%
- Metro Area: 5.1%

Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 309]
Notes: ● Asked of all respondents.
● Includes diagnoses of heart attack, angina or coronary heart disease.
● Hispanics can be of any race. Other race categories are non-Hispanic categorizations (e.g., "White" reflects non-Hispanic White respondents).
● Income categories reflect respondent's household income as a ratio to the federal poverty level (FPL) for their household size. "Very Low Income" includes households living with defined poverty status; "Low Income" includes households with incomes just above the FPL, earning up to twice the poverty threshold; "Mid/High Income" includes households with incomes at 200% or more of the federal poverty level.
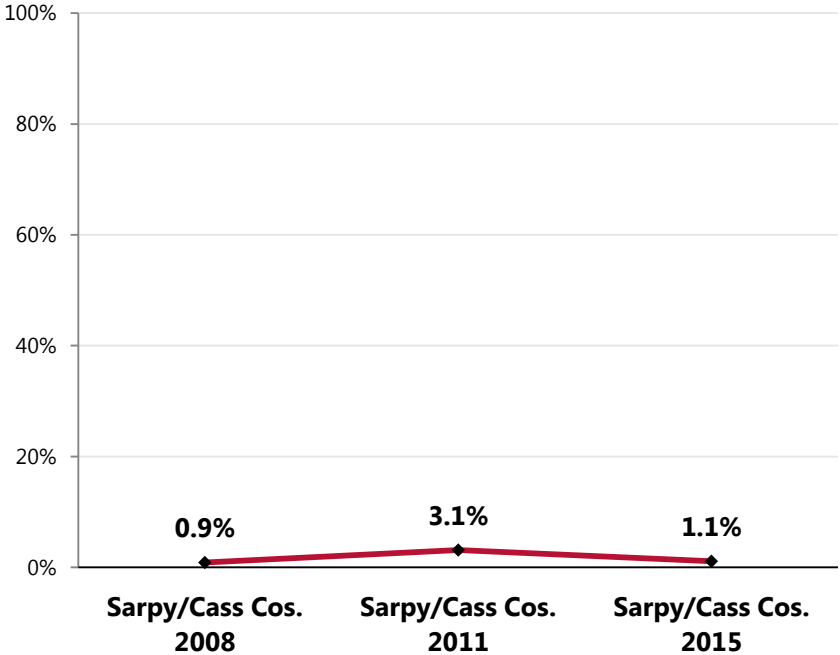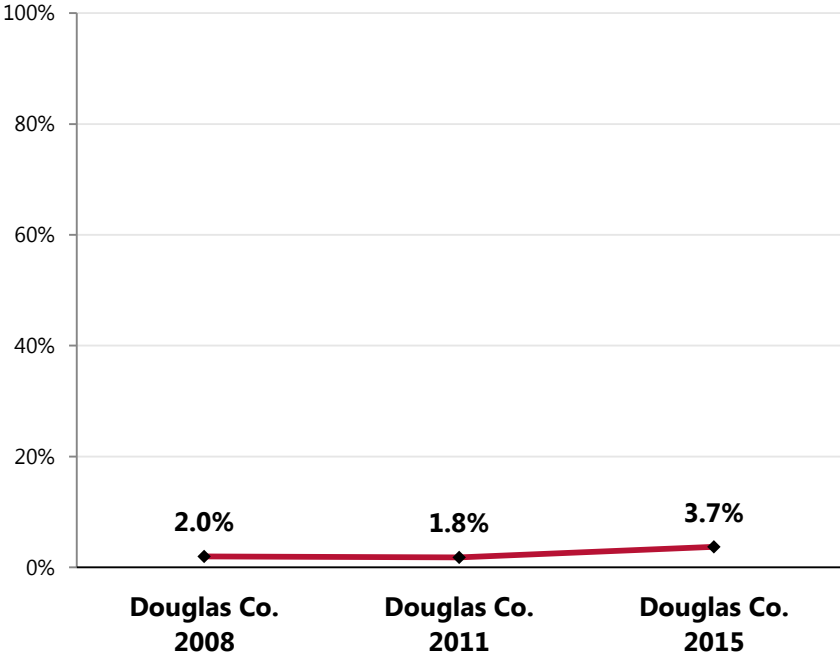
Prevalence of Stroke

Metro Area

	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	NE	IA	US
	3.1%	5.4%	3.8%	3.1%	3.1%	3.7%	1.3%	0.3%	5.5%	3.4%	2.5%	2.8%	3.9%

2011	2015
2.3%	3.4%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 36]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
● Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Nebraska. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): 2013 Nebraska and Iowa data.
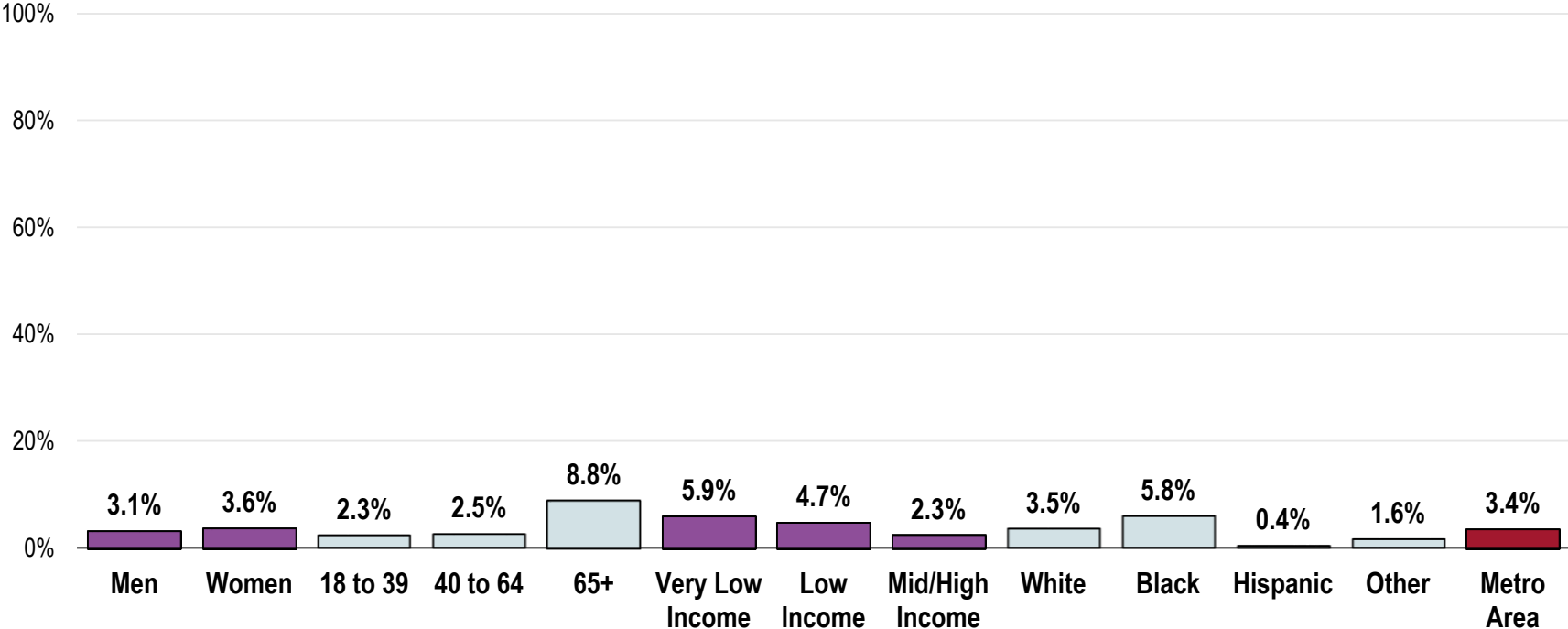
Notes: ● Asked of all respondents.

Prevalence of Stroke

Douglas Co. 2008: 2.0%
Douglas Co. 2011: 1.8%
Douglas Co. 2015: 3.7%

Sarpy/Cass Cos. 2008: 0.9%
Sarpy/Cass Cos. 2011: 3.1%
Sarpy/Cass Cos. 2015: 1.1%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 36]
Notes: ● Asked of all respondents.

Prevalence of Stroke
## (Metro Area, 2015)

Category	Value
Men	3.1%
Women	3.6%
18 to 39	2.3%
40 to 64	2.5%
65+	8.8%
Very Low Income	5.9%
Low Income	4.7%
Mid/High Income	2.3%
White	3.5%
Black	5.8%
Hispanic	0.4%
Other	1.6%
Metro Area	3.4%

Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 36]
Notes: ● Asked of all respondents.
● Hispanics can be of any race. Other race categories are non-Hispanic categorizations (e.g., "White" reflects non-Hispanic White respondents).
● Income categories reflect respondent's household income as a ratio to the federal poverty level (FPL) for their household size. "Very Low Income" includes households living with defined poverty status; "Low Income" includes households with incomes just above the FPL, earning up to twice the poverty threshold; "Mid/High Income" includes households with incomes at 200% or more of the federal poverty level.

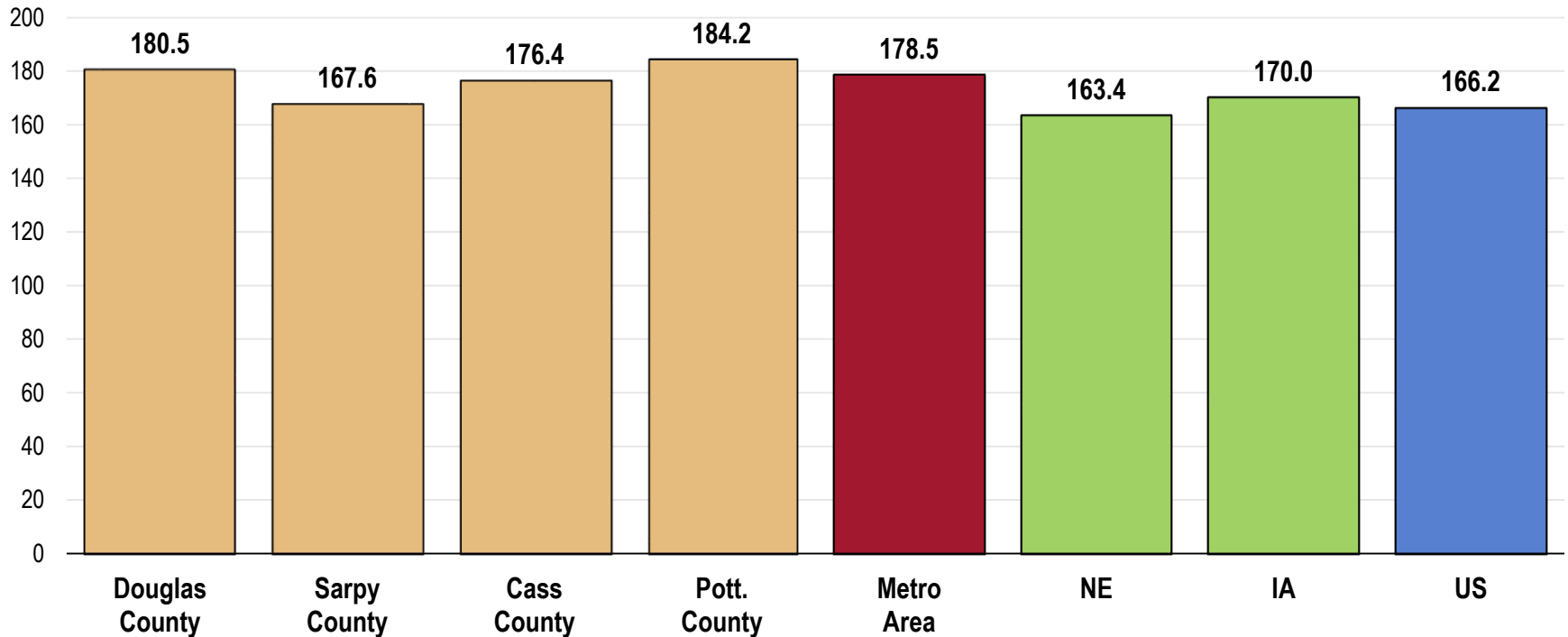# Perceptions of Heart Disease and Stroke as a Problem in the Community
(Key Informants, 2015)

■ Major Problem ■ Moderate Problem ■ Minor Problem ■ No Problem At All

| 45.9% | 34.7% | 4.1% | 6.1% |
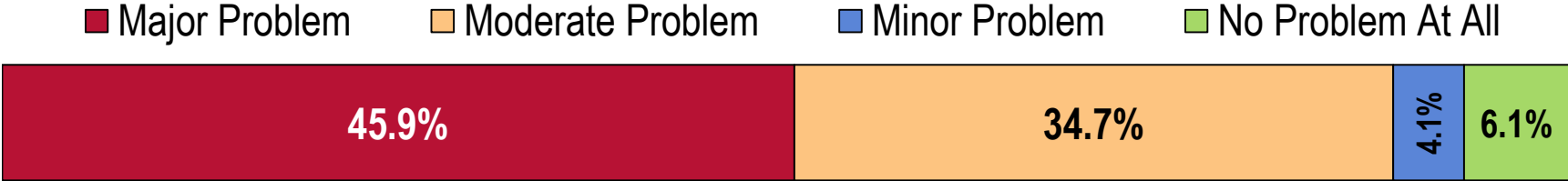
Sources: ● PRC Key Informant Focus Groups, August 2015.
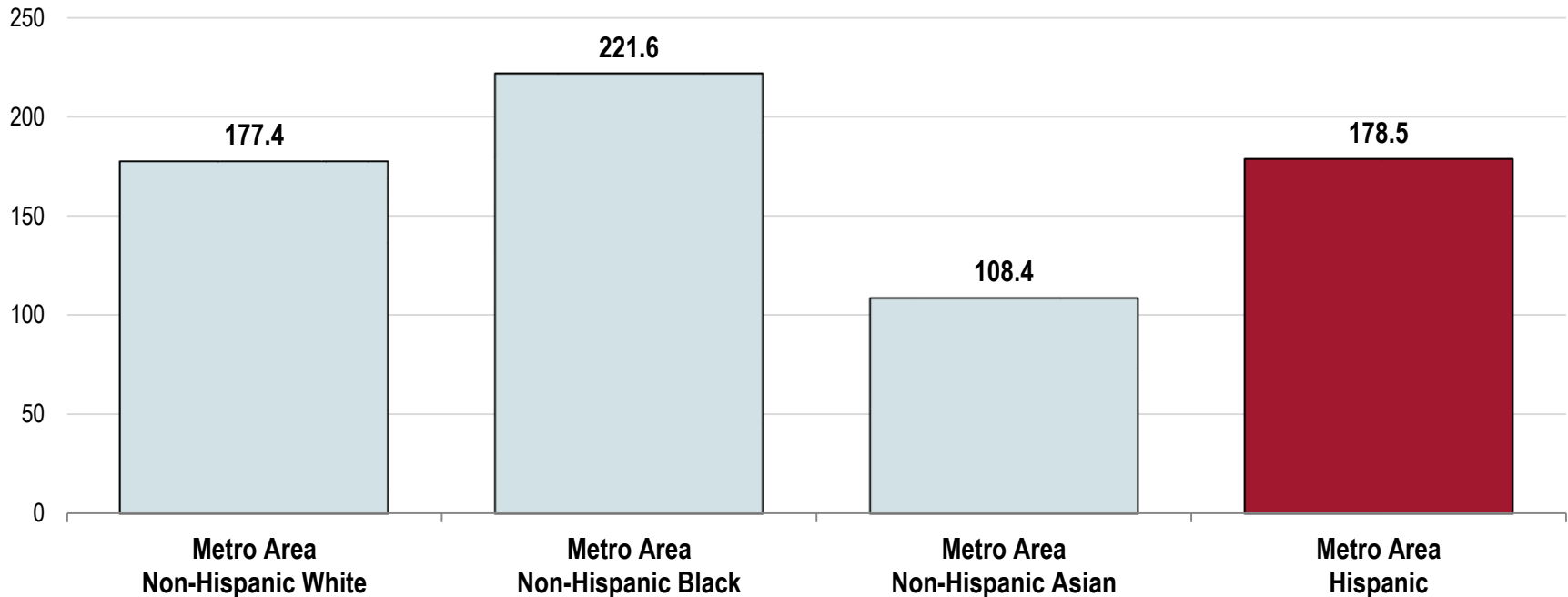
Cancer

Professional Research Consultants, Inc.

Cancer: Age-Adjusted Mortality
(2011-2013 Annual Average Deaths per 100,000 Population)
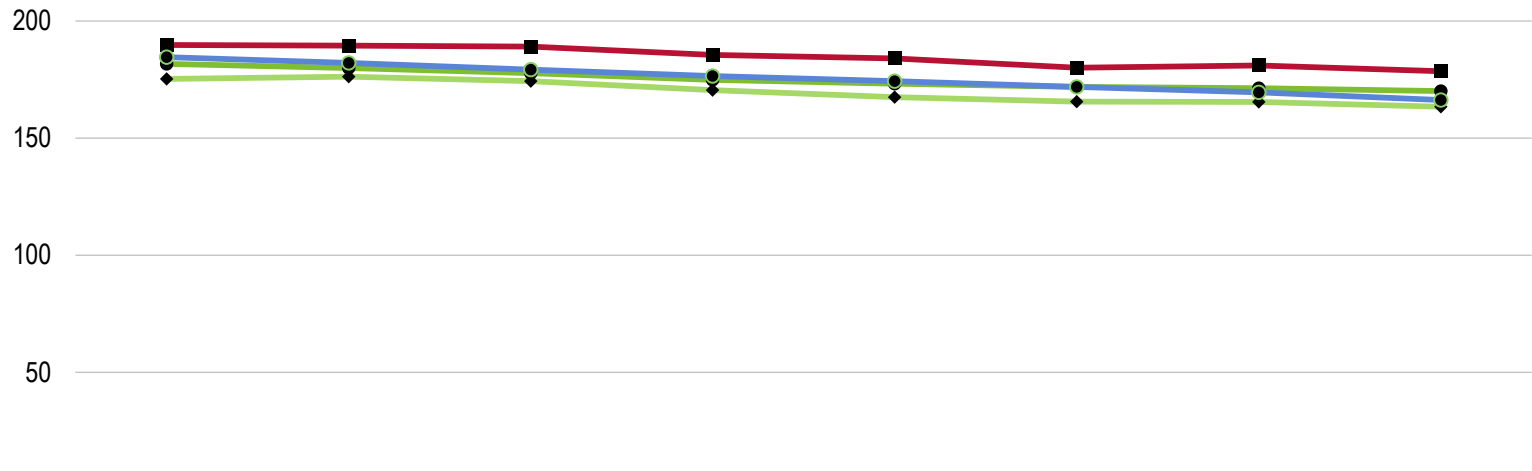### Healthy People 2020 Target = 161.4 or Lower

	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	NE	IA	US
Rate	180.5	167.6	176.4	184.2	178.5	163.4	170.0	166.2

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective C-1]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.

Cancer: Age-Adjusted Mortality by Race
(2011-2013 Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 161.4 or Lower

	Metro Area Non-Hispanic White	Metro Area Non-Hispanic Black	Metro Area Non-Hispanic Asian	Metro Area Hispanic
	177.4	221.6	108.4	178.5

Sources: ● CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.

● US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective C-1]

Notes: ● Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).

● Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.

Cancer: Age-Adjusted Mortality Trends
(Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 161.4 or Lower

	2004-2006	2005-2007	2006-2008	2007-2009	2008-2010	2009-2011	2010-2012	2011-2013
Metro Area	189.6	189.4	189.1	185.5	183.9	179.9	180.9	178.5
Nebraska	175.3	176.2	174.3	170.5	167.4	165.5	165.4	163.4
Iowa	181.6	179.8	177.6	174.8	173.1	171.8	171.2	170.0
United States	184.6	182.1	179.2	176.4	174.2	171.8	169.4	166.2

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective C-1]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
- State and national data are simple three-year averages.

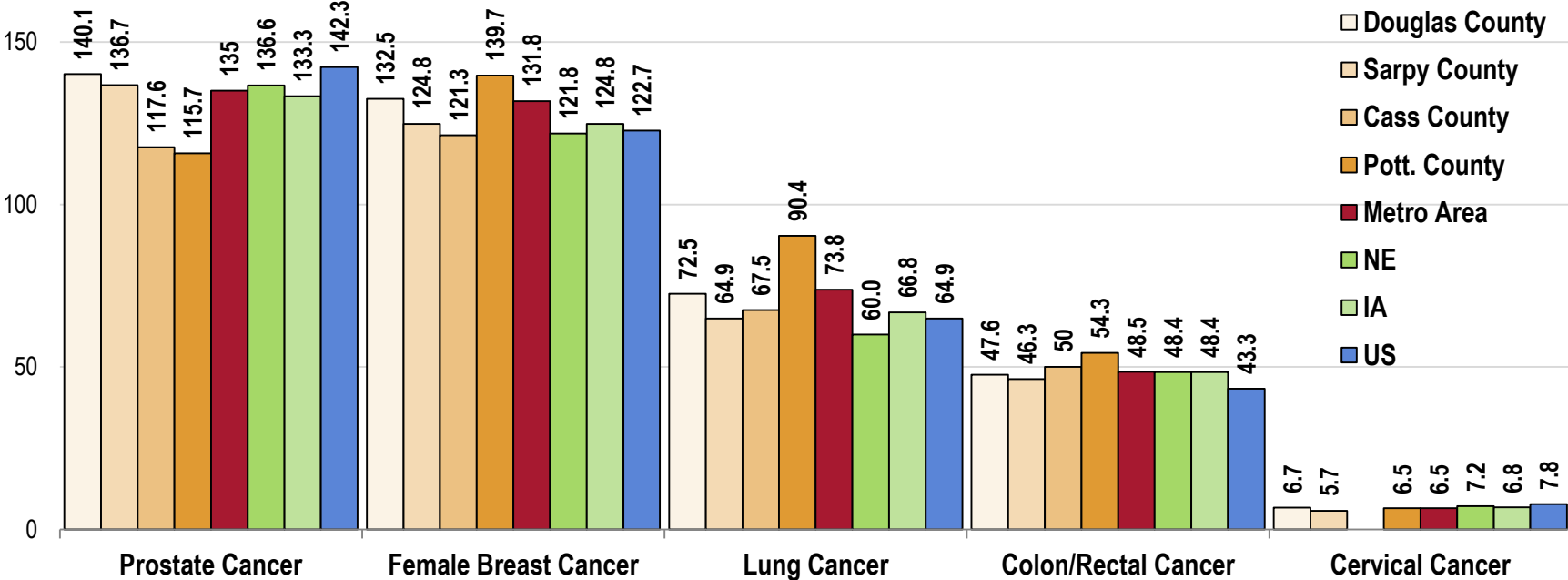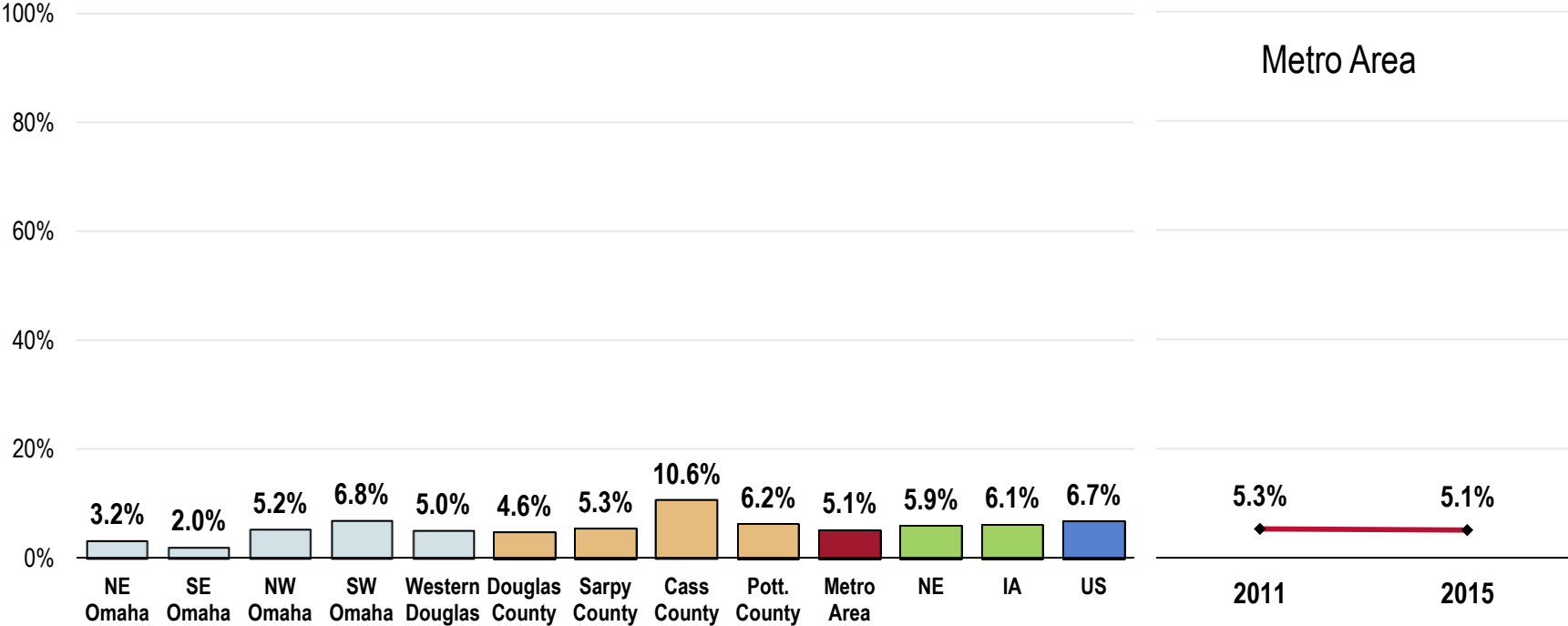# Age-Adjusted Cancer Death Rates by Site
(2011-2013 Annual Average Deaths per 100,000 Population)

	Metro Area	NE	IA	US	HP2020
Lung Cancer	51.4	42.7	46.6	44.7	45.5
Prostate Cancer	22.3	21.6	20.0	19.8	21.8
Female Breast Cancer	21.9	20.2	19.6	21.3	20.7
Colorectal Cancer	16.7	16.0	16.3	14.9	14.5

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov

Cancer Incidence Rates by Site
(Annual Average Age-Adjusted Incidence per 100,000 Population, 2007-2011)

Legend:
- Douglas County
- Sarpy County
- Cass County
- Pott. County
- Metro Area
- NE
- IA
- US

Prostate Cancer: 140.1, 136.7, 117.6, 115.7, 135, 136.6, 133.3, 142.3

Female Breast Cancer: 132.5, 124.8, 121.3, 139.7, 131.8, 121.8, 124.8, 122.7

Lung Cancer: 72.5, 64.9, 67.5, 90.4, 73.8, 60.0, 66.8, 64.9

Colon/Rectal Cancer: 47.6, 46.3, 50, 54.3, 48.5, 48.4, 48.4, 43.3

Cervical Cancer: 6.7, 5.7, 6.5, 6.5, 7.2, 6.8, 7.8

Sources:
- State Cancer Profiles: 2007-11.
- Retrieved August 2015 from Community Commons at http://www.chna.org.

Notes:
- This indicator reports the age adjusted incidence rate (cases per 100,000 population per year) of cancers, adjusted to 2000 US standard population age groups (under age 1, 1-4, 5-9, ..., 80-84, 85 and older). This indicator is relevant because cancer is a leading cause of death and it is important to identify cancers separately to better target interventions.
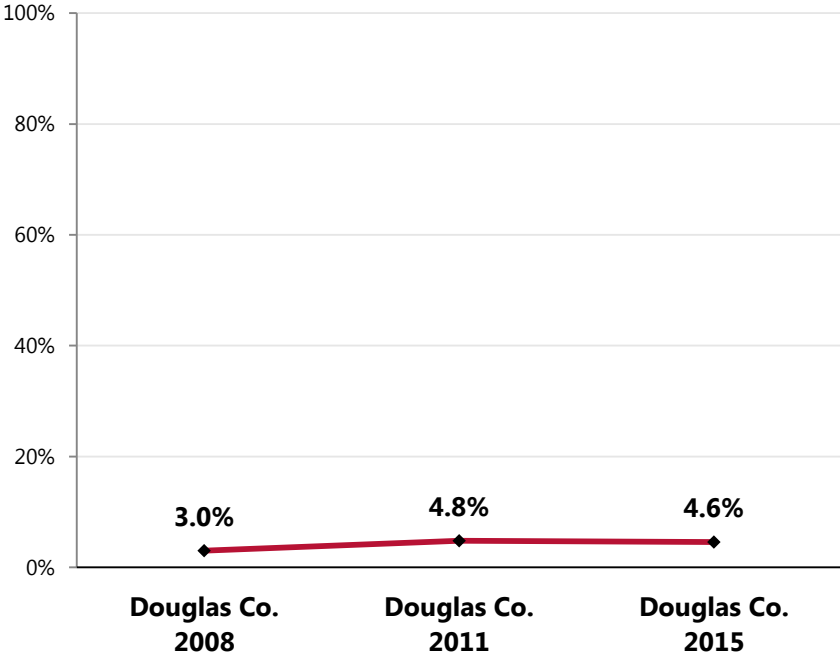
Prevalence of Skin Cancer

Metro Area

	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	NE	IA	US	2011	2015
	3.2%	2.0%	5.2%	6.8%	5.0%	4.6%	5.3%	10.6%	6.2%	5.1%	5.9%	6.1%	6.7%	5.3%	5.1%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 31]
● Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Nebraska. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): 2013 Nebraska and Iowa data.
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.

Notes: ● Asked of all respondents.

Prevalence of Skin Cancer

Douglas Co. 2008: 3.0%
Douglas Co. 2011: 4.8%
Douglas Co. 2015: 4.6%

Sarpy/Cass Cos. 2008: 4.8%
Sarpy/Cass Cos. 2011: 6.4%
Sarpy/Cass Cos. 2015: 6.0%
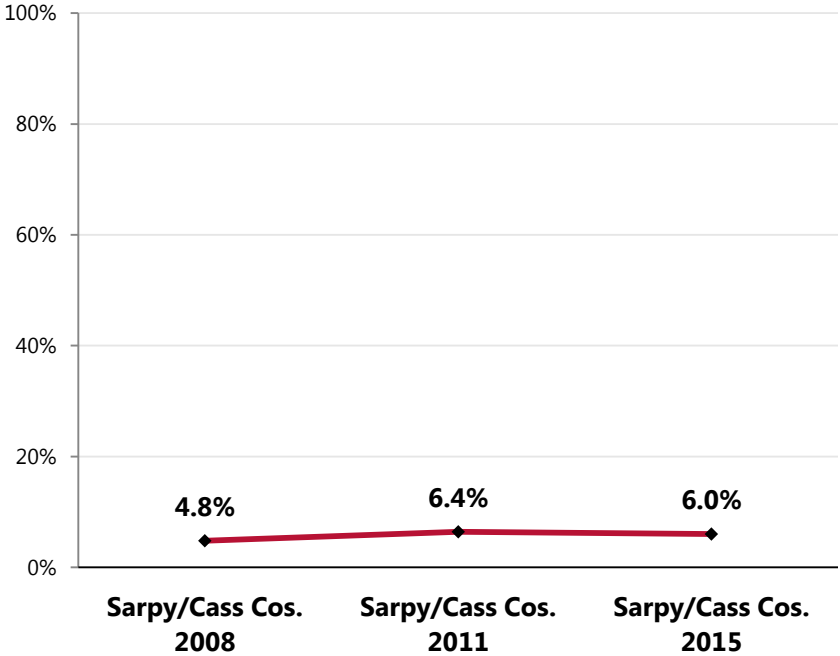
Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 31]
Notes: ● Asked of all respondents.

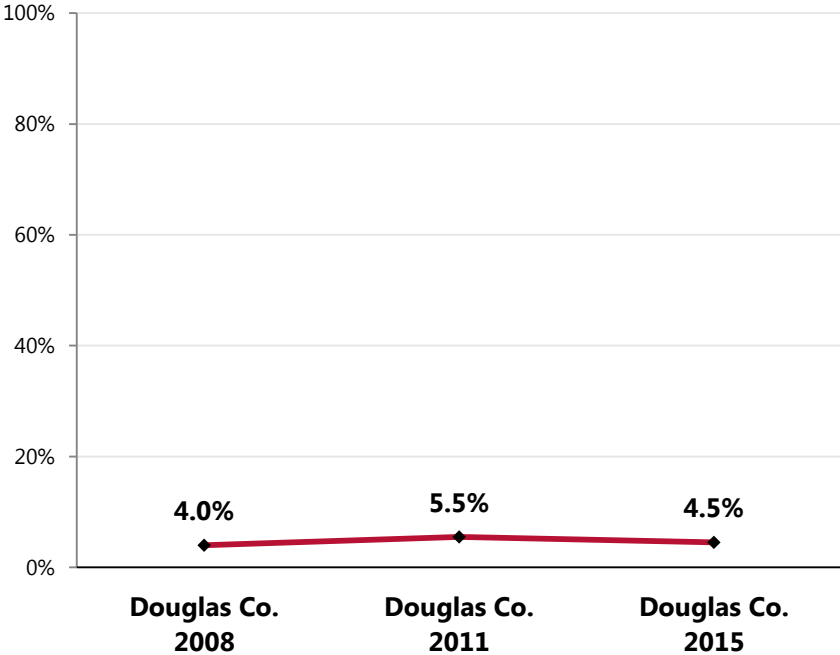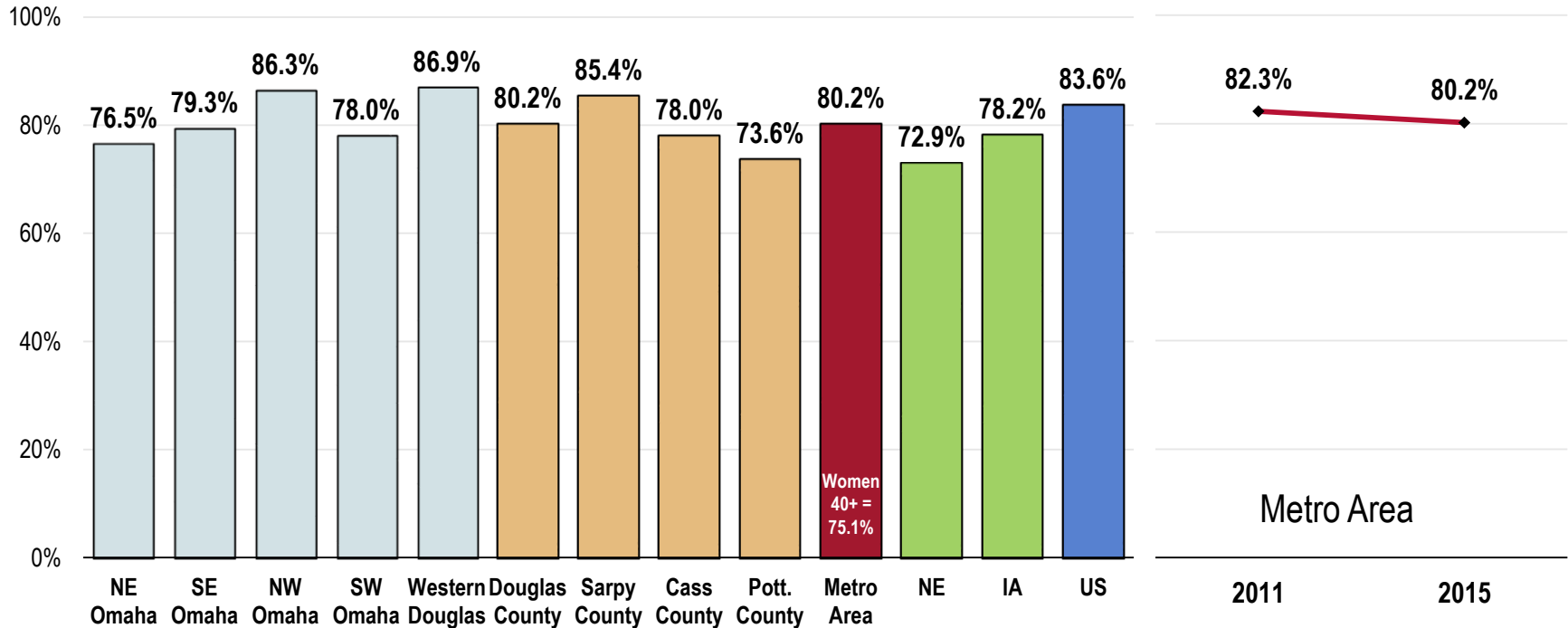# Prevalence of Cancer (Other Than Skin Cancer)

Metro Area

													2011	2015
6.2%	3.3%	2.9%	4.9%	6.7%	4.5%	5.5%	8.5%	8.0%	5.2%	6.8%	7.1%	6.1%	5.8%	5.2%
NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	NE	IA	US		
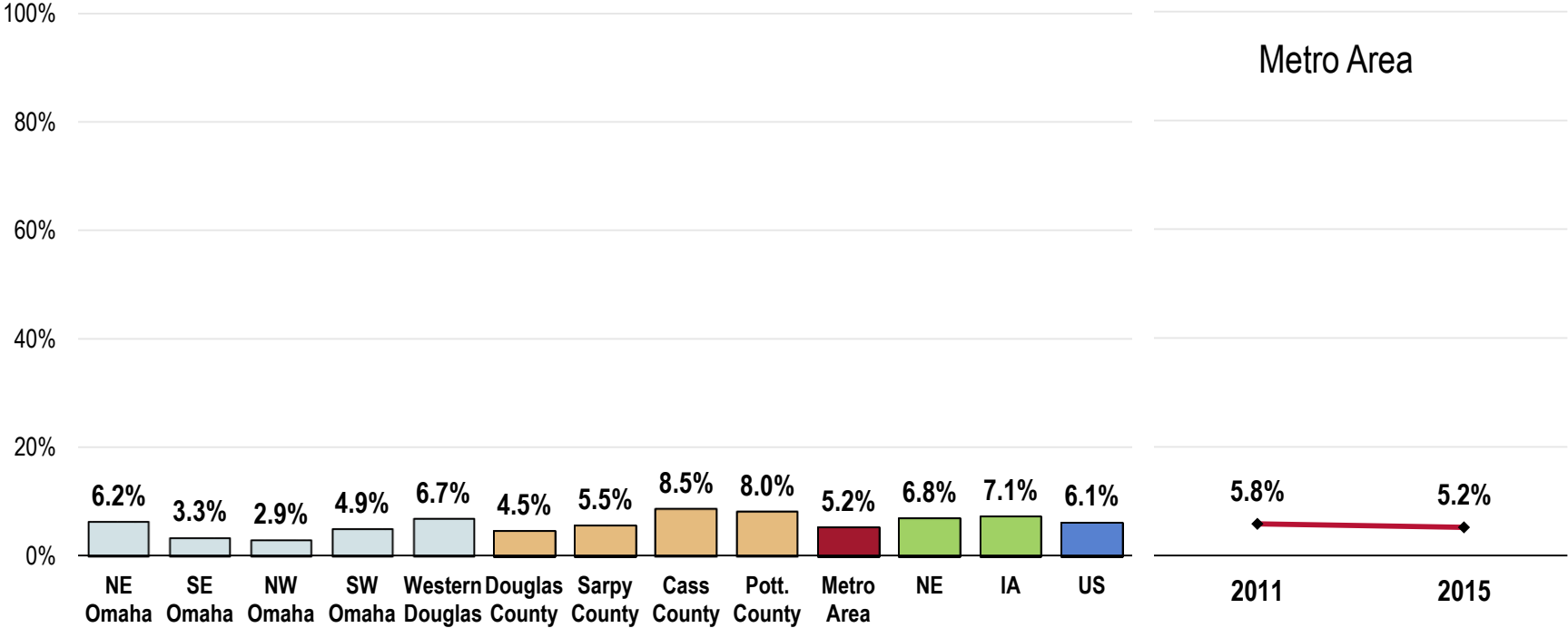
Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 30]
● Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Nebraska. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): 2013 Nebraska and Iowa data.
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.

Notes: ● Asked of all respondents.

Prevalence of Cancer (Other Than Skin Cancer)

Left chart — Douglas Co.:
- Douglas Co. 2008: 4.0%
- Douglas Co. 2011: 5.5%
- Douglas Co. 2015: 4.5%

Right chart — Sarpy/Cass Cos.:
- Sarpy/Cass Cos. 2008: 4.1%
- Sarpy/Cass Cos. 2011: 6.2%
- Sarpy/Cass Cos. 2015: 5.9%
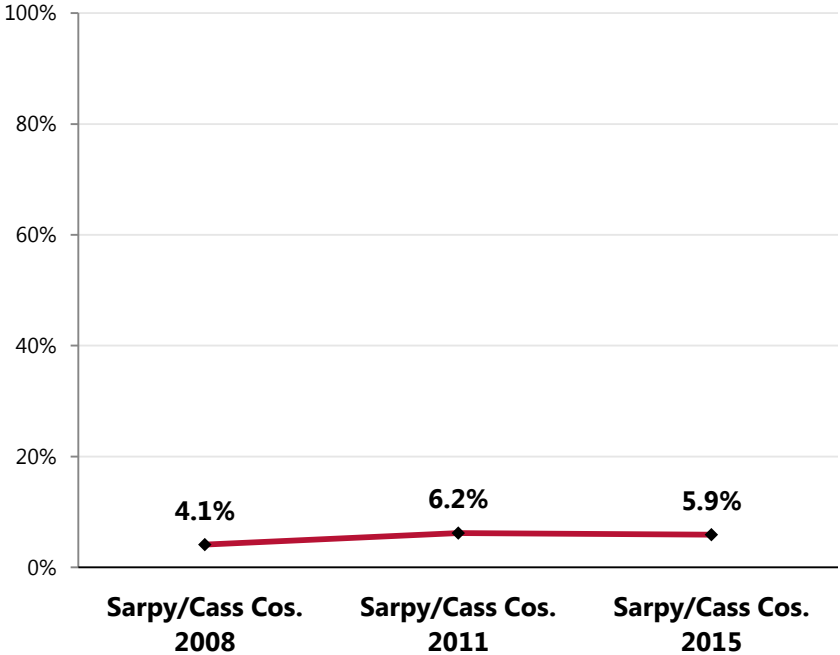
Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 30]
Notes: ● Asked of all respondents.

Have Had a Mammogram in the Past Two Years
(Among Women Age 50-74)
Healthy People 2020 Target = 81.1% or Higher

	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	NE	IA	US
	76.5%	79.3%	86.3%	78.0%	86.9%	80.2%	85.4%	78.0%	73.6%	80.2%	72.9%	78.2%	83.6%

Women 40+ = 75.1% (Metro Area bar)

Metro Area: 82.3% (2011), 80.2% (2015)

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Items 128-129]
● Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Nebraska. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): 2012 Nebraska and Iowa data.
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
● US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective C-17]
Notes: ● Reflects female respondents 50-74.
● *Note that state data reflects all women 50 and older (vs. women 50-74 in local, US and Healthy People data).

Have Had a Mammogram in the Past Two Years
(Among Women Age 50-74)
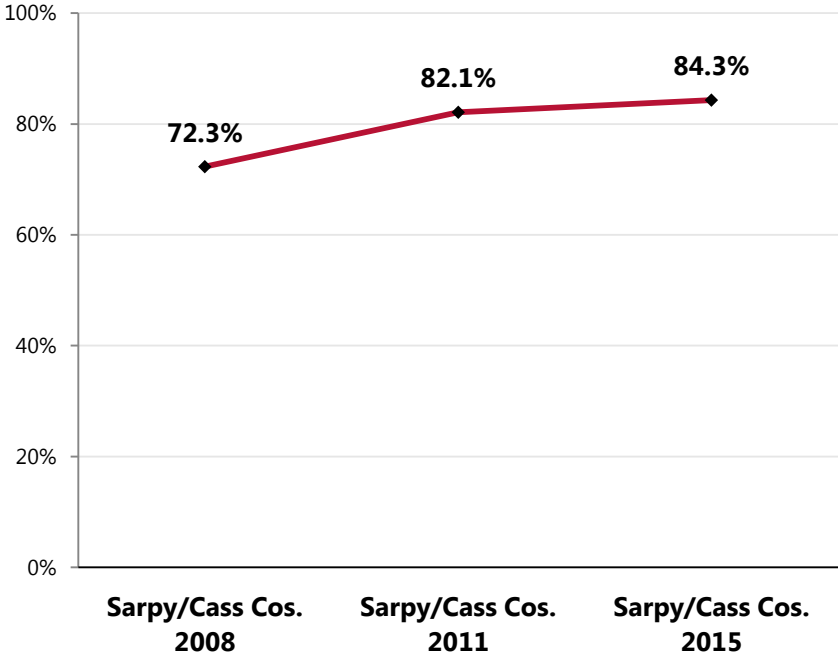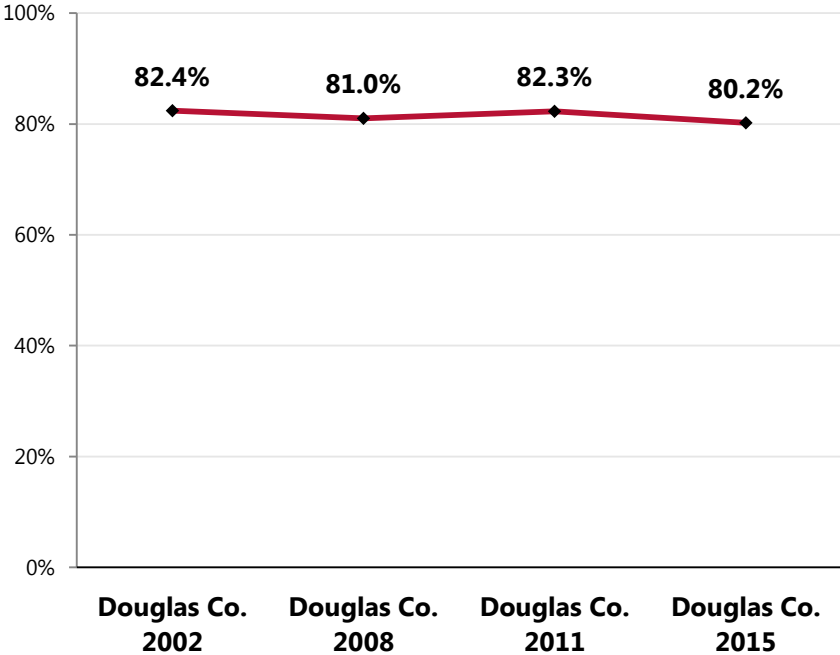
Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Items 128-129]
Notes: ● Reflects female respondents 50-74.

