

## Foot Care and Blood Pressure Clinic

Low cost foot care and basic health screenings available for residents of Sarpy and Cass Counties.

Services provided: For \$5.00 individuals receive the following services provided by a Licensed Nurse:

- Blood pressure screening
- Toenail trimming
- Health information and referral to community services

The Foot Care and Blood Pressure Clinics take place at the following locations:

Bellevue- Senior Center: 4th Thursday, 12:30-3:30.

Eagle-Immanuel Lutheran Church: 2nd Tuesday, 10:00-12:00.

LaVista— Community Center: 2nd Wednesday, 8:45-10:45

Louisville— First United Methodist Church: 1st Wednesday, 10:30-12:00.

Papillion-Senior Center: 3rd Wednesday, 8:15-10:15

Plattsmouth— Community Center: 3rd Monday, 9:00-12:00.