Have Had a Pap Smear in the Past Three Years
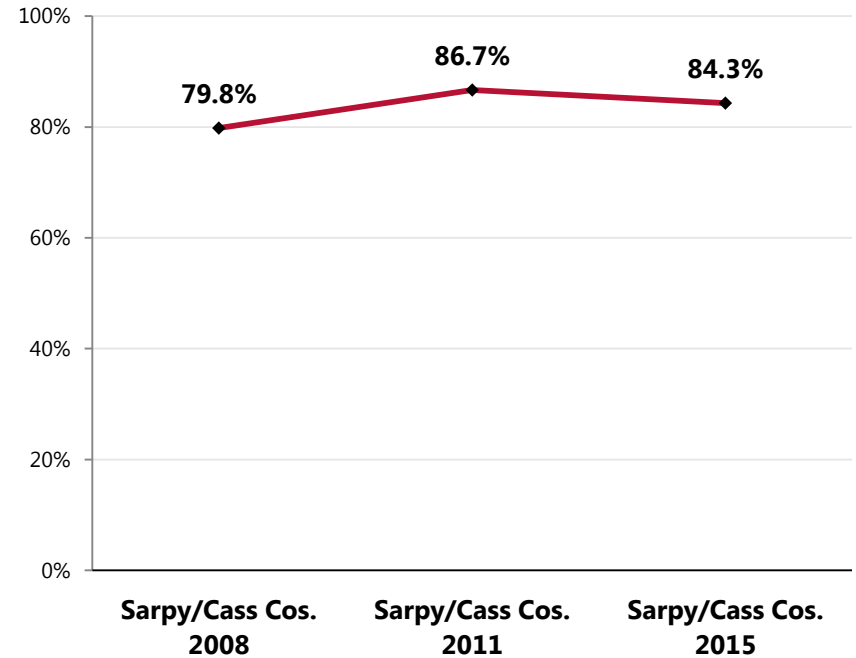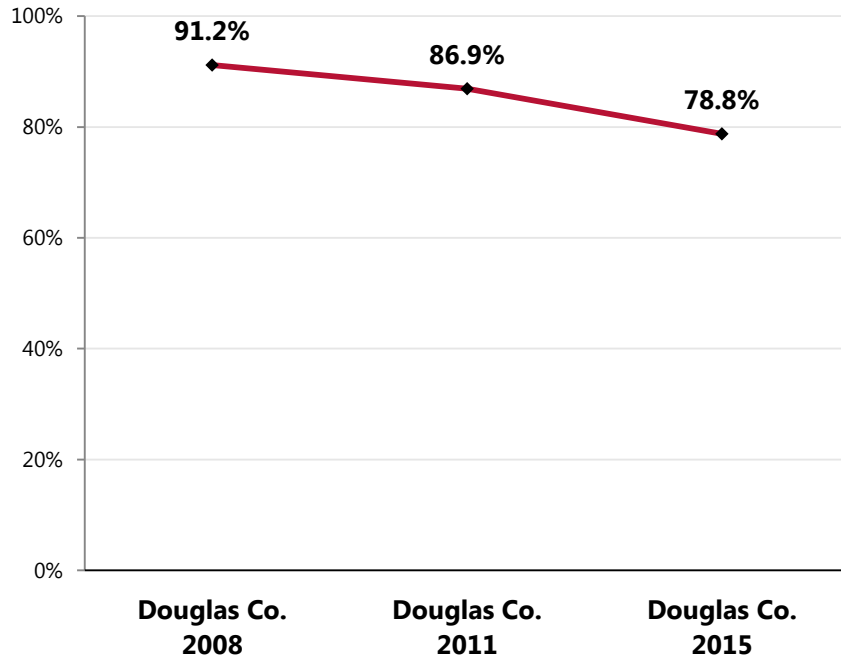## (Among Women Age 21-65)
Healthy People 2020 Target = 93.0% or Higher
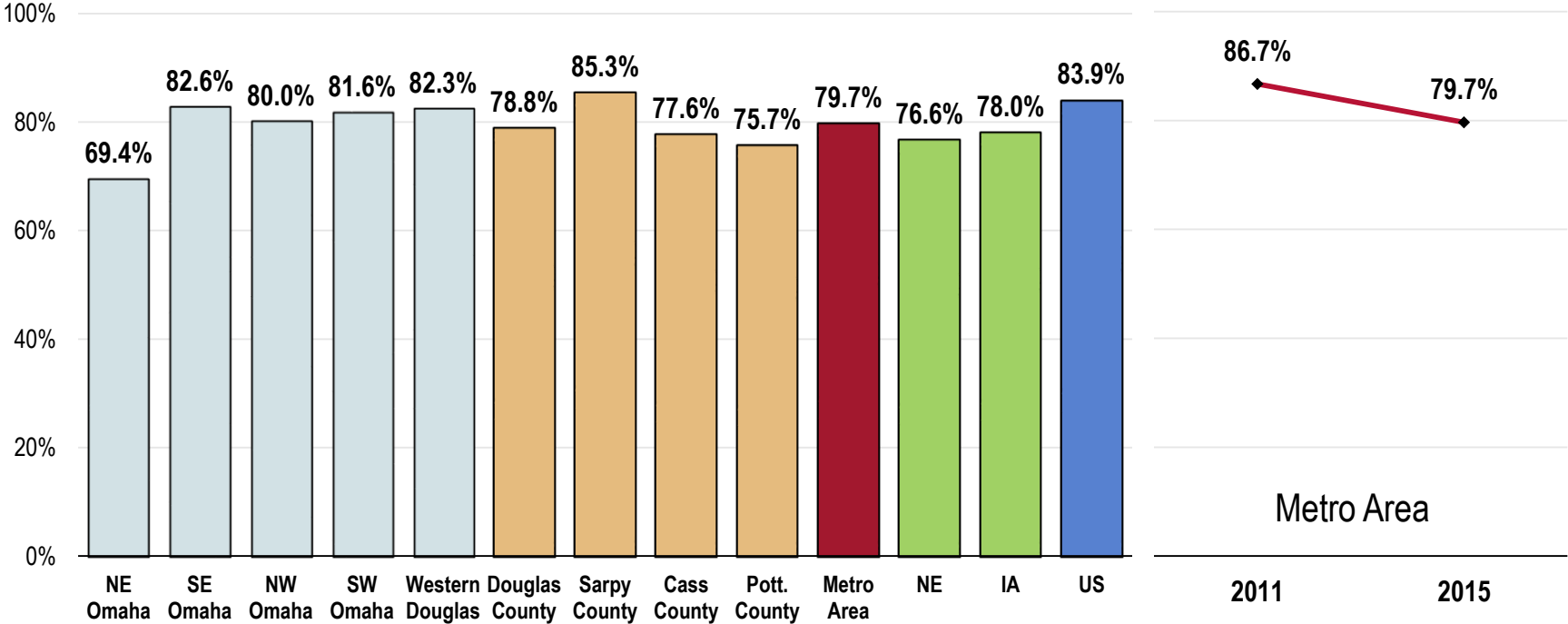
Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 130]
● Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Nebraska. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): 2012 Nebraska and Iowa data.
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
● US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective C-15]
Notes: ● Reflects female respondents age 21 to 65.
● *Note that the Nebraska percentage represents all women age 18 and older.

Have Had a Pap Smear in the Past Three Years
(Among Women Age 21-65)

Douglas Co. 2008: 91.2%
Douglas Co. 2011: 86.9%
Douglas Co. 2015: 78.8%

Sarpy/Cass Cos. 2008: 79.8%
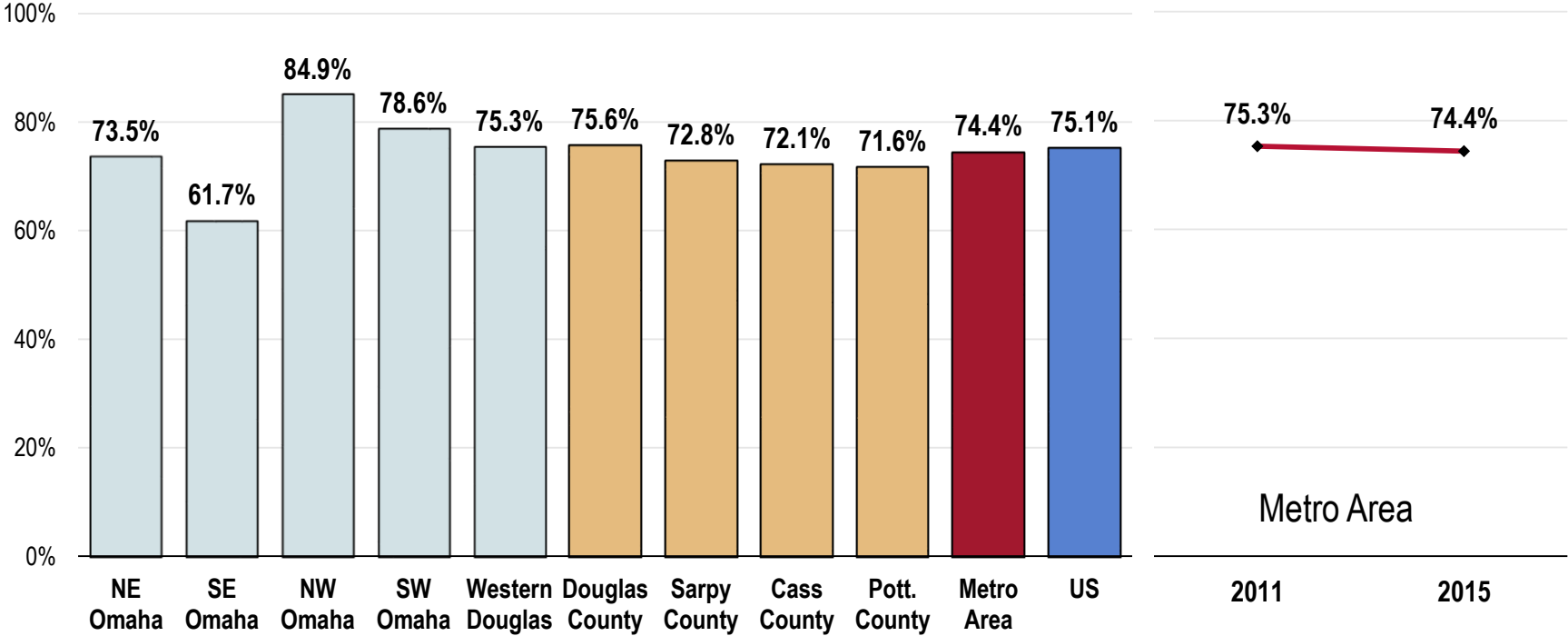Sarpy/Cass Cos. 2011: 86.7%
Sarpy/Cass Cos. 2015: 84.3%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 130]
Notes: ● Reflects female respondents age 21 to 65.

Have Had a Colorectal Cancer Screening
## (Among Adults Age 50-75)
Healthy People 2020 Target = 70.5% or Higher

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 133]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
● US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective C-16]
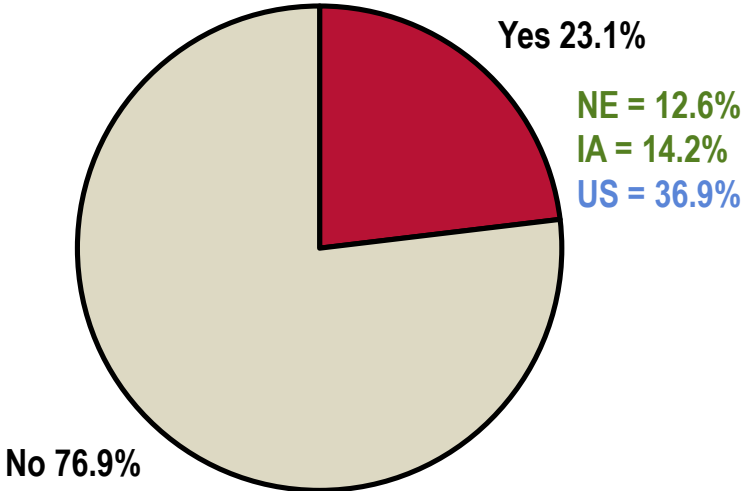Notes: ● Asked of all respondents age 50 through 75.
● In this case, the term "colorectal screening" refers to adults age 50-75 receiving a FOBT (fecal occult blood test) in the past year and/or a lower endoscopy (sigmoidoscopy/colonoscopy) in the past 10 years.

Colorectal Cancer Screenings
(Among Metro Area Adults Age 50 and Older, 2015)

Yes 77.6%

NE = 64.5%
IA = 69.3%
US = 75.2%

No 22.4%
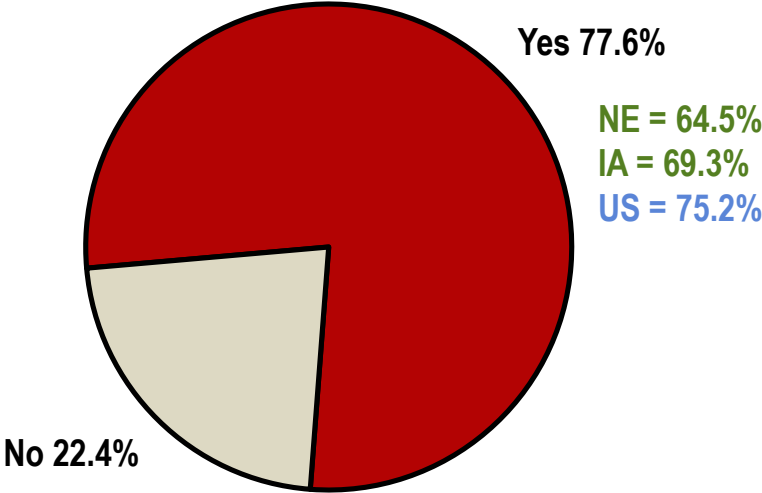
Ever Had Lower Endoscopy

Yes 23.1%

NE = 12.6%
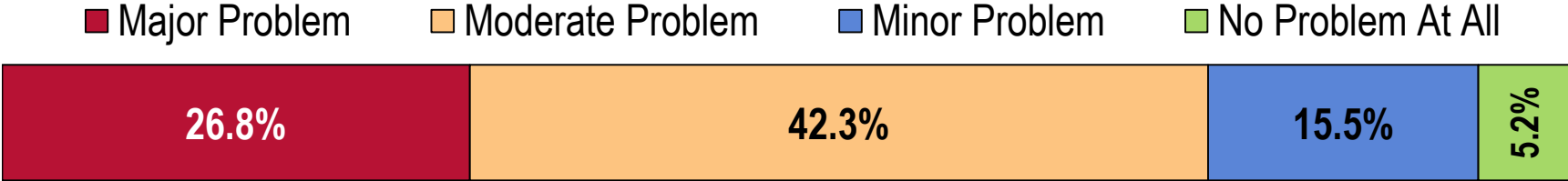**IA = 14.2%**
US = 36.9%

No 76.9%

Blood Stool Test in Past 2 Years

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Items 131-132]
● Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Nebraska. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): 2012 Nebraska and Iowa data.
Notes: ● Asked of respondents age 50 and older.
● Lower endoscopy includes either sigmoidoscopy or colonoscopy.

Perceptions of Cancer
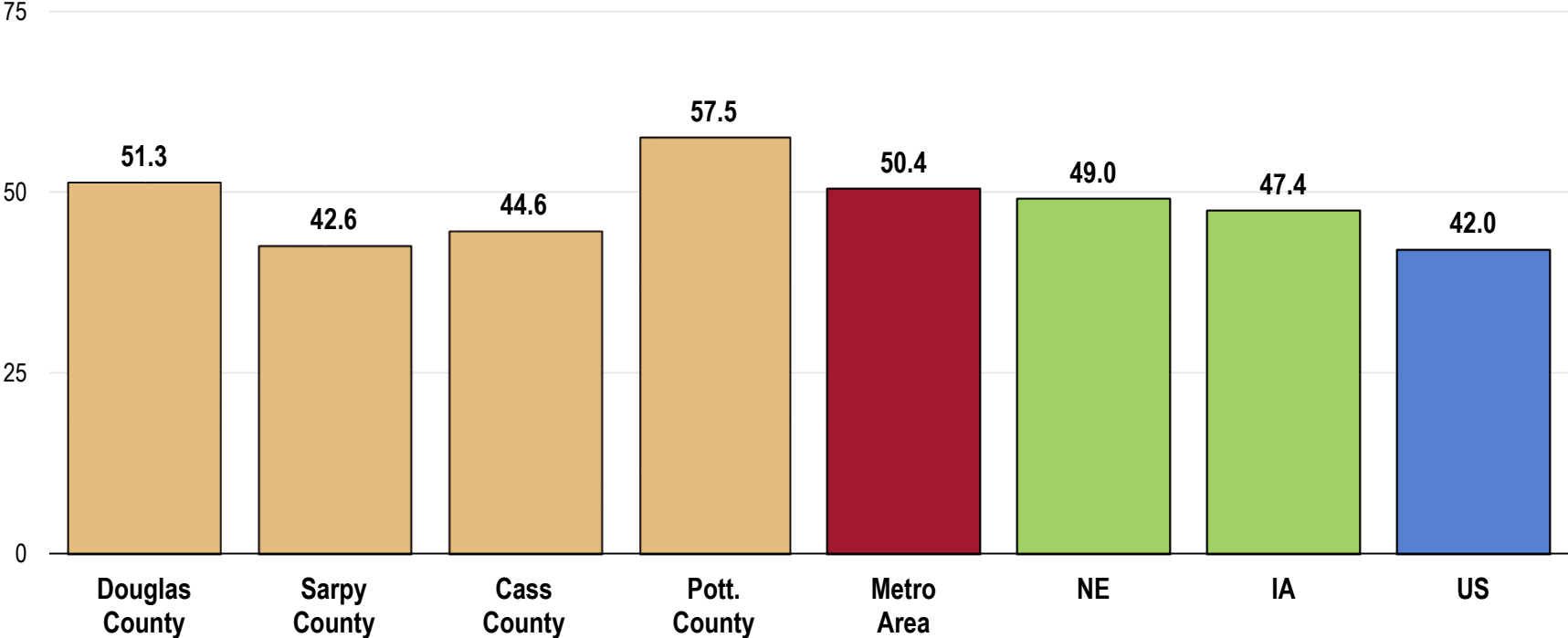# as a Problem in the Community
(Key Informants, 2015)

■ Major Problem   ■ Moderate Problem   ■ Minor Problem   ■ No Problem At All

| 26.8% | 42.3% | 15.5% | 5.2% |

Sources: ● PRC Key Informant Focus Groups, August 2015.

Respiratory Disease

Professional Research Consultants, Inc.

CLRD: Age-Adjusted Mortality
(2011-2013 Annual Average Deaths per 100,000 Population)

Sources: ● CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
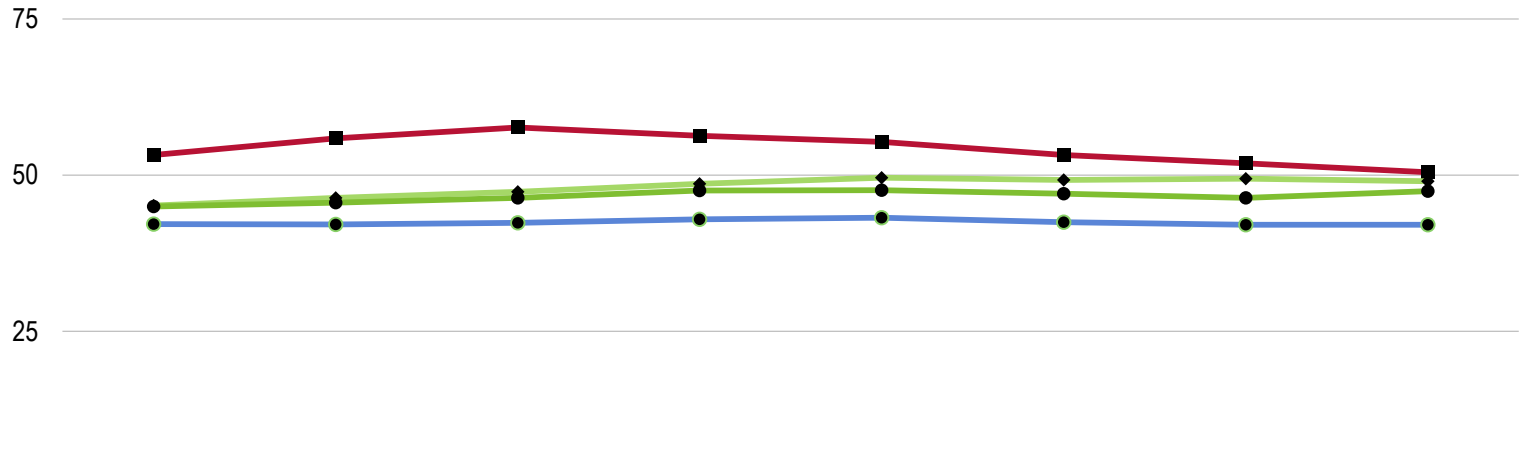
Notes: ● Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
● Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
● CLRD is chronic lower respiratory disease.

CLRD: Age-Adjusted Mortality by Race
(2011-2013 Annual Average Deaths per 100,000 Population)

Sources: ● CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.

Notes: ● Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
● Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
● CLRD is chronic lower respiratory disease.

CLRD: Age-Adjusted Mortality Trends
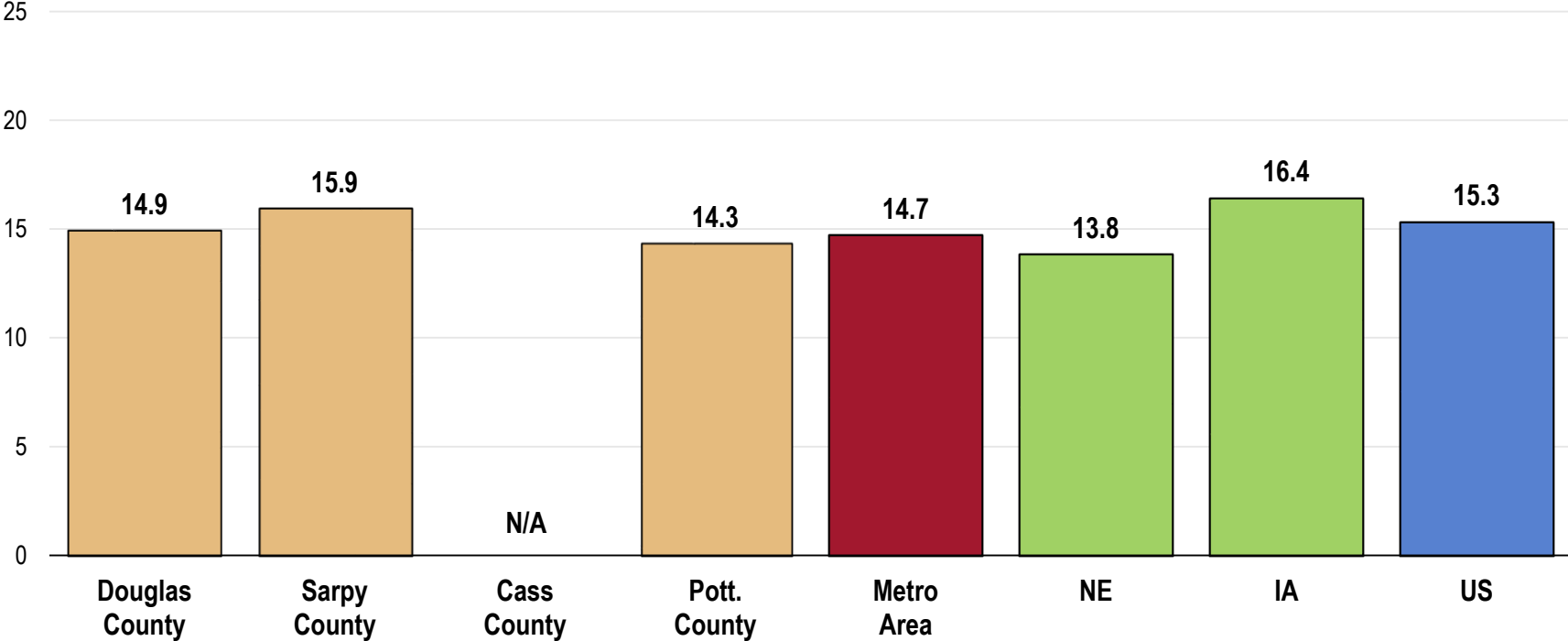## (Annual Average Deaths per 100,000 Population)

	2004-2006	2005-2007	2006-2008	2007-2009	2008-2010	2009-2011	2010-2012	2011-2013
Metro Area	53.2	55.9	57.6	56.3	55.3	53.2	51.9	50.4
Nebraska	45.1	46.3	47.3	48.6	49.6	49.2	49.4	49.0
Iowa	45.0	45.6	46.4	47.5	47.6	47.0	46.4	47.4
United States	42.2	42.1	42.4	42.9	43.2	42.5	42.1	42.0

Sources: ● CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.

Notes: ● Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
● Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
● CLRD is chronic lower respiratory disease.

Pneumonia/Influenza: Age-Adjusted Mortality
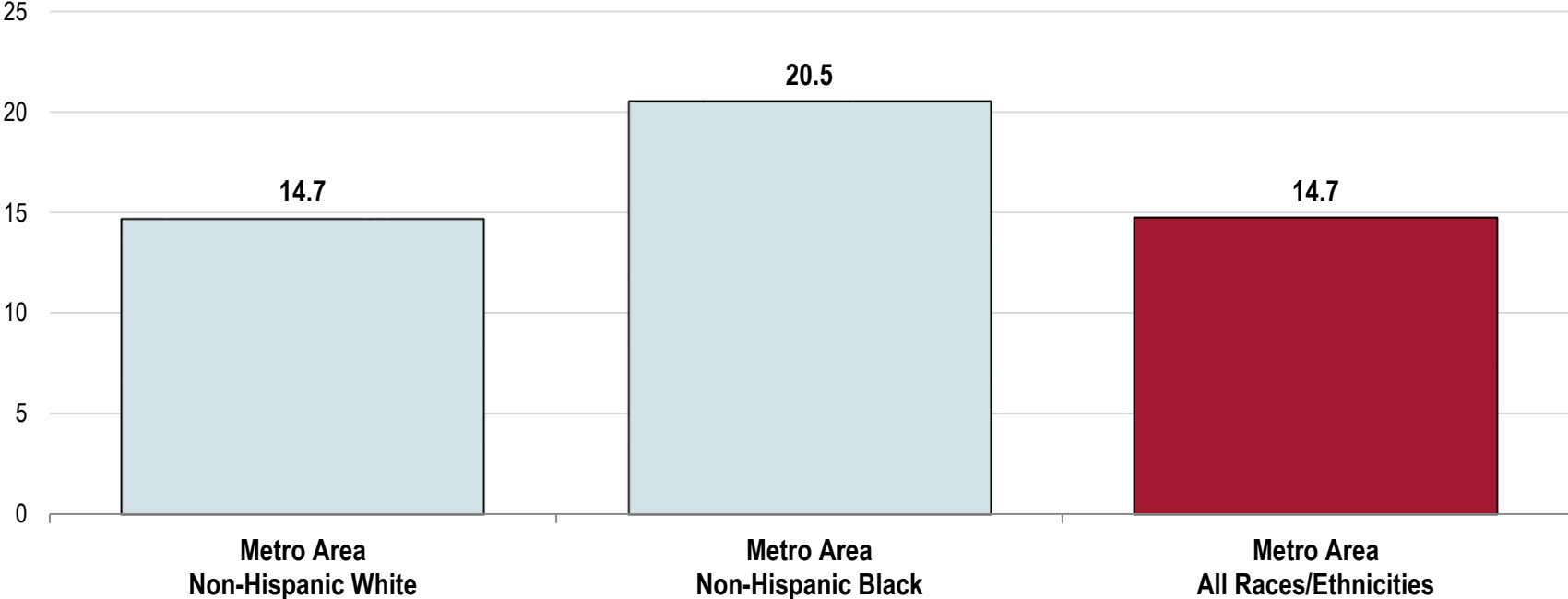## (2011-2013 Annual Average Deaths per 100,000 Population)

Sources: ● CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.

Notes: ● Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
● Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.

Pneumonia/Influenza: Age-Adjusted Mortality by Race
(2011-2013 Annual Average Deaths per 100,000 Population)

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
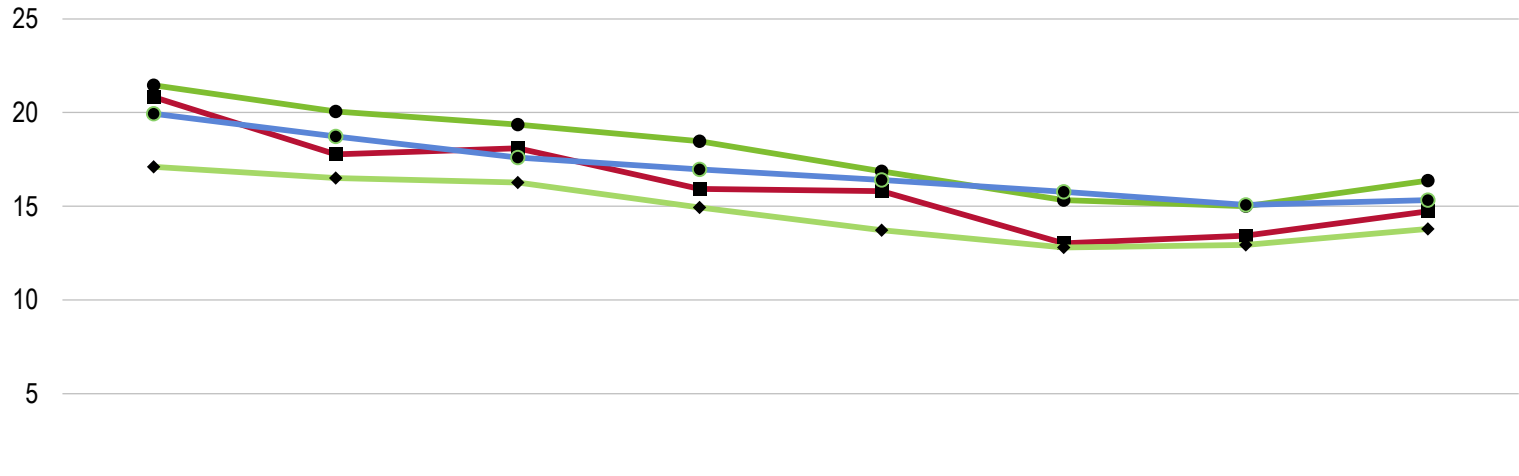- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
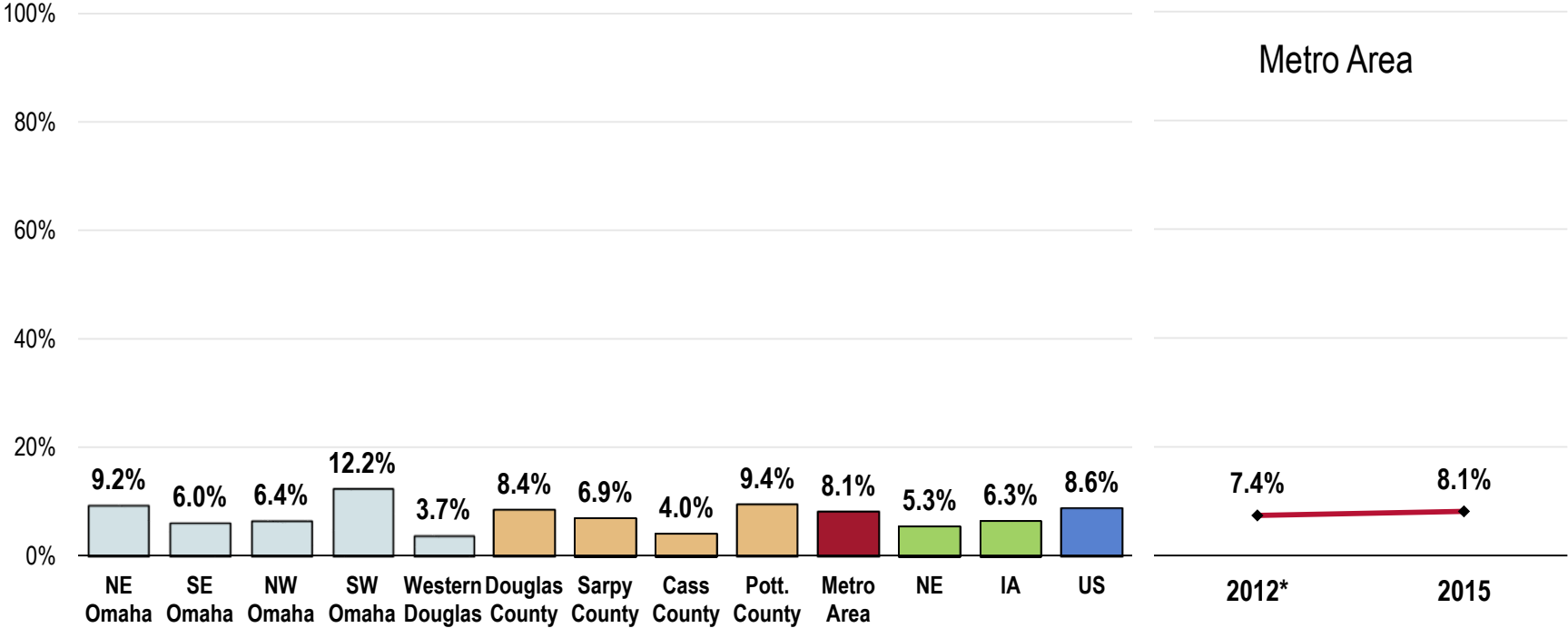
Pneumonia/Influenza: Age-Adjusted Mortality Trends
(Annual Average Deaths per 100,000 Population)

	2004-2006	2005-2007	2006-2008	2007-2009	2008-2010	2009-2011	2010-2012	2011-2013
Metro Area	20.8	17.8	18.1	15.9	15.8	13.0	13.4	14.7
Nebraska	17.1	16.5	16.3	14.9	13.7	12.8	12.9	13.8
Iowa	21.5	20.1	19.4	18.5	16.9	15.3	15.0	16.4
United States	19.9	18.7	17.6	17.0	16.4	15.8	15.1	15.3

Sources: ● CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.

Notes: ● Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
● Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
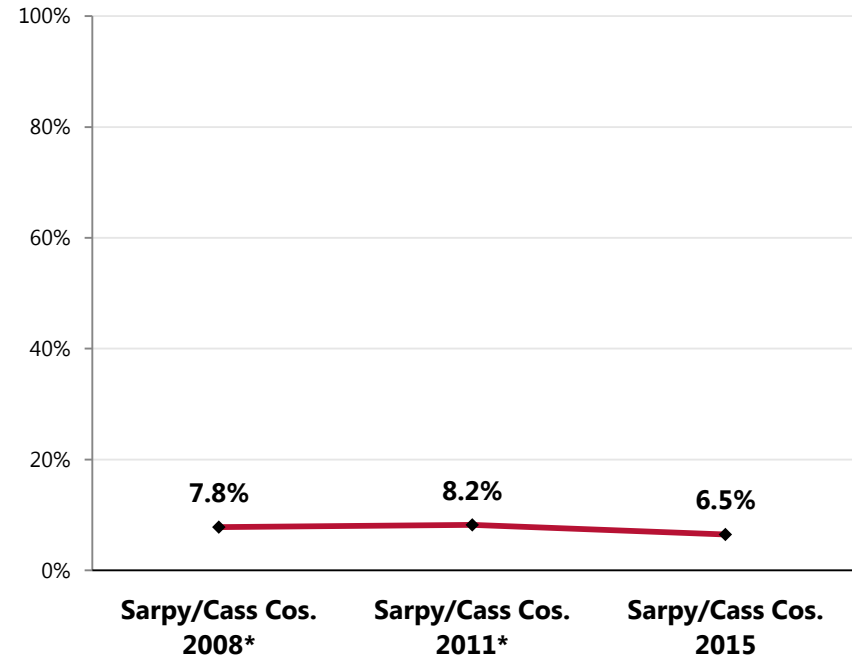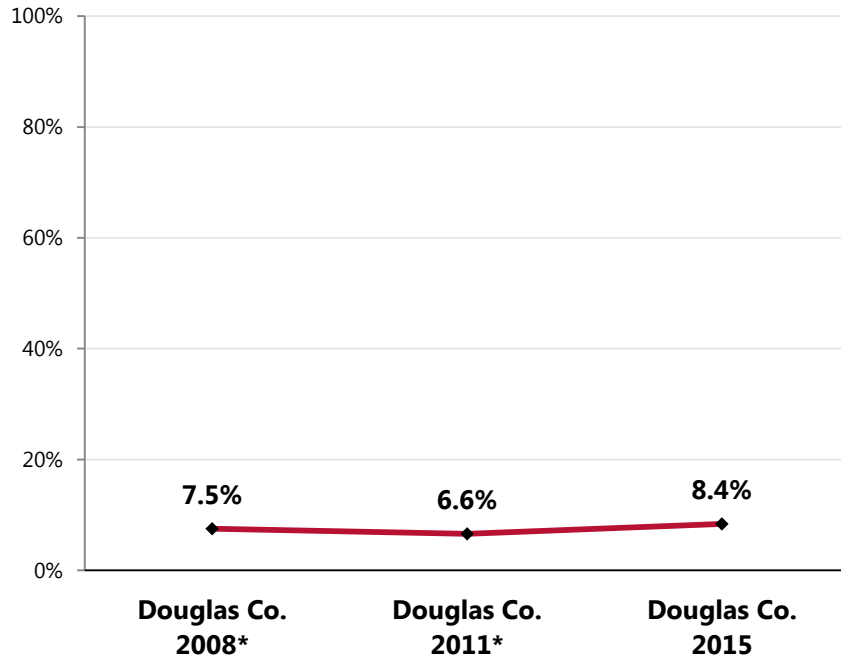● State and national data are simple three-year averages.

Prevalence of
Chronic Obstructive Pulmonary Disease (COPD)

Metro Area

Category	Value
NE Omaha	9.2%
SE Omaha	6.0%
NW Omaha	6.4%
SW Omaha	12.2%
Western Douglas	3.7%
Douglas County	8.4%
Sarpy County	6.9%
Cass County	4.0%
Pott. County	9.4%
Metro Area	8.1%
NE	5.3%
IA	6.3%
US	8.6%

Metro Area trend: 2012* 7.4% → 2015 8.1%

Sources:
- PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 25]
- Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Nebraska. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): 2013 Nebraska and Iowa data.
- 2013 PRC National Health Survey, Professional Research Consultants, Inc.

Notes:
- Asked of all respondents.
- Includes those having ever suffered from or been diagnosed with COPD or chronic obstructive pulmonary disease, including bronchitis or emphysema.
- *In prior data, the term "chronic lung disease" was used, which also included bronchitis or emphysema.

Prevalence of
Chronic Obstructive Pulmonary Disease (COPD)

Douglas Co. 2008*: 7.5%
Douglas Co. 2011*: 6.6%
Douglas Co. 2015: 8.4%

Sarpy/Cass Cos. 2008*: 7.8%
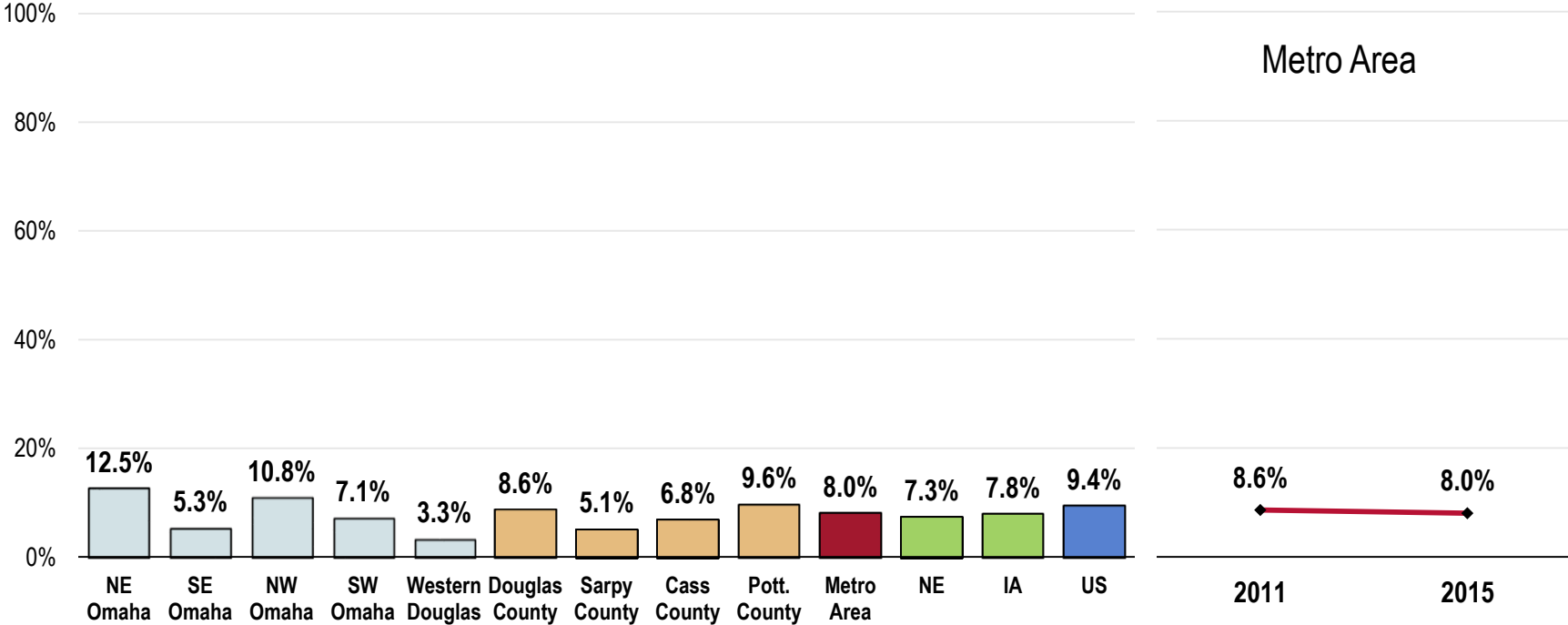Sarpy/Cass Cos. 2011*: 8.2%
Sarpy/Cass Cos. 2015: 6.5%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 25]
Notes: ● Asked of all respondents.
   ● Includes those having ever suffered from or been diagnosed with COPD or chronic obstructive pulmonary disease, including bronchitis or emphysema.
   ● *In prior data, the term "chronic lung disease" was used, which also included bronchitis or emphysema.
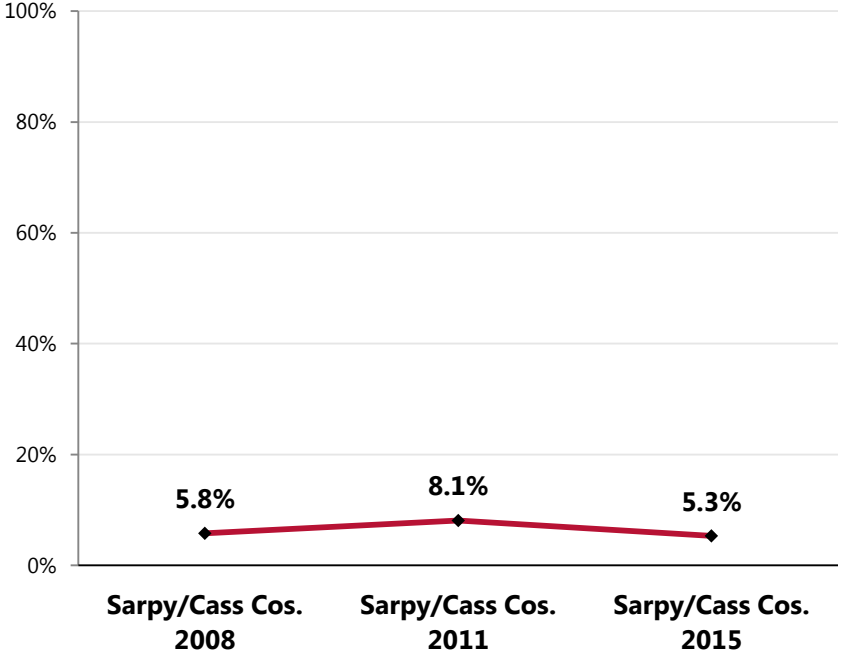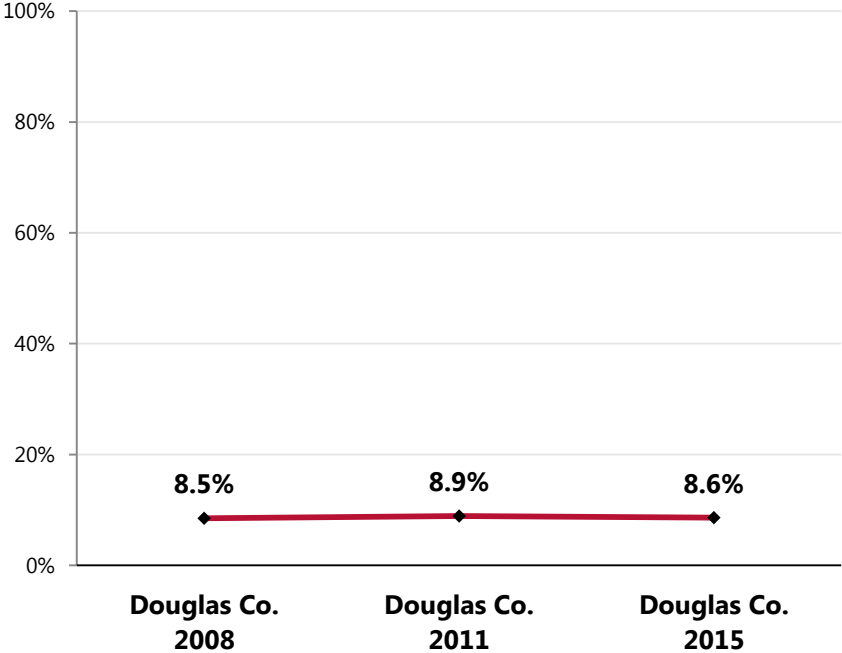
Adult Asthma: Current Prevalence

Sources:
- PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 310]
- 2013 PRC National Health Survey, Professional Research Consultants, Inc.
- Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Nebraska. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): 2013 Nebraska and Iowa data.

Notes:
- Asked of all respondents.
- Includes those who have ever been diagnosed with asthma, and who report that they still have asthma.

Adult Asthma: Current Prevalence

	Douglas Co. 2008	Douglas Co. 2011	Douglas Co. 2015
	8.5%	8.9%	8.6%

	Sarpy/Cass Cos. 2008	Sarpy/Cass Cos. 2011	Sarpy/Cass Cos. 2015
	5.8%	8.1%	5.3%

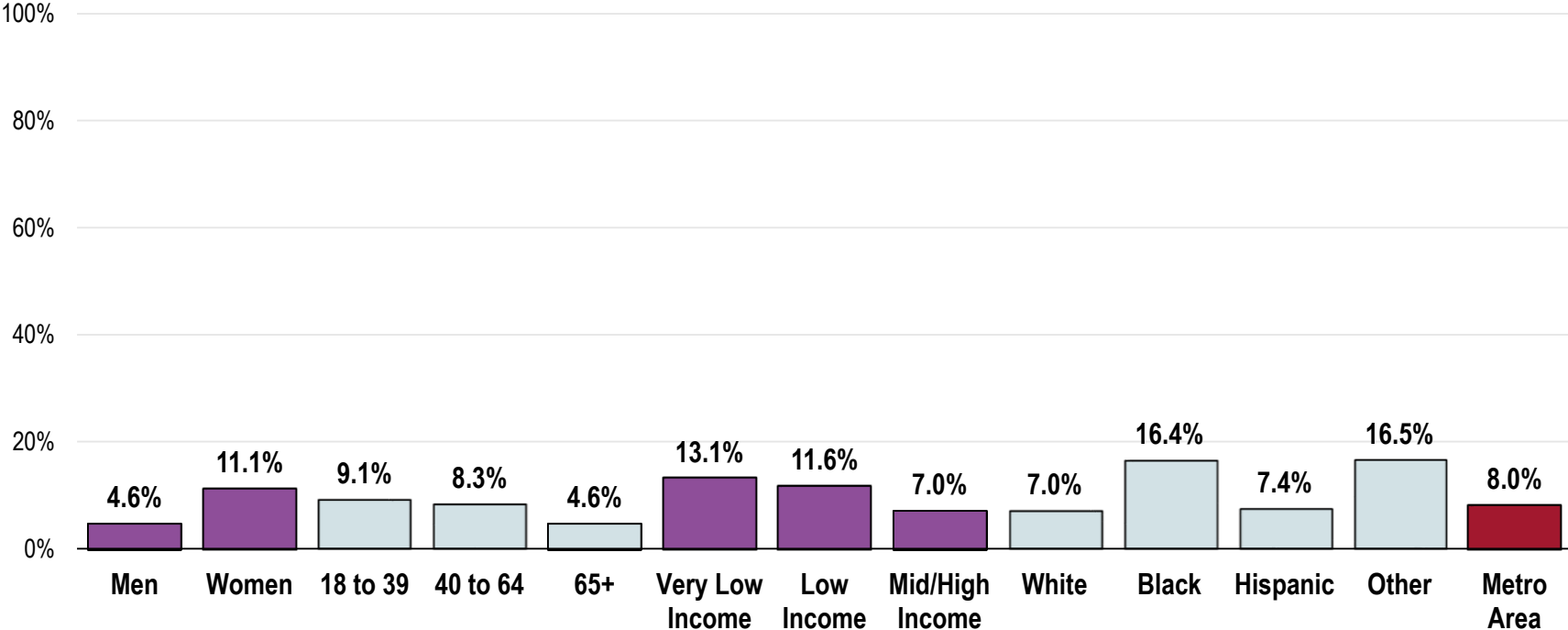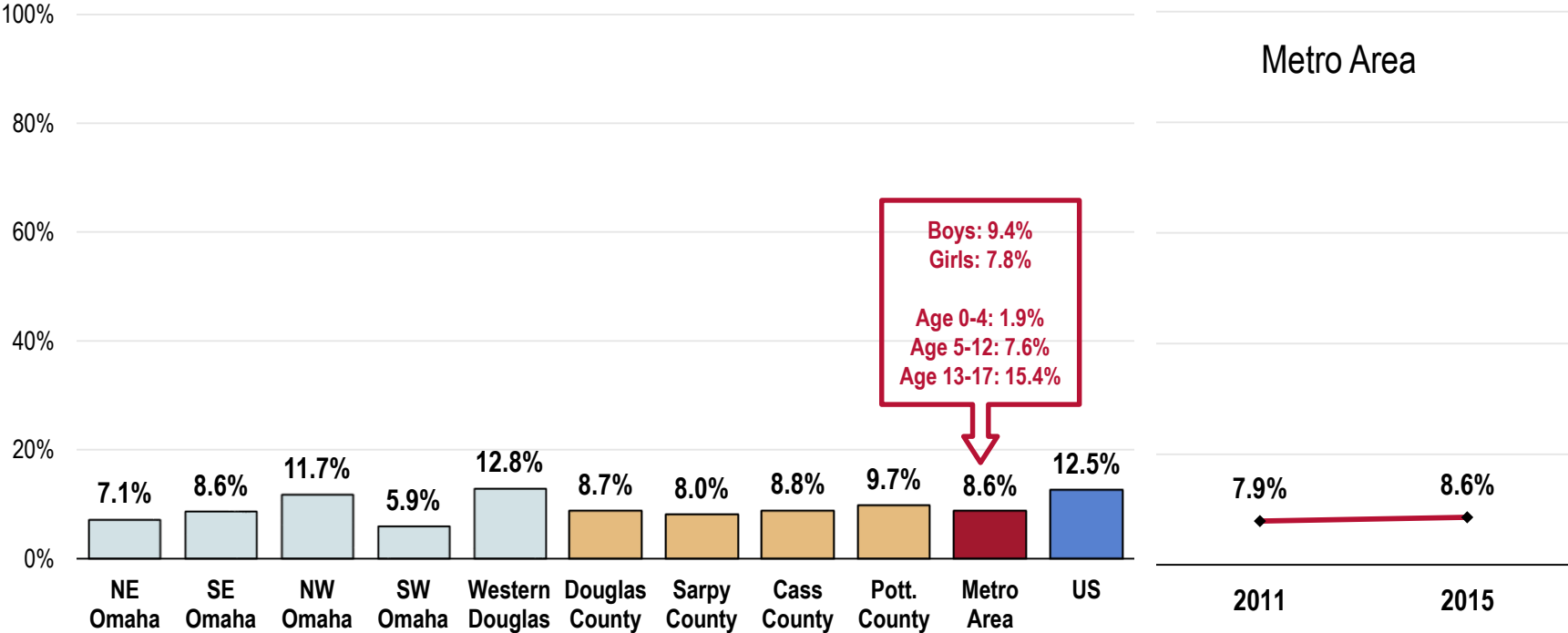Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 310]
Notes: ● Asked of all respondents.
● Includes those who have ever been diagnosed with asthma, and who report that they still have asthma.

Currently Have Asthma
(Metro Area, 2015)

Category	Percentage
Men	4.6%
Women	11.1%
18 to 39	9.1%
40 to 64	8.3%
65+	4.6%
Very Low Income	13.1%
Low Income	11.6%
Mid/High Income	7.0%
White	7.0%
Black	16.4%
Hispanic	7.4%
Other	16.5%
Metro Area	8.0%

Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 310]
Notes: ● Asked of all respondents.
● Hispanics can be of any race. Other race categories are non-Hispanic categorizations (e.g., "White" reflects non-Hispanic White respondents).
● Income categories reflect respondent's household income as a ratio to the federal poverty level (FPL) for their household size. "Very Low Income" includes households living with defined poverty status; "Low Income" includes households with incomes just above the FPL, earning up to twice the poverty threshold; "Mid/High Income" includes households with incomes at 200% or more of the federal poverty level.
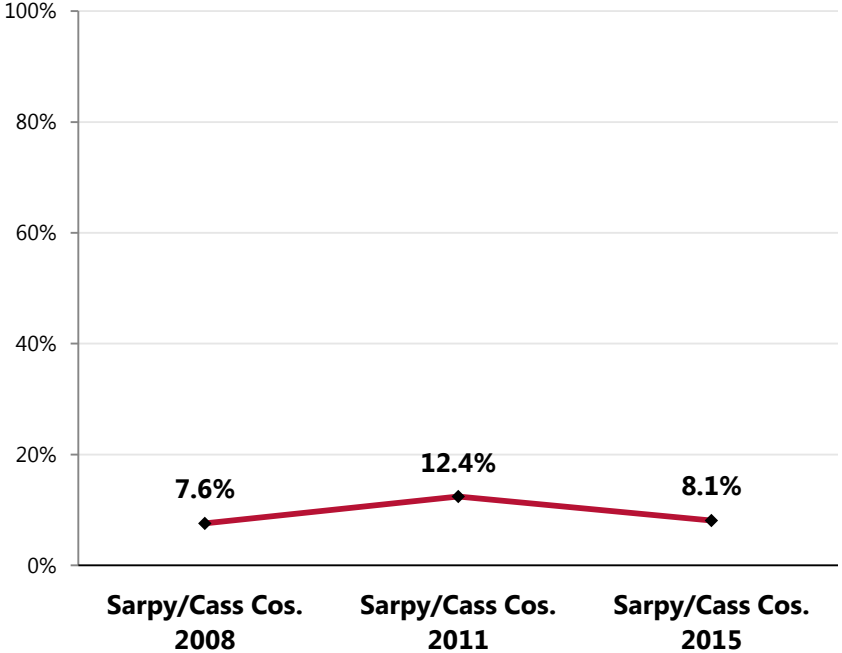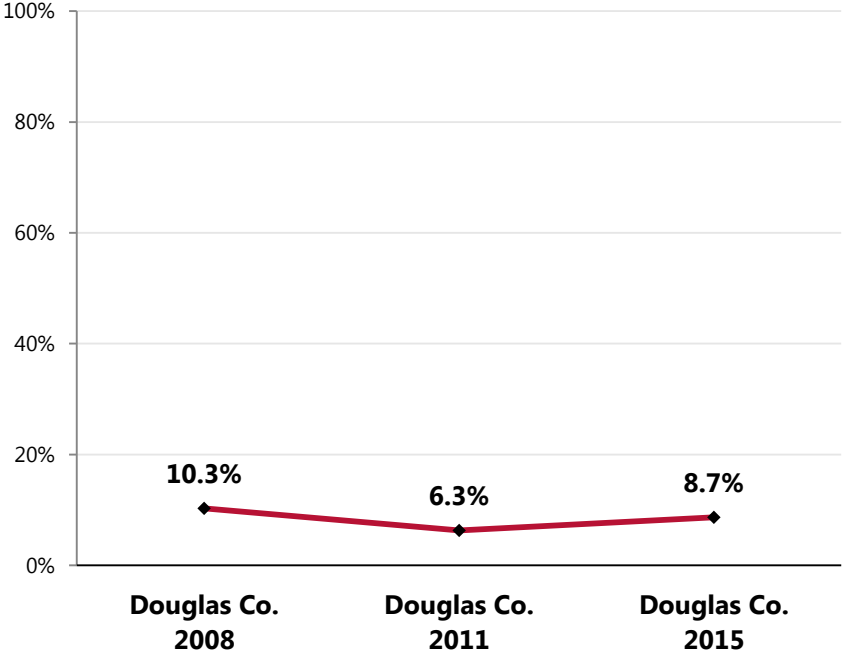
Child Has Ever Been Diagnosed With Asthma
(Among Parents of Children Age 0-17)

Metro Area

Boys: 9.4%
Girls: 7.8%

Age 0-4: 1.9%
Age 5-12: 7.6%
Age 13-17: 15.4%

Location	Value
NE Omaha	7.1%
SE Omaha	8.6%
NW Omaha	11.7%
SW Omaha	5.9%
Western Douglas	12.8%
Douglas County	8.7%
Sarpy County	8.0%
Cass County	8.8%
Pott. County	9.7%
Metro Area	8.6%
US	12.5%

2011	2015
7.9%	8.6%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 114]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
Notes: ● Asked of all respondents with children 0 to 17 in the household.

Child Has Ever Been Diagnosed With Asthma
(Among Parents of Children Age 0-17)

Douglas Co. 2008: 10.3%
Douglas Co. 2011: 6.3%
Douglas Co. 2015: 8.7%

Sarpy/Cass Cos. 2008: 7.6%
Sarpy/Cass Cos. 2011: 12.4%
Sarpy/Cass Cos. 2015: 8.1%
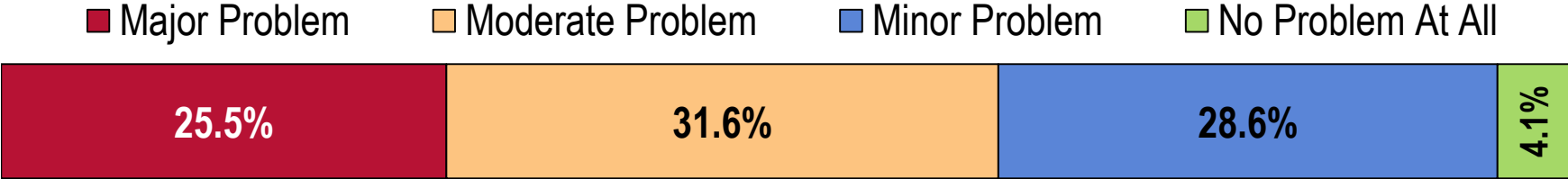
Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 114]
Notes: ● Asked of all respondents with children 0 to 17 in the household.

Perceptions of Respiratory Diseases
as a Problem in the Community
(Key Informants, 2015)

■ Major Problem　　□ Moderate Problem　　■ Minor Problem　　□ No Problem At All

Major Problem	Moderate Problem	Minor Problem	No Problem At All
25.5%	31.6%	28.6%	4.1%

Sources:　● PRC Key Informant Focus Groups, August 2015.

Injury & Violence

Professional Research Consultants, Inc.

Leading Causes of Accidental Death
(Metro Area, 2011-2013)
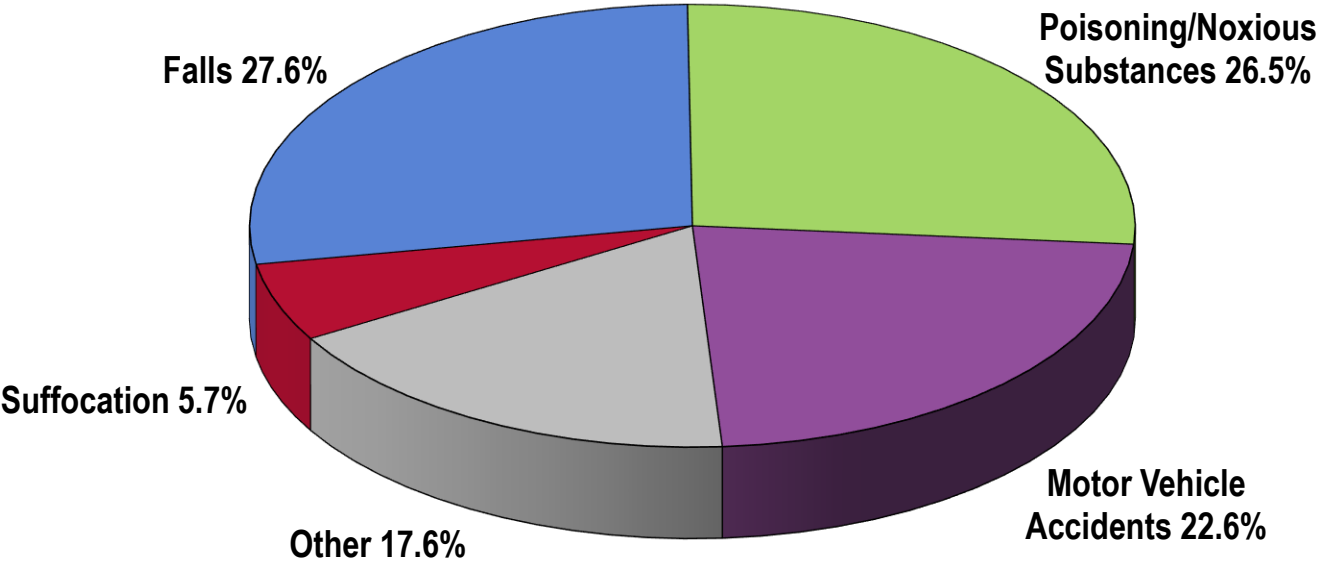
Falls 27.6%

Poisoning/Noxious Substances 26.5%

Suffocation 5.7%
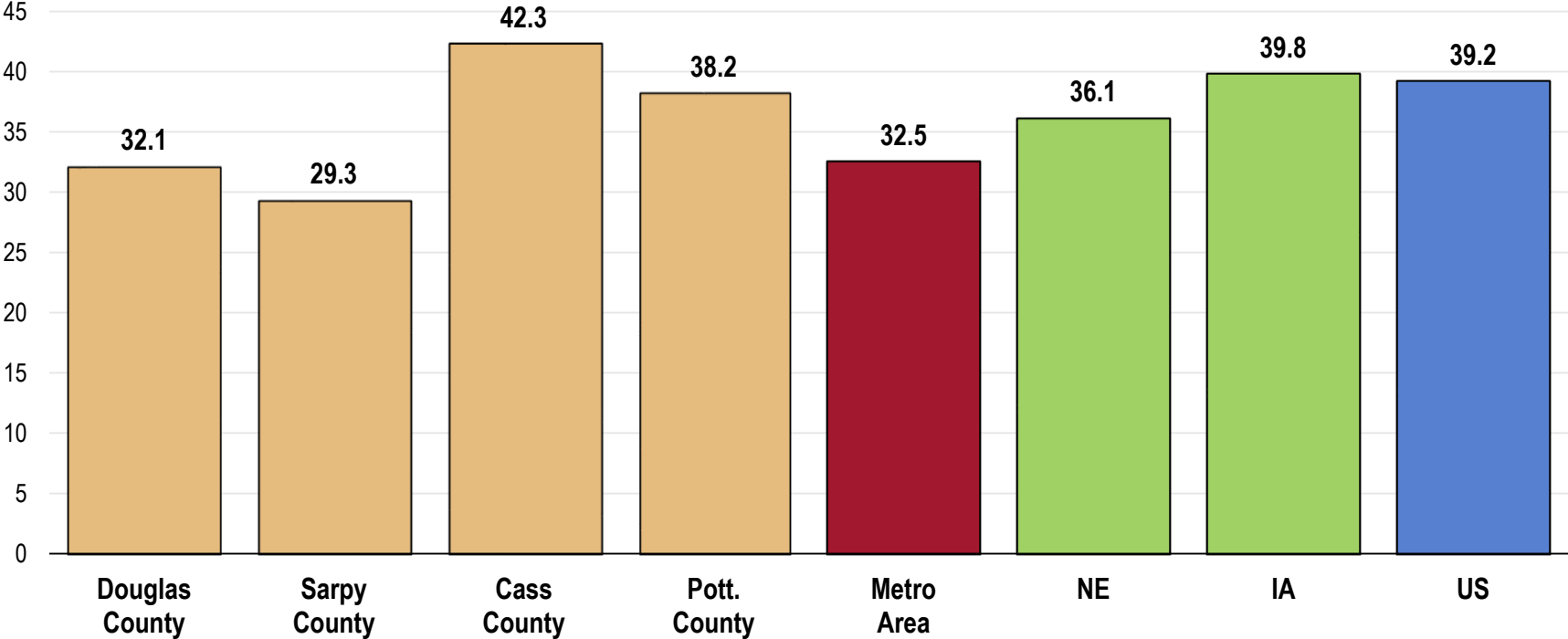
Motor Vehicle Accidents 22.6%

Other 17.6%

Sources: ● CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.

Notes: ● Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).

Unintentional Injuries: Age-Adjusted Mortality
(2011-2013 Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 36.4 or Lower

Chart showing age-adjusted mortality rates:
- Douglas County: 32.1
- Sarpy County: 29.3
- Cass County: 42.3
- Pott. County: 38.2
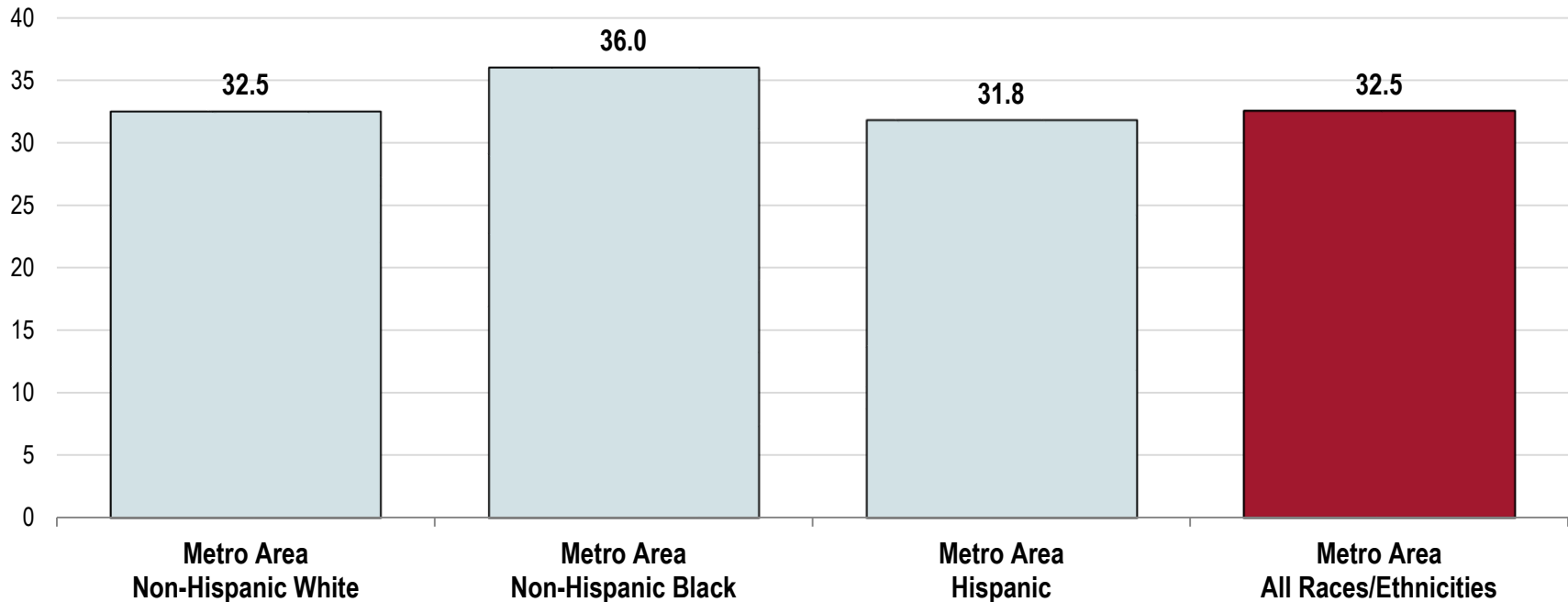- Metro Area: 32.5
- NE: 36.1
- IA: 39.8
- US: 39.2

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective IVP-11]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.

Unintentional Injuries: Age-Adjusted Mortality by Race
(2011-2013 Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 36.4 or Lower

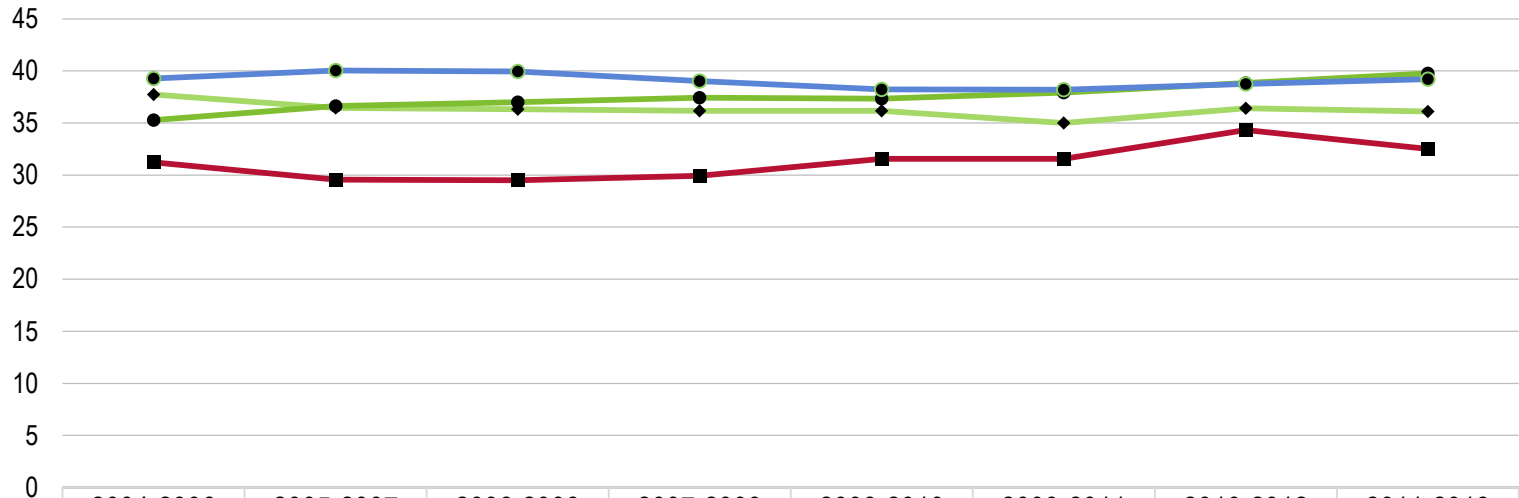|			
32.5	36.0	31.8	32.5
Metro Area Non-Hispanic White	Metro Area Non-Hispanic Black	Metro Area Hispanic	Metro Area All Races/Ethnicities

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective IVP-11]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.

Unintentional Injuries: Age-Adjusted Mortality Trends
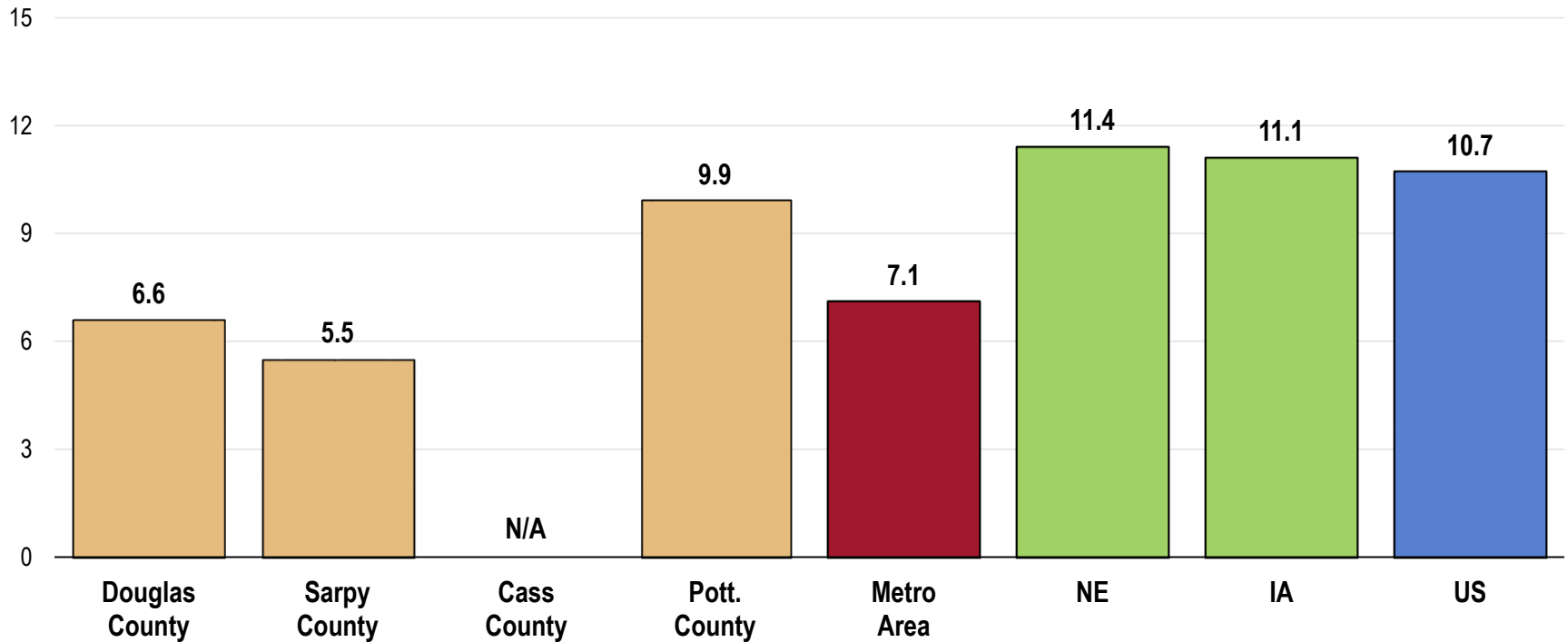## (Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 36.4 or Lower

	2004-2006	2005-2007	2006-2008	2007-2009	2008-2010	2009-2011	2010-2012	2011-2013
Metro Area	31.2	29.6	29.5	29.9	31.6	31.6	34.3	32.5
Nebraska	37.7	36.4	36.3	36.2	36.2	35.0	36.4	36.1
Iowa	35.3	36.6	37.0	37.4	37.3	37.9	38.8	39.8
United States	39.3	40.0	39.9	39.0	38.2	38.2	38.7	39.2

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective IVP-11]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
- Local, state and national data are simple three-year averages.

Motor Vehicle Crashes: Age-Adjusted Mortality
(2011-2013 Annual Average Deaths per 100,000 Population)
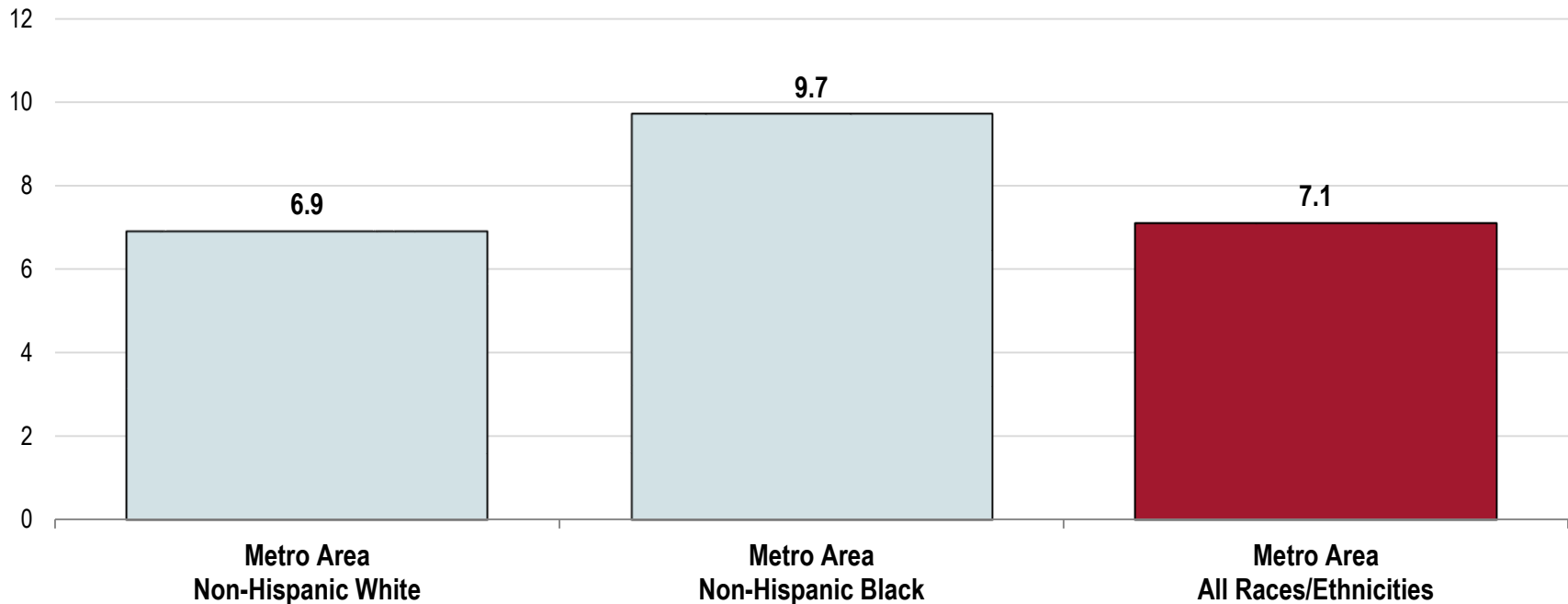### Healthy People 2020 Target = 12.4 or Lower

Sources: ● CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
● US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective IVP-13.1]
Notes: ● Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
● Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.

Motor Vehicle Crashes: Age-Adjusted Mortality by Race
(2011-2013 Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 12.4 or Lower

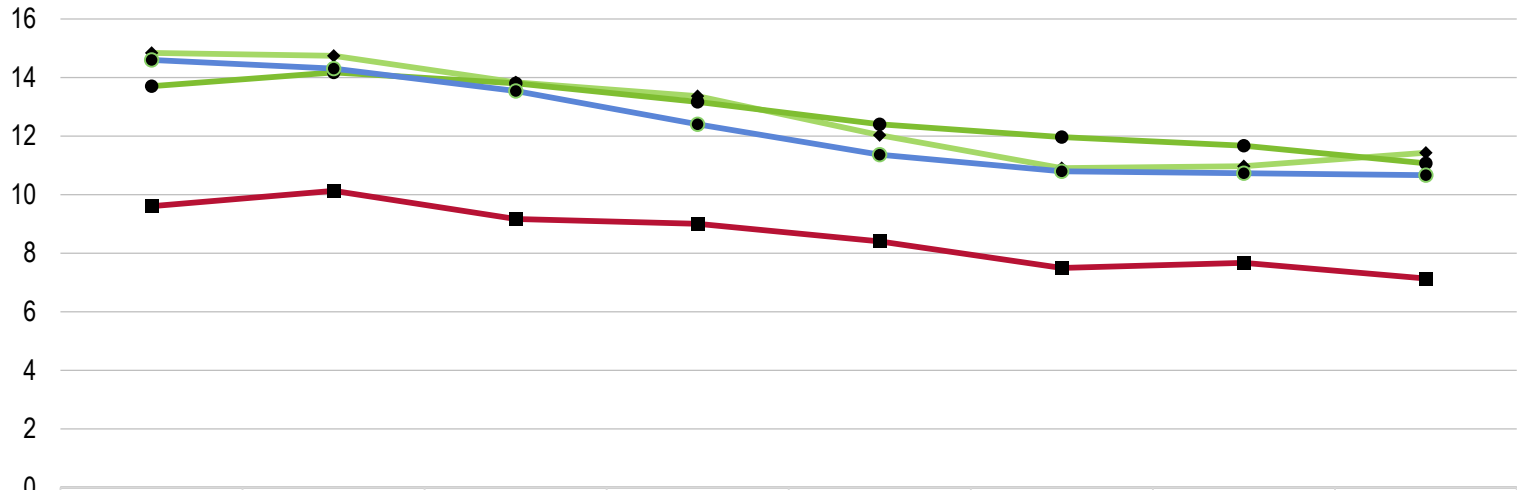|		
6.9	**9.7**	**7.1**
Metro Area Non-Hispanic White	**Metro Area Non-Hispanic Black**	**Metro Area All Races/Ethnicities**

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective IVP-13.1]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.

Motor Vehicle Crashes: Age-Adjusted Mortality Trends
(Annual Average Deaths per 100,000 Population)
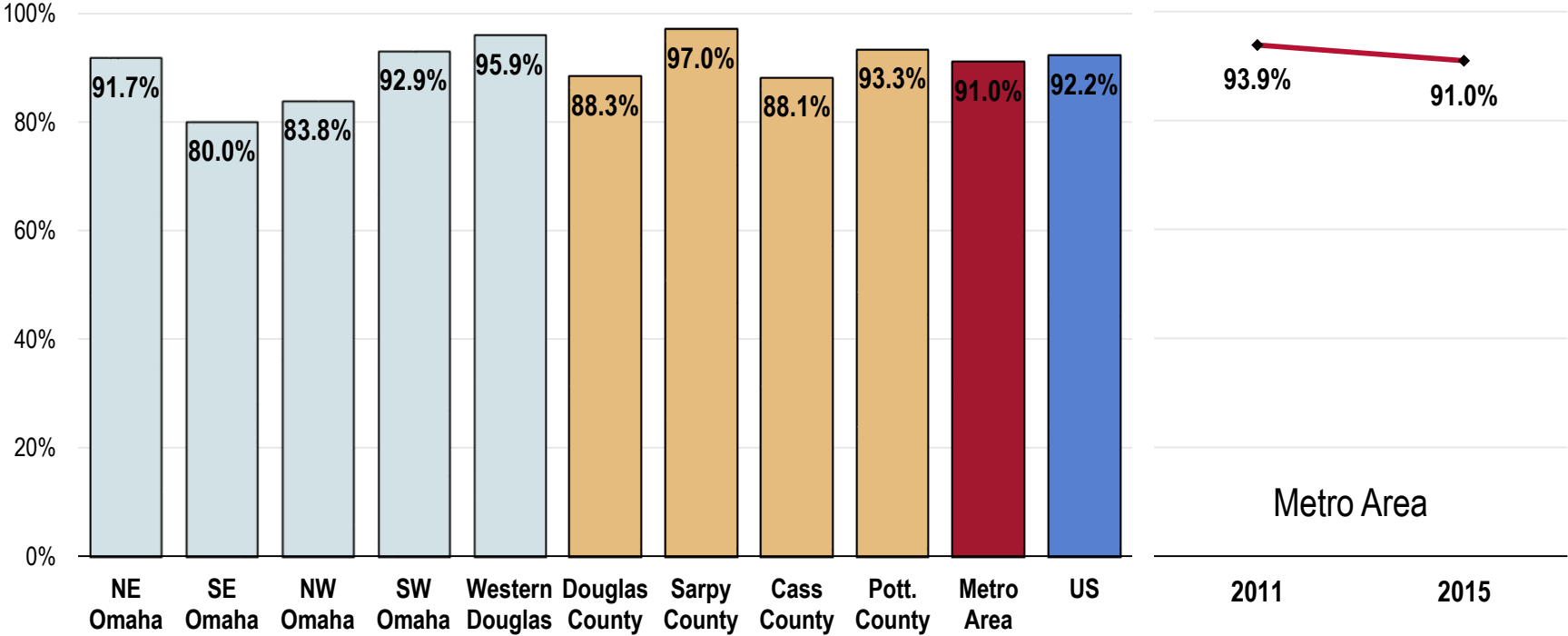### Healthy People 2020 Target = 12.4 or Lower

	2004-2006	2005-2007	2006-2008	2007-2009	2008-2010	2009-2011	2010-2012	2011-2013
Metro Area	9.6	10.1	9.2	9.0	8.4	7.5	7.7	7.1
Nebraska	14.8	14.7	13.8	13.4	12.0	10.9	11.0	11.4
Iowa	13.7	14.2	13.8	13.2	12.4	12.0	11.7	11.1
United States	14.6	14.3	13.5	12.4	11.4	10.8	10.7	10.7

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective IVP-13.1]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
- Local, state and national data are simple three-year averages.

Child "Always" Wears a Seat Belt or Appropriate Restraint When Riding in a Vehicle
(Among Parents of Children Age 0-17)

	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	US
	91.7%	80.0%	83.8%	92.9%	95.9%	88.3%	97.0%	88.1%	93.3%	91.0%	92.2%

Metro Area

2011	2015
93.9%	91.0%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 122]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
Notes: ● Asked of all respondents with children 0 to 17 in the household.

Child "Always" Wears a Seat Belt or
Appropriate Restraint When Riding in a Vehicle
(Among Parents of Children Age 0-17)
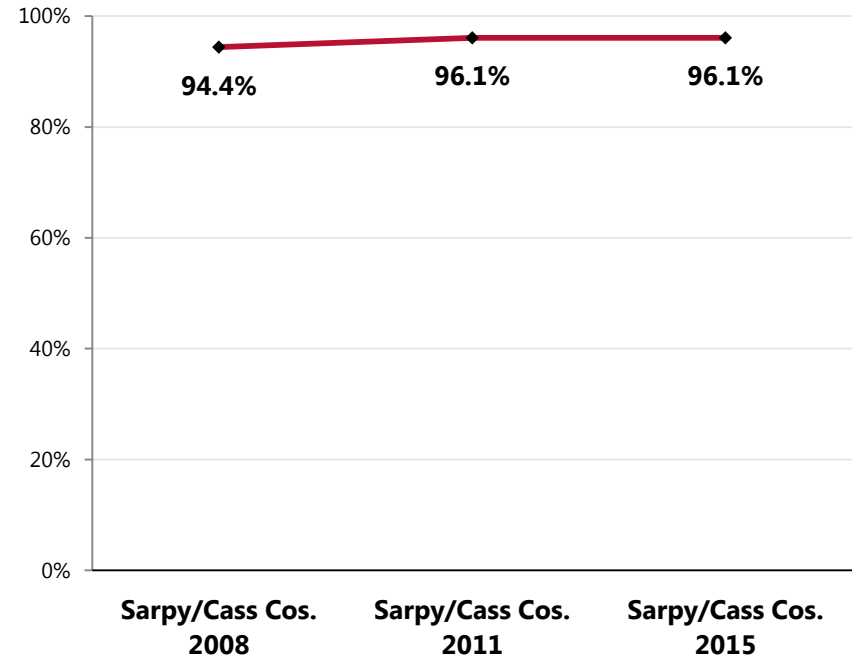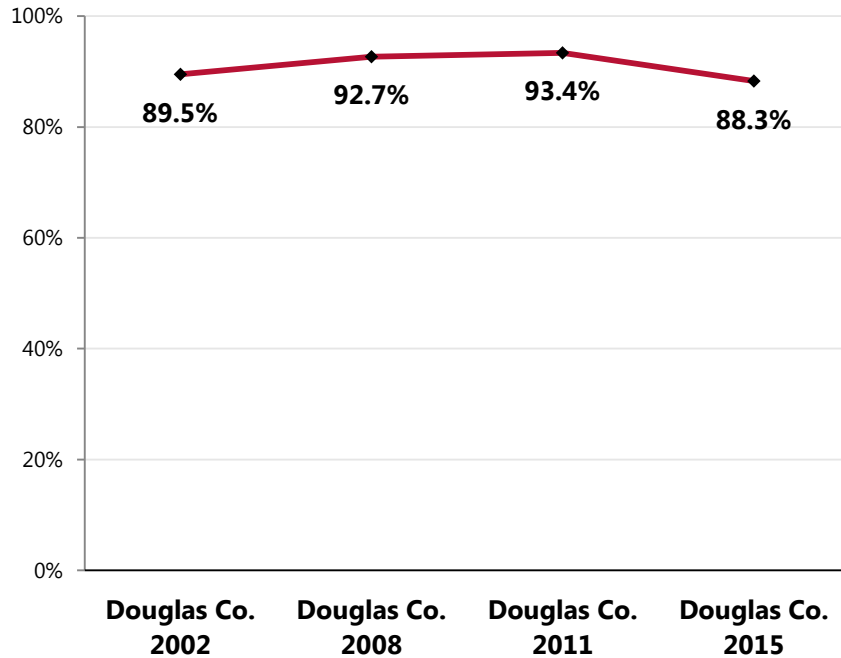
Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 122]
Notes: ● Asked of all respondents with children 0 to 17 in the household.

Child "Always" Wears a Helmet When Riding a Bicycle
(Among Parents of Children Age 5-17)

Metro Area

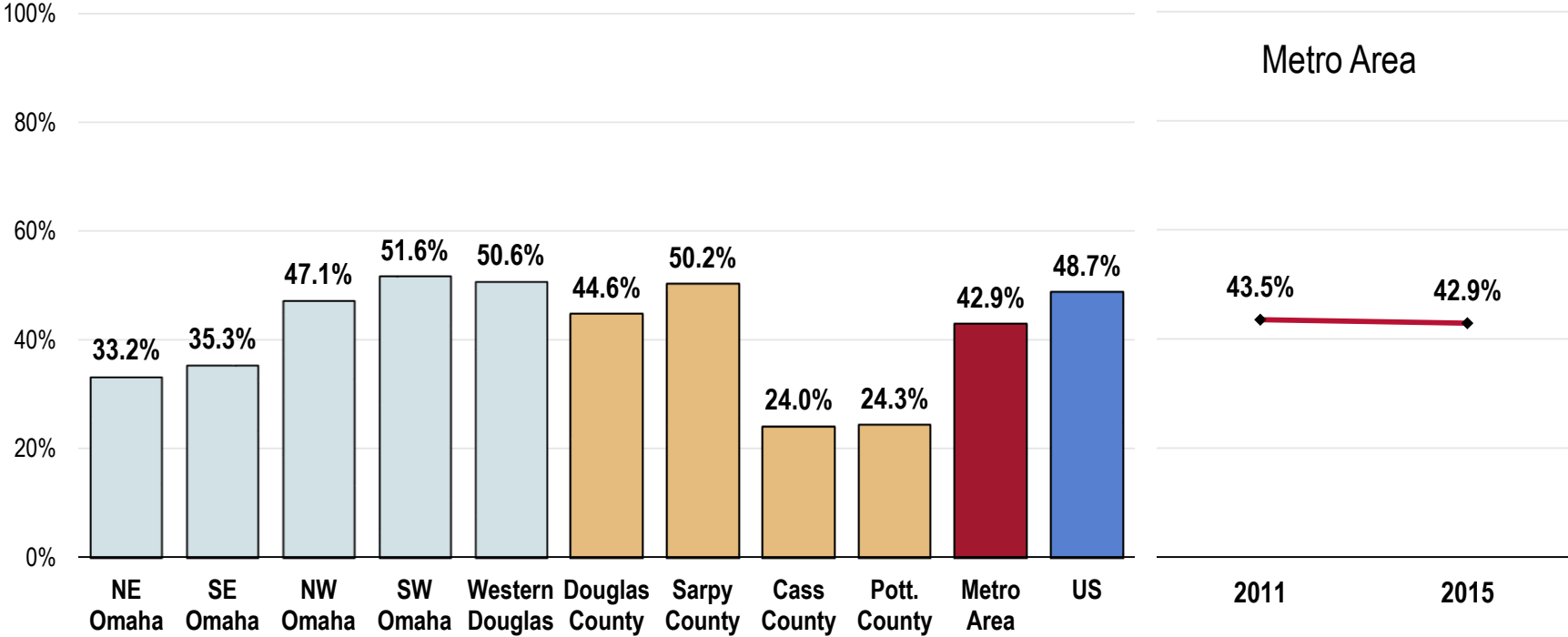| NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	US
33.2%	35.3%	47.1%	51.6%	50.6%	44.6%	50.2%	24.0%	24.3%	42.9%	48.7%

2011: 43.5%   2015: 42.9%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 121]
Notes: ● Asked of all respondents with children age 5 to 17 at home.
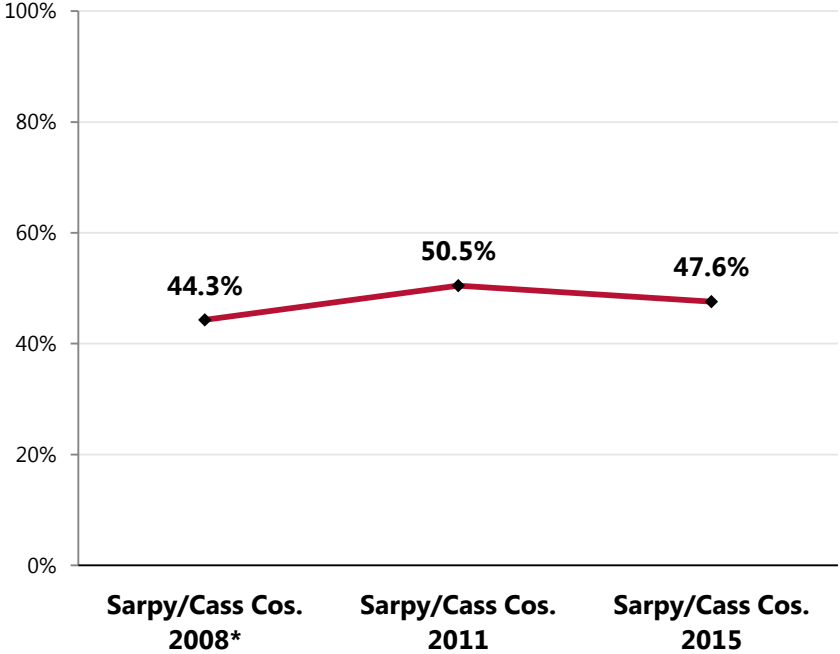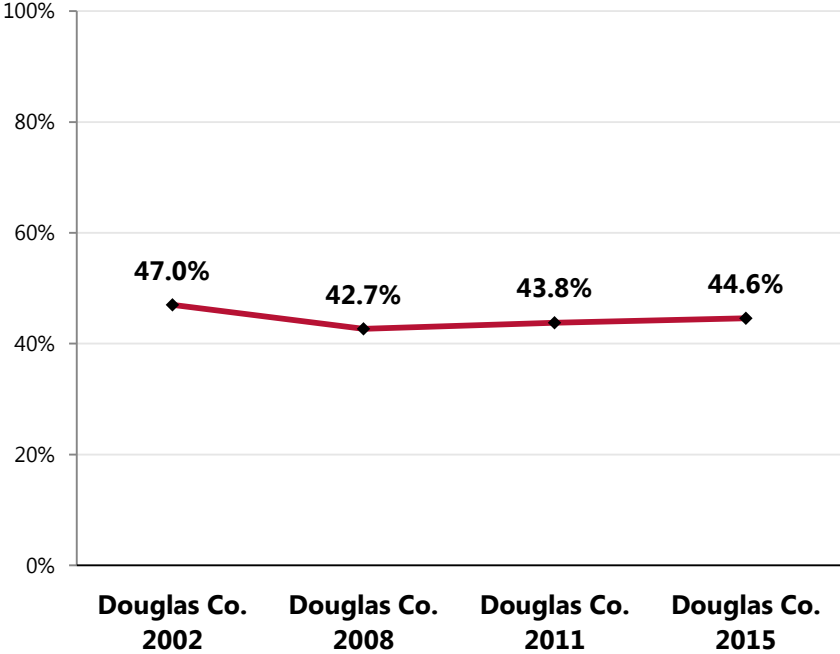
Child "Always" Wears a Helmet When Riding a Bicycle
(Among Parents of Children Age 5-17)

Douglas Co. 2002: 47.0%
Douglas Co. 2008: 42.7%
Douglas Co. 2011: 43.8%
Douglas Co. 2015: 44.6%

Sarpy/Cass Cos. 2008*: 44.3%
Sarpy/Cass Cos. 2011: 50.5%
Sarpy/Cass Cos. 2015: 47.6%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 121]
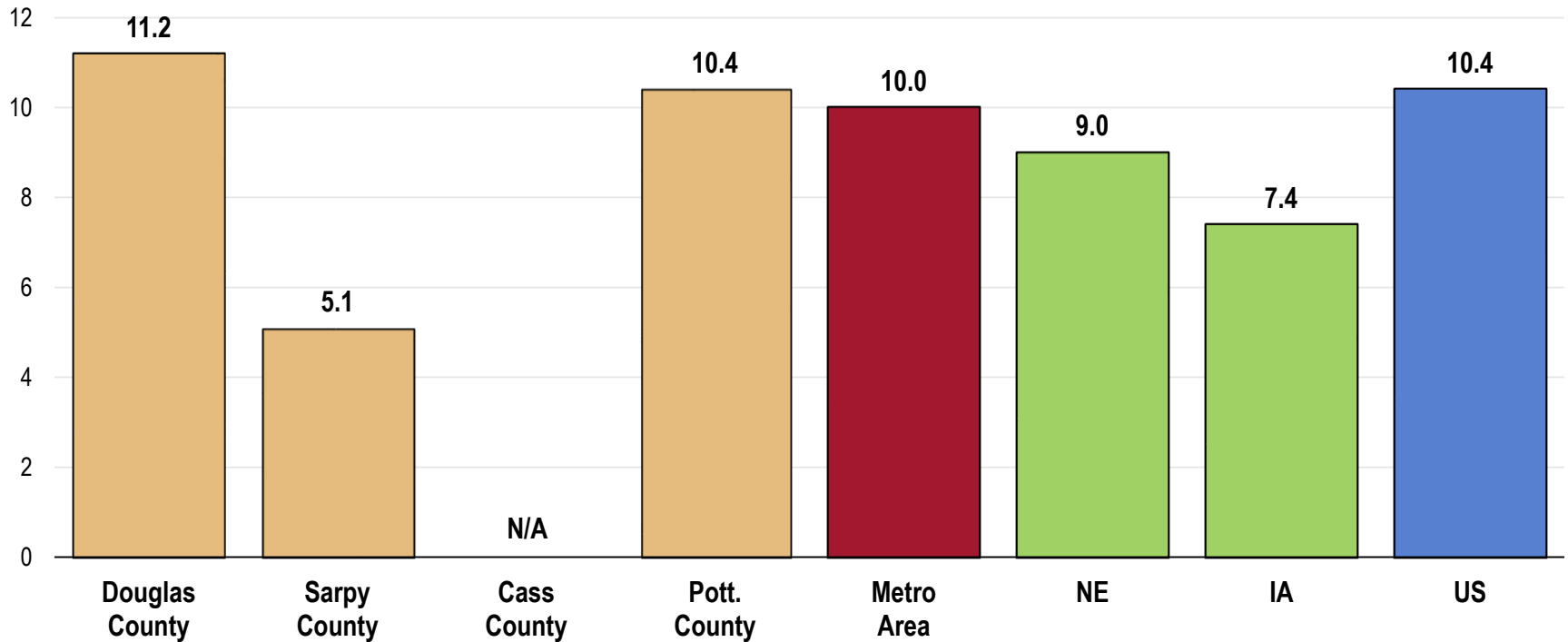Notes: ● Asked of all respondents with children age 5 to 17 at home.

Firearms-Related Deaths: Age-Adjusted Mortality
(2011-2013 Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 9.3 or Lower

	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	NE	IA	US
	11.2	5.1	N/A	10.4	10.0	9.0	7.4	10.4

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective IVP-30]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.

Firearms-Related Deaths: Age-Adjusted Mortality by Race
(2011-2013 Annual Average Deaths per 100,000 Population)
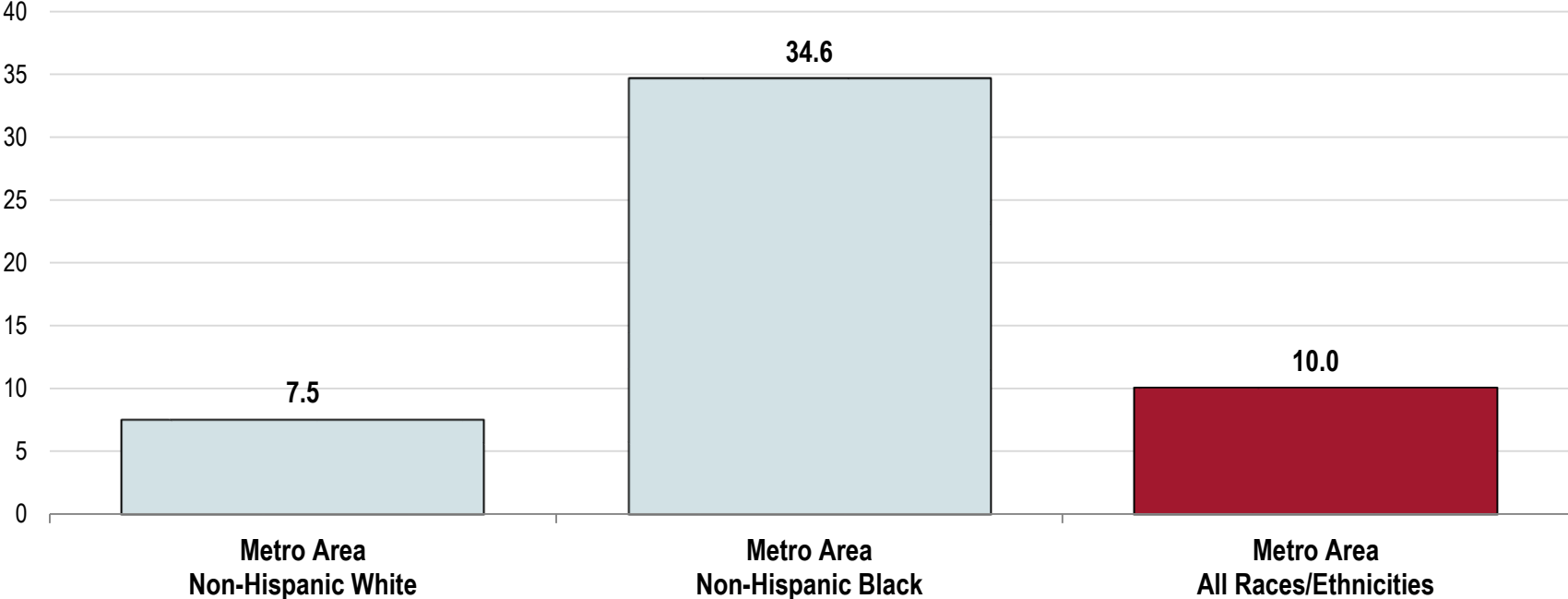### Healthy People 2020 Target = 9.3 or Lower

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective IVP-30]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.

Firearms-Related Deaths: Age-Adjusted Mortality Trends
(Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 9.3 or Lower

	2004-2006	2005-2007	2006-2008	2007-2009	2008-2010	2009-2011	2010-2012	2011-2013
Metro Area	8.3	9.1	9.1	9.4	9.1	9.4	9.9	10.0
Nebraska	7.4	7.8	8.0	7.8	7.9	8.1	8.7	9.0
Iowa	6.5	6.0	6.2	6.2	6.8	6.7	7.0	7.4
United States	10.2	10.3	10.3	10.2	10.2	10.1	10.3	10.4

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective IVP-30]
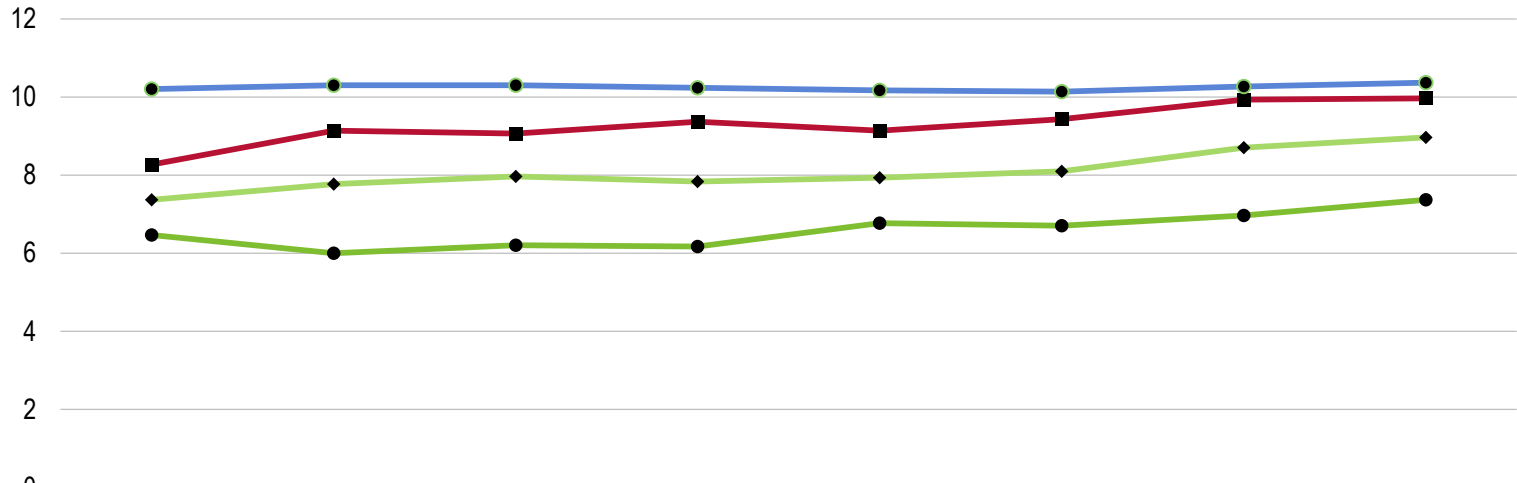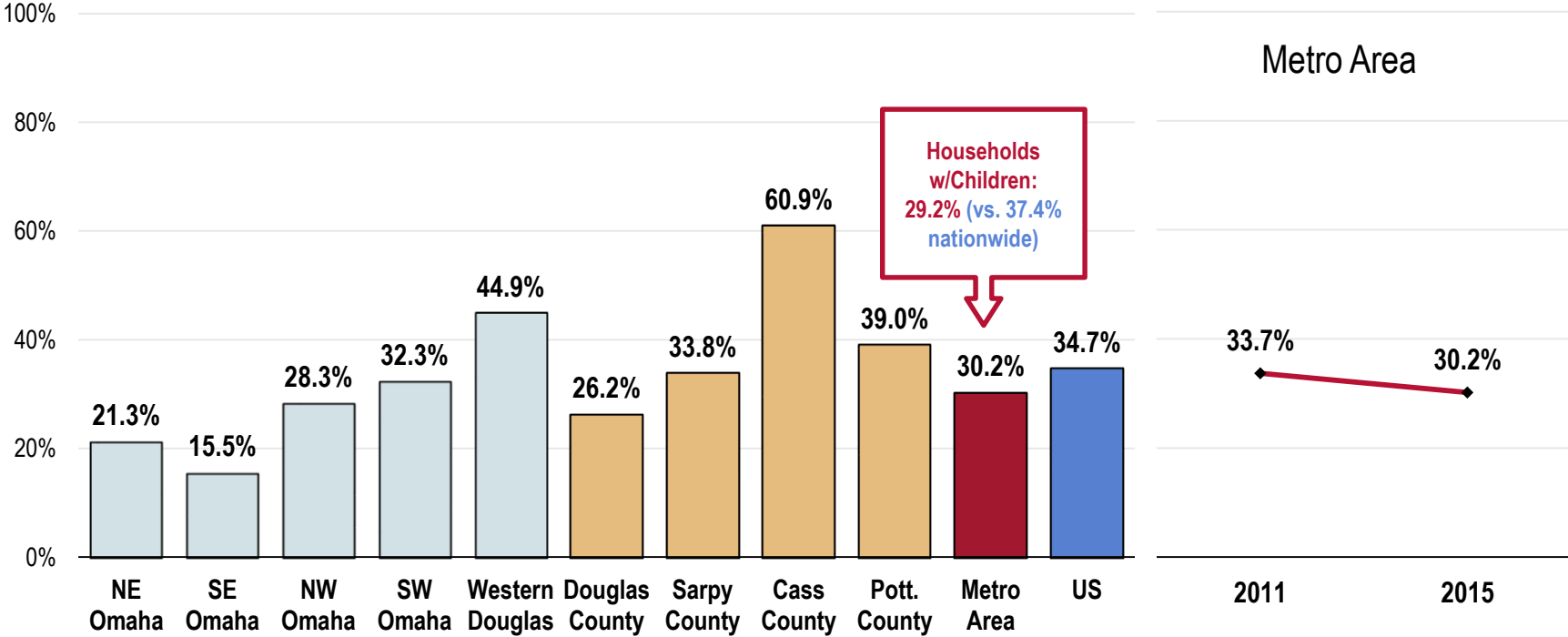
Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
- Local, state and national data are simple three-year averages.

Have a Firearm Kept in or Around the Home

Metro Area

Households w/Children: **29.2%** (vs. 37.4% nationwide)

	Value
NE Omaha	21.3%
SE Omaha	15.5%
NW Omaha	28.3%
SW Omaha	32.3%
Western Douglas	44.9%
Douglas County	26.2%
Sarpy County	33.8%
Cass County	60.9%
Pott. County	39.0%
Metro Area	30.2%
US	34.7%

	2011	2015
Metro Area	33.7%	30.2%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Items 52, 137]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
Notes: ● Asked of all respondents.
● In this case, firearms include pistols, shotguns, rifles, and other types of guns; this does not include starter pistols, BB guns, or guns that cannot fire.
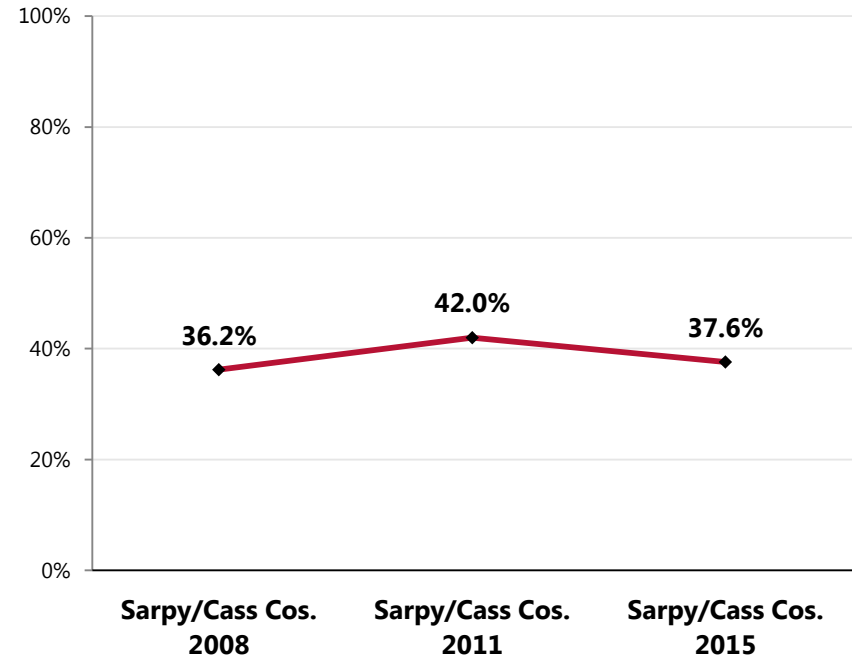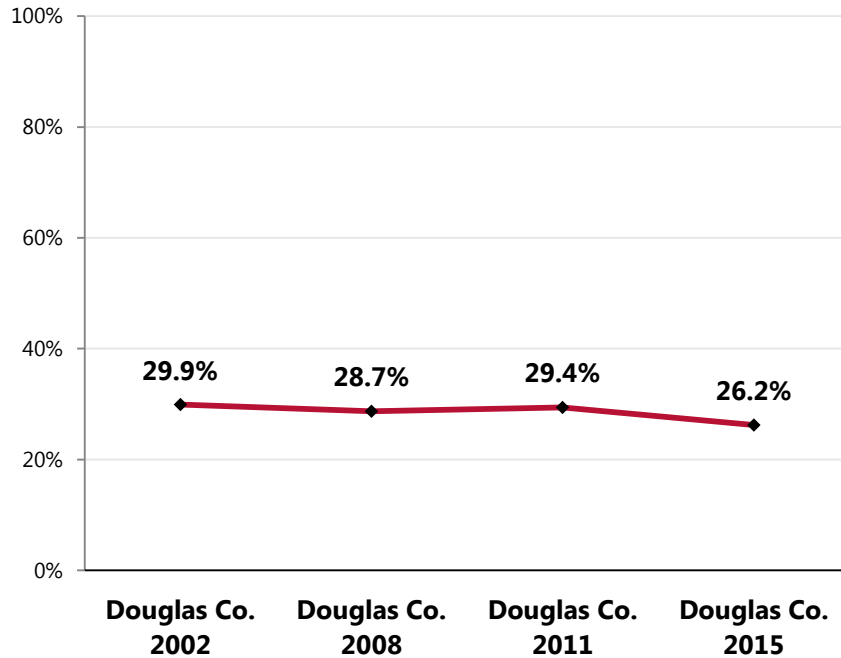
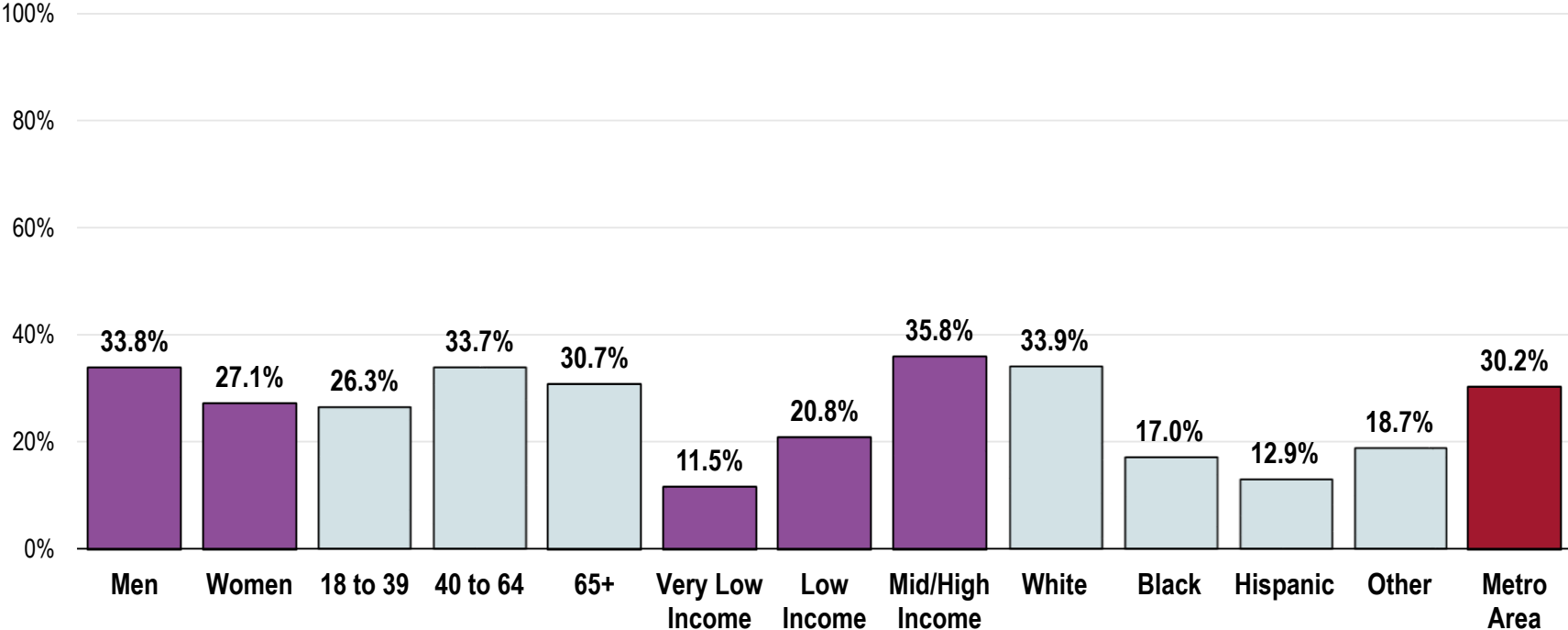# Have a Firearm Kept in or Around the Home

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Items 52, 137]
Notes: ● Asked of all respondents.
● In this case, firearms include pistols, shotguns, rifles, and other types of guns; this does not include starter pistols, BB guns, or guns that cannot fire.

Have a Firearm Kept in or Around the House
(Metro Area, 2015)

Bar chart showing percentages:
- Men: 33.8%
- Women: 27.1%
- 18 to 39: 26.3%
- 40 to 64: 33.7%
- 65+: 30.7%
- Very Low Income: 11.5%
- Low Income: 20.8%
- Mid/High Income: 35.8%
- White: 33.9%
- Black: 17.0%
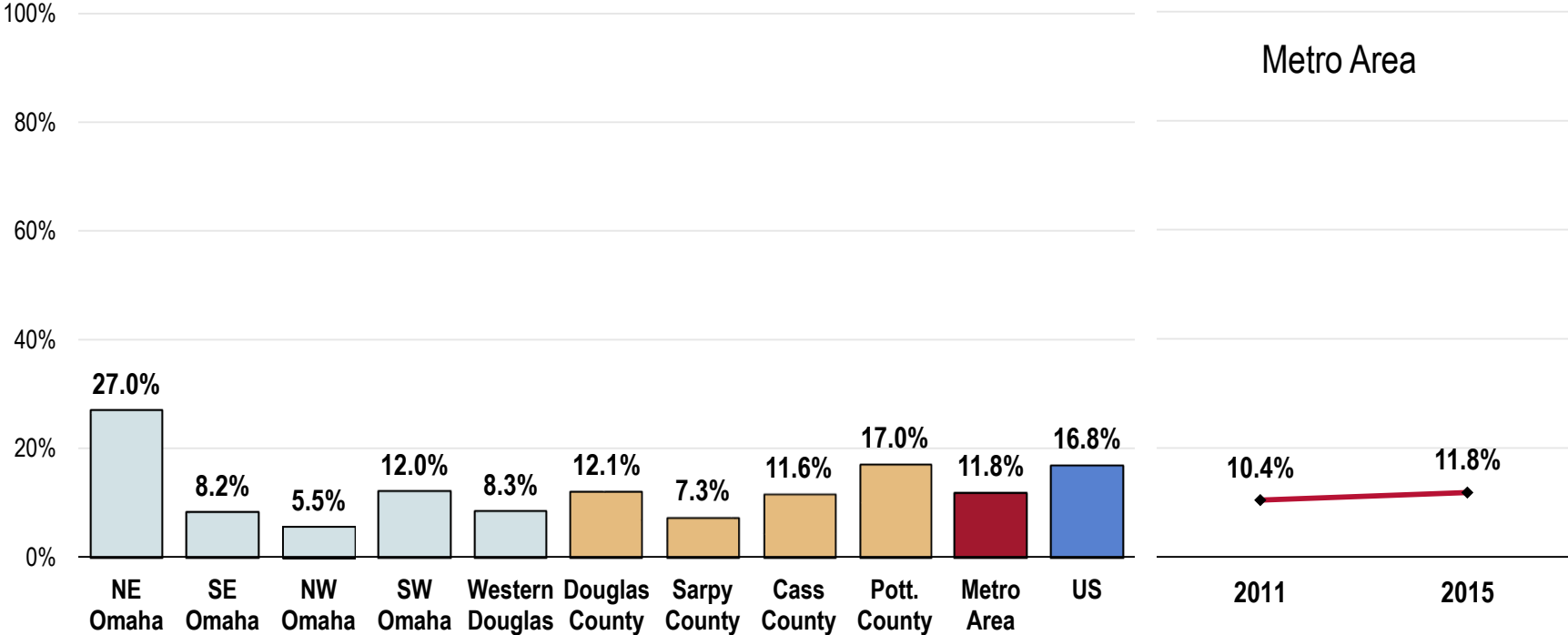- Hispanic: 12.9%
- Other: 18.7%
- Metro Area: 30.2%

Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 52]
Notes: ● Asked of all respondents.
● In this case, firearms include pistols, shotguns, rifles, and other types of guns; this does not include starter pistols, BB guns, or guns that cannot fire.
● Hispanics can be of any race. Other race categories are non-Hispanic categorizations (e.g., "White" reflects non-Hispanic White respondents).
● Income categories reflect respondent's household income as a ratio to the federal poverty level (FPL) for their household size. "Very Low Income" includes households living with defined poverty status; "Low Income" includes households with incomes just above the FPL, earning up to twice the poverty threshold; "Mid/High Income" includes households with incomes at 200% or more of the federal poverty level.

Household Has An Unlocked, Loaded Firearm
(Among Respondents Reporting a Firearm in or Around the Home)

Metro Area

Location	Value
NE Omaha	27.0%
SE Omaha	8.2%
NW Omaha	5.5%
SW Omaha	12.0%
Western Douglas	8.3%
Douglas County	12.1%
Sarpy County	7.3%
Cass County	11.6%
Pott. County	17.0%
Metro Area	11.8%
US	16.8%
2011	10.4%
2015	11.8%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 138]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
Notes: ● Asked of all respondents with a firearm in or around the home.
● In this case, firearms include pistols, shotguns, rifles, and other types of guns; this does not include starter pistols, BB guns, or guns that cannot fire.
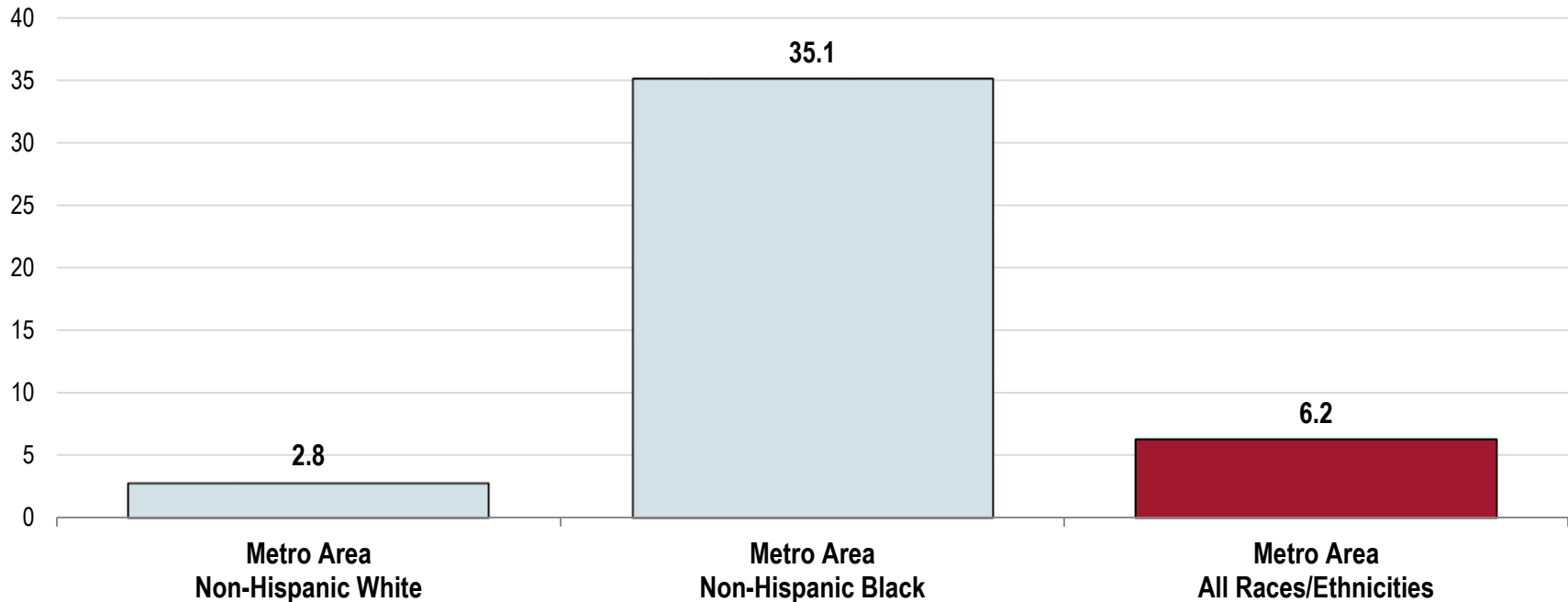
Homicide: Age-Adjusted Mortality
(2011-2013 Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 5.5 or Lower

	Metro Area	Nebraska	Iowa	United States
Value	6.2	3.8	2.0	5.3

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective IVP-29]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.

Homicide: Age-Adjusted Mortality by Race
(2011-2013 Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 5.5 or Lower

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective IVP-29]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.

Homicide: Age-Adjusted Mortality Trends
(Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 5.5 or Lower

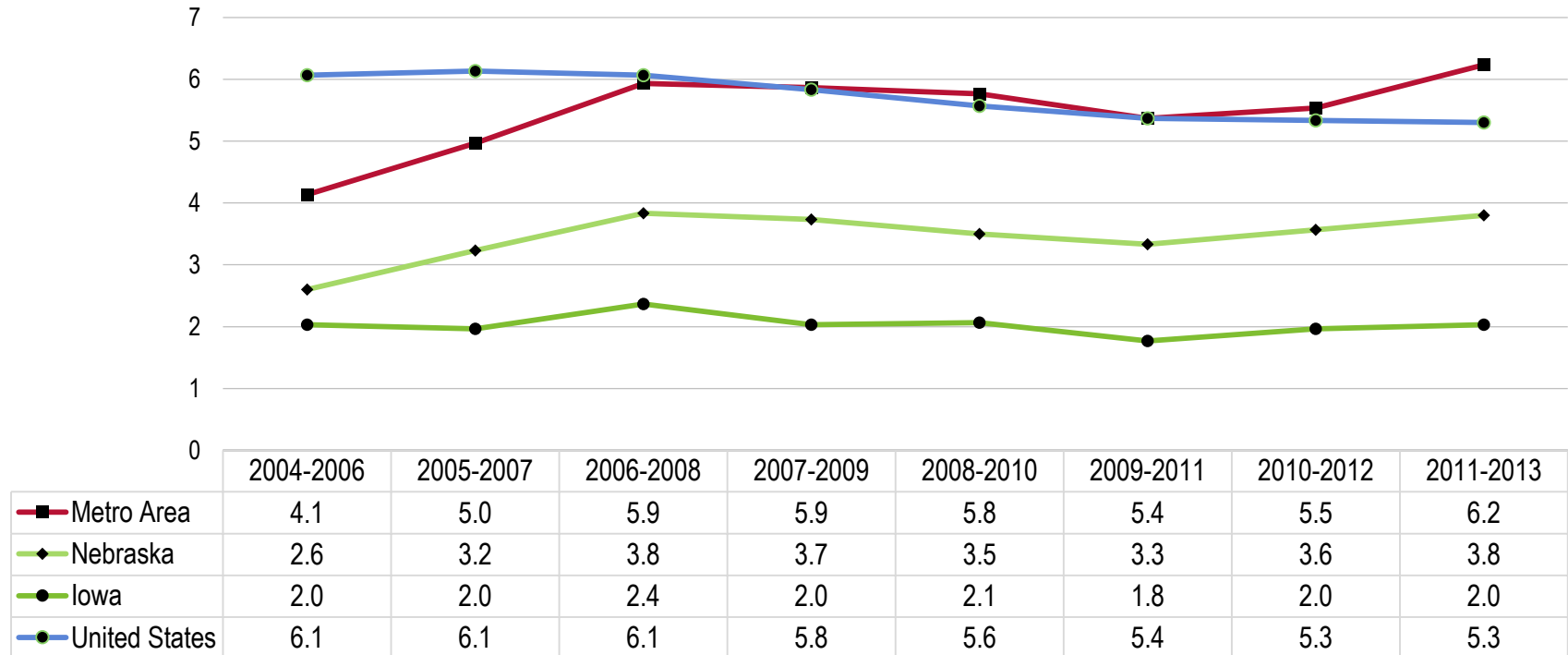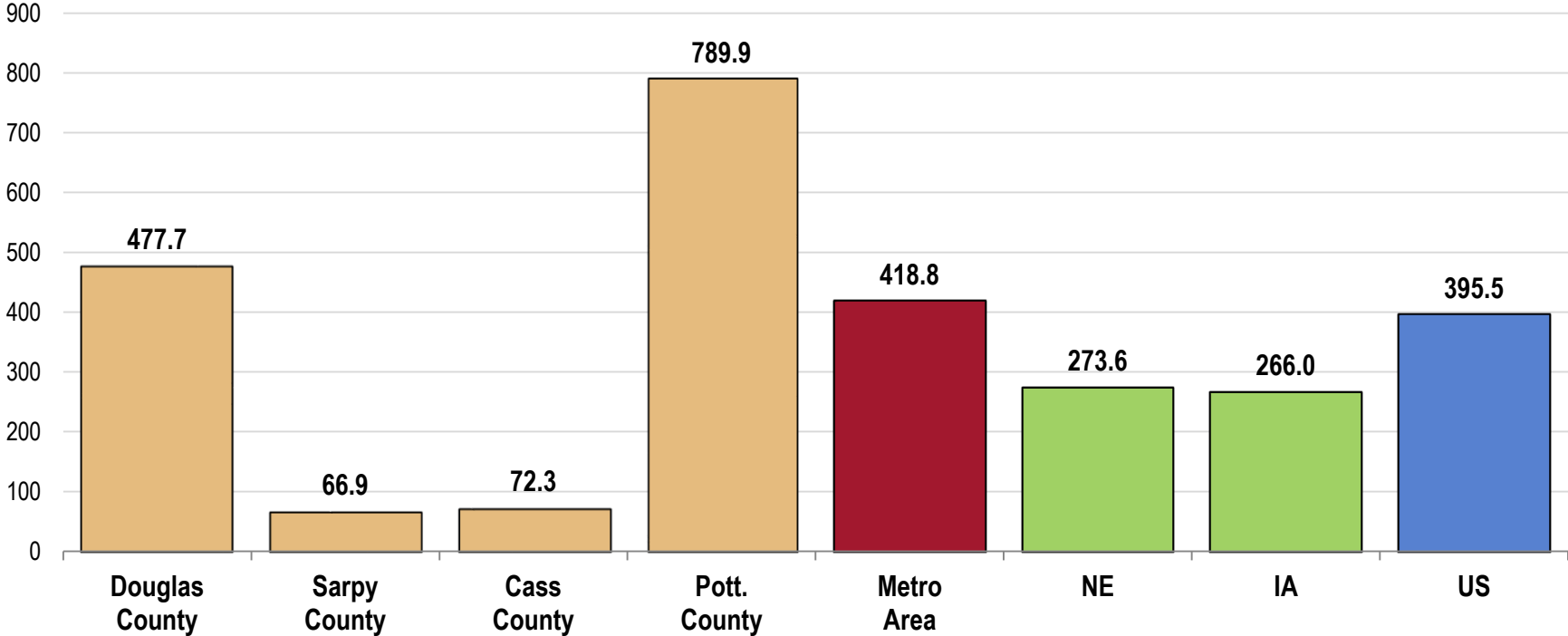|	2004-2006	2005-2007	2006-2008	2007-2009	2008-2010	2009-2011	2010-2012	2011-2013
Metro Area	4.1	5.0	5.9	5.9	5.8	5.4	5.5	6.2
Nebraska	2.6	3.2	3.8	3.7	3.5	3.3	3.6	3.8
Iowa	2.0	2.0	2.4	2.0	2.1	1.8	2.0	2.0
United States	6.1	6.1	6.1	5.8	5.6	5.4	5.3	5.3

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective IVP-29]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
- Local, state and national data are simple three-year averages.

Violent Crime
(Rate per 100,000 Population, 2010-2012)

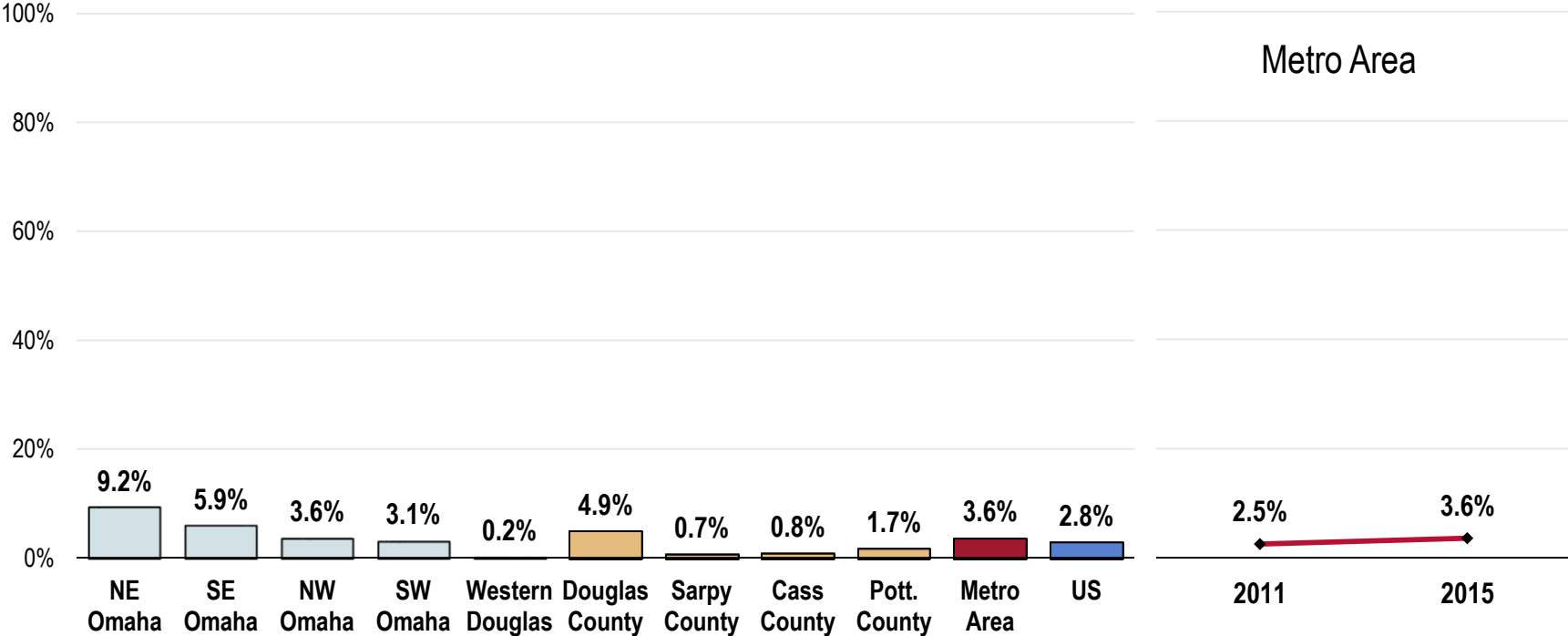|	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	NE	IA	US
Rate	477.7	66.9	72.3	789.9	418.8	273.6	266.0	395.5

Sources: ● Federal Bureau of Investigation, FBI Uniform Crime Reports: 2010-2012.
Notes: ● This indicator reports the rate of violent crime offenses reported by the sheriff's office or county police department per 100,000 residents. Violent crime includes homicide, rape, robbery, and aggravated assault. This indicator is relevant because it assesses community safety.
● Participation by law enforcement agencies in the UCR program is voluntary. Sub-state data do not necessarily represent an exhaustive list of crimes due to gaps in reporting. Also, some institutions of higher education have their own police departments, which handle offenses occurring within campus grounds; these offenses are not included in the violent crime statistics, but can be obtained from the Uniform Crime Reports Universities and Colleges data tables.

Victim of a Violent Crime in the Past Five Years

Metro Area

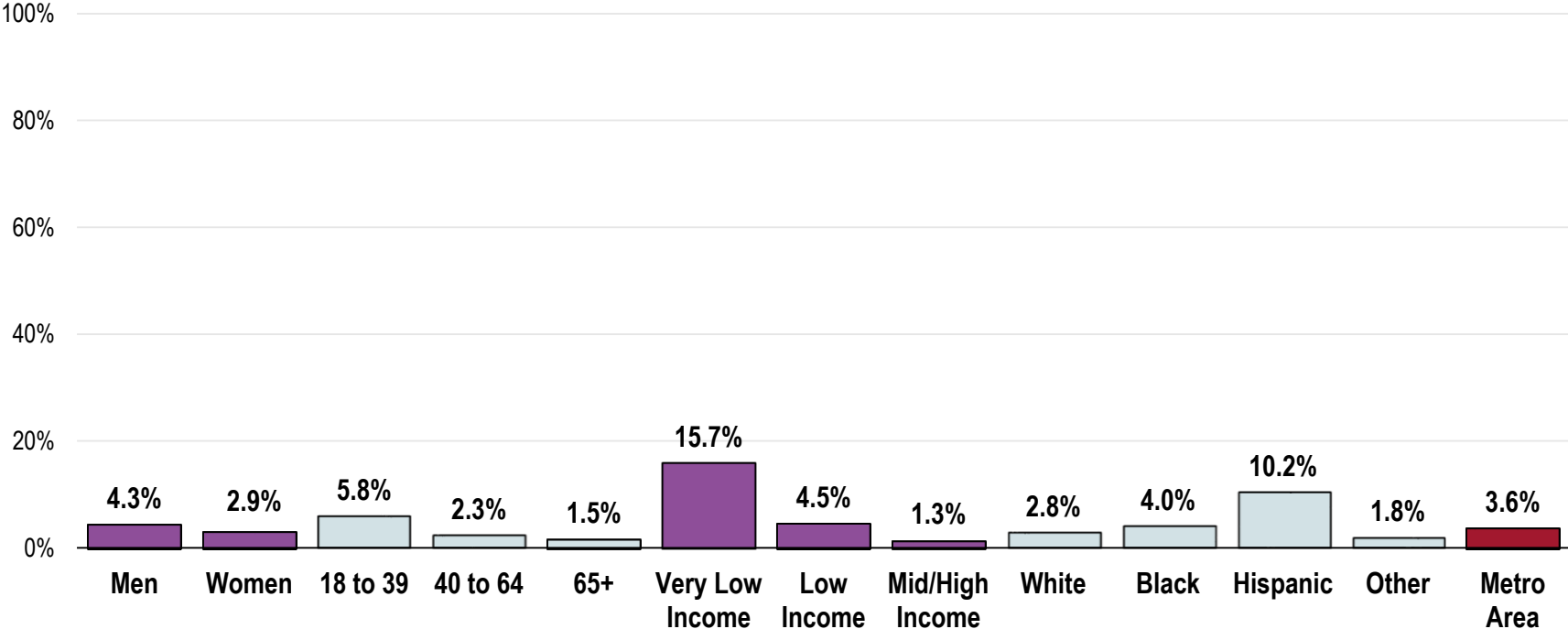|	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	US		2011	2015
	9.2%	5.9%	3.6%	3.1%	0.2%	4.9%	0.7%	0.8%	1.7%	3.6%	2.8%		2.5%	3.6%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 50]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
Notes: ● Asked of all respondents.

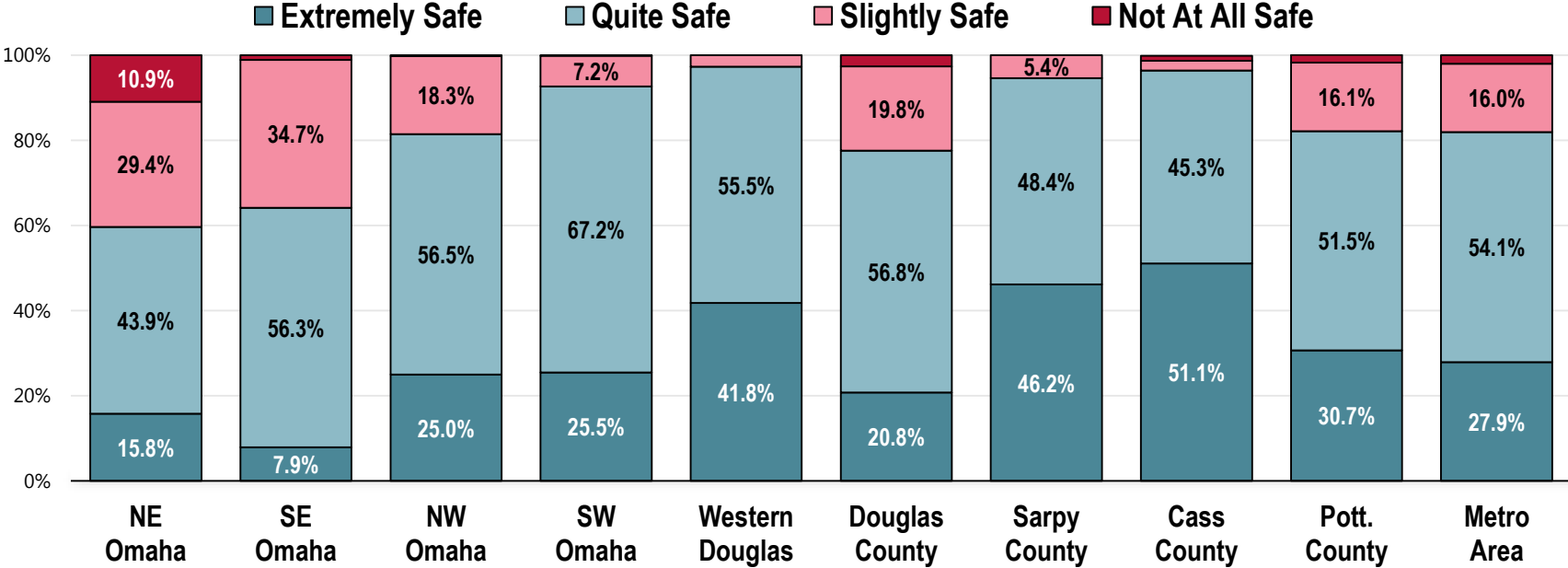# Victim of a Violent Crime in the Past Five Years

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 50]
Notes: ● Asked of all respondents.

Victim of a Violent Crime in the Past Five Years
(Metro Area, 2015)

Men	4.3%	
Women	2.9%	
18 to 39	5.8%	
40 to 64	2.3%	
65+	1.5%	
Very Low Income	15.7%	
Low Income	4.5%	
Mid/High Income	1.3%	
White	2.8%	
Black	4.0%	
Hispanic	10.2%	
Other	1.8%	
Metro Area	3.6%	

Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 50]

Notes: ● Asked of all respondents.

● Hispanics can be of any race. Other race categories are non-Hispanic categorizations (e.g., "White" reflects non-Hispanic White respondents).

● Income categories reflect respondent's household income as a ratio to the federal poverty level (FPL) for their household size. "Very Low Income" includes households living with defined poverty status; "Low Income" includes households with incomes just above the FPL, earning up to twice the poverty threshold; "Mid/High Income" includes households with incomes at 200% or more of the federal poverty level.

Perceived Safety of Own Neighborhood

■ **Extremely Safe**　　■ **Quite Safe**　　■ **Slightly Safe**　　■ **Not At All Safe**

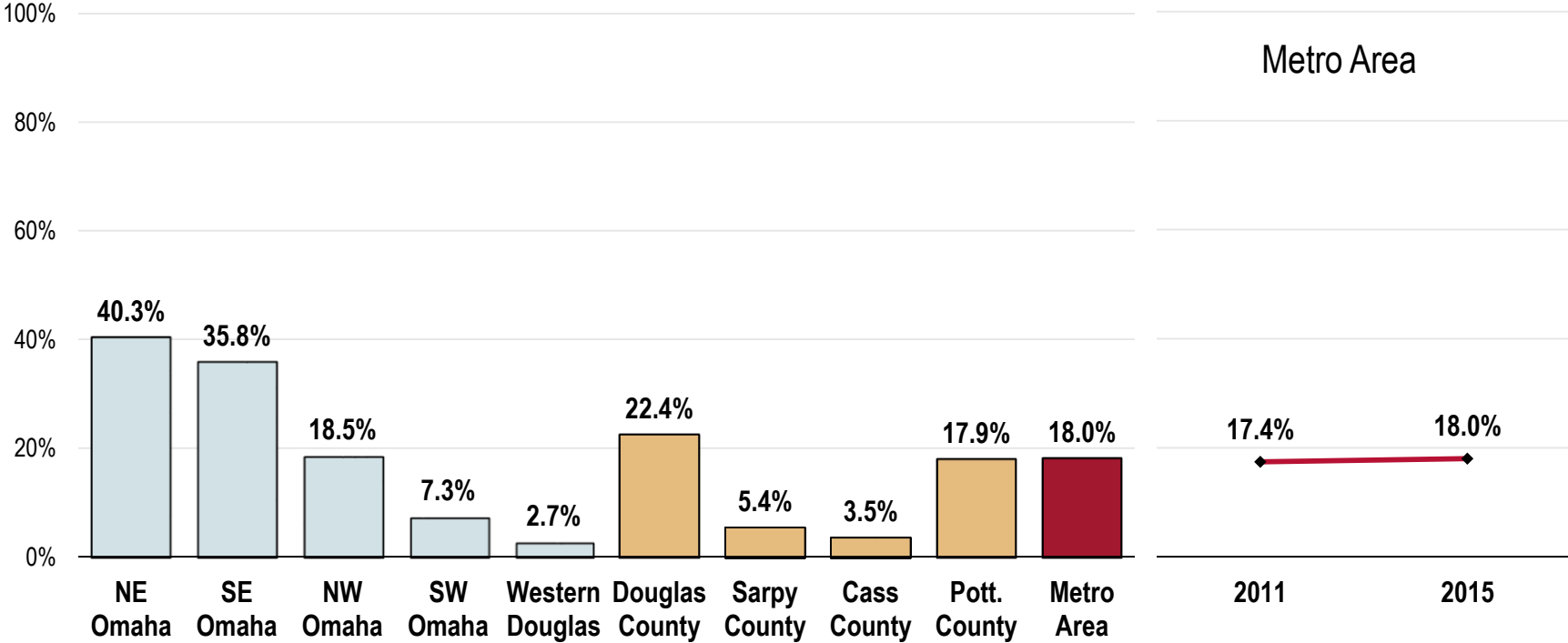|	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area
Not At All Safe	10.9%									
Slightly Safe	29.4%	34.7%	18.3%	7.2%		19.8%	5.4%		16.1%	16.0%
Quite Safe	43.9%	56.3%	56.5%	67.2%	55.5%	56.8%	48.4%	45.3%	51.5%	54.1%
Extremely Safe	15.8%	7.9%	25.0%	25.5%	41.8%	20.8%	46.2%	51.1%	30.7%	27.9%

Sources:　● 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 332]
Notes:　● Asked of all respondents.

Perceive Own Neighborhood as "Slightly" or "Not At All" Safe

Metro Area

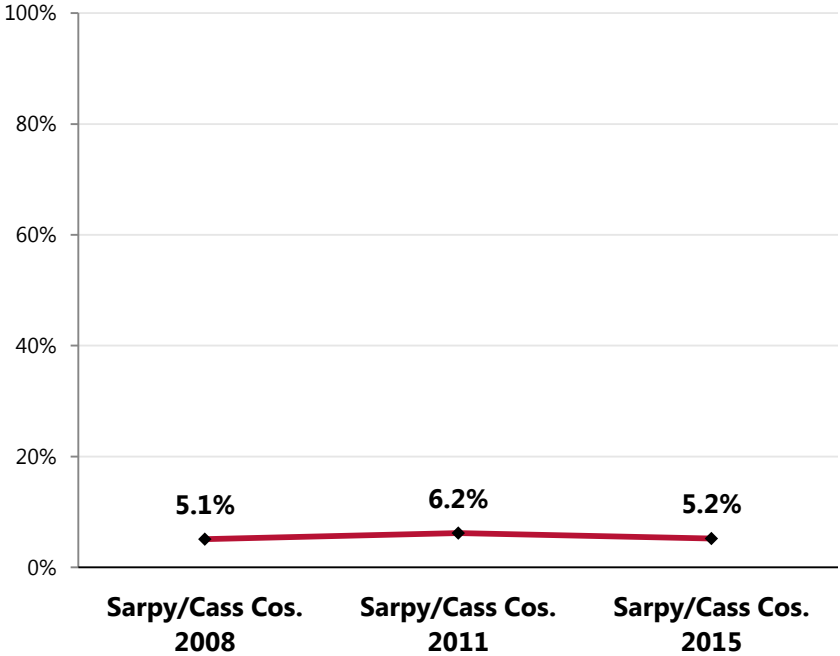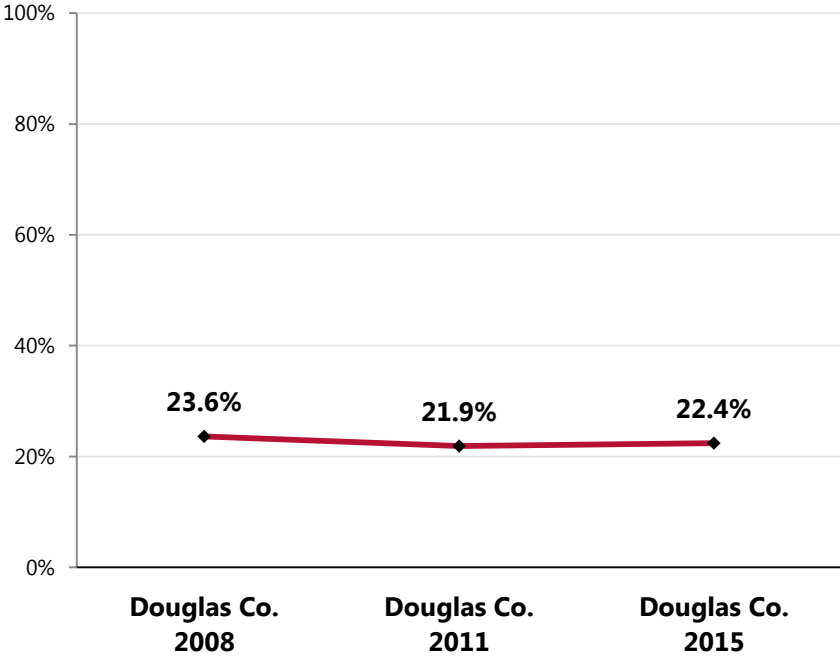|	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area
	40.3%	35.8%	18.5%	7.3%	2.7%	22.4%	5.4%	3.5%	17.9%	18.0%

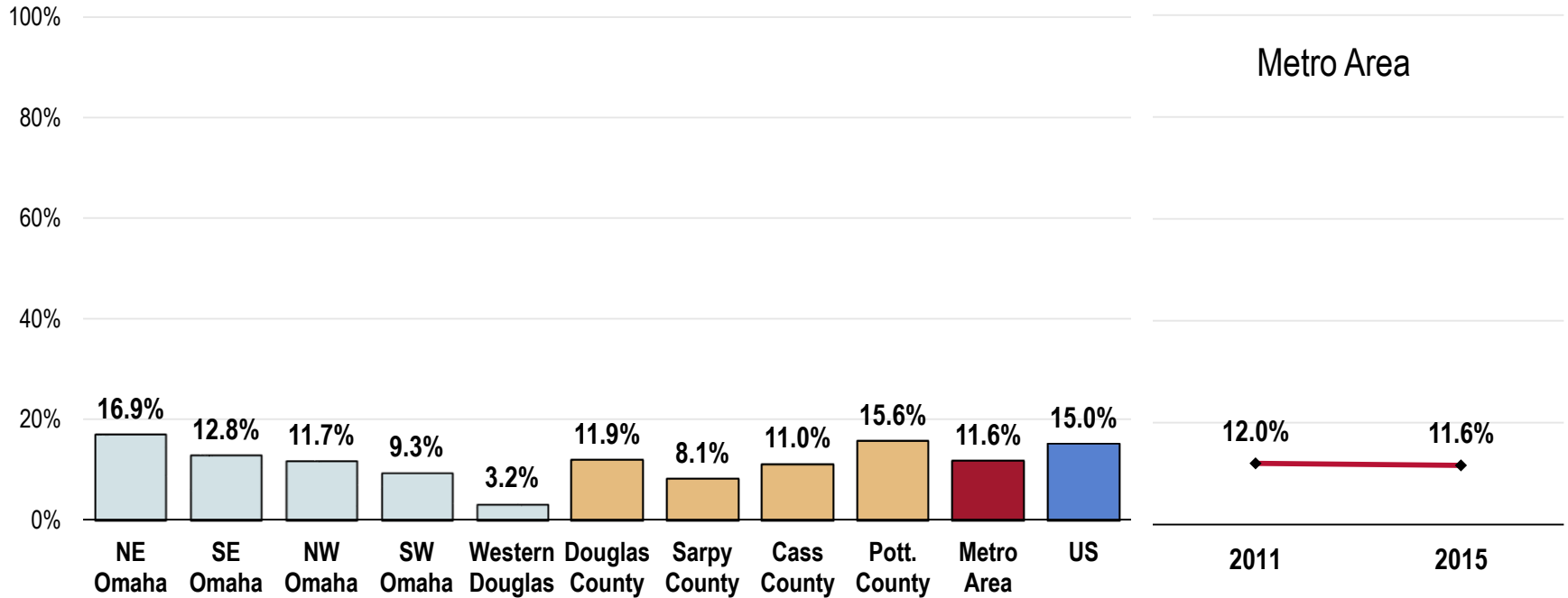Metro Area: 2011 — 17.4%, 2015 — 18.0%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 332]
Notes: ● Asked of all respondents.

Perceive Own Neighborhood as "Slightly" or "Not At All" Safe
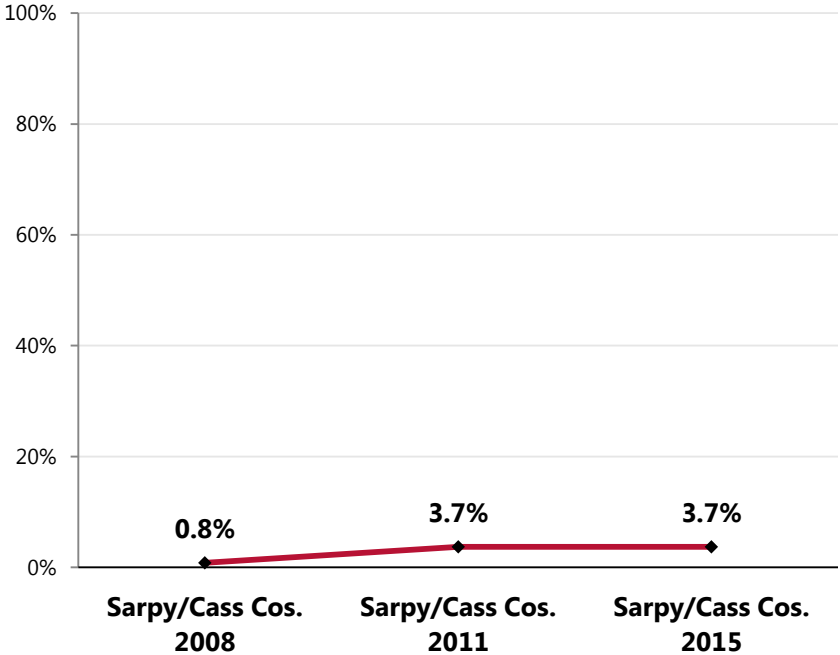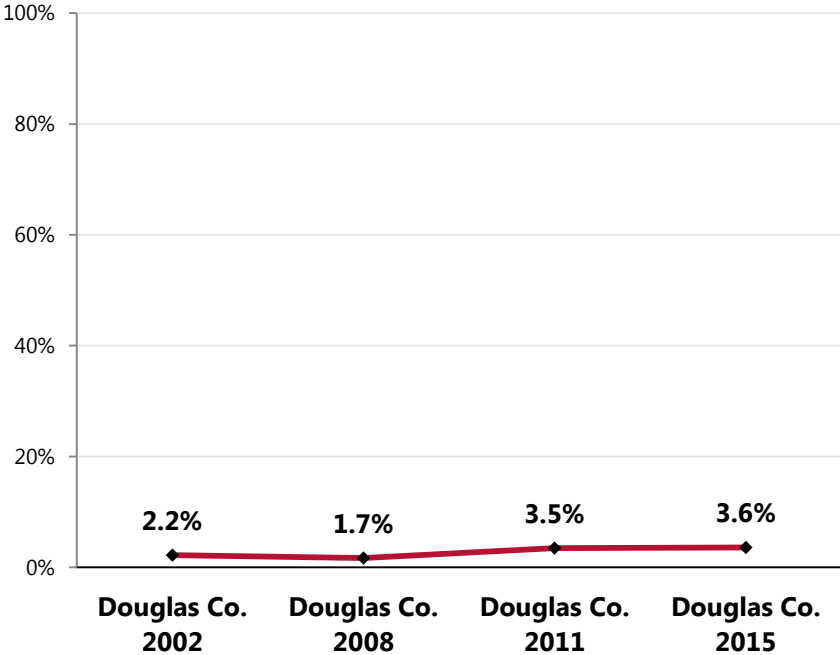

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 332]
Notes: ● Asked of all respondents.

Have Ever Been Hit, Slapped, Pushed, Kicked, or Hurt in Any Way by an Intimate Partner

Metro Area

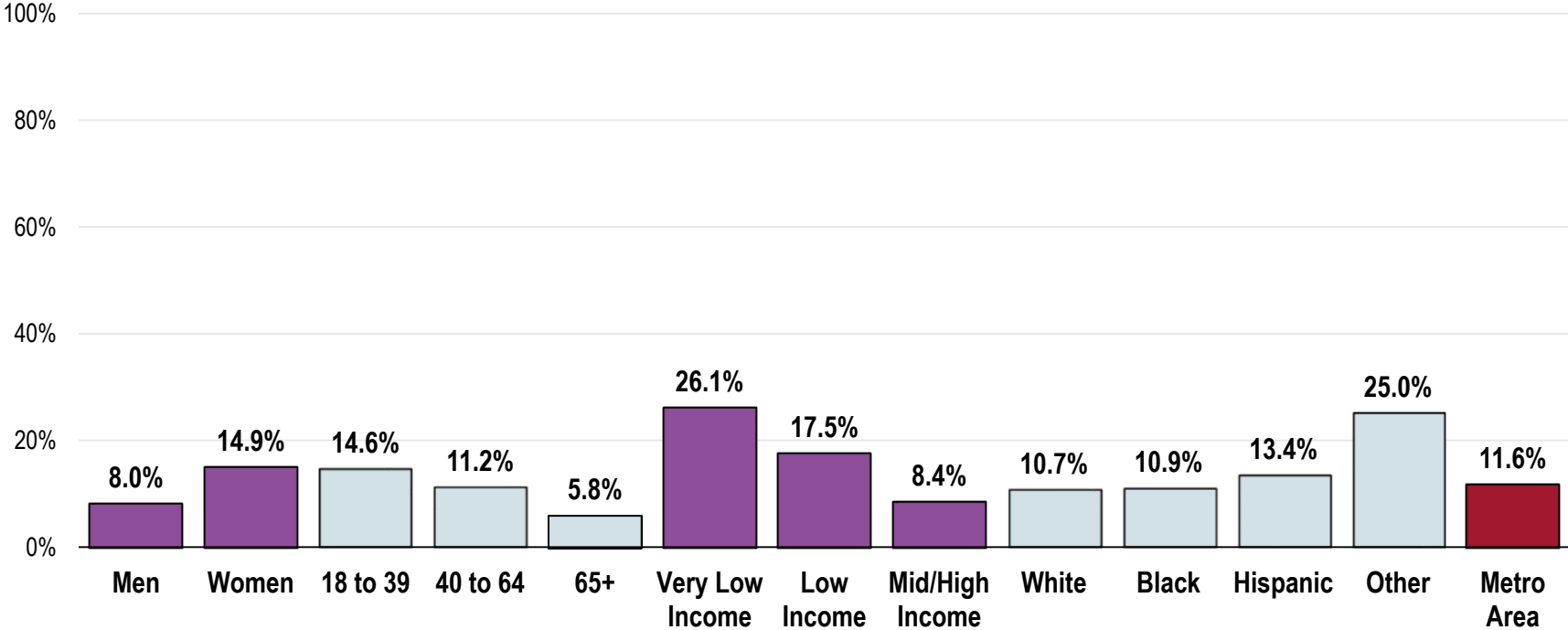|		
NE Omaha	16.9%	
SE Omaha	12.8%	
NW Omaha	11.7%	
SW Omaha	9.3%	
Western Douglas	3.2%	
Douglas County	11.9%	
Sarpy County	8.1%	
Cass County	11.0%	
Pott. County	15.6%	
Metro Area	11.6%	
US	15.0%	

Metro Area: 2011 — 12.0%, 2015 — 11.6%

Sources:
● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 51]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.

Notes:
● Asked of all respondents.

Have Experienced Domestic Violence in the Past 5 Years

Douglas Co. 2002: 2.2%
Douglas Co. 2008: 1.7%
Douglas Co. 2011: 3.5%
Douglas Co. 2015: 3.6%

Sarpy/Cass Cos. 2008: 0.8%
Sarpy/Cass Cos. 2011: 3.7%
Sarpy/Cass Cos. 2015: 3.7%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 312]
Notes: ● Asked of all respondents.

Professional Research Consultants, Inc.

Have Ever Been Hit, Slapped, Pushed, Kicked, or Hurt in Any Way by an Intimate Partner
(Metro Area, 2015)

Category	Value
Men	8.0%
Women	14.9%
18 to 39	14.6%
40 to 64	11.2%
65+	5.8%
Very Low Income	26.1%
Low Income	17.5%
Mid/High Income	8.4%
White	10.7%
Black	10.9%
Hispanic	13.4%
Other	25.0%
Metro Area	11.6%

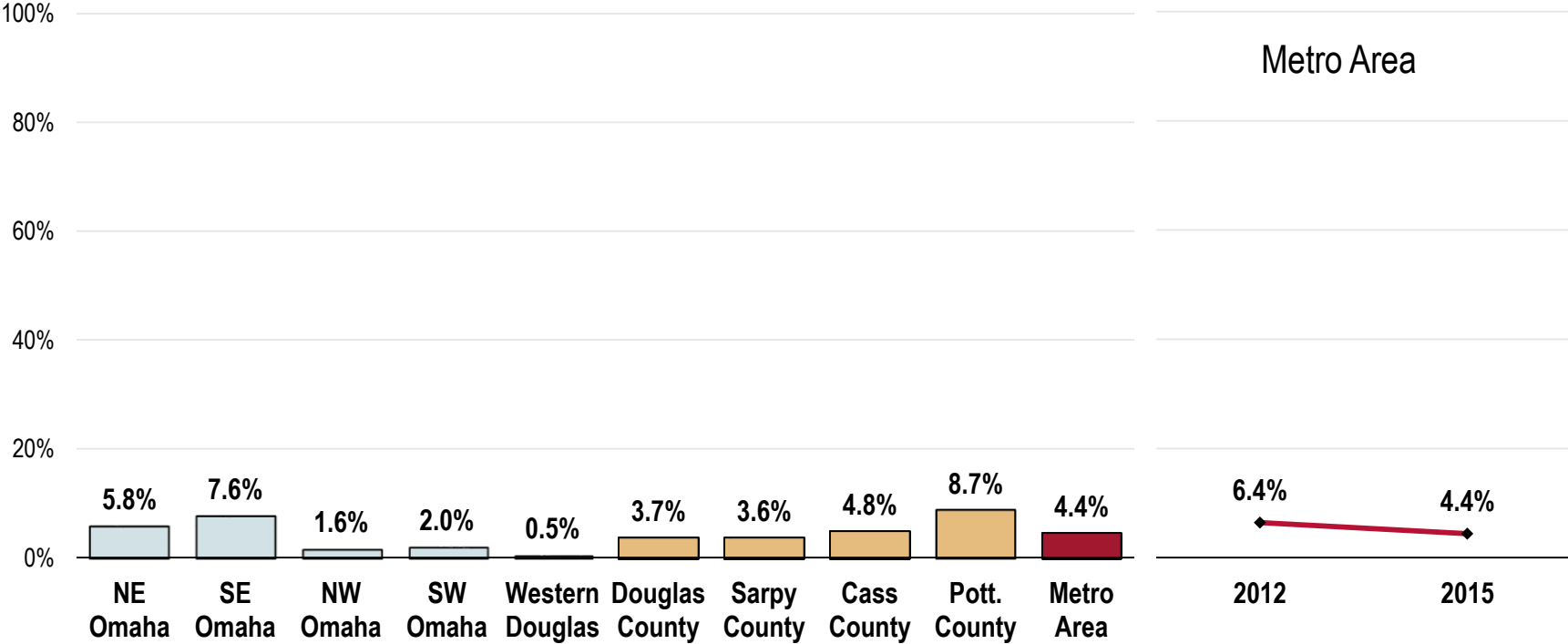Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 51]
Notes: ● Asked of all respondents.
● Hispanics can be of any race. Other race categories are non-Hispanic categorizations (e.g., "White" reflects non-Hispanic White respondents).
● Income categories reflect respondent's household income as a ratio to the federal poverty level (FPL) for their household size. "Very Low Income" includes households living with defined poverty status; "Low Income" includes households with incomes just above the FPL, earning up to twice the poverty threshold; "Mid/High Income" includes households with incomes at 200% or more of the federal poverty level.
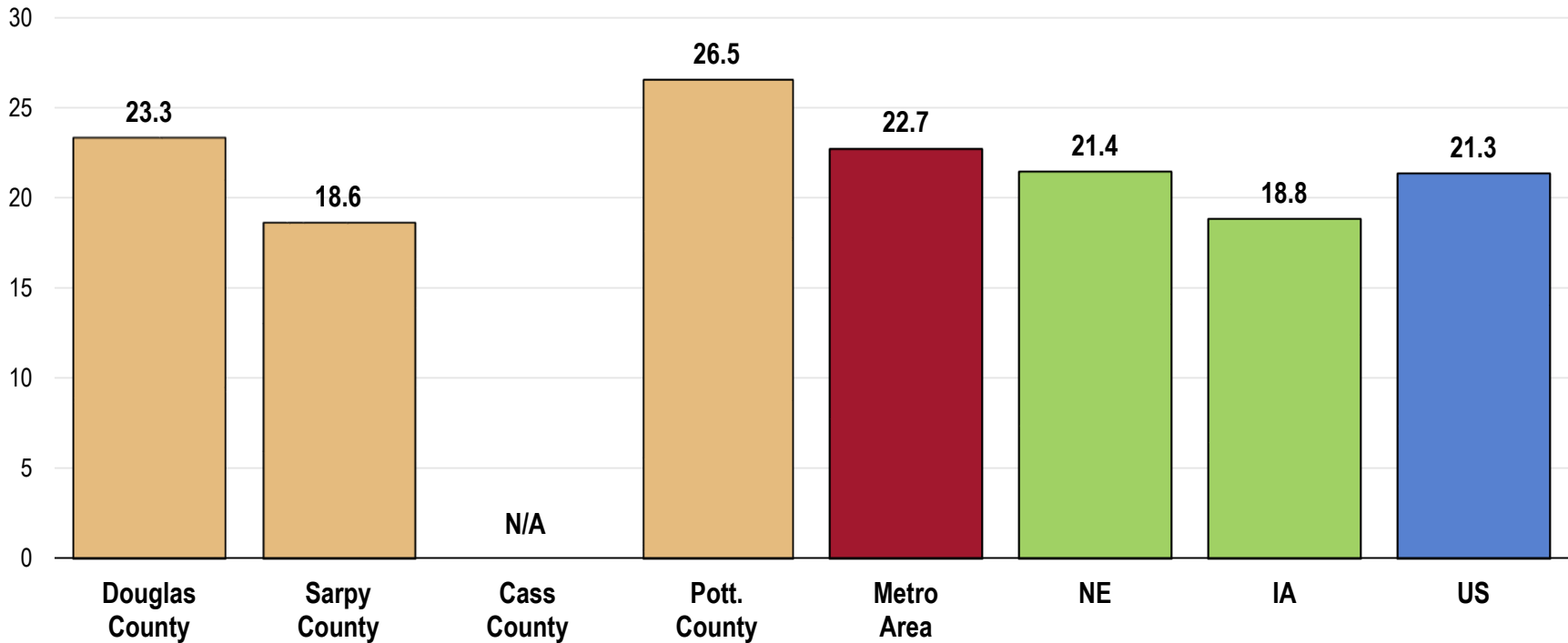
An Intimate Partner Has Been Controlling, Degrading, Harassing, or Disruptively Jealous in the Past 5 Years

Metro Area

NE Omaha	5.8%
SE Omaha	7.6%
NW Omaha	1.6%
SW Omaha	2.0%
Western Douglas	0.5%
Douglas County	3.7%
Sarpy County	3.6%
Cass County	4.8%
Pott. County	8.7%
Metro Area	4.4%
2012	6.4%
2015	4.4%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 313]
Notes: ● Asked of all respondents.

Diabetes

Diabetes: Age-Adjusted Mortality
(2011-2013 Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 20.5 or Lower (Adjusted)

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
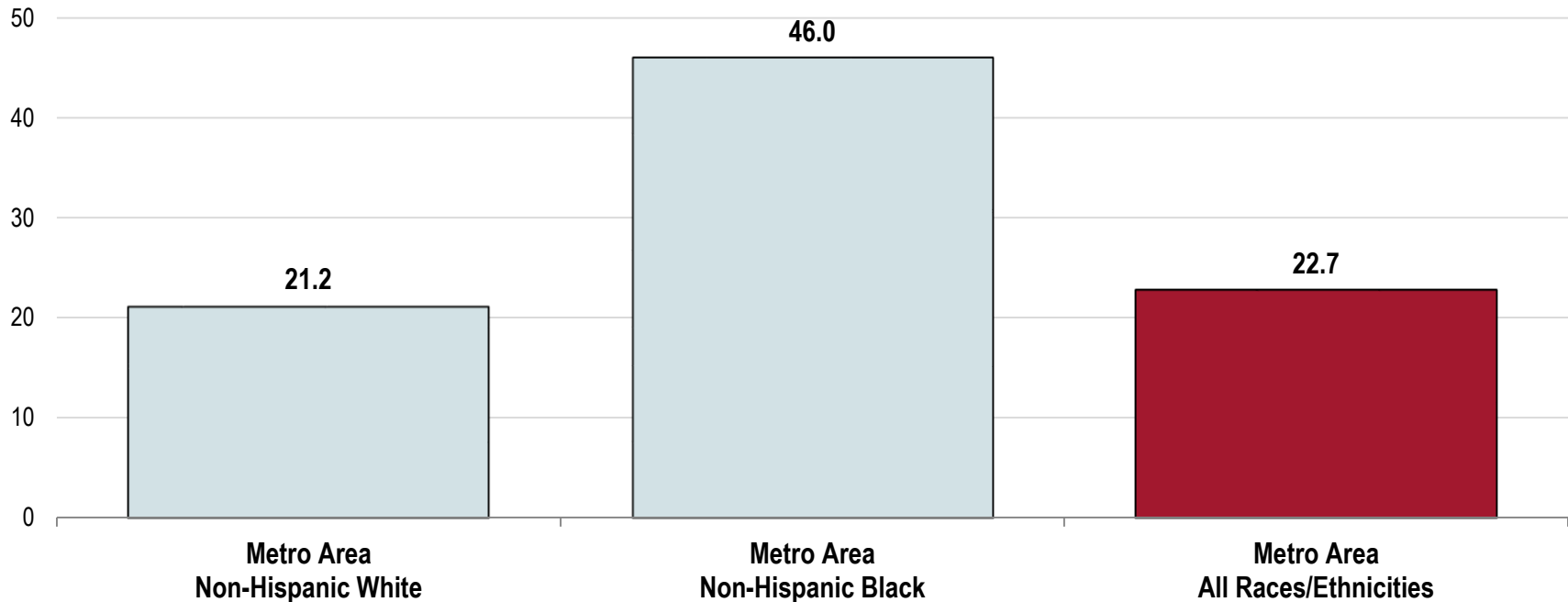- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective D-3]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
- The Healthy People 2020 target for Diabetes is adjusted to account for only diabetes mellitus coded deaths.

Diabetes: Age-Adjusted Mortality by Race
(2011-2013 Annual Average Deaths per 100,000 Population)
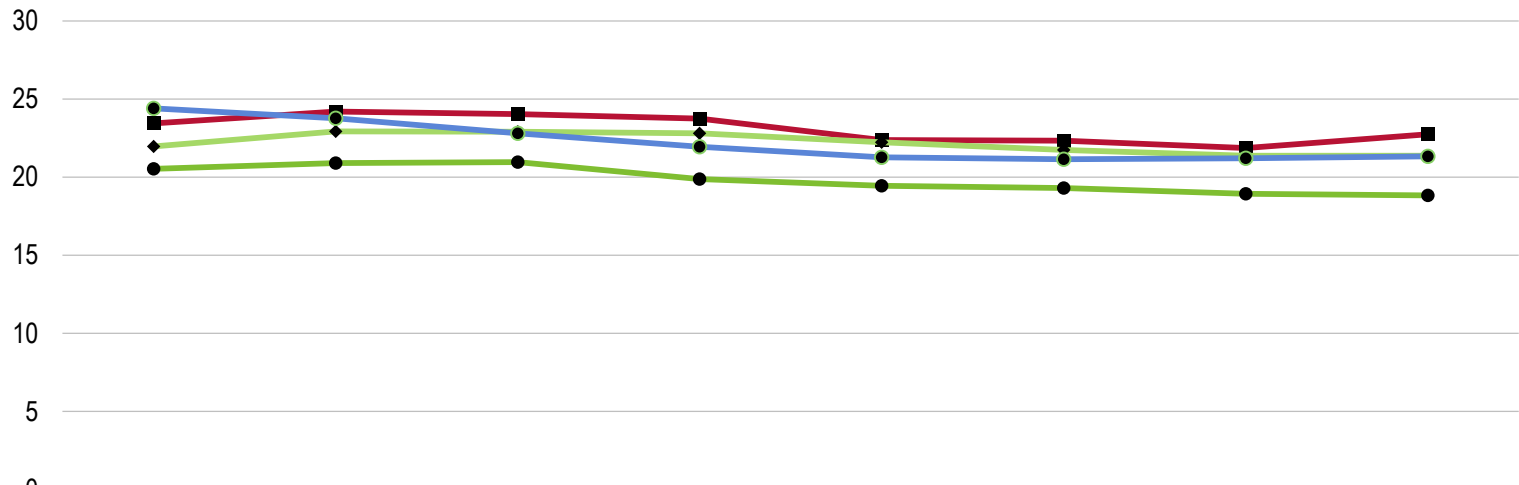### Healthy People 2020 Target = 20.5 or Lower (Adjusted)

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective D-3]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
- The Healthy People 2020 target for Diabetes is adjusted to account for only diabetes mellitus coded deaths.

Diabetes: Age-Adjusted Mortality Trends
## (Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 20.5 or Lower (Adjusted)

	2004-2006	2005-2007	2006-2008	2007-2009	2008-2010	2009-2011	2010-2012	2011-2013
Metro Area	23.4	24.2	24.0	23.7	22.4	22.3	21.9	22.7
Nebraska	22.0	22.9	22.9	22.8	22.2	21.7	21.4	21.4
Iowa	20.5	20.9	21.0	19.9	19.4	19.3	18.9	18.8
United States	24.4	23.8	22.8	21.9	21.3	21.1	21.2	21.3

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective D-3]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
- Local, state and national data are simple three-year averages.
- The Healthy People 2020 target for Diabetes is adjusted to account for only diabetes mellitus coded deaths.
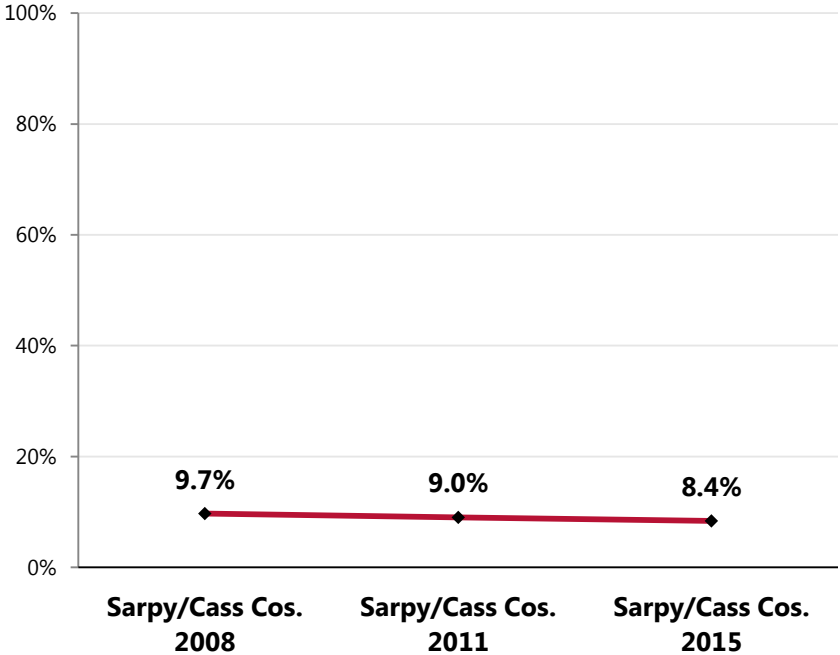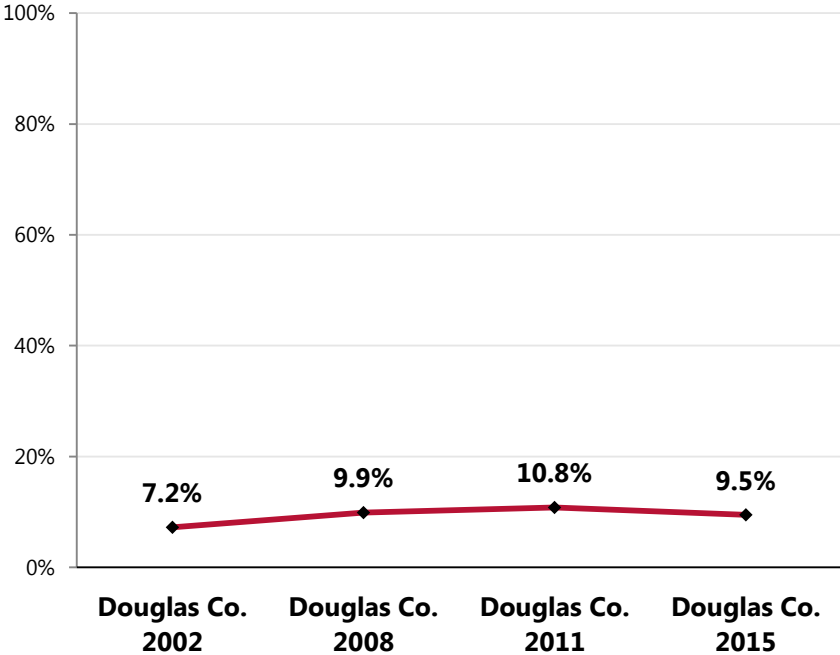
Prevalence of Diabetes

Metro Area
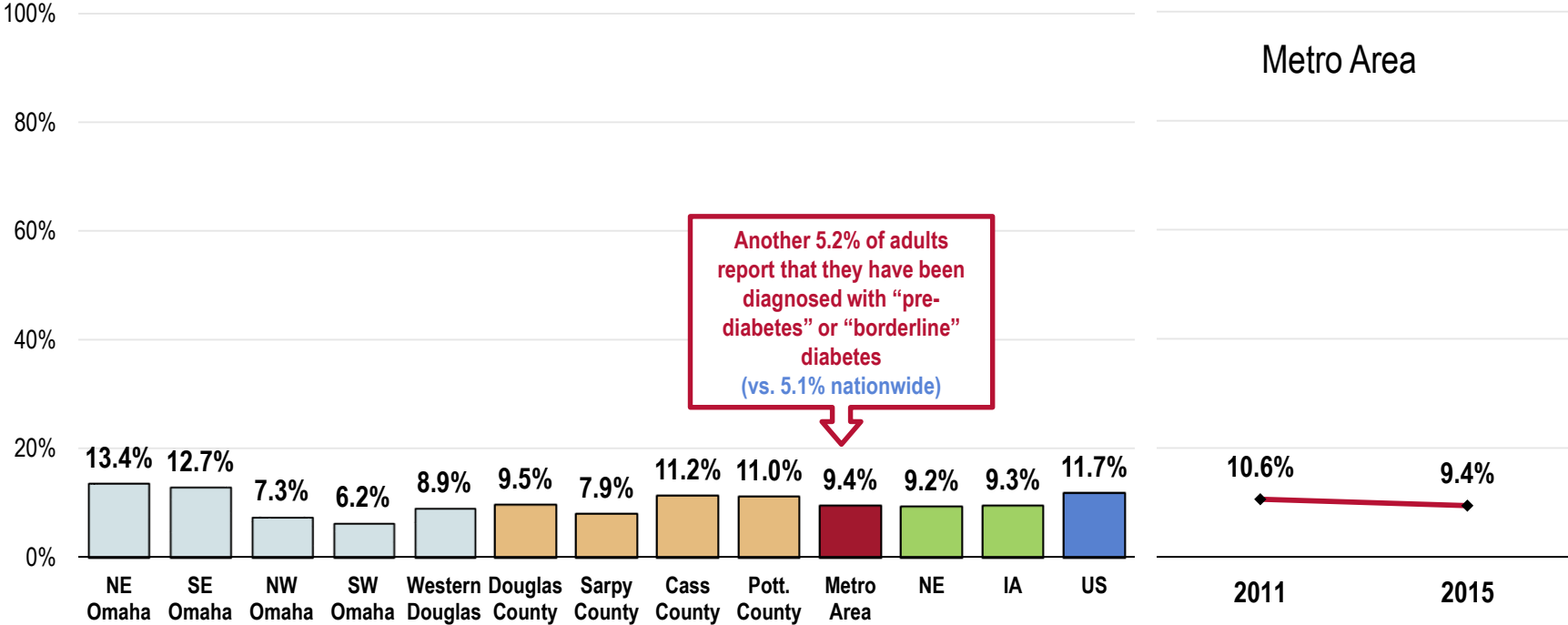
Another 5.2% of adults report that they have been diagnosed with "pre-diabetes" or "borderline" diabetes
(vs. 5.1% nationwide)

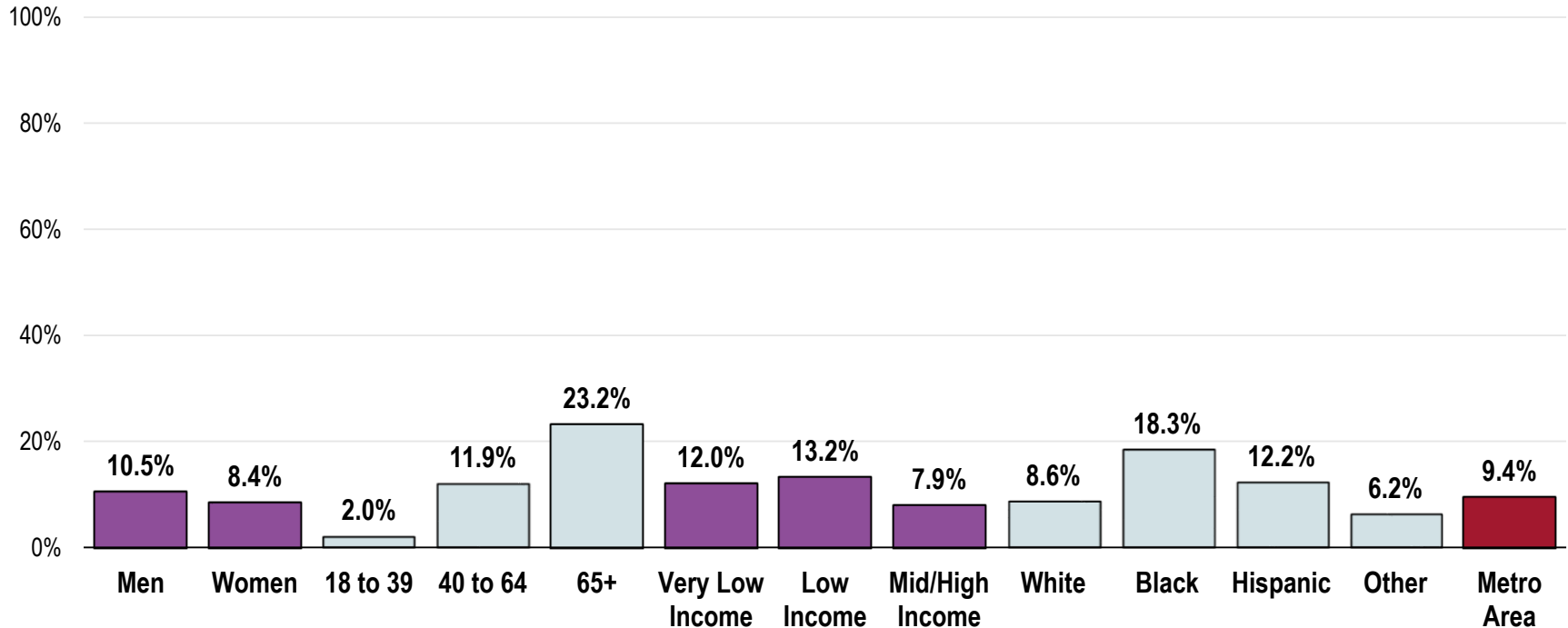|												
13.4%	12.7%	7.3%	6.2%	8.9%	9.5%	7.9%	11.2%	11.0%	9.4%	9.2%	9.3%	11.7%
NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	NE	IA	US

Metro Area: 10.6% (2011) → 9.4% (2015)

Sources:
- PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 136]
- 2013 PRC National Health Survey, Professional Research Consultants, Inc.
- Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Nebraska. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): 2013 Nebraska and Iowa data.

Notes:
- Asked of all respondents.
- Local and national data exclude gestation diabetes (occurring only during pregnancy).
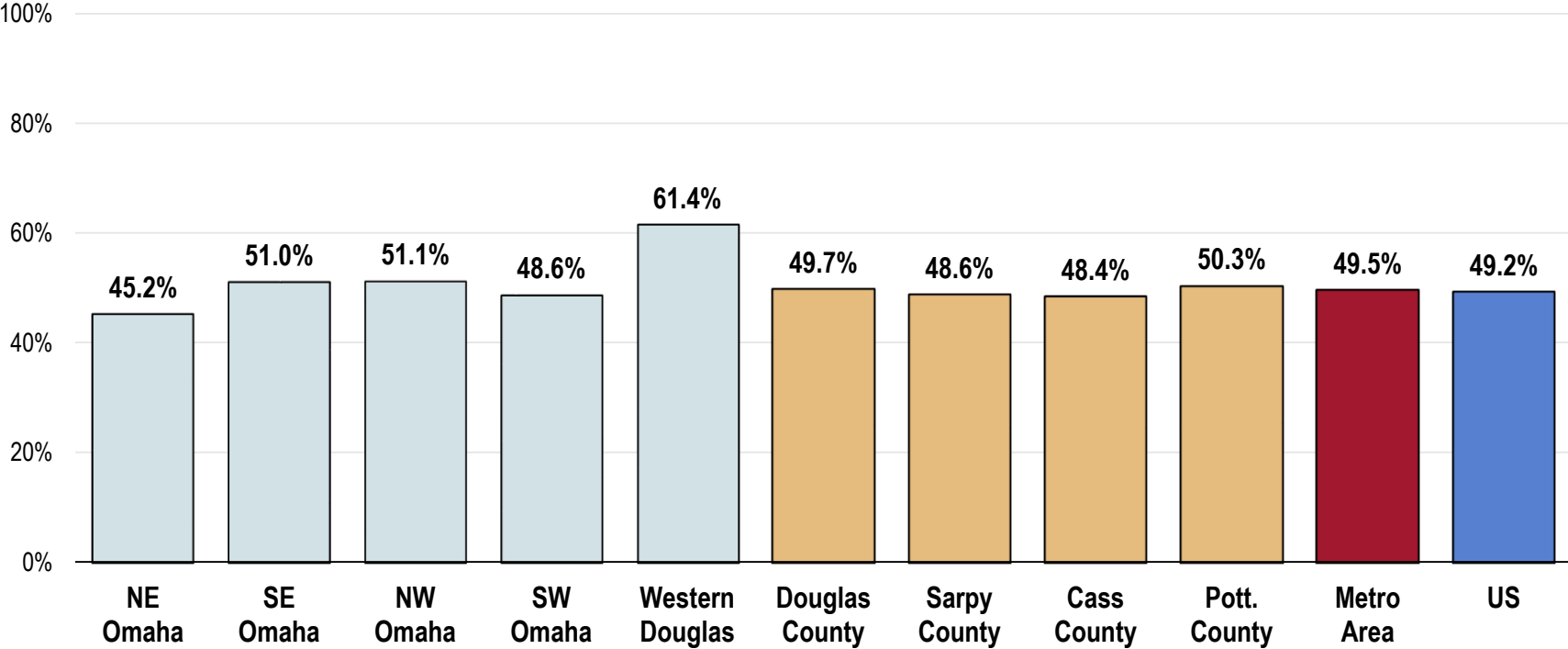
Prevalence of Diabetes

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 136]
Notes: ● Asked of all respondents.

Prevalence of Diabetes
(Metro Area, 2015)

| Category	Value
Men	10.5%
Women	8.4%
18 to 39	2.0%
40 to 64	11.9%
65+	23.2%
Very Low Income	12.0%
Low Income	13.2%
Mid/High Income	7.9%
White	8.6%
Black	18.3%
Hispanic	12.2%
Other	6.2%
Metro Area	9.4%

Sources:
- 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 136]

Notes:
- Asked of all respondents.
- Hispanics can be of any race. Other race categories are non-Hispanic categorizations (e.g., "White" reflects non-Hispanic White respondents).
- Income categories reflect respondent's household income as a ratio to the federal poverty level (FPL) for their household size. "Very Low Income" includes households living with defined poverty status; "Low Income" includes households with incomes just above the FPL, earning up to twice the poverty threshold; "Mid/High Income" includes households with incomes at 200% or more of the federal poverty level.
- Excludes gestation diabetes (occurring only during pregnancy).

Have Had Blood Sugar Tested in the Past Three Years
(Among Non-Diabetics)

45.2%	51.0%	51.1%	48.6%	61.4%	49.7%	48.6%	48.4%	50.3%	49.5%	49.2%
NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	US

Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 40]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
Notes: ● Asked of respondents who have not been diagnosed with diabetes.

Taking Insulin or Other Medication for Diabetes
(Metro Area Diabetics, 2015)

Yes 82.4%

2011: 83.4%
US: 80.4%

No 17.6%
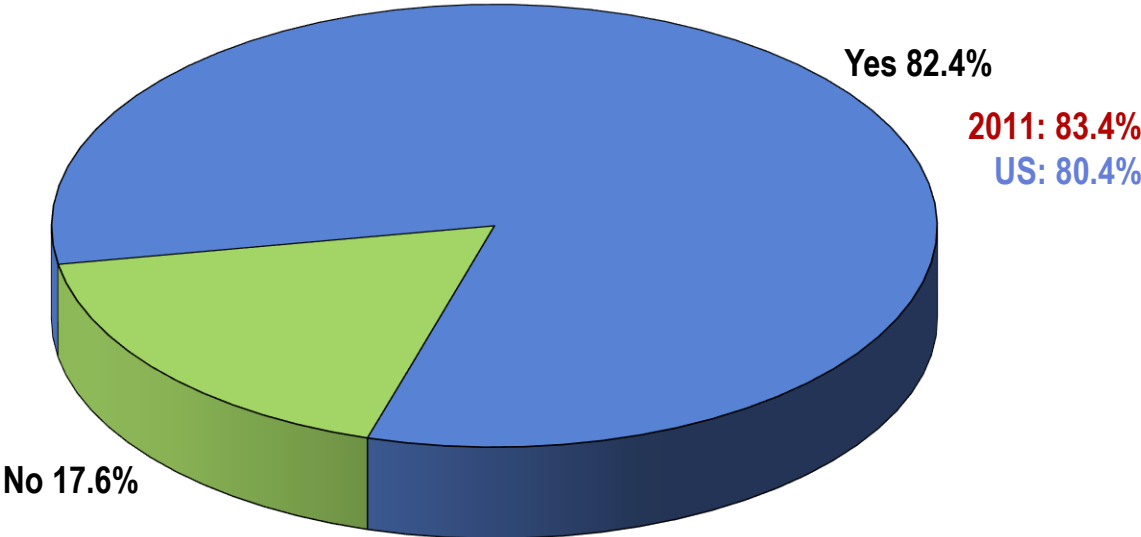
Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 311]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
Notes: ● Asked of all diabetic respondents.

Perceptions of Diabetes
as a Problem in the Community
(Key Informants, 2015)

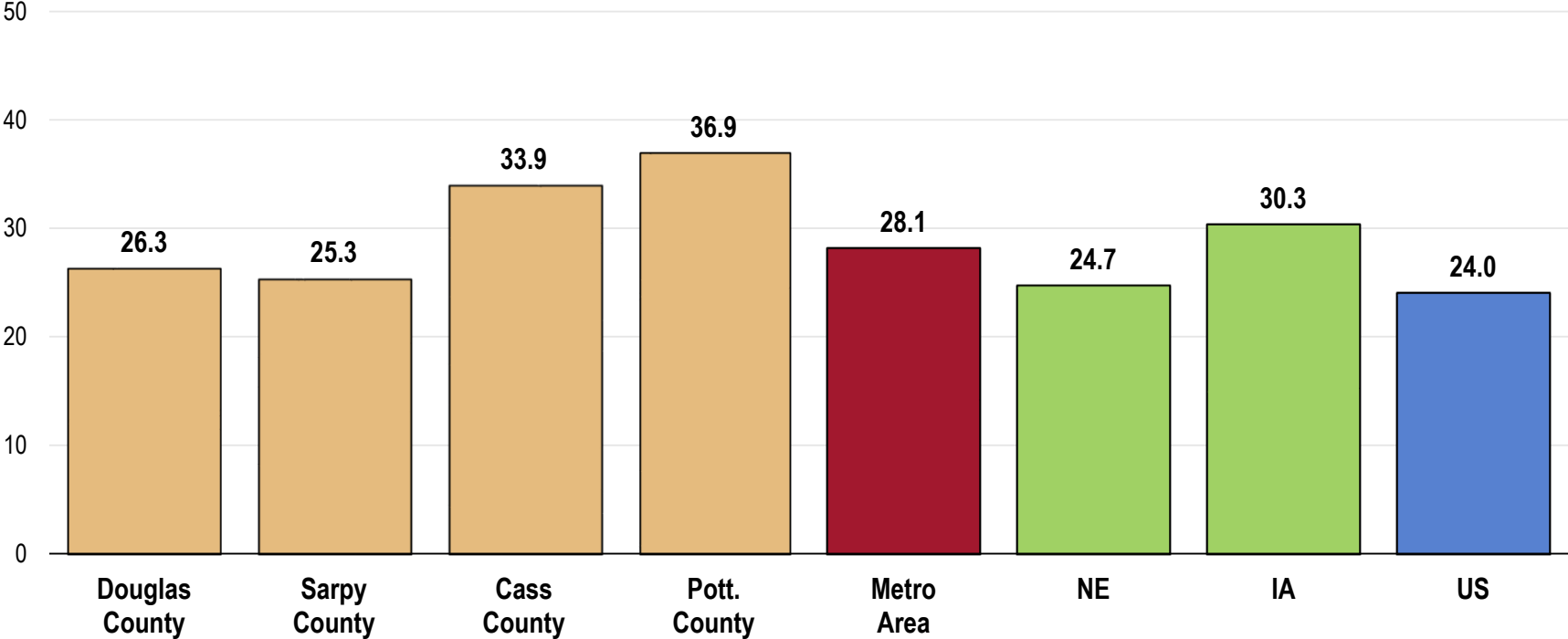■ Major Problem　　■ Moderate Problem　　■ Minor Problem　　■ No Problem At All

63.0%	18.0%	6.0%	5.0%

Sources:　●　PRC Key Informant Focus Groups, August 2015.

Alzheimer's Disease

Professional Research Consultants, Inc.

Alzheimer's Disease: Age-Adjusted Mortality
(2011-2013 Annual Average Deaths per 100,000 Population)

Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	NE	IA	US
26.3	25.3	33.9	36.9	28.1	24.7	30.3	24.0

Sources: ● CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.

Notes: ● Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
● Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.

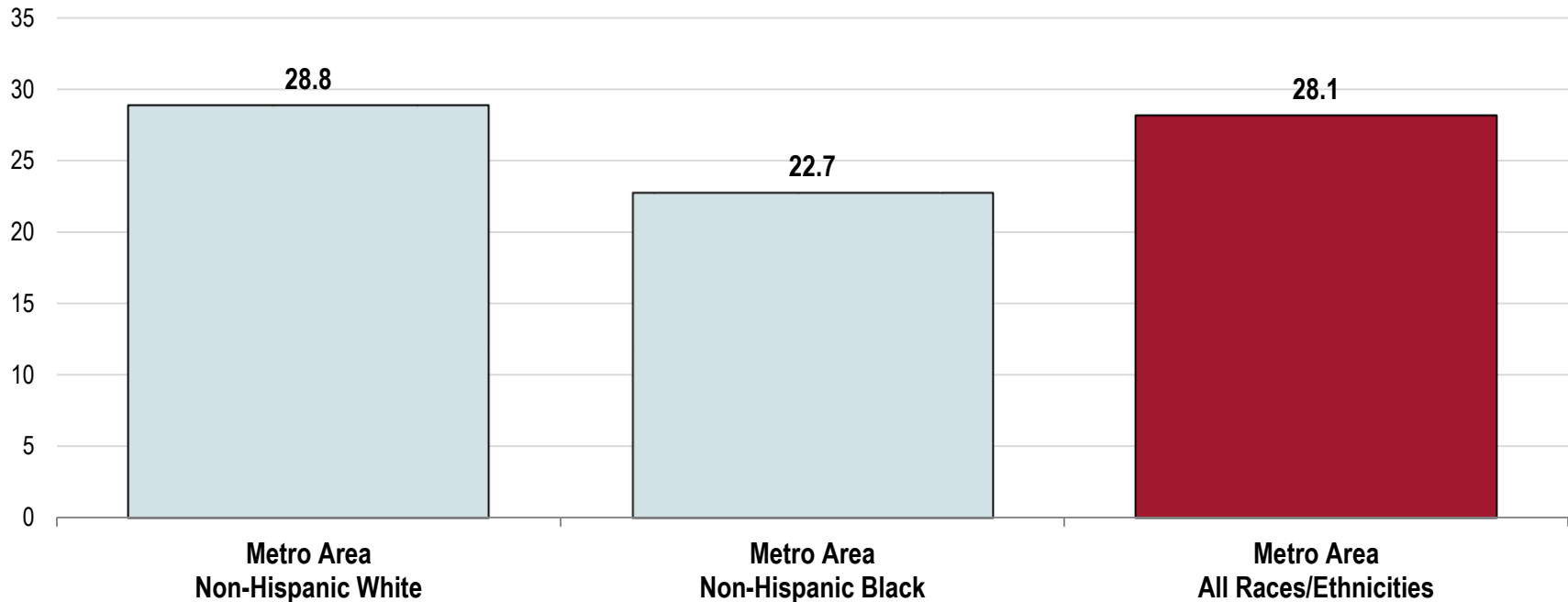# Alzheimer's Disease: Age-Adjusted Mortality by Race
(2011-2013 Annual Average Deaths per 100,000 Population)

Sources: ● CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.

Notes: ● Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
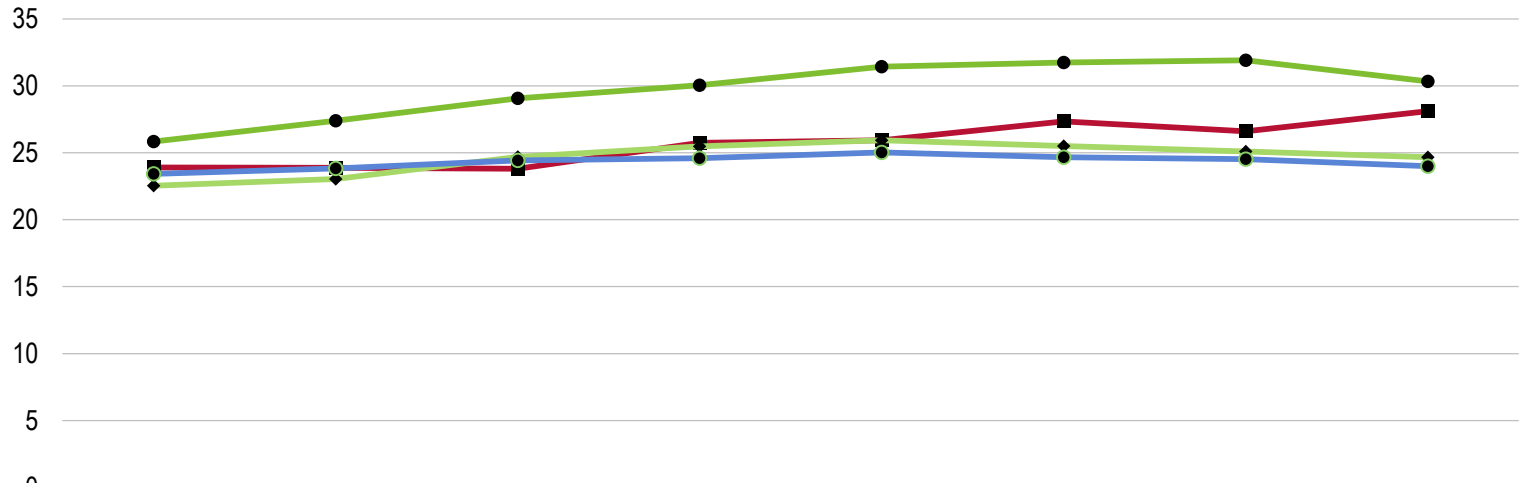● Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.

Alzheimer's Disease: Age-Adjusted Mortality Trends
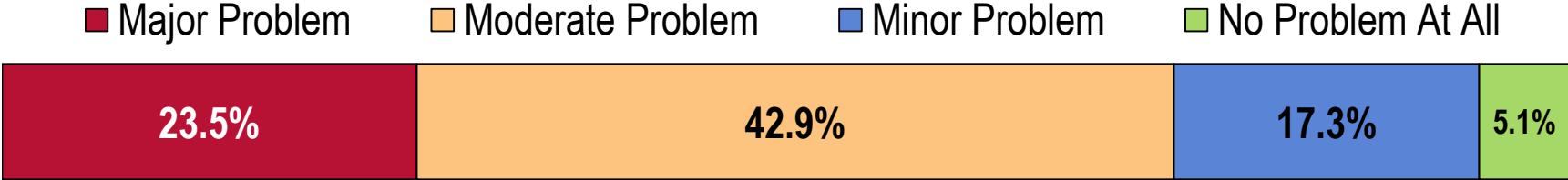## (Annual Average Deaths per 100,000 Population)

	2004-2006	2005-2007	2006-2008	2007-2009	2008-2010	2009-2011	2010-2012	2011-2013
Metro Area	23.9	23.9	23.8	25.7	25.9	27.3	26.6	28.1
Nebraska	22.5	23.0	24.7	25.5	25.9	25.5	25.1	24.7
Iowa	25.8	27.4	29.1	30.0	31.4	31.7	31.9	30.3
United States	23.4	23.8	24.4	24.6	25.0	24.7	24.5	24.0

Sources: ● CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.

Notes: ● Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
● Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.

Perceptions of Dementia/Alzheimer's Disease as a Problem in the Community
(Key Informants, 2015)

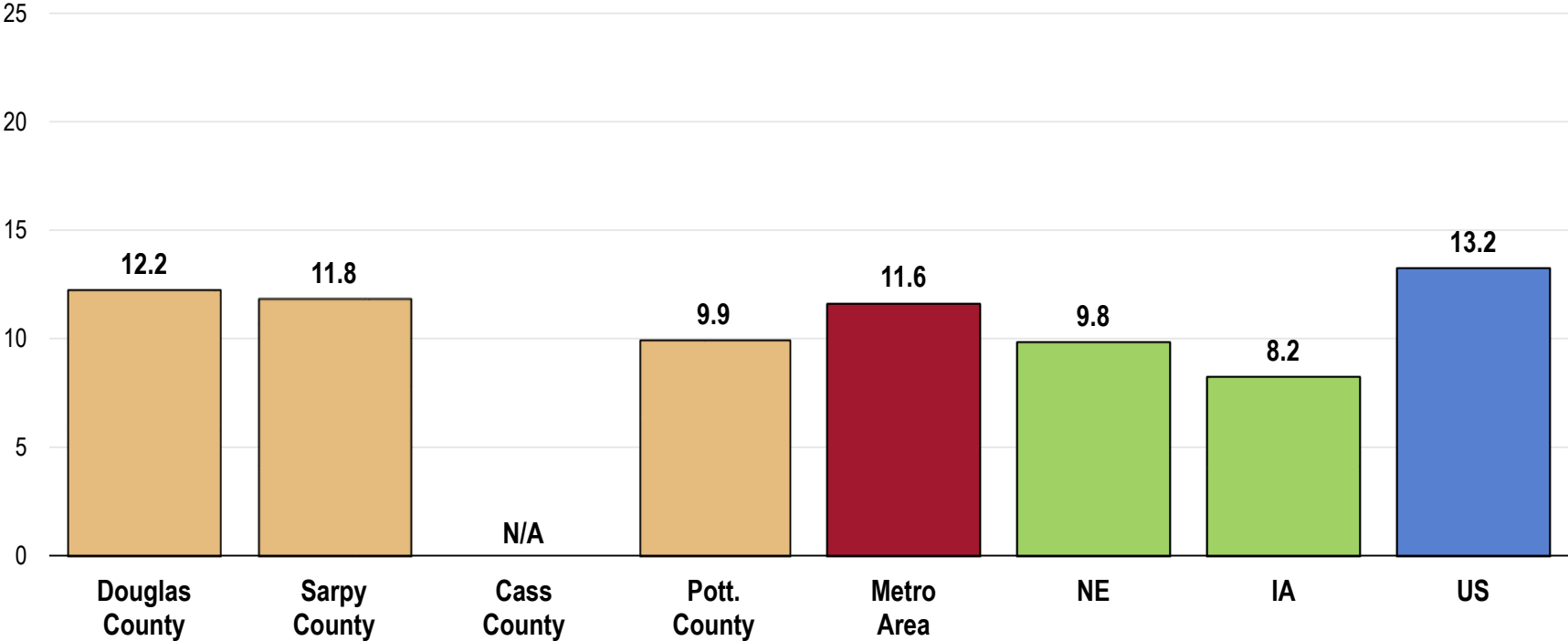■ Major Problem   □ Moderate Problem   ■ Minor Problem   □ No Problem At All

23.5%	42.9%	17.3%	5.1%

Sources: ●   PRC Key Informant Focus Groups, August 2015.

Kidney Disease

Professional Research Consultants, Inc.

Kidney Disease: Age-Adjusted Mortality
(2011-2013 Annual Average Deaths per 100,000 Population)

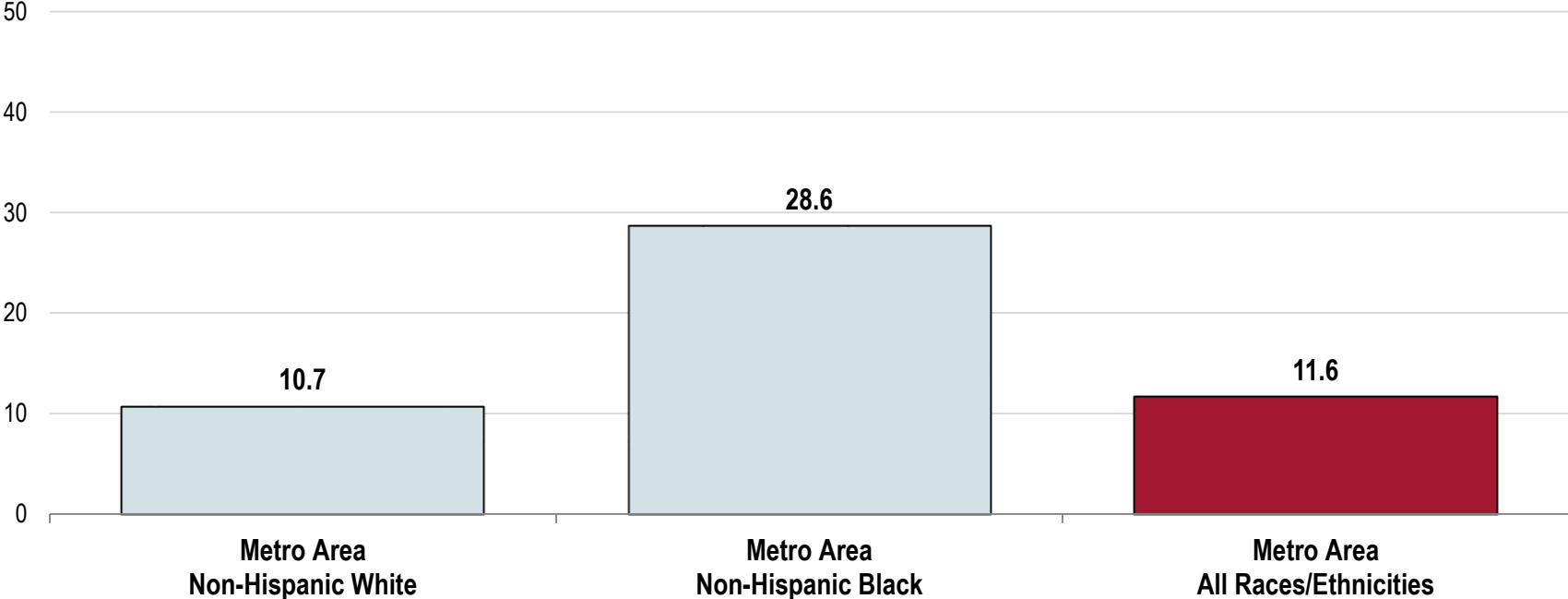|	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	NE	IA	US
Value	12.2	11.8	N/A	9.9	11.6	9.8	8.2	13.2

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.

Kidney Disease: Age-Adjusted Mortality by Race
(2011-2013 Annual Average Deaths per 100,000 Population)

Notes: ● Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
● Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
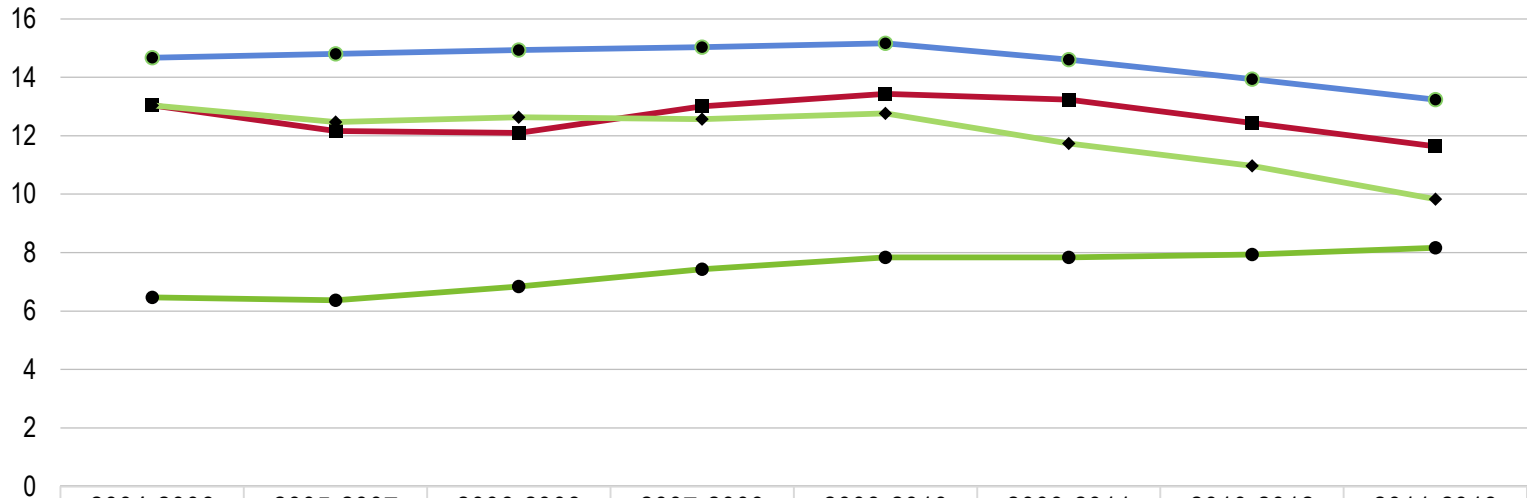
Kidney Disease: Age-Adjusted Mortality Trends
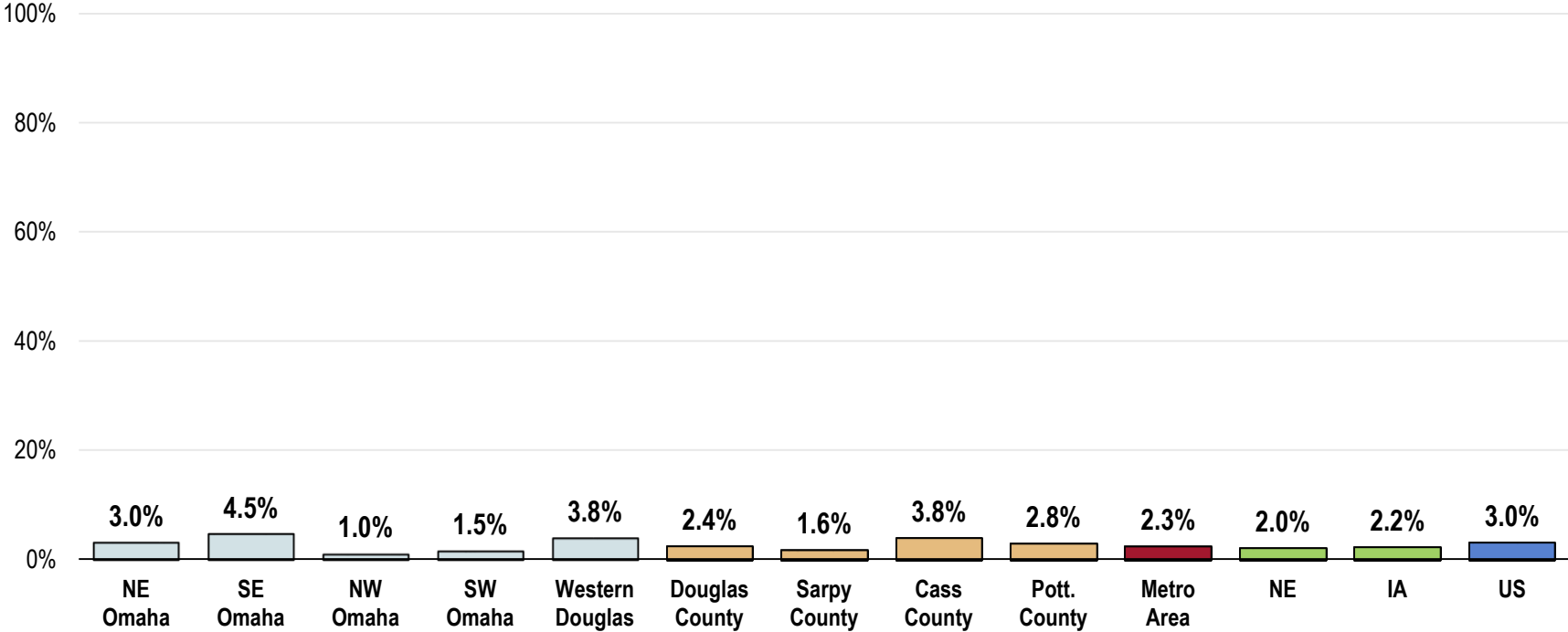## (Annual Average Deaths per 100,000 Population)

	2004-2006	2005-2007	2006-2008	2007-2009	2008-2010	2009-2011	2010-2012	2011-2013
Metro Area	13.0	12.2	12.1	13.0	13.4	13.2	12.4	11.6
Nebraska	13.0	12.5	12.6	12.6	12.8	11.7	11.0	9.8
Iowa	6.5	6.4	6.8	7.4	7.8	7.8	7.9	8.2
United States	14.7	14.8	14.9	15.0	15.2	14.6	13.9	13.2

Sources: ● CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.

Notes: ● Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
● Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
● State and national data are simple three-year averages.

Prevalence of Kidney Disease

3.0%	4.5%	1.0%	1.5%	3.8%	2.4%	1.6%	3.8%	2.8%	2.3%	2.0%	2.2%	3.0%
NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	NE	IA	US

Sources:
- 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 33]
- Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Nebraska. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): 2013 Nebraska and Iowa data.
- 2013 PRC National Health Survey, Professional Research Consultants, Inc.

Notes:
- Asked of all respondents.

Prevalence of Kidney Disease
(Metro Area, 2015)

|	Men	Women	18 to 39	40 to 64	65+	Very Low Income	Low Income	Mid/High Income	White	Black	Hispanic	Other	Metro Area
%	2.1%	2.6%	0.5%	3.1%	5.2%	3.8%	4.5%	1.7%	2.1%	7.5%	1.5%	0.6%	2.3%
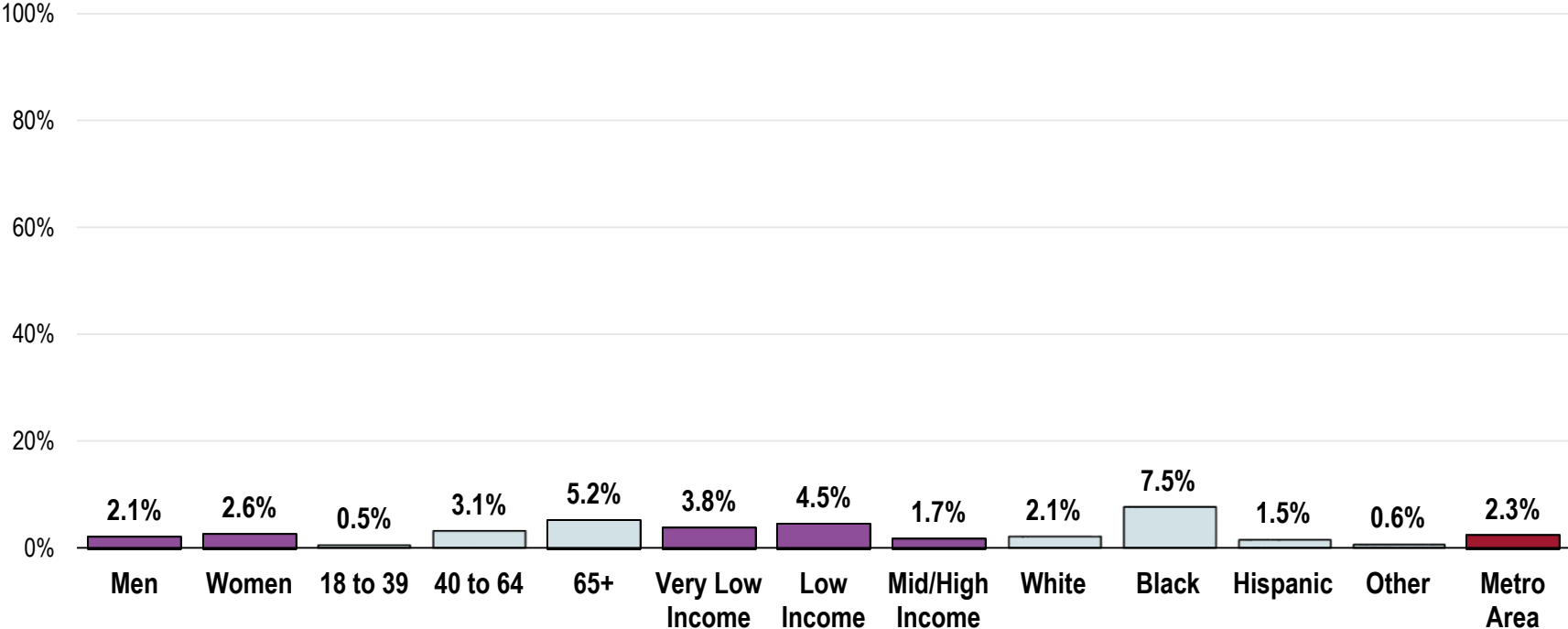
Sources: • 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 33]
Notes: • Asked of all respondents.
• Hispanics can be of any race. Other race categories are non-Hispanic categorizations (e.g., "White" reflects non-Hispanic White respondents).
• Income categories reflect respondent's household income as a ratio to the federal poverty level (FPL) for their household size. "Very Low Income" includes households living with defined poverty status; "Low Income" includes households with incomes just above the FPL, earning up to twice the poverty threshold; "Mid/High Income" includes households with incomes at 200% or more of the federal poverty level.

Perceptions of Chronic Kidney Disease
as a Problem in the Community
(Key Informants, 2015)

■ Major Problem   □ Moderate Problem   ■ Minor Problem   ■ No Problem At All

11.7%	43.6%	28.7%	5.3%
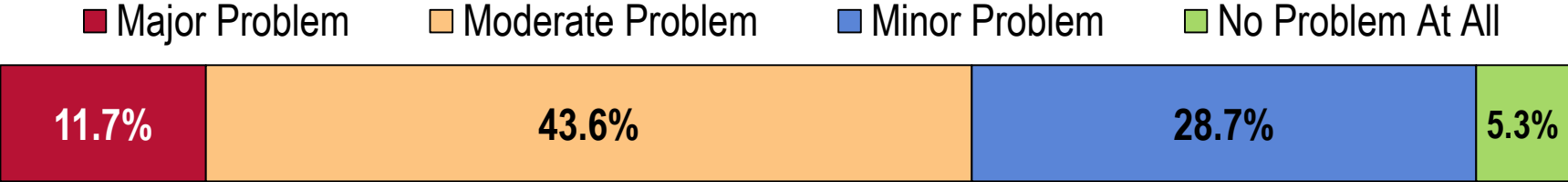
Sources: ● PRC Key Informant Focus Groups, August 2015.

Potentially Disabling Conditions

Professional Research Consultants, Inc.

Prevalence of Arthritis/Rheumatism
(Among Adults Age 50 and Older)

Metro Area

NE Omaha	37.2%	
SE Omaha	30.1%	
NW Omaha	28.1%	
SW Omaha	24.5%	
Western Douglas	27.5%	
Douglas County	29.4%	
Sarpy County	27.3%	
Cass County	20.9%	
Pott. County	39.2%	
Metro Area	30.1%	
US	37.3%	

2011	2015
32.5%	30.1%
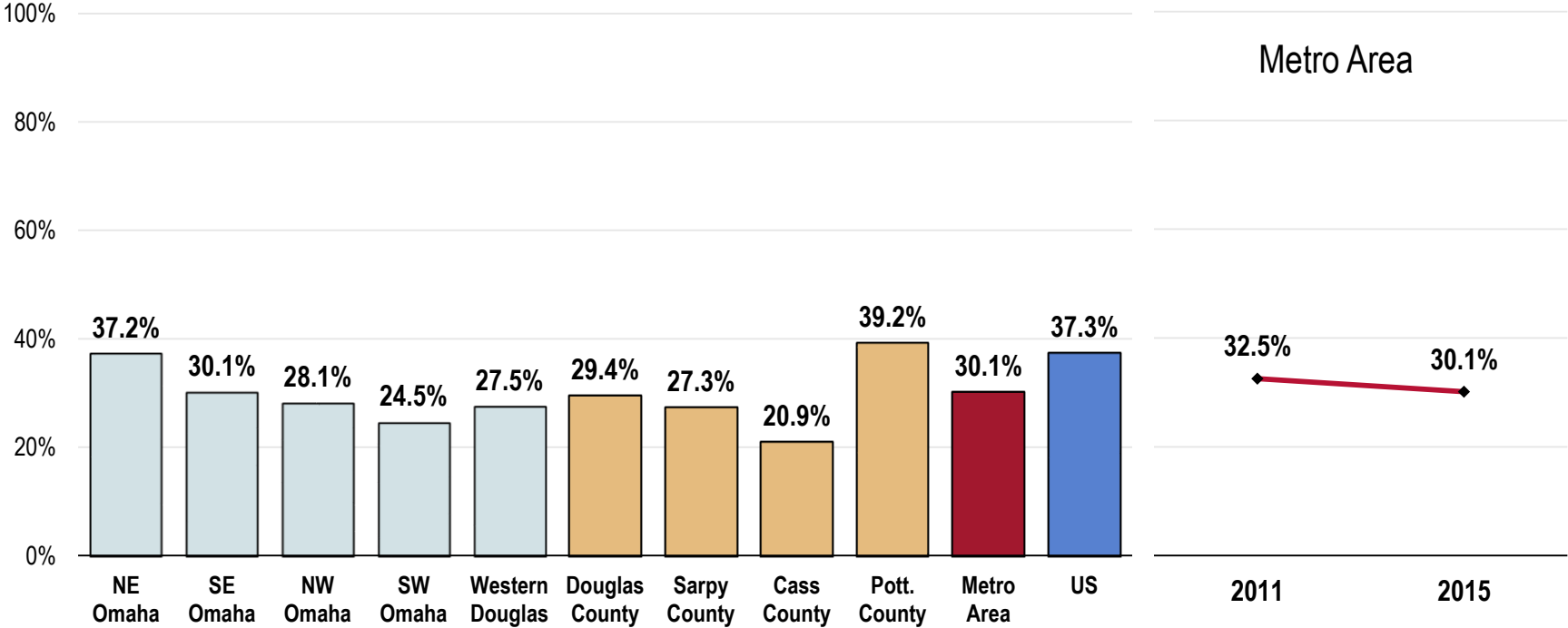
Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 139]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
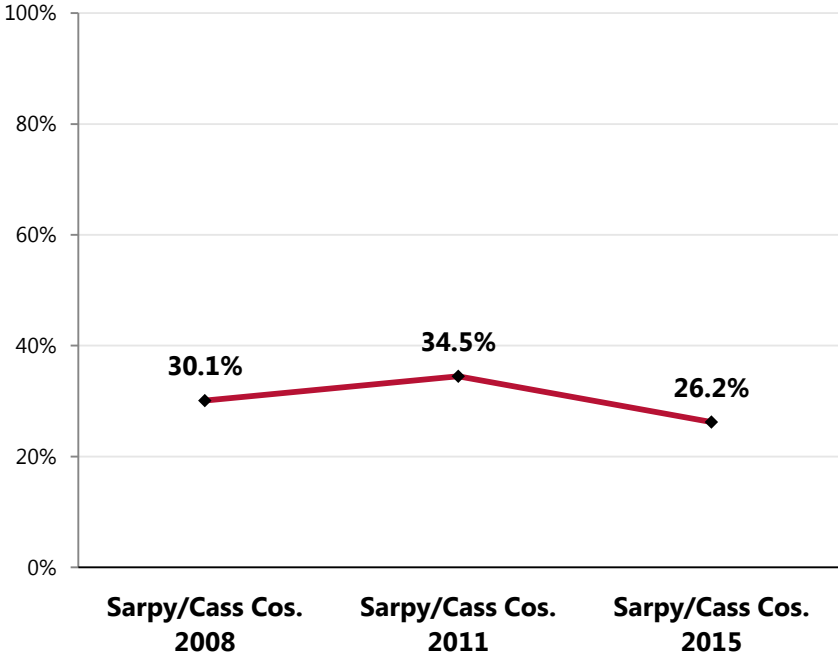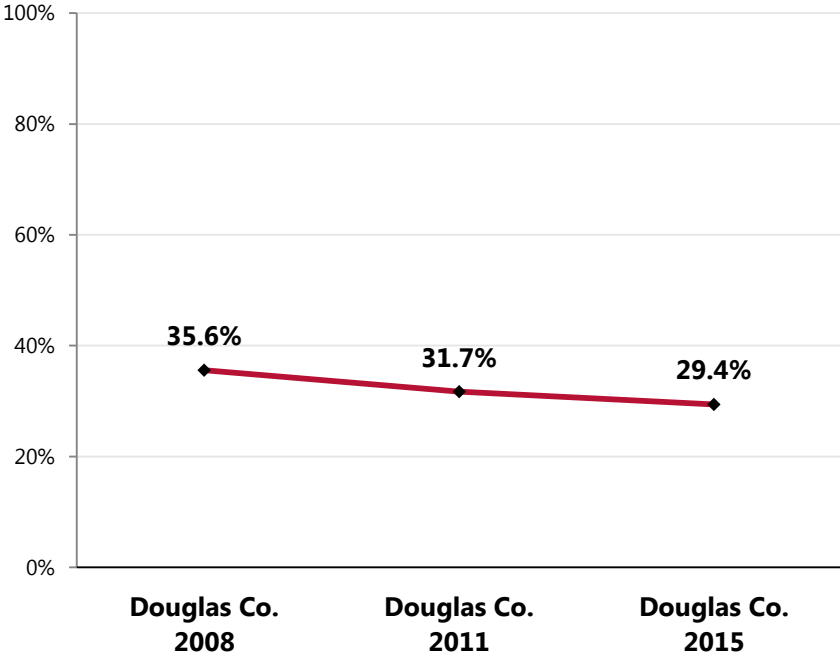Notes: ● Reflects respondents age 50 and older.

Prevalence of Arthritis/Rheumatism
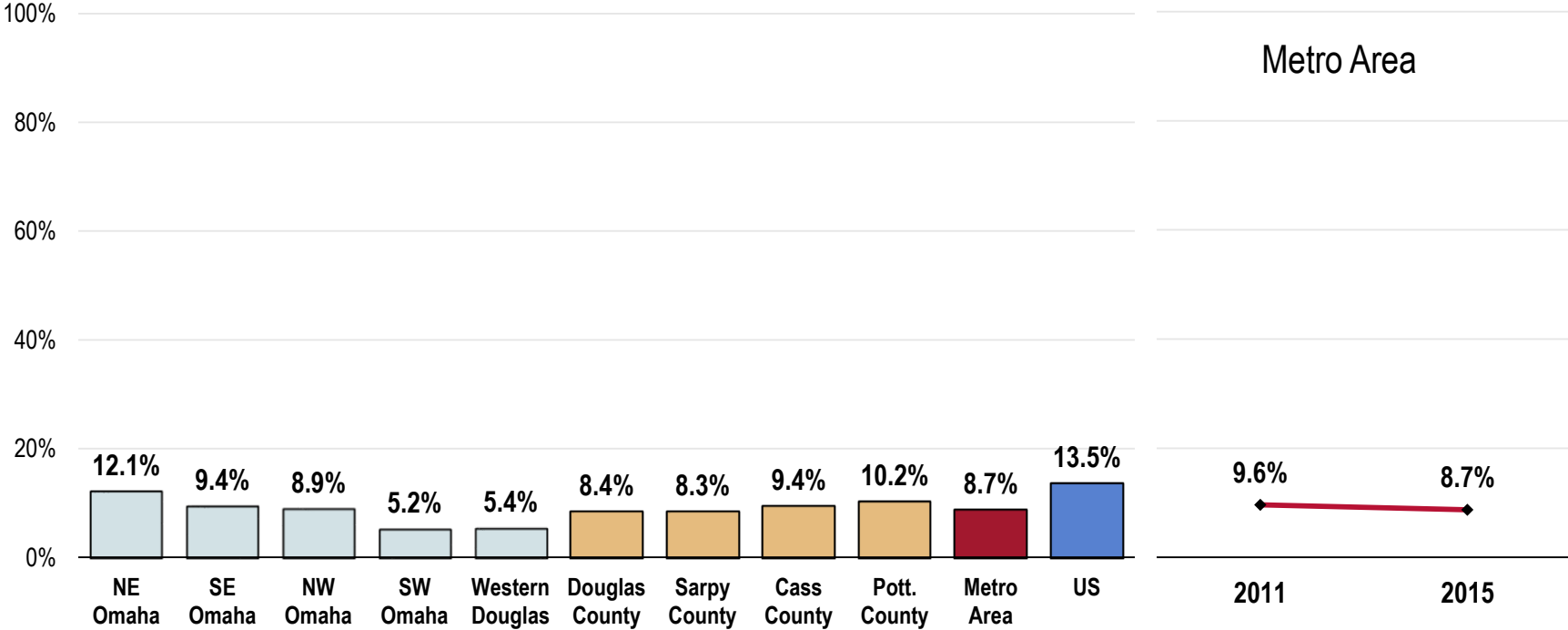## (Among Adults Age 50 and Older)

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 139]
Notes: ● Reflects respondents age 50 and older.

Prevalence of Osteoporosis
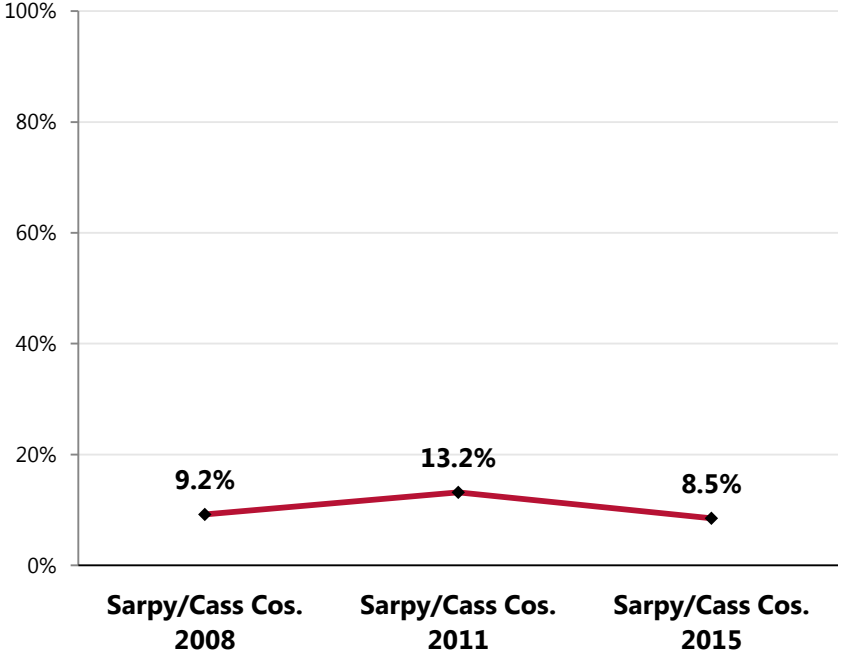## (Among Adults Age 50 and Older)
Healthy People 2020 Target = 5.3% or Lower

Metro Area

Location	Value
NE Omaha	12.1%
SE Omaha	9.4%
NW Omaha	8.9%
SW Omaha	5.2%
Western Douglas	5.4%
Douglas County	8.4%
Sarpy County	8.3%
Cass County	9.4%
Pott. County	10.2%
Metro Area	8.7%
US	13.5%

2011	2015
9.6%	8.7%

Sources:
● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 140]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
● US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective AOCBC-10]

Notes:
● Reflects respondents age 50 and older.

Prevalence of Osteoporosis
(Among Adults Age 50 and Older)

Douglas Co. chart:
- Douglas Co. 2008: 11.1%
- Douglas Co. 2011: 8.2%
- Douglas Co. 2015: 8.4%

Sarpy/Cass Cos. chart:
- Sarpy/Cass Cos. 2008: 9.2%
- Sarpy/Cass Cos. 2011: 13.2%
- Sarpy/Cass Cos. 2015: 8.5%
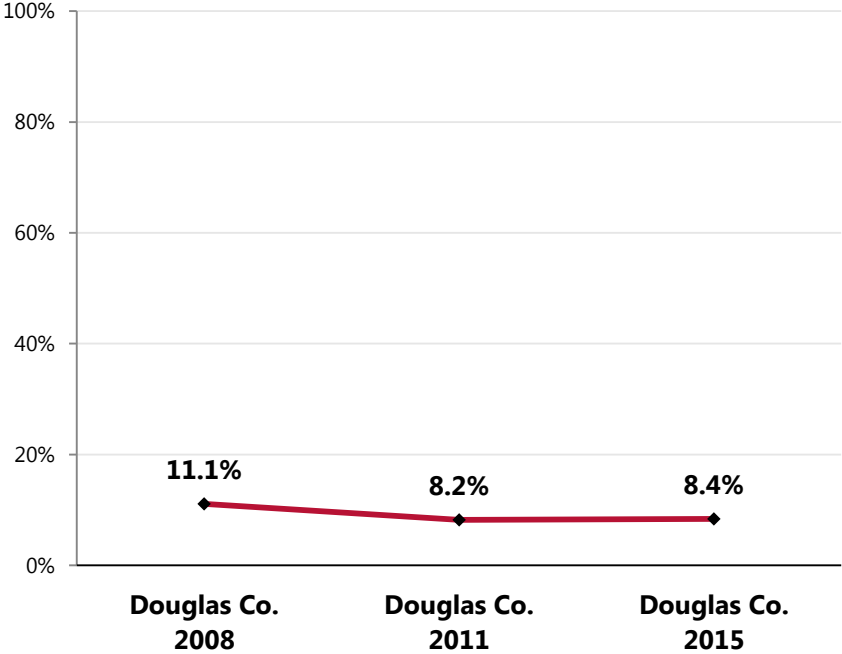
Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 140]
Notes: ● Reflects respondents age 50 and older.

Prevalence of Sciatica/Chronic Back Pain

												Metro Area	

NE Omaha: 22.7%
SE Omaha: 13.0%
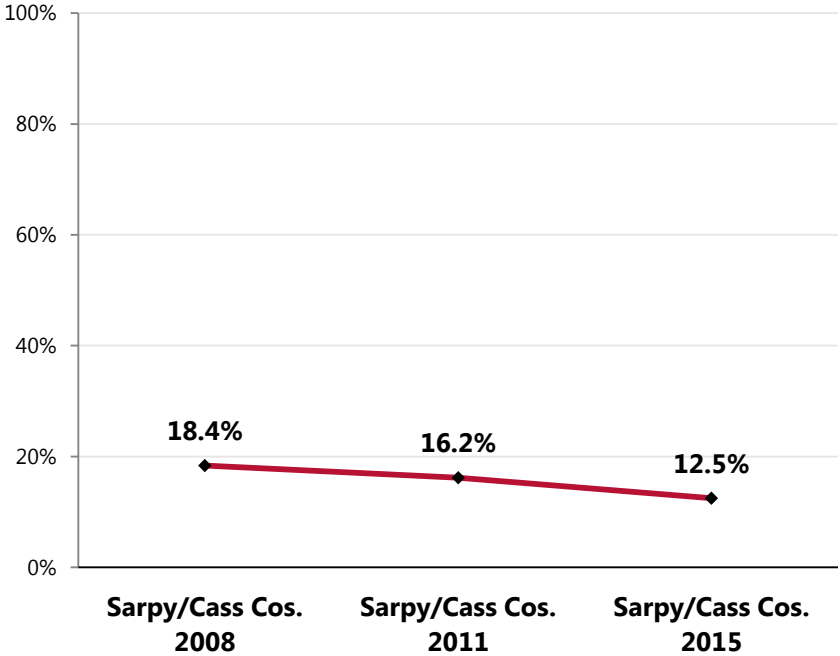NW Omaha: 18.5%
SW Omaha: 14.7%
Western Douglas: 19.7%
Douglas County: 17.3%
Sarpy County: 12.2%
Cass County: 14.0%
Pott. County: 17.0%
Metro Area: 16.2%
US: 18.4%

Metro Area — 2011: 15.1%, 2015: 16.2%
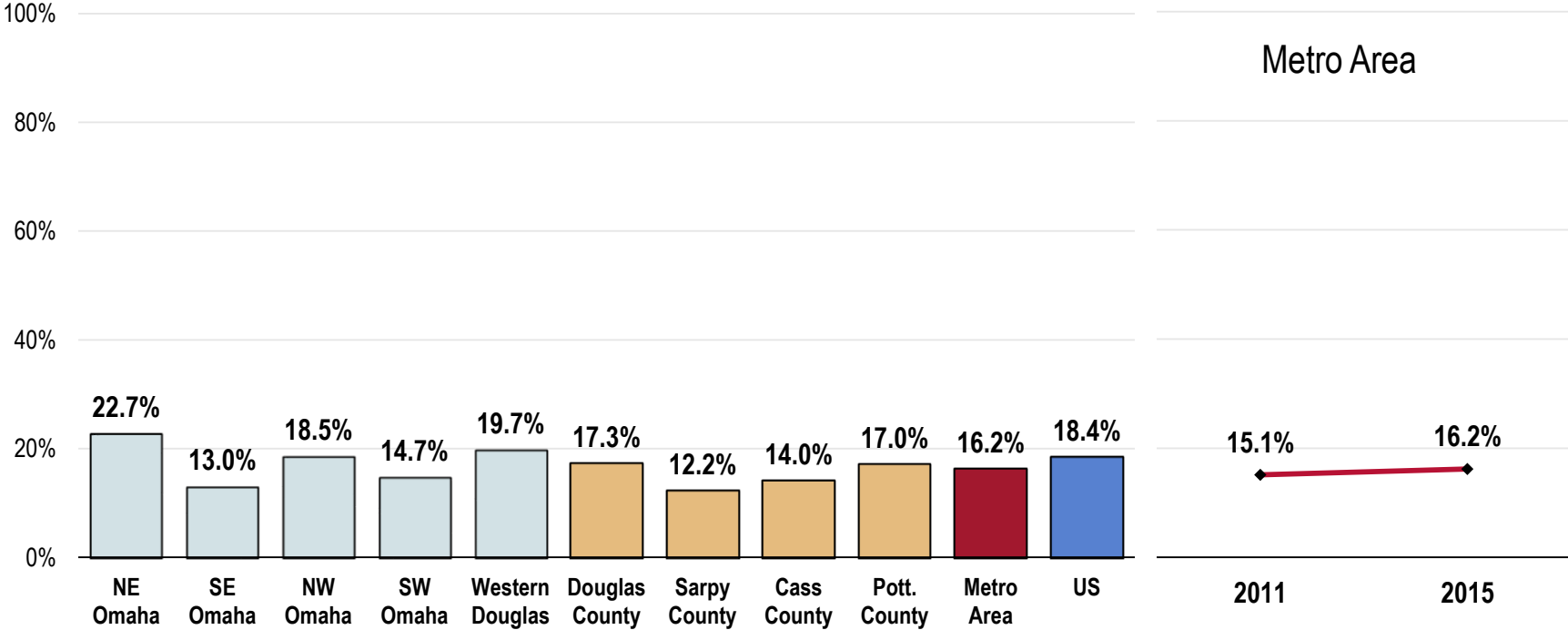
Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 29]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
Notes: ● Asked of all respondents.

Prevalence of Sciatica/Chronic Back Pain

Douglas Co. 2008: 15.8%
Douglas Co. 2011: 13.9%
Douglas Co. 2015: 17.3%

Sarpy/Cass Cos. 2008: 18.4%
Sarpy/Cass Cos. 2011: 16.2%
Sarpy/Cass Cos. 2015: 12.5%
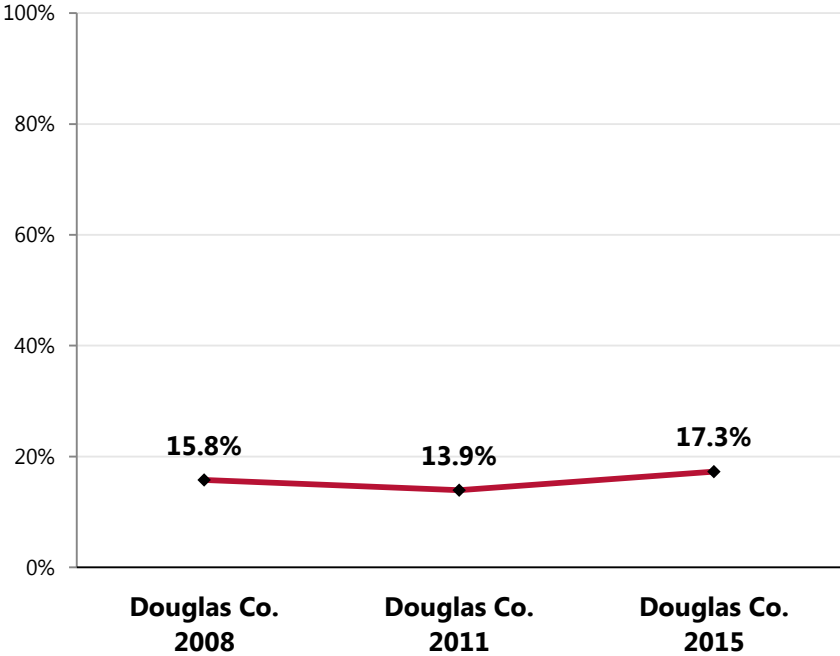
Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 29]
Notes: ● Asked of all respondents.

Perceptions of Arthritis/Osteoporosis/Back Conditions as a Problem in the Community
(Key Informants, 2015)

■ Major Problem   □ Moderate Problem   ■ Minor Problem   □ No Problem At All

15.1%	36.6%	29.0%	8.6%
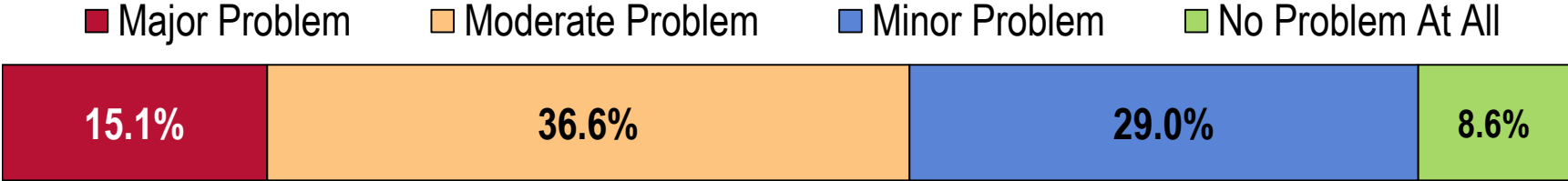
Sources: ● PRC Key Informant Focus Groups, August 2015.

Prevalence of Deafness/Trouble Hearing

Metro Area

Among 65+: 26.3%

8.1%	7.5%	5.8%	7.9%	6.7%	7.3%	8.4%	9.3%	15.9%	8.6%	10.3%
NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	US

9.8%   8.6%

2011   2015

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 27]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
Notes: ● Asked of all respondents.

Prevalence of Deafness/Trouble Hearing

Douglas Co. 2008: 6.4%
Douglas Co. 2011: 8.5%
Douglas Co. 2015: 7.3%

Sarpy/Cass Cos. 2008: 9.0%
Sarpy/Cass Cos. 2011: 11.5%
Sarpy/Cass Cos. 2015: 8.5%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 27]
Notes: ● Asked of all respondents.

Perceptions of Hearing and Vision
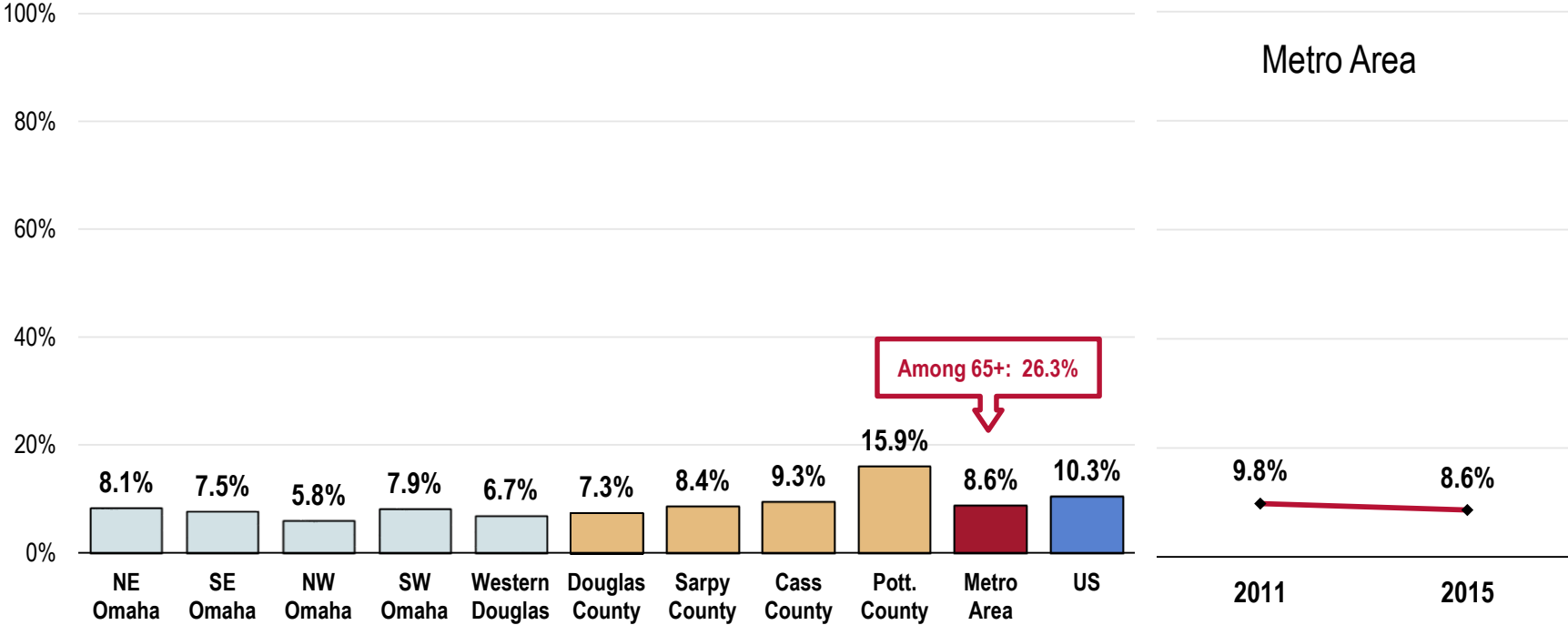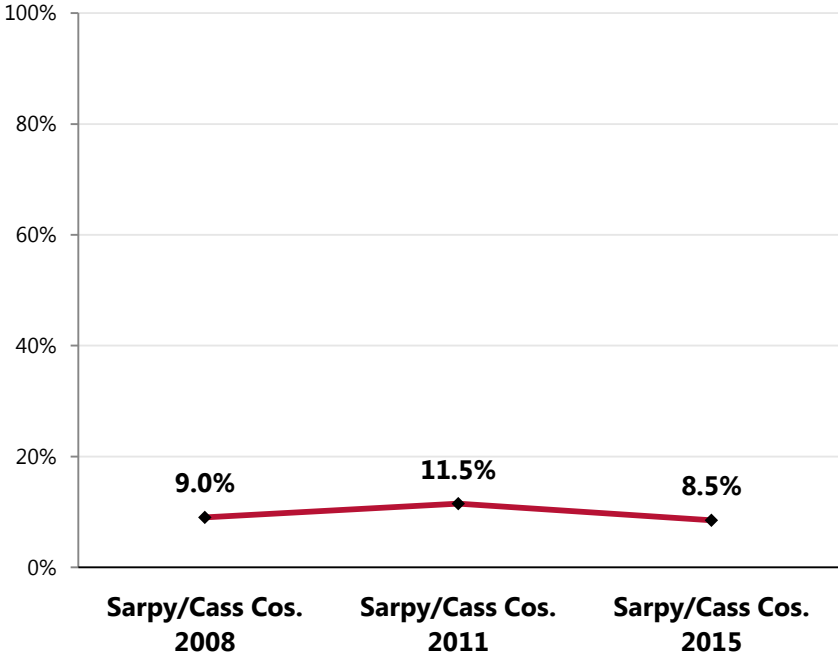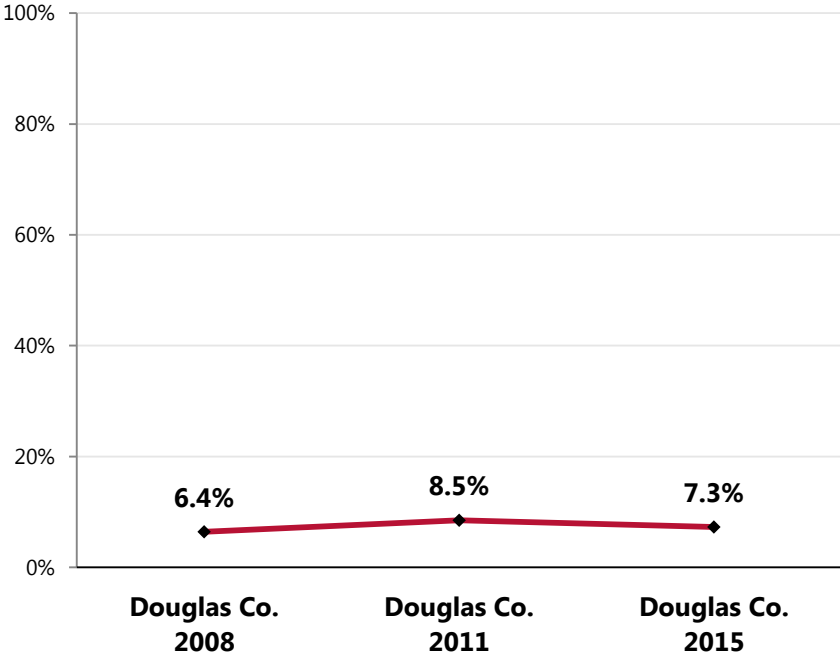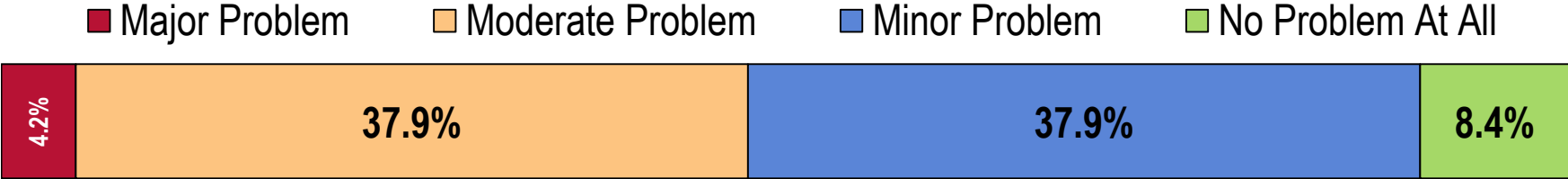# as a Problem in the Community
(Key Informants, 2015)

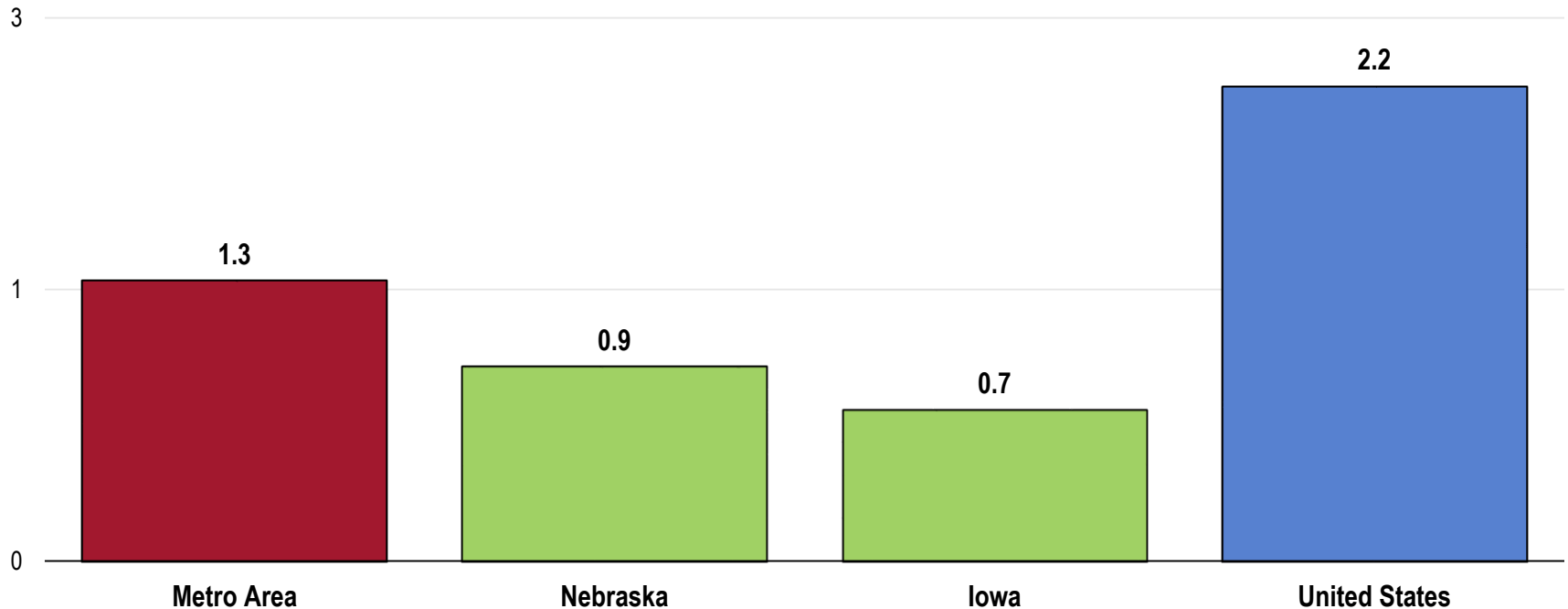■ Major Problem   ■ Moderate Problem   ■ Minor Problem   ■ No Problem At All

4.2%	37.9%	37.9%	8.4%

Sources: ● PRC Key Informant Focus Groups, August 2015.

Infectious Disease

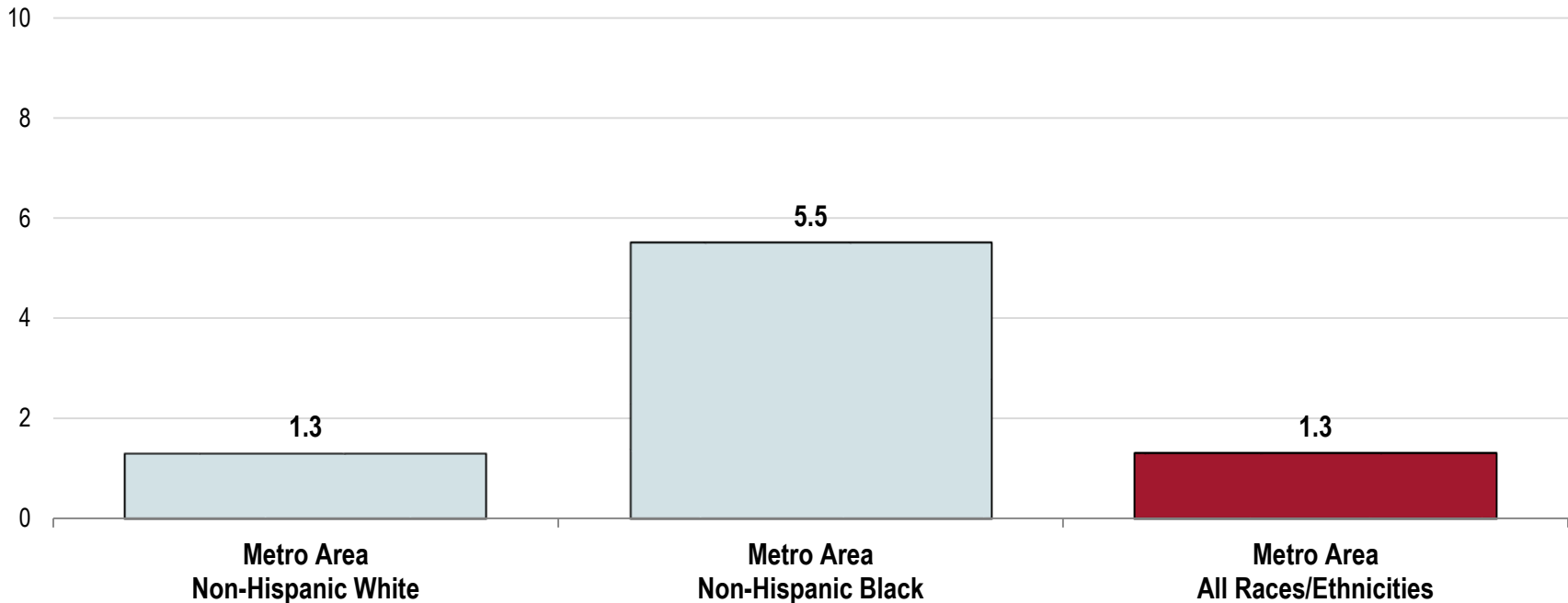Professional Research Consultants, Inc.

HIV

HIV/AIDS: Age-Adjusted Mortality
(2011-2013 Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 3.3 or Lower

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective HIV-12]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.

HIV/AIDS: Age-Adjusted Mortality by Race
(2004-2013 Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 3.3 or Lower

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective HIV-12]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.

HIV/AIDS: Age-Adjusted Mortality Trends
(Annual Average Deaths per 100,000 Population)
Healthy People 2020 Target = 3.3 or Lower

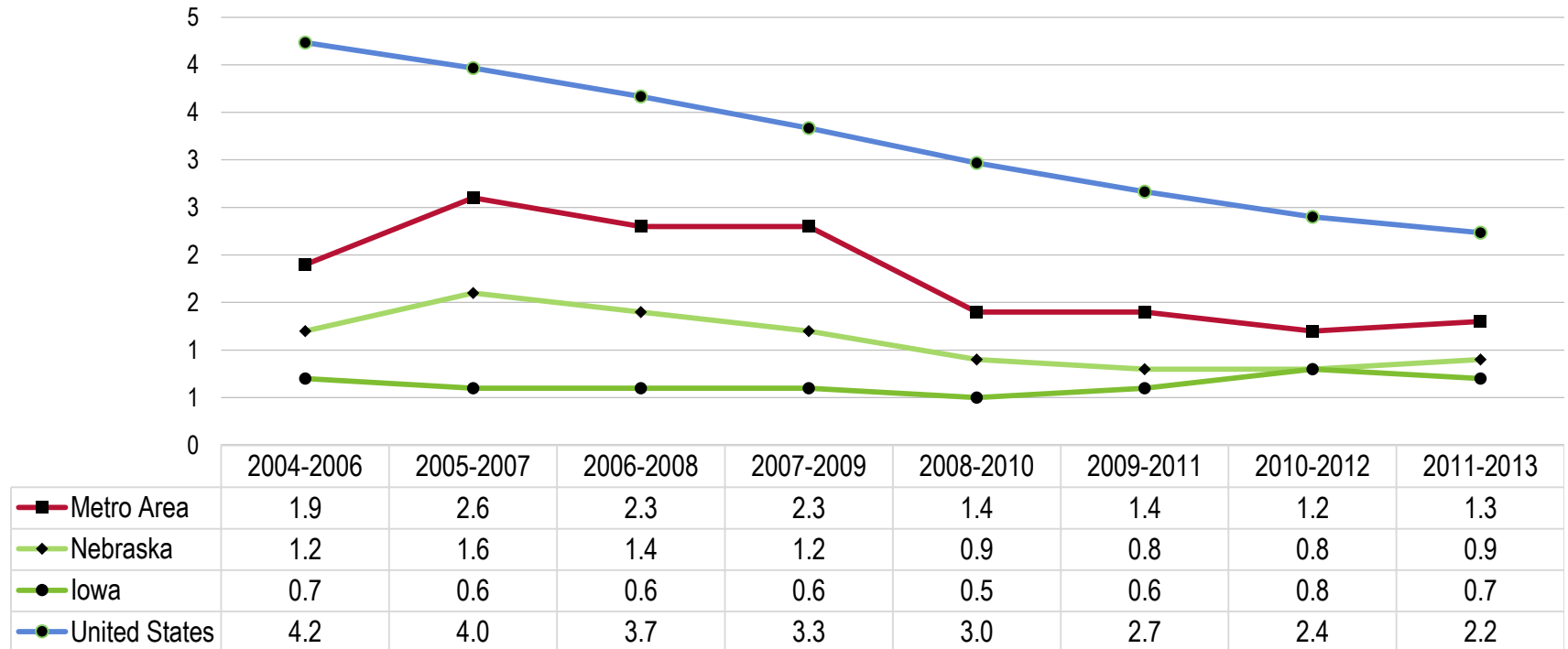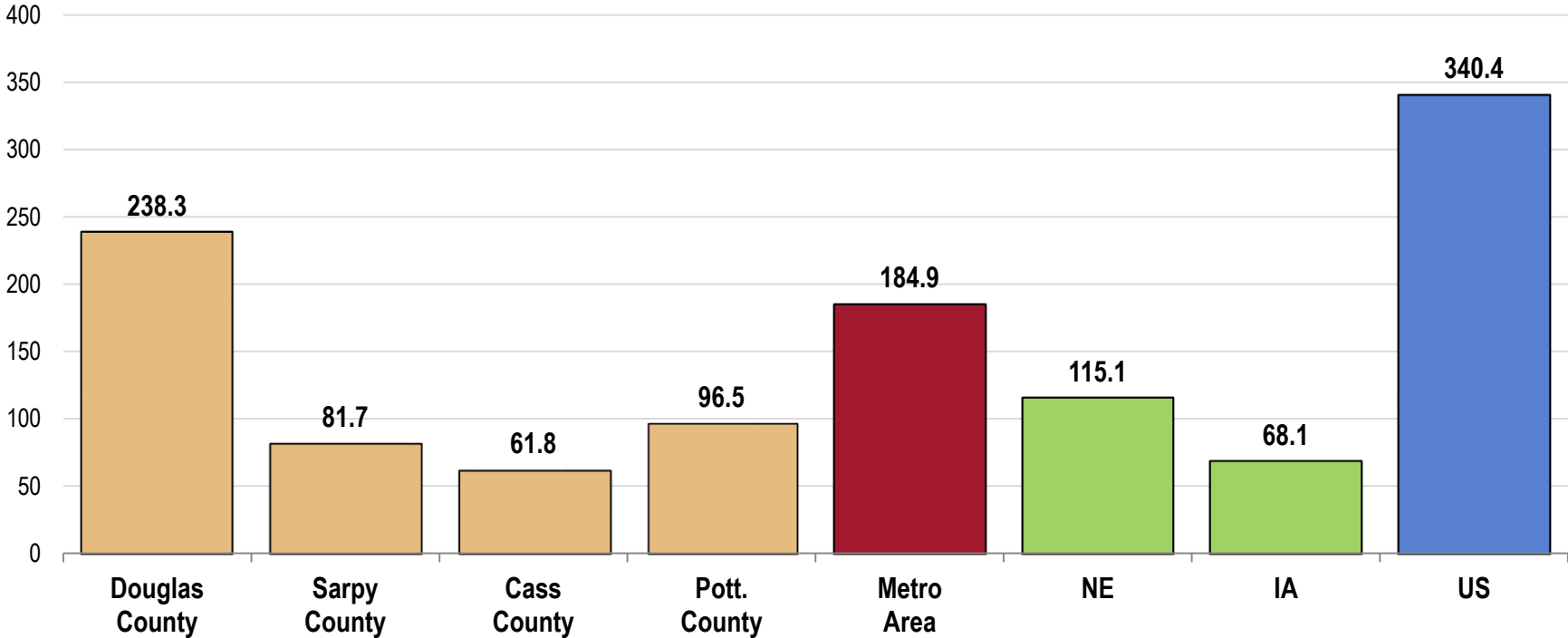|	2004-2006	2005-2007	2006-2008	2007-2009	2008-2010	2009-2011	2010-2012	2011-2013
Metro Area	1.9	2.6	2.3	2.3	1.4	1.4	1.2	1.3
Nebraska	1.2	1.6	1.4	1.2	0.9	0.8	0.8	0.9
Iowa	0.7	0.6	0.6	0.6	0.5	0.6	0.8	0.7
United States	4.2	4.0	3.7	3.3	3.0	2.7	2.4	2.2

Sources:
- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted August 2015.
- US Department of Health and Human Services. Healthy People 2020. December 2010. http://www.healthypeople.gov [Objective HIV-12]

Notes:
- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population, age-adjusted to the 2000 US Standard Population.
- State and national data are simple three-year averages.

HIV Prevalence
(Prevalence Rate of HIV per 100,000 Population, 2010)

	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	NE	IA	US
	238.3	81.7	61.8	96.5	184.9	115.1	68.1	340.4

Sources:
- Centers for Disease Control and Prevention, National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention: 2010.
- Retrieved August 2015 from Community Commons at http://www.chna.org.

Notes:
- This indicator is relevant because HIV is a life-threatening communicable disease that disproportionately affects minority populations and may also indicate the prevalence of unsafe sex practices.

HIV Prevalence Rate by Race/Ethnicity
(Prevalence Rate of HIV per 100,000 Population, 2010)

Legend: Metro Area, NE, IA, US

Non-Hispanic White: 127.1, 75.8, 51.6, 180.16
Non-Hispanic Black: 737.6, 752.3, 495.6, 1235.54
Hispanic/Latino: 256.1, 190.7, 144.8, 464.11
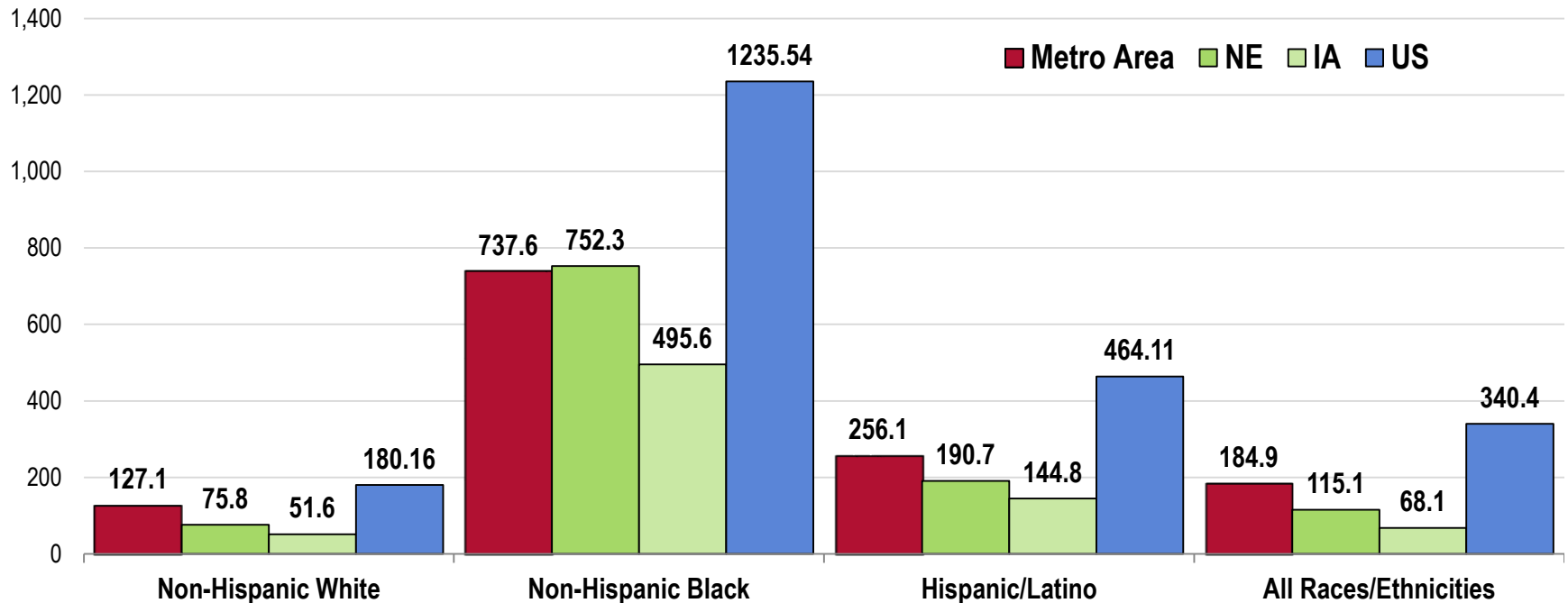**All Races/Ethnicities:** 184.9, 115.1, 68.1, 340.4

Sources:
● Centers for Disease Control and Prevention, National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention: 2010.
● Retrieved August 2015 from Community Commons at http://www.chna.org.

Notes:
● This indicator is relevant because HIV is a life-threatening communicable disease that disproportionately affects minority populations and may also indicate the prevalence of unsafe sex practices.
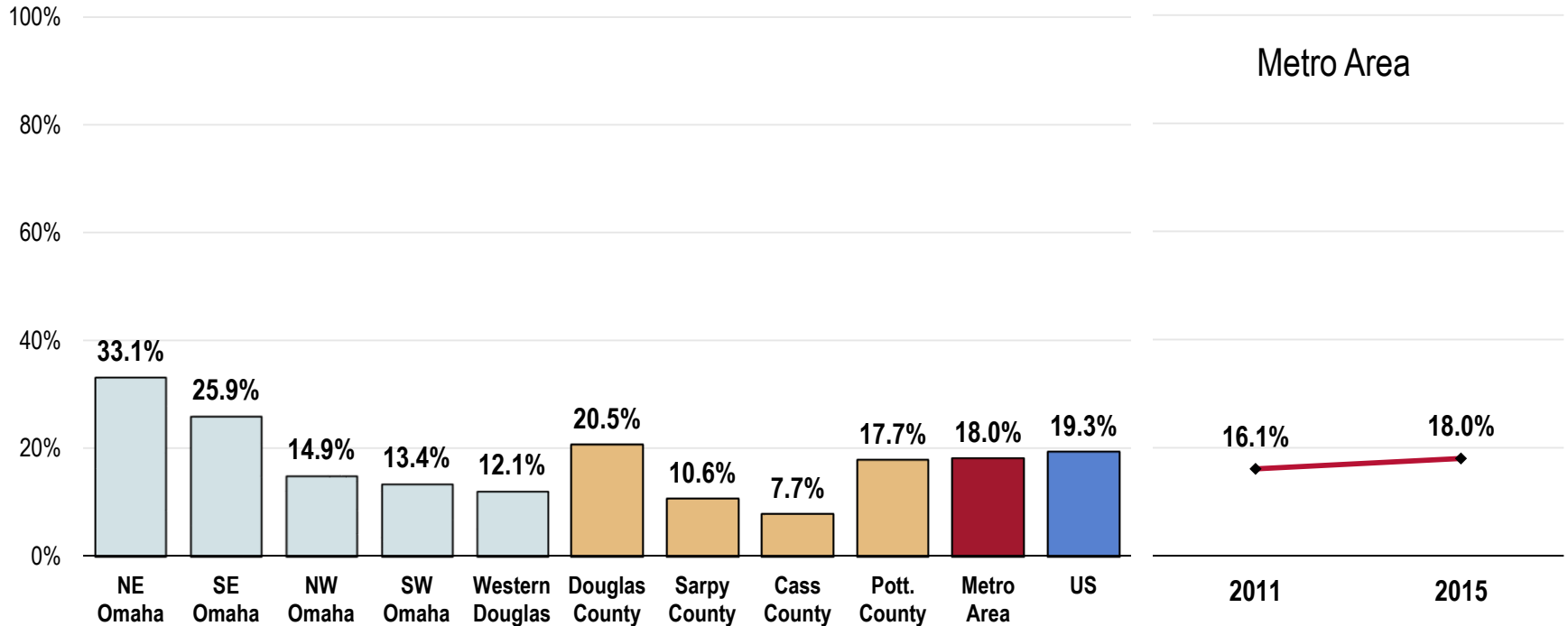
Tested for HIV in the Past Year
(Among Adults Age 18-44)

Metro Area

100%	
80%	
60%	
40%	
20%	
0%	

NE Omaha: 33.1%
SE Omaha: 25.9%
NW Omaha: 14.9%
SW Omaha: 13.4%
Western Douglas: 12.1%
Douglas County: 20.5%
Sarpy County: 10.6%
Cass County: 7.7%
Pott. County: 17.7%
Metro Area: 18.0%
US: 19.3%

2011: 16.1%
2015: 18.0%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 145]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.
Notes: ● Reflects respondents age 18 to 44.

Tested for HIV in the Past Year
(Among Adults Age 18-44)

Douglas Co. 2008: 18.5%
Douglas Co. 2011: 15.9%
Douglas Co. 2015: 20.5%

Sarpy/Cass Cos. 2008: 18.4%
Sarpy/Cass Cos. 2011: 16.6%
Sarpy/Cass Cos. 2015: 10.2%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 145]
Notes: ● Reflects respondents age 18 to 44.

Tested for HIV in the Past Year
(Among Adults Age 18-44)

Chart: Tested for HIV in the Past Year (Among Adults Age 18-44)

- Men: 20.1%
- Women: 16.2%
- 18 to 24: 34.5%
- 25 to 34: 18.9%
- 35 to 44: 11.5%
- Very Low Income: 34.5%
- Low Income: 18.4%
- Mid/High Income: 13.7%
- White: 14.9%
- Black: 38.1%
- Hispanic: 29.2%
- Other: 25.5%
- Metro Area: 18.0%
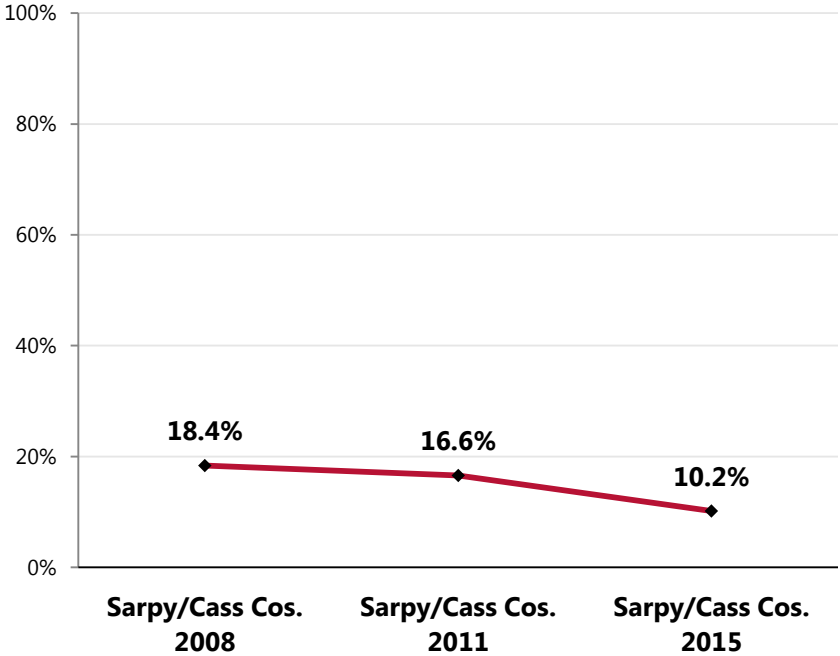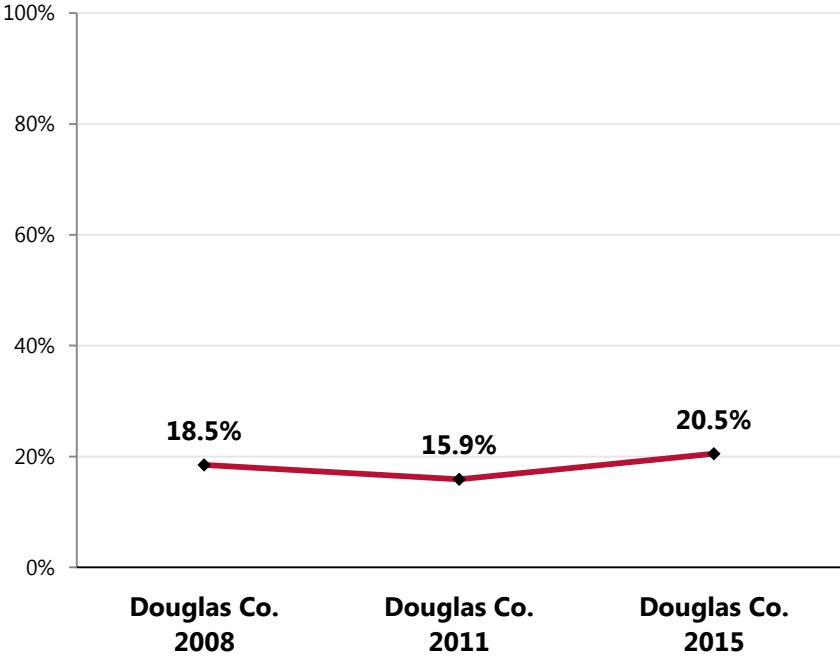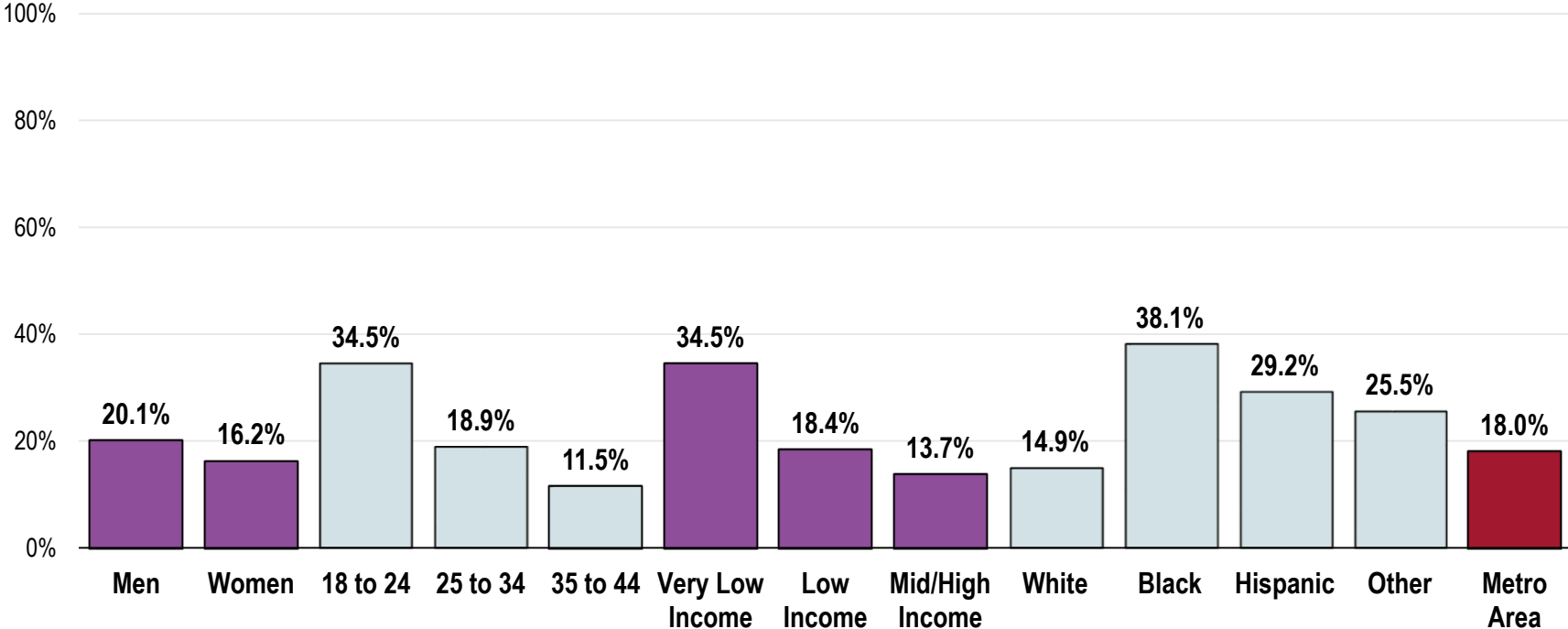
Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 145]
Notes: ● Reflects respondents age 18 to 44.
● Hispanics can be of any race. Other race categories are non-Hispanic categorizations (e.g., "White" reflects non-Hispanic White respondents).
● Income categories reflect respondent's household income as a ratio to the federal poverty level (FPL) for their household size. "Very Low Income" includes households living with defined poverty status; "Low Income" includes households with incomes just above the FPL, earning up to twice the poverty threshold; "Mid/High Income" includes households with incomes at 200% or more of the federal poverty level.

Perceptions of HIV/AIDS
as a Problem in the Community
(Key Informants, 2015)

■ Major Problem □ Moderate Problem ■ Minor Problem □ No Problem At All
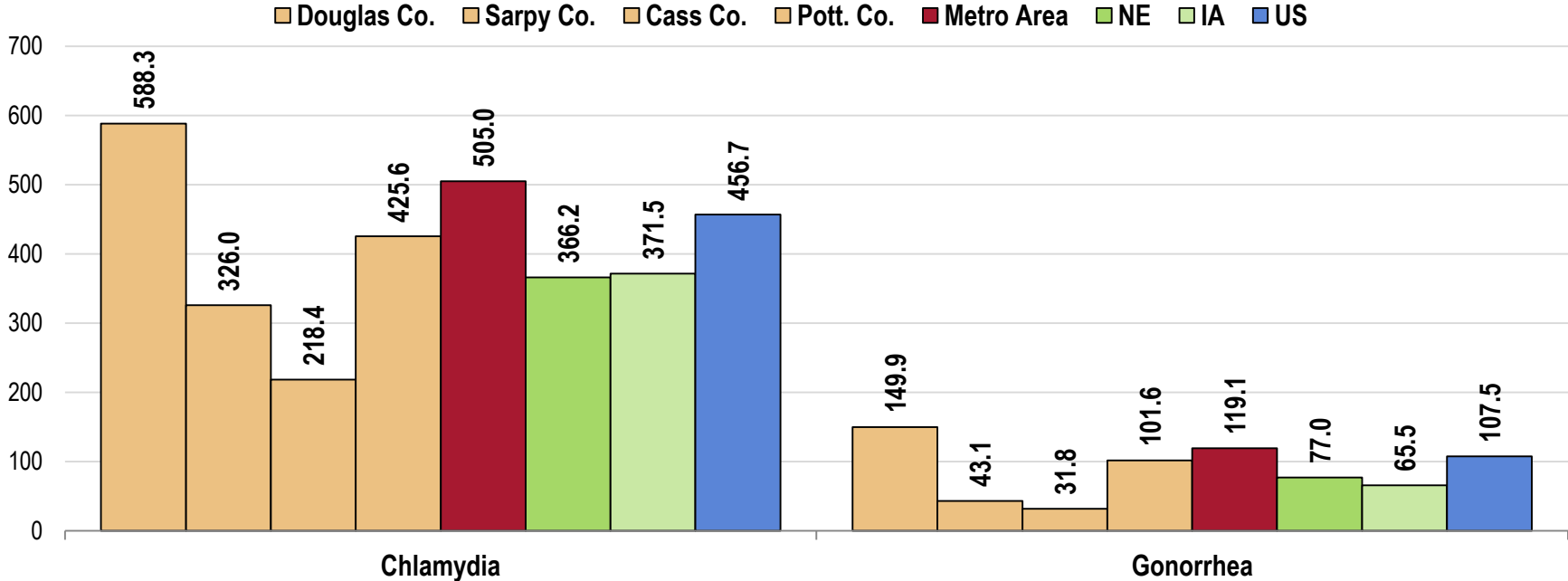
| 18.8% | 29.2% | 36.5% | 7.3% |
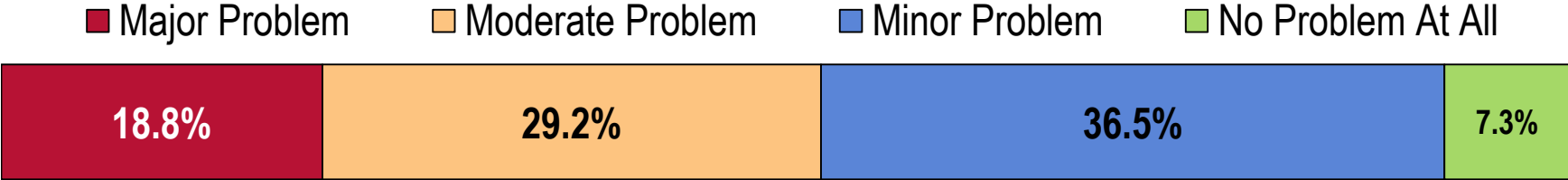
Sources: ● PRC Key Informant Focus Groups, August 2015.

Sexually Transmitted Diseases

Chlamydia & Gonorrhea Incidence
(Incidence Rate per 100,000 Population, 2012)

Legend: Douglas Co. | Sarpy Co. | Cass Co. | Pott. Co. | Metro Area | NE | IA | US

Chlamydia
- Douglas Co.: 588.3
- Sarpy Co.: 326.0
- Cass Co.: 218.4
- Pott. Co.: 425.6
- Metro Area: 505.0
- NE: 366.2
- IA: 371.5
- US: 456.7

Gonorrhea
- Douglas Co.: 149.9
- Sarpy Co.: 43.1
- Cass Co.: 31.8
- Pott. Co.: 101.6
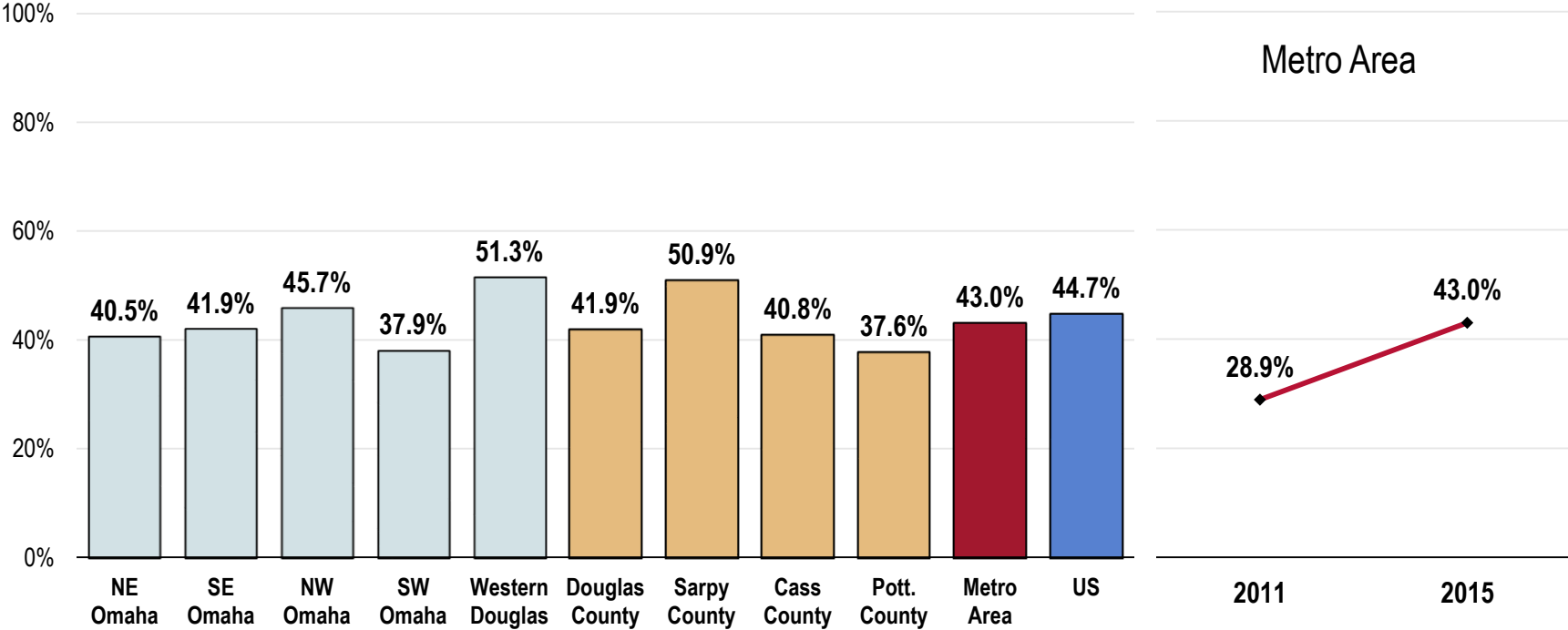- Metro Area: 119.1
- NE: 77.0
- IA: 65.5
- US: 107.5

Sources:
- Centers for Disease Control and Prevention, National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention: 2012.
- Retrieved August 2015 from Community Commons at http://www.chna.org.

Notes:
- This indicator is relevant because it is a measure of poor health status and indicates the prevalence of unsafe sex practices.

Have Completed the Hepatitis B Vaccination Series

Metro Area

	NE Omaha	SE Omaha	NW Omaha	SW Omaha	Western Douglas	Douglas County	Sarpy County	Cass County	Pott. County	Metro Area	US
	40.5%	41.9%	45.7%	37.9%	51.3%	41.9%	50.9%	40.8%	37.6%	43.0%	44.7%

Metro Area: 2011 — 28.9%; 2015 — 43.0%

Sources:
- PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 70]
- 2013 PRC National Health Survey, Professional Research Consultants, Inc.

Notes:
- Asked of all respondents.
- Includes a series of three shots, usually administered at least one month between shots.
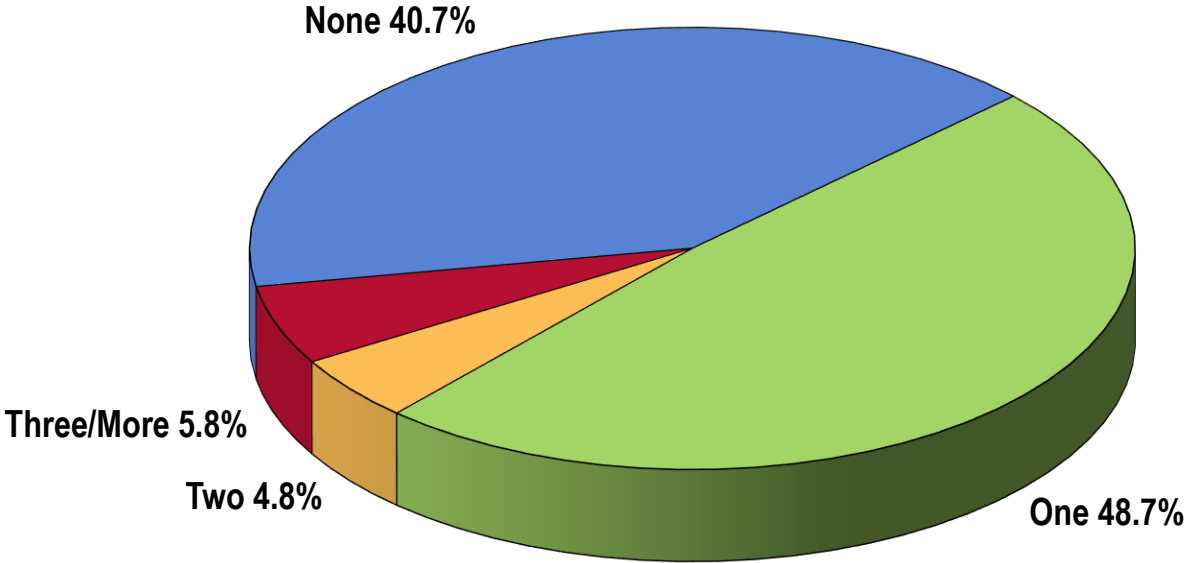
Have Completed the Hepatitis B Vaccination Series
(Metro Area, 2015)
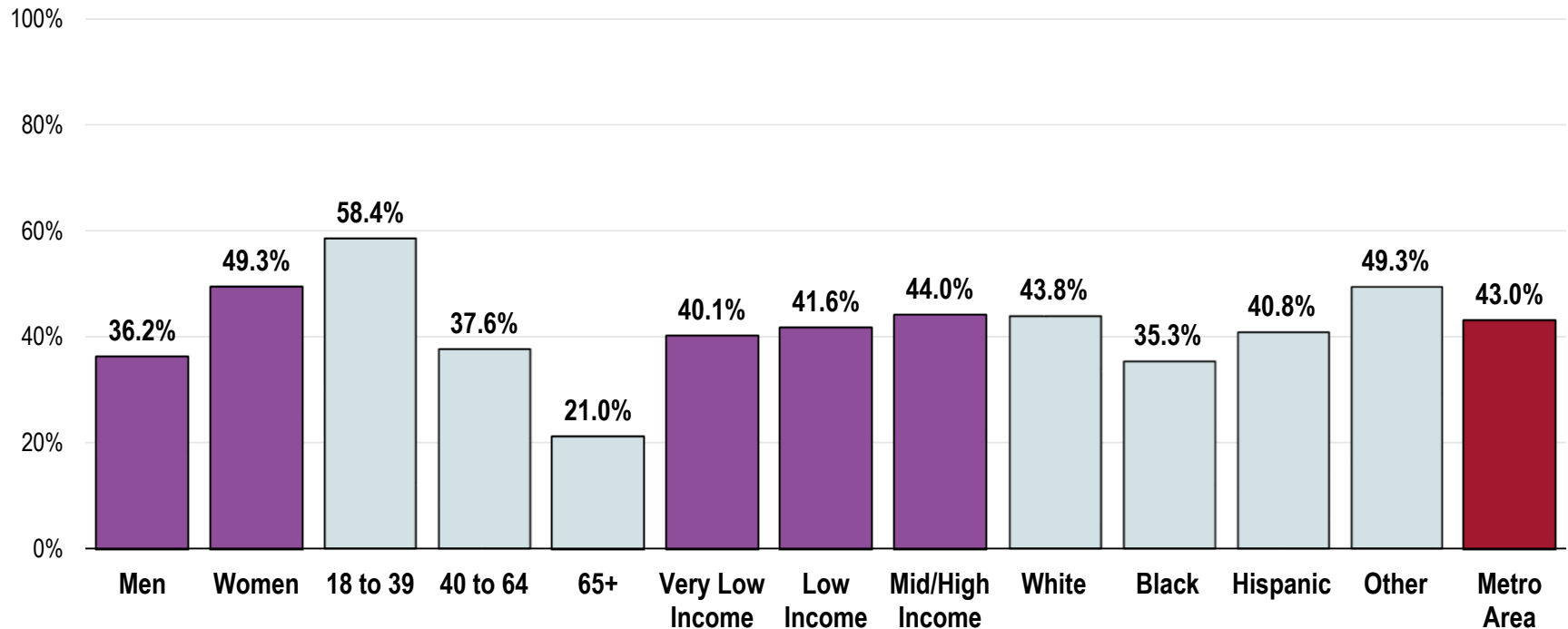
Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 70]
Notes: ● Asked of all respondents.
  ● Hispanics can be of any race. Other race categories are non-Hispanic categorizations (e.g., "White" reflects non-Hispanic White respondents).
  ● Income categories reflect respondent's household income as a ratio to the federal poverty level (FPL) for their household size. "Very Low Income" includes households living with defined poverty status; "Low Income" includes households with incomes just above the FPL, earning up to twice the poverty threshold; "Mid/High Income" includes households with incomes at 200% or more of the federal poverty level.
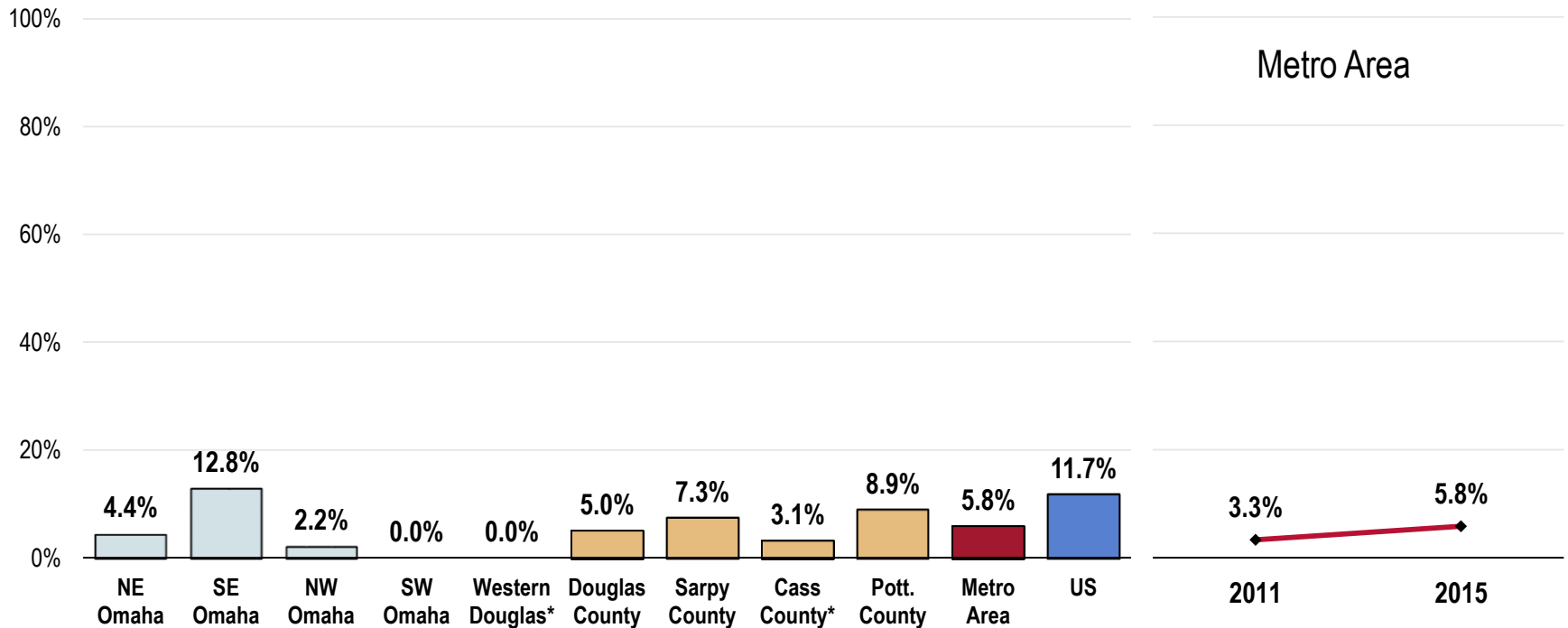
Number of Sexual Partners in Past 12 Months
(Among Unmarried Adults Age 18-64; Metro Area, 2015)

Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc.   [Item 86]
Notes: ● Asked of all unmarried respondents under the age of 65.

Had Three or More Sexual Partners in the Past Year
(Among Unmarried Adults Age 18-64)

Metro Area

NE Omaha	4.4%	
SE Omaha	12.8%	
NW Omaha	2.2%	
SW Omaha	0.0%	
Western Douglas*	0.0%	
Douglas County	5.0%	
Sarpy County	7.3%	
Cass County*	3.1%	
Pott. County	8.9%	
Metro Area	5.8%	
US	11.7%	

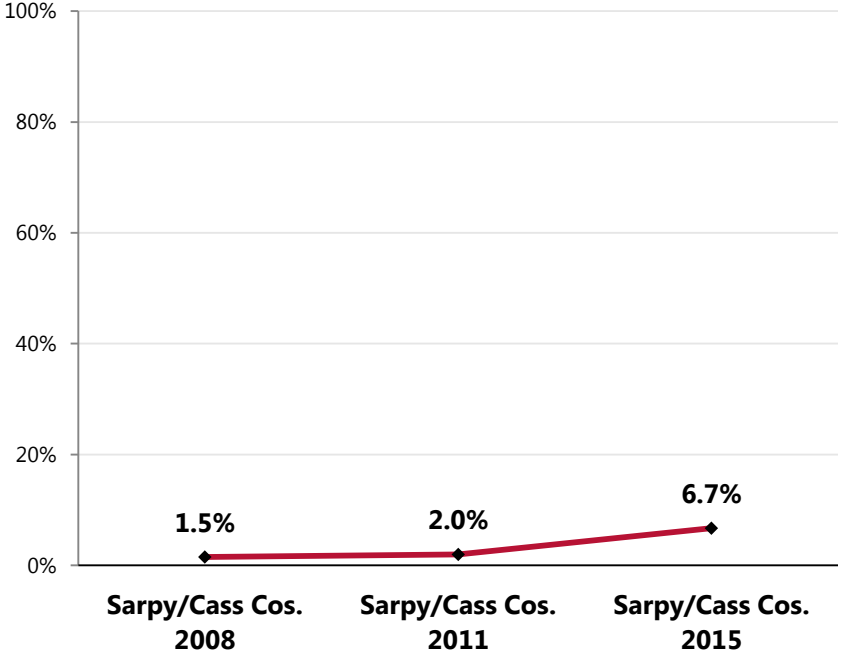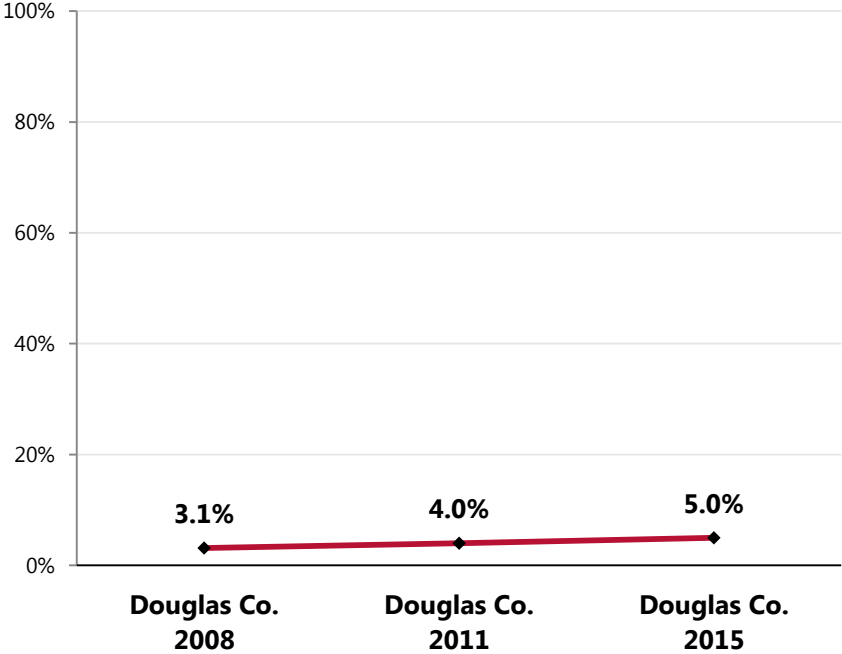|	2011	2015
Metro Area	3.3%	5.8%

Sources:
● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 86]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.

Notes:
● Asked of all unmarried respondents under the age of 65.
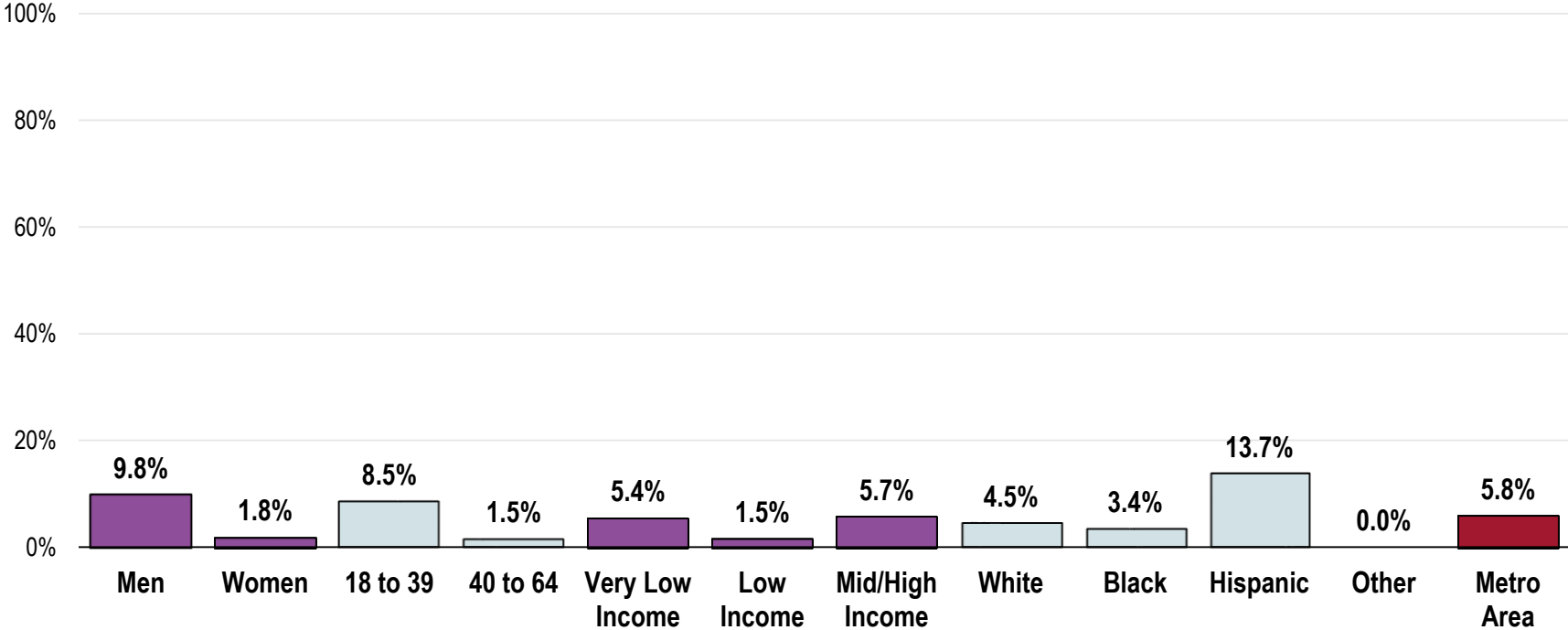● *Use caution when interpreting these percentage results as the sample size falls below 50.

Had Three or More Sexual Partners in the Past Year
(Among Unmarried Adults Age 18-64)

	Douglas Co. 2008	Douglas Co. 2011	Douglas Co. 2015
	3.1%	4.0%	5.0%

	Sarpy/Cass Cos. 2008	Sarpy/Cass Cos. 2011	Sarpy/Cass Cos. 2015
	1.5%	2.0%	6.7%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 86]
Notes: ● Asked of all unmarried respondents under the age of 65.

Had Three or More Sexual Partners in the Past Year
(Among Unmarried Adults Age 18-64; Metro Area, 2015)

Category	Value
Men	9.8%
Women	1.8%
18 to 39	8.5%
40 to 64	1.5%
Very Low Income	5.4%
Low Income	1.5%
Mid/High Income	5.7%
White	4.5%
Black	3.4%
Hispanic	13.7%
Other	0.0%
Metro Area	5.8%

Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 86]
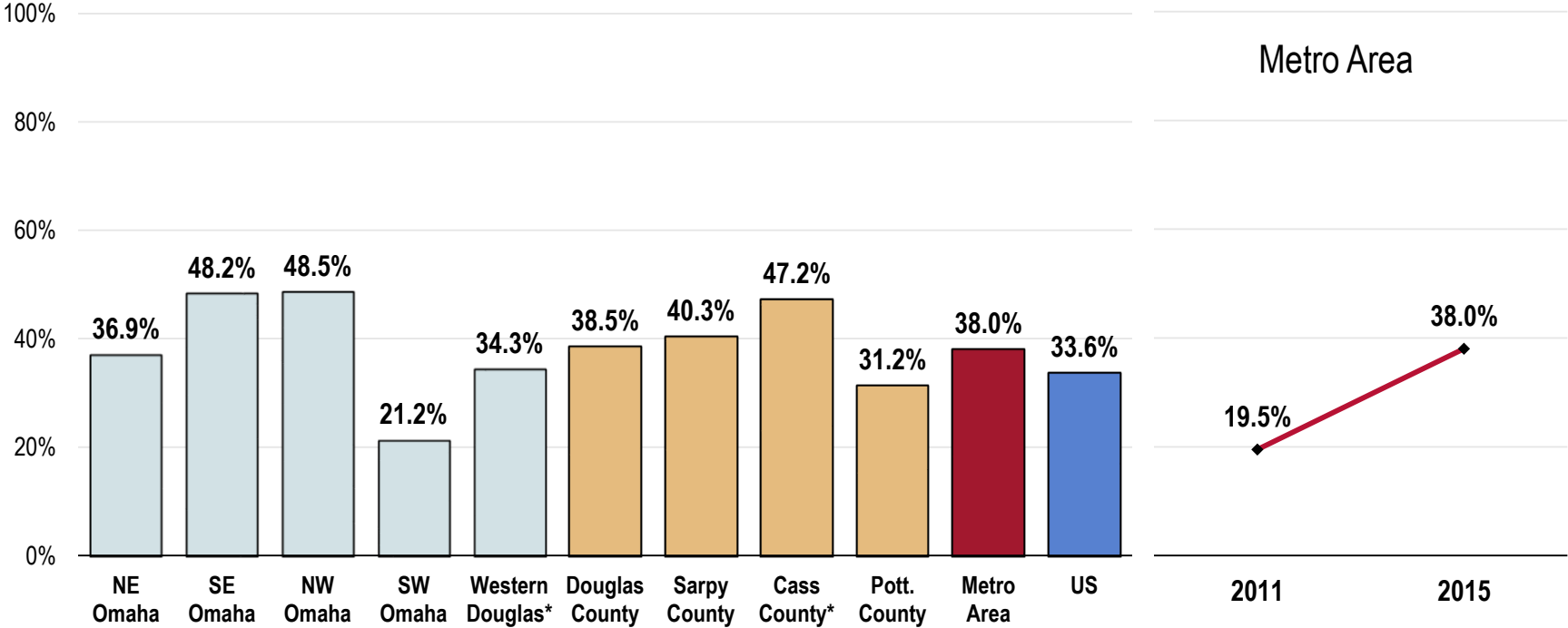Notes: ● Asked of all unmarried respondents under the age of 65.
● Hispanics can be of any race. Other race categories are non-Hispanic categorizations (e.g., "White" reflects non-Hispanic White respondents).
● Income categories reflect respondent's household income as a ratio to the federal poverty level (FPL) for their household size. "Very Low Income" includes households living with defined poverty status; "Low Income" includes households with incomes just above the FPL, earning up to twice the poverty threshold; "Mid/High Income" includes households with incomes at 200% or more of the federal poverty level.
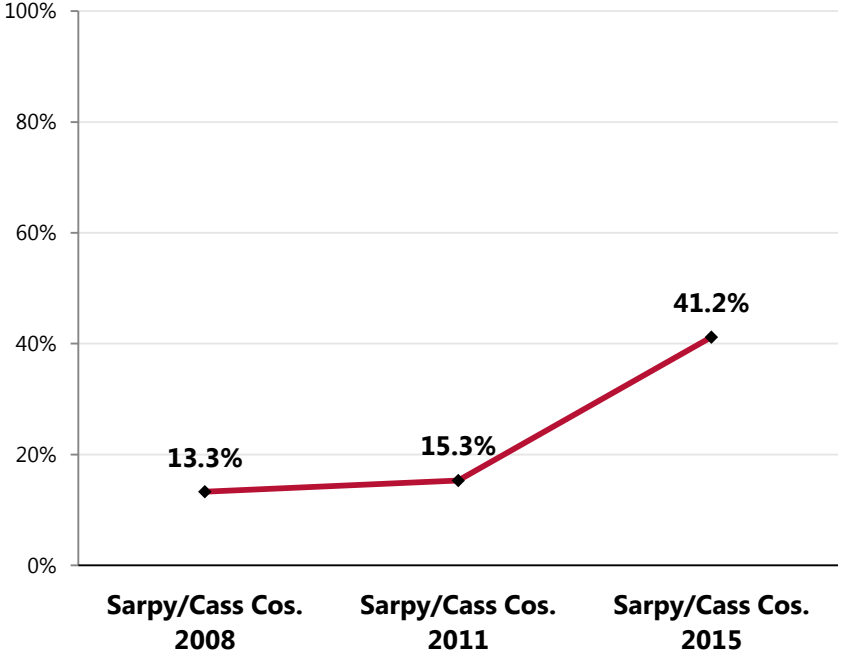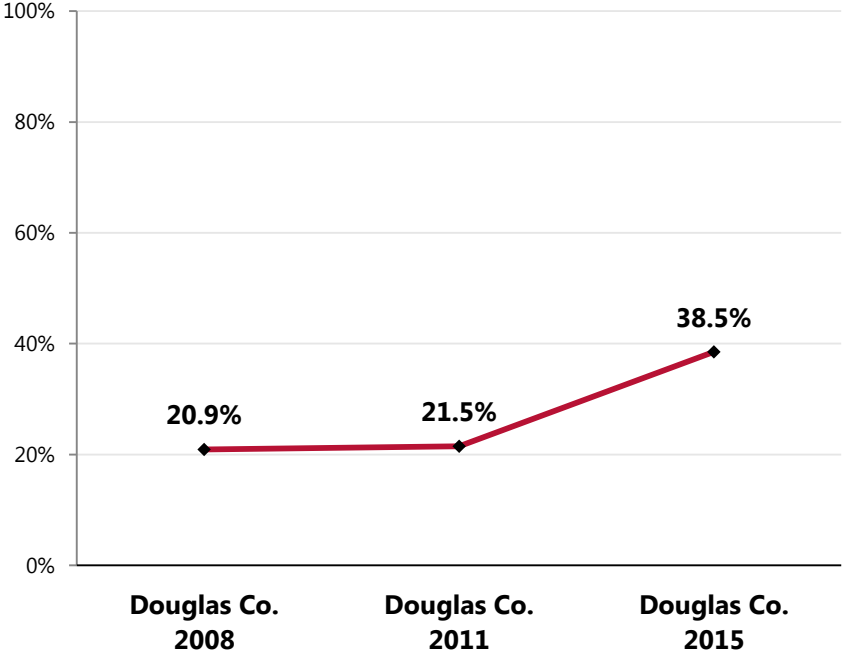
Condom Was Used During Last Sexual Intercourse
(Among Unmarried Adults Age 18-64)

Metro Area

Category	Percentage
NE Omaha	36.9%
SE Omaha	48.2%
NW Omaha	48.5%
SW Omaha	21.2%
Western Douglas*	34.3%
Douglas County	38.5%
Sarpy County	40.3%
Cass County*	47.2%
Pott. County	31.2%
Metro Area	38.0%
US	33.6%

Metro Area trend: 2011: 19.5%, 2015: 38.0%

Sources:
● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 87]
● 2013 PRC National Health Survey, Professional Research Consultants, Inc.

Notes:
● Asked of all unmarried respondents under the age of 65.
● *Use caution when interpreting these percentage results as the sample size falls below 50.
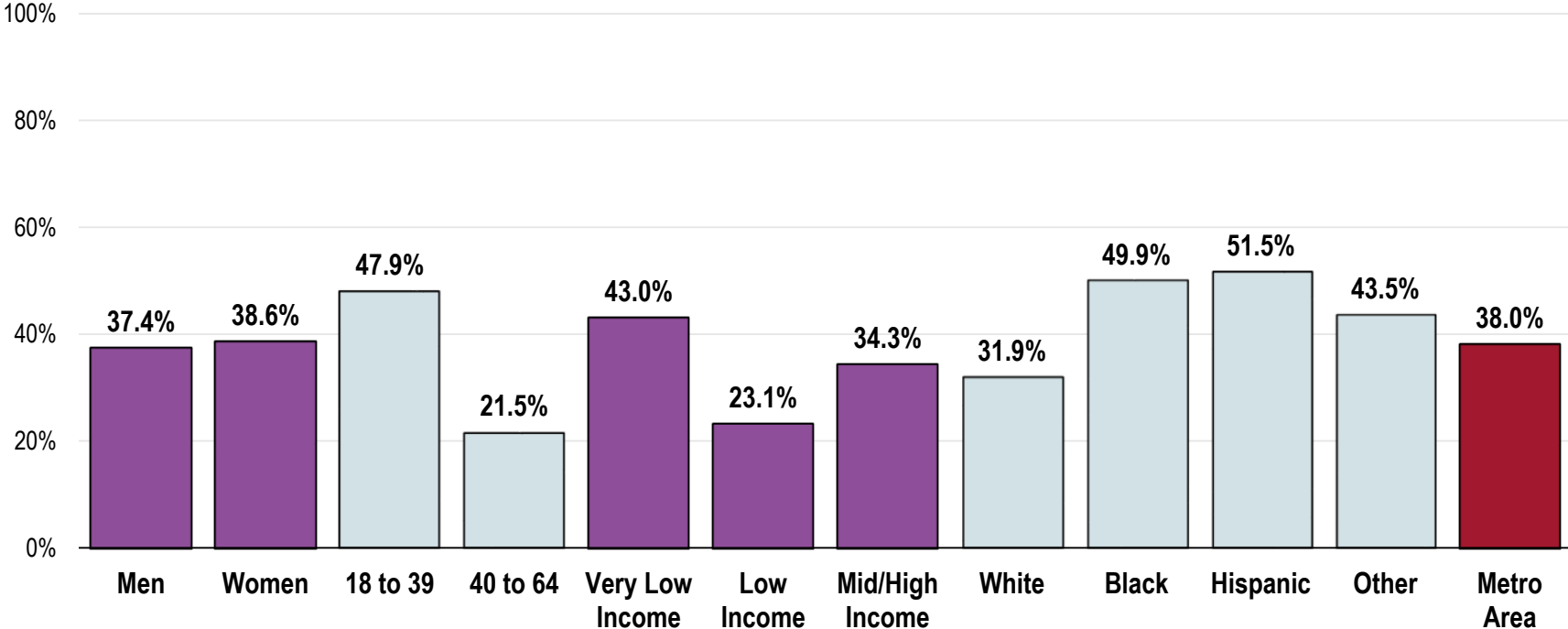
Condom Was Used During Last Sexual Intercourse
(Among Unmarried Adults Age 18-64)

Douglas Co. chart:
- Douglas Co. 2008: 20.9%
- Douglas Co. 2011: 21.5%
- Douglas Co. 2015: 38.5%

Sarpy/Cass Cos. chart:
- Sarpy/Cass Cos. 2008: 13.3%
- Sarpy/Cass Cos. 2011: 15.3%
- Sarpy/Cass Cos. 2015: 41.2%

Sources: ● PRC Community Health Surveys, Professional Research Consultants, Inc. [Item 87]
Notes: ● Asked of all unmarried respondents under the age of 65.

Condom Was Used During Last Sexual Intercourse
(Among Unmarried Adults Age 18-64; Metro Area, 2015)

	Men	Women	18 to 39	40 to 64	Very Low Income	Low Income	Mid/High Income	White	Black	Hispanic	Other	Metro Area
%	37.4%	38.6%	47.9%	21.5%	43.0%	23.1%	34.3%	31.9%	49.9%	51.5%	43.5%	38.0%

Sources: ● 2015 PRC Community Health Survey, Professional Research Consultants, Inc. [Item 87]
Notes: ● Asked of all unmarried respondents under the age of 65.
● Hispanics can be of any race. Other race categories are non-Hispanic categorizations (e.g., "White" reflects non-Hispanic White respondents).
● Income categories reflect respondent's household income as a ratio to the federal poverty level (FPL) for their household size. "Very Low Income" includes households living with defined poverty status; "Low Income" includes households with incomes just above the FPL, earning up to twice the poverty threshold; "Mid/High Income" includes households with incomes at 200% or more of the federal poverty level.

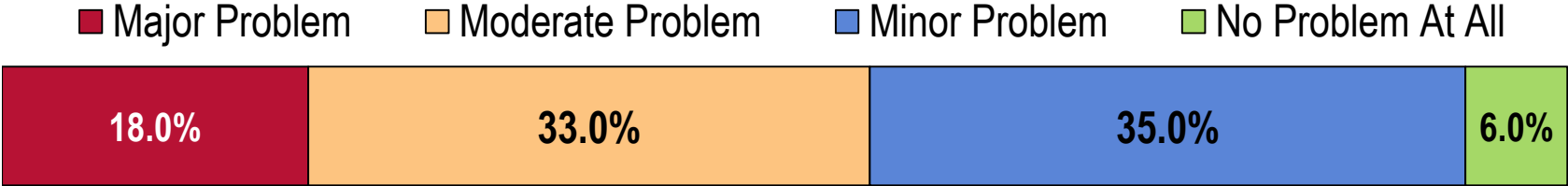# Perceptions of Sexually Transmitted Diseases as a Problem in the Community
(Key Informants, 2015)

■ Major Problem   □ Moderate Problem   ■ Minor Problem   □ No Problem At All

27.1%	35.4%	28.1%	
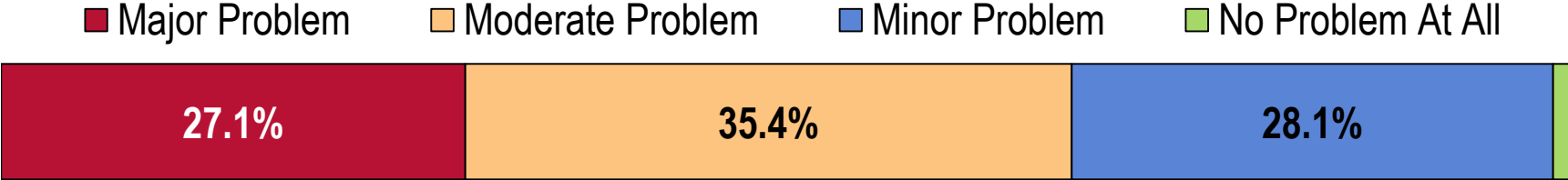
Sources: ● PRC Key Informant Focus Groups, August 2015.

Perceptions of Immunization and Infectious Diseases as a Problem in the Community
(Key Informants, 2015)

■ Major Problem ■ Moderate Problem ■ Minor Problem ■ No Problem At All

18.0%	33.0%	35.0%	6.0%

Sources: ● PRC Key Informant Focus Groups, August 2015.